

TOP
OF
THE
TOP
Magazine

JO LEE

world

JO LEE

TALKS TO *CATHERINE BONANNO*
THE COSA NOSTRA CHIEF'S DAUGHTER

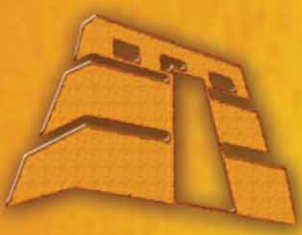
General H. Norman Schwarzkopf
THE CONNECTION

CHOOSING THE RIGHT ENTERTAINMENT

By Orlando's Paul Mascioli

180° from ordinary

AUTUMN 2005



MERENDON
Investment Group

*In Merendon
time is gold*

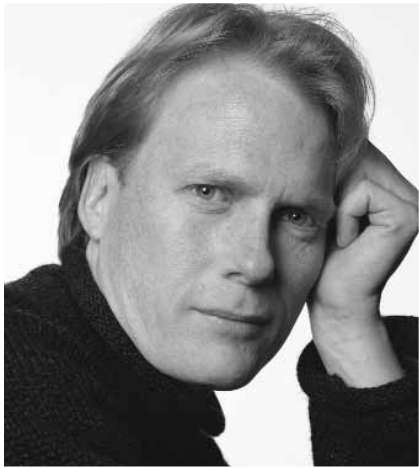




Merendon

SHINES NATURALLY AS THE GOLD WE PRODUCE

The Adeste Prize



We Invite
corporations/individuals
to contribute to those
who have achieved.

Foresight requires a curiosity as deep as it is boundless... and our greatest incentive should be in helping those who are young.

We at JO LEE give you an 'open' invitation to embrace those who may otherwise not be recognized and assist them in 'seeing the future before it arrives'.

THE ADESTE Prize will be awarded to 'The 40 and under Unsung Heroes' for achievements in the categories of the Humanities, Social Justice, Technology, Arts, and Medicine.

Nominations are urged by readers around the world. Please! Submit the name of someone you believe is deserving of such an award.

Nominees should have either achieved extraordinary findings, or excelled beyond their limits in inspiring others to 'touch the stars'.

ADESTE takes as its Credo – the lessons behind Nobel.
For Submissions » [CLICK HERE](#) «

The Award
Successful awardees will
receive the exquisitely designed
ADESTE Gold Medal.

Whenever the committee recognizes an achievement above and beyond expectation – an additional cash prize that embraces the 'on-going endeavors' of an Awardee, will be given. Awards will be announced February end, for the previous year.

Criteria

The achievement by the Candidate should be of a humanitarian act of significant magnitude which positively benefits mankind by advancing the ability to meet a basic need or should be a new, original, and meaningful discovery.

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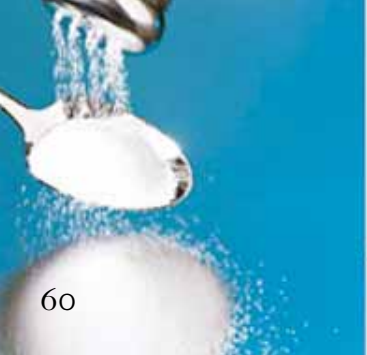


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LETTERS TO THE EDITOR »

Claude I. Taylor, O.C
Chairman Emeritus
Air Canada

Congratulations on your Summer interview: 'Jo Lee Talks to Ian Tyson'. As a Canadian, I was moved with pride to see one of 'our own' portrayed in such a powerful yet sensitive way. Ian is without doubt one of our Heritage Musical Stars. Well done.

Charles Hembroad
Corporate Executive
Perth - Australia

Your Summer article on: Stop Blaming Women For Men's Violence, is interesting but, as a man, I cannot agree with everything said.

There is never an excuse for men beating or raping women, young girls, or boys. There is also no excuse for women remaining in an abusive relationship. Neither I nor any of my friends think differently, so ... who is blaming the women?

As one victim said, "absolutely no one is immune from abuse ... it can happen to anyone, and does everyday! There is no shame in being a victim; the shame comes in remaining a victim."

I've been brought to understand that a lot of this kind of horror is attributed to the way women dress and 'they are just asking for it.' {I'd like to think inappropriate dress indeed entices, but is not an invitation for rape.}

The article is absolutely correct in referring to the lack of media or political attention. I hope she continues to push.

Dan Richter
Morgan Hill, CA

'Privatization's Power' is one of the best articles I have read in Jo Lee Magazine or anywhere else on the power fiascos and successes. As a Californian, I am especially sensitive to what can happen if regulation is mishandled. In the early 1990s, most power companies said there was 30% excess generating capacity. This excess, plus improved performance from plant upgrades, met the demand for years. In the late 1990s demand grew faster than expected, and capacity fell behind. As power shortages grew, spot prices shot up. The utility companies began to lose billions of dollars. They soon became technically bankrupt, and out-of-state power companies refused to extend credit to them. Natural gas suppliers were demanding payment in advance from either the utilities or the state government. The financial crisis came to a head in January 2001 when PG&E defaulted on payment of \$726 million in short term debt.

Jane O'Donnel
Dublin - Ireland

Your Summer issue on 'St. Patrick and Beyond In Ireland' makes one eager to see the sights of our land. Included in the sights should be an exploration of the economic miracle that has occurred in Ireland over the past decade. It is an inspiration to any third world country. Agriculture, once the most important sector, is now dwarfed by industry, which accounts for 37% of GDP, about 80% of exports, and employs 28% of the labor force. The economy is also benefiting from a rise in consumer spending and recovery in both construction and business investment. Ireland has substantially reduced its external debt since 1987, to 40% of GDP in 1994. Over the same period, inflation has fallen sharply and chronic trade deficits have been transformed into annual surpluses.

The only drawback has been the change that has also occurred in the morals of the young.

Joanne Giancola
Sr. Contributing Editor - JO LEE Magazine
Toronto - Canada.

It didn't take long for a knot to develop in my stomach as I read the Australian gentleman's letter that our editorial included on this page: STOP Blaming Women for Men's Violence. It was heart-wrenching to read his words. People just don't understand it's not as simple as opening the door and walking out. There are a myriad of reasons why!

The author's very last statement is brilliant. "Why didn't he let her go?" If they do, it's never the end for they find and torment every aspect of her being. The way women dress is a whole different subject. It has zero to do with being trapped in a relationship.

Thank you, Donna Johnson, for your article. It should be written in stone and hung in the schools for young minds to read and absorb.



«On the Cover

Jo Lee in ~
 The Niger Delta

«Feedback

*N*ominate someone.

The Adeste Prize

www.adesteprize.com



« THE MARVELOUS MAVERICK

By H. Gail Regan, Toronto - Canada

Gail Regan is vice-chair of Cara Operations. She chairs Energy Probe, Friends of Women's College Hospital, is a member of the Canadian Association of Family Enterprise, the Family Firm Institute and the Strategic Leadership Forum. She has a PhD in Educational Theory and an M.B.A. in Finance. Her background in sociology and her personal experience of business have given her an intellectual interest in the problem of evil.

Corporate Disgrace

TOO BOLD \ TOO TIMID



When individuals fall out of relationship with their community, we disgrace them by inquiring whether they are mad {crazy} or bad {delinquent}. Experts examine the person and decide if she or he is disturbed, criminal or both. Then the person has treatment either in the mental health system or the justice system. After disgrace and treatment, the individual then re-enters community. The whole process is painful and costly to those involved.

When corporations fail and are disgraced, we assume the cause to be that the leaders were crazy or criminal. These individuals are then brought to account. In the case of Enron, some criminal behavior was found and jail terms were given out. Examples like this make us think that corporate failure is the same as individual failure and using the law to punish a few people can handle the problem. This belief obscures the real causes of corporate failure, which is very, very costly. If enough corpo-

rate failures happen simultaneously, a whole society can be brought down. Knowing the real causes can avoid a lot of pain.

Criminality rarely drives corporate failure. It may happen, as in the Enron case, after the corporate failure has begun and the leaders desperately try to save the company. Ordinary mental illness is not a factor either. Corporate leaders are chosen for their stamina, resilience and balance. It is very unlikely that they are past or future patients of mental hospitals. {Some of the world's greatest leaders, for example Lincoln and Churchill, suffered dreadfully from depression. But they had the ability to carry on, despite their pain. They had enormous mental vigor.}

My research and experience indicate that corporations fail when the leaders subscribe to dysfunctional ideals and implement them. In the case of Enron, the leaders had a vision of a bigger and more exciting company, one that did not just deliver gas efficiently to customers, but one that would transform energy distribution through knowledge and trading. Enron became a highly praised company in the

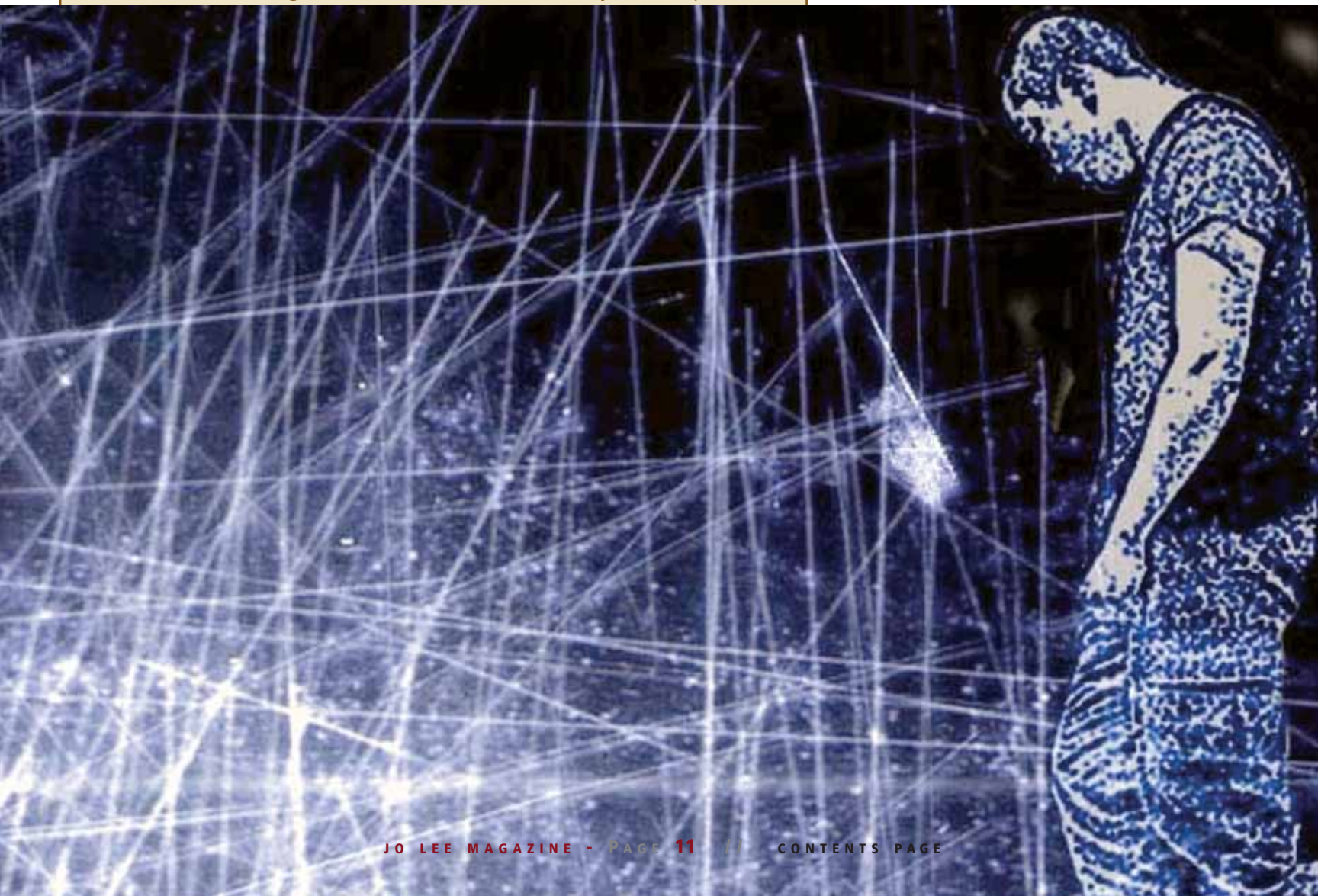
"New Economy" and initially thrived in the recently deregulated energy markets.

However, Enron executives were a bit frightened of the probability of successfully implementing the vision. Rather than admitting to vulnerability and tolerating the risk, they tried to manage uncertainty by doing deals they could get out of. They deluded themselves into thinking that "reverse deals" would reduce risk when in fact they increased it. The company went bankrupt. Enron failed not because it was bad or mad, but because its vision of goodness was unrealistic and its implementation too tentative.

Enron's vision was too big and its follow-through lacked commitment. Next issue I will explain how cultural organizations fail for the opposite reasons. We will look at a religious organization disgraced because the leaders defined the mission too narrowly and their implementation ignored risk.

To write The Mav [CLICK HERE](#) «

Some of the world's greatest leaders suffer dreadfully from depression.





« ALTER EGO

By Saul Levine, MD, San Diego - California

Unless you are a virtual hermit, or you happen to be media-phobic (sometimes a healthy disorder), you certainly are aware that our society has become obsessed with the issue of 'Obesity' to the extent that we are repeatedly told we are in the midst of an 'epidemic'. There is scarcely a day that passes that a new official warning is not issued: which inevitably leads to all manner of debilitation and doom: heart, hypertension, diabetes, liver, etc. and sans doute, earlier than expected demise. What is equally as mordant, is that fatness leads to social demeanment, prejudice and rejection.

BESITY AND THE 'DEITY OF THE DIETING'

For many years a large proportion of the population of our Western societies were dieting, and even more were preoccupied with their weight, and especially, their appearance.

And no wonder: the so-called beautiful women on display in fashion magazines and in haute couture runways seem like some perverse caricature of feminine pulchritude depleted of flesh and curvature. Thin, thinner, thinnest! is the Mantra of models, and has become the ideal of millions of schoolgirls. Our schools are populated by replicas of Brittany Spears, Paris Hilton, and Lindsay Lohan look-alikes and wannabees - hyper thin waists, bare midriffs, low jeans, and bony protuberances. In this context, why do we even wonder about the origin and prevalence of mass dieting, and even anorexia and bulimia?

While thinness may not be revered by men as much, the goals of being slim, buff and fit are also for many males an outer-imposed albatross, or an inner driven obsession. It is rare that a 'how to' Diet Book is not on the Best Seller list only to be supplanted a few months later by a 'better' one.



Extra pounds can often be a buffer: beneficial protective to us.

Fat Farms, weight loss programs, and diet camps are thriving. Liposuction, tummy tucks, gastric bypass have redefined the lofty aspirations of modern surgery, while creating a burgeoning, money-driven industry.

As in so many other human endeavors which become popular fads, the media, word-of-mouth, professional warnings, advertising, amplification and admonishment - a public hysteria evolves before our very eyes. We jump on bandwagons and pursue our latest beliefs with a kind of zealotry. Social anthropologists in the next centuries will look at us with astonishment for this superficial and destructive obsession {unless we succeed in killing each other first, seemingly another human passion}...

Well, perhaps the mantra of moderation will finally enter this arena. Recently, some new, highly regarded and rigorous epidemiological and clinical research has interjected with a semblance of rationality to this imbroglio. Maybe, just maybe, the dieting juggernaut will be dramatically slowed. It turns out that even really 'heavy set' people actually live as long as or longer than 'hyper thin' individuals. Furthermore, extra pounds can often be a buffer, beneficial and protective to us - in surgery, in extreme external environmental conditions, in deprivation, infection, recovery.

I am not recommending that overeating and obesity should become ultimate goals because there is compelling evidence that these do, in fact, increase morbidity... But our omnipresent and highly pressured campaigns seem to be backfiring, because as we hear incessant, extreme obesity is on the rapid rise all over the Western World.

Caricature of feminine pulchritude depleted of flesh and curvature.

If we can introduce and sell a moderate approach to exercise and eating, rather than extraordinary intense devotion to fanatic dieting and fitness programs, we would all be better off. If we can get our youngsters and especially their parents to respect and even find attractiveness in some added curvature, and stop worshipping the deity of dieting, then we would achieve many more of our health goals. Who knows, the artworks of Rubens, Vermeer, Rembrandt, Buttero, and other Masters, who captured on canvas the beauty of bodacious-ness, might make a major comeback!



Prevalence of mass dieting, anorexia, bulimia.

**For the Doctor
CLICK HERE «**

* Dr. Levine is Chairman Department of Psychiatry, Children's Hospital, San Diego and Professor of Psychiatry, University of California, San Diego.

THE COSA NOSTRA Chief's Daughter

Catherine Bonanno

Brilliant, fascinating, high energy, elegant, a mind of her own ~

No, not A&E's Victoria Gotti - or Mafia Princess Antoinette Giancana.

When we think of Mafia daughters with intelligence - that could have allowed them to be CEOs of multi-nationals today, we wonder if Godfather I and II, directed by Francis Ford Coppola and ShowTime's Bonanno: A Godfather's Story directed by Michel Poulette - would have positioned the Chief of the Cosa Nostra's daughter to sit as 'the #2 in command' of her Family's business, several years ago. How different the playing field would have been!

In that era, respectfully, all ladies were cast aside. Yet in the Bonanno Family, one of the greatest American fund-raisers and Ambassadors of Good Will is the powerful Mr. Bonanno's daughter Catherine. An original.

So what does such a lady, most sophisticated in mind and manner, feel about the highest office in the land - and how would she redefine the concept of the Office of the United States President if she were Madame President. The Catherine Bonanno Administration would be no joke.

The United States of America is said to be the most influential country in the world.

If you, Catherine, became the President of this country, how might you take your integrated experiences and formulate them into a strategy that could benefit mankind?

01.) Why, Catherine, should we elect you?

You probably wouldn't - the fact that I am the daughter of Joseph Bonanno would seem to be reason enough why people of the United States would hold no interest in electing me as their first woman President.

Although I may have the qualifications of a strong, determined woman - it would be hard to believe that the people within this great country would consider me suitable for the highest office in the land.

However, those who know me or have knowledge of my background feel very strongly that as President, I would have the United States government working for all people in the country.

Now taking this all into consideration, I will answer your questions.

02.) What historical figure do you most identify with?

St. Joan of Arc.

03.) What would become your Campaign Slogan?

'Dreams should never die!'

04.) How would you raise money for this Campaign?

Being a woman and a mother, I suppose I could say bake sales, what else. I would not go to big business or corporations. I would go to children - the best money raisers we have.

05.) What do you dislike most, about politics?

Dishonesty. Dishonesty.

06.) What is your idea of a perfect Administration?

One where whatever I say goes.

07.) What, within your mandate, would present the greatest challenge to your opponents?

Probably my honesty and integrity...

08.) What is the biggest problem in the world?

Our "inhumane" attitude. There should be no prejudice. We were founded on liberties and we're not standing by these mandates.

09.) How would you fix it?

I'd call together American corporate leaders and ask them to implement/produce Task Forces within their companies that would eventually recognize all peoples as one.

10.) What would you legalize?

Prostitution.

11.) Why?

Reality dictates that man is man. Possibly with legalization, the family structure could be kept intact.



Mother, father, Bill and me: New York City - Family occasion

12.) What would you outlaw?

The exorbitant monies needed for campaigns.

13.) Why?

Because many of the great minds are not always moneyed people.

14.) What would you veto every time it hit your desk?

Any demand that would interfere with my golf game.

15.) If you could change one thing about yourself, what would it be?

I really don't know. Perhaps morphing into a younger age...

16.) What do you most value in people?

True friendship. Unshakable loyalty.

17.) Who are your heroes in real life?

The only hero that would even enter my mind was Joseph Bonanno. Not because of whom the world has come to know him as. But because Joseph Bonanno made me who I am.

18.) What book would be required: White House reading?

'The Lion King'.

19.) Who would be your spiritual adviser?

God. And 'the clear world' of Minnie and Mickey Mouse.

20.) Whom would you appoint to your cabinet?

A comedian, a painter, a dancer, a priest, a scientist, an accountant and an engineer.

21.) What would you want the first news headline about your Administration to be?

"America: FIRST"!

22.) If you were able to re-incarnate and come back as a person or thing, what would it be?

A cricket. I could sleep all day and "click, click" all night!

23.) Who would get an invitation to stay in the Lincoln bedroom?

My reason for waking up in the a.m.: Tom Selleck

24.) Who would never get an invitation?

Traitors!

25.) Whom would you pardon?

The first person who sneezed.

26.) What would become your favorite presidential motto?

"Behind closed doors".

27.) What would be your favorite Presidential perk?

Using Air Force One to get away to my hideaway with T.S.

28.) What activity would pose the biggest challenge to your mandate?

Dealing with U.S. problems before Foreign Affairs.

29.) How would you overcome this?

By trusting my friends and keeping my enemies closer.



My Family: Gregory, Joseph, Vincent and me

30.) What three objects would be a must in the Oval Office?

1. Coffee maker - with coffee served to me at will
2. Italian pastries ... my pièce de résistance
3. Of course, the ultimate - Tom on my lap

31.) What person, living or dead, would you model yourself on as the leader of the Free World?

Joseph Bonanno, Sr.

Dad and me on my son Vincent's graduation day, Phoenix, Arizona

32.) What would be the single most important message to the Business/Professional community at large?

Make your intentions a reality!

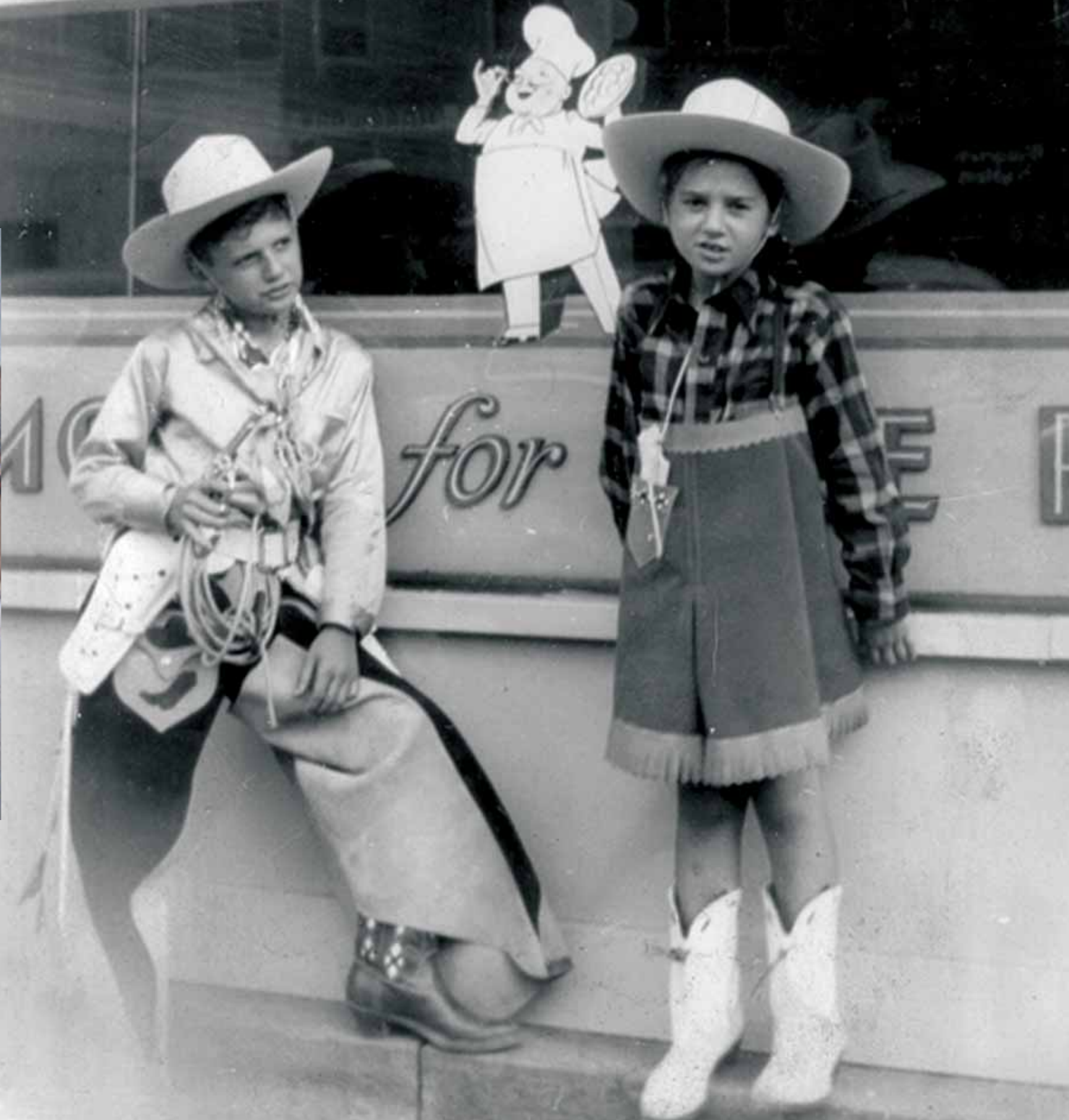


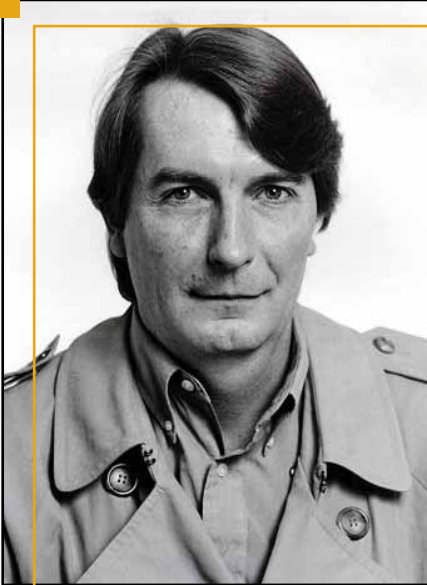
Brothers Joseph and Bill, dad and me



RESTAURANT

My brother Billy and I growing up as: Buffalo Bill and Calamity Jane





« COLLECTIVE ECLECTIC

By Robert R. Brooks, San Francisco – California

At the height of the Viet Nam war I was a private assigned to a company of fresh recruits at Oakland, California.

I was in fifth grade now and it fell to me and my peers to carry the torch passed to us by our able predecessors thereby ensuring the continued safe passage of all the younger students walking to and from school. We were well equipped for our mission. Like the older boys before us, we now had a key and exclusive access to the big wooden locker closet along the downstairs corridor that had always through the years, held such fascination. Inside the closet, braced neatly against the wall like rifles in an armory, were yellow metal poles attached to big red discs printed with STOP! In large white letters.

We were too young to even think we had options.

Suffice
to Say

Neatly hung on hangers were bright red canvass jackets of varying size. Often times in a rush to duty, mere seconds would determine whether or not you came away with a jacket that fit. Bright yellow long-length slickers and black rubber over-boots, were kept at readiness in the event of rain or {better yet} storm. Our folding, yellow, felt caps with red piping were stacked neatly above upon a divided shelf, and organized according to rank: private, corporal, sergeant, lieutenant, captain and chief. White gloves we had to provide ourselves.

I didn't even mind standing at attention for what seemed near interminable lengths of time, one gloved hand held straight behind my back as though twisting my own arm, my other arm outstretched straight and level to my right, supporting my sign and my sign supporting me, and trying to keep as still as an English palace guard. I was, however, bristled by the 'eyes front!' command; it just seemed to me to be a bit too much to reasonably expect.

Two things I really didn't like were whistle-abuse and 12:20 to 12:50 lunch time detail. More than a few Sergeants and officers would just for the purpose of reminding you of their power of authority, needlessly and arbitrarily blow their whistles just to watch us jump and go through our paces rather than because any actual cars or children were approaching. One toot indicated: pivot left, step off the curb and into the gutter while bringing the business-end of your lollipop first downwards past your ankles and then swing it crisply inward and hold in such manner that both you and it have become clearly visible to the driver of the imaginary car. Two toots indicated: reverse above process.

We must have had additional toot induced performance commands; however, I can't after all these years remember them. Suffice to say: there was an awful lot of tooting going on.

Traffic boy service has stood me in good stead all these years. To this day, while stuck in traffic or waiting in a long line I pretty much remain patient and calm, still drawing upon whatever it was I mustered then to endure the monotony.

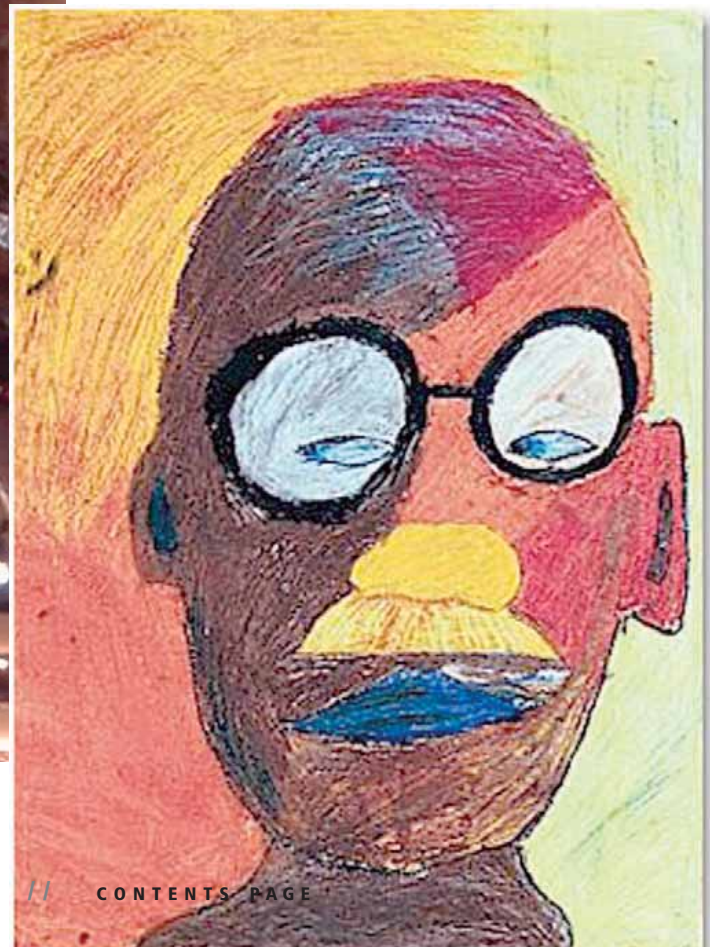
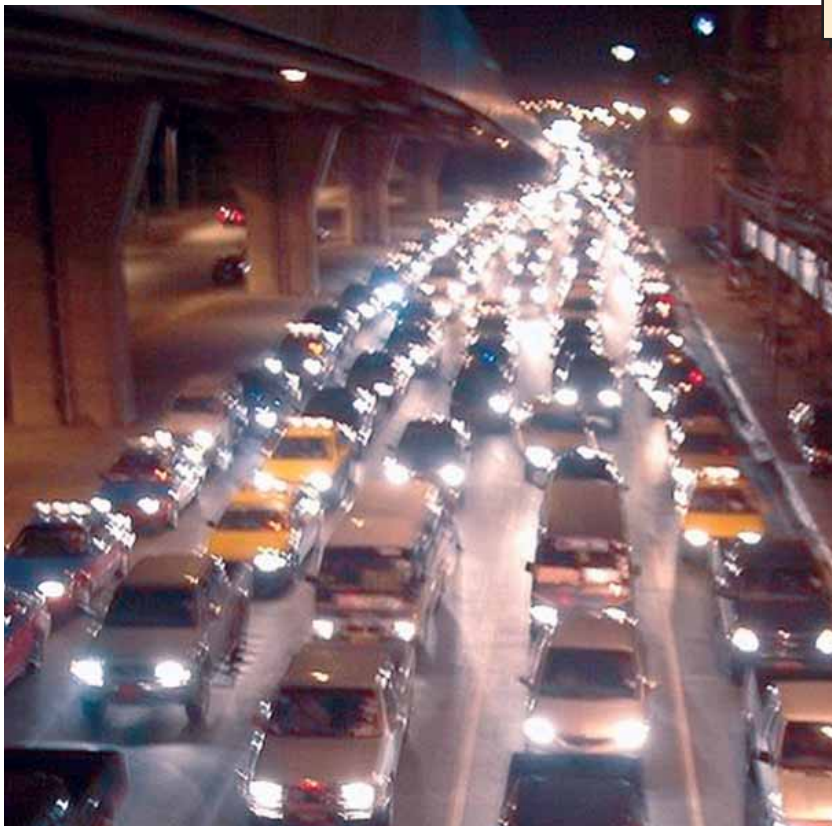
Our ultimate commander happened also to be my fifth grade teacher Mr. Sharp. Prior to teaching, he had been a lieutenant in the Marines which naturally suited him to lead us. He looked the part. He was both tall and stocky with a thick neck and an overall beefiness of form - very solid.

He wore his hair as though he had never left the Marines in a notably too-close-for-civilian-status 'buzzed' crew cut. Directly above his brow, the shafts were slightly longer and seemed more like wire than hair. You could have cleaned metal files with that head. 'Good' was 'Bad' then in the black kid's vernacular of the time, and when Mr. Sharp wore his dark, gold rim, aviator shades on the yard at recess, there could be no doubt; indeed he did look bad.

Upon arrival to the fifth grade, candidacy to the traffic squad was automatic; however, acceptance to it was not. Mr. Sharp did not select just anyone. I enjoyed being a traffic boy, even as a private. As an adult, I would chafe at such regimentation. We were pliable then and too young to even think we had options.

* Robert R. Brooks is a prolific writer and an international photographer. Always down to liberal arts, Rob attended Stanford and Oxford. He is a dedicated hiker and a sixth generation Californian.

To this day, while stuck in traffic: I endure the monotony.



I enjoyed being a traffic boy: even as a private.



« YES, VIRGINIA! COME - EXPLORE WITH ME

By Lois M. Gordon - Silicon Valley, California, USA

For a trip filled with beauty and roads filled with terror - the Copper Canyon will fill both needs. This was one of the best trips we have ever taken, going deep into the canyons and high on the ridges on roads that made my stomach flip. Well worth the trauma!

Local Village Indians: Copper Canyon is fast becoming Mexico's most popular 'soft-adventure' attraction.



Copper Canyon Mexico

Overlooking the Sierra Tarahumara {Copper Canyon} one of the Western Hemisphere's great scenic and cultural journeys.

The Sierra Tarahumara {Copper Canyon} is truly one of the Western Hemisphere's great scenic and cultural journeys and belongs on the wish list of most every traveler. It is fast becoming Mexico's most popular 'soft-adventure' attraction while also catering to hard-core backpackers, day hikers, mountain bikers, bird watchers, historians and naturalists. It is also one of Mexico's most popular attractions for senior citizen vacationers.

On a map, the trek looks like a simple train trip between the Chihuahua, capital city of the state by the same name, and the small city of Los Mochis in Sinaloa near the Sea of Cortez. In fact, this journey showcases not only one of the world's great engineering feats {the train} but also some of the world's most awesome scenery with the most primitive aboriginal culture still living in North America.

The journey is special on several fronts, not the least of which is the incredibly ingenious train route.

The Chihuahua al Pacifico Railroad carries riders from sea level to over 2,400 meters {8,000 feet} when traveling west from the agricultural city of Los Mochis, through coastal plains, up and over the Sierra Madre mountain range before descending to the city of Chihuahua 655 kms {393 miles} away. Along with the many bridges and tunnels which are crossed, there's even a 360 degree loop over itself at Km. 592.

The region's geological splendor is equally remarkable. The Sierra Tarahumara is in fact a maze of 200 gorges which combine to form a series of six massive, interconnected canyons, or barrancas.

There are two ways to spend time in the Copper Canyon region: Stick to the rail route, making stops along the way for day hikes around the canyon rim, or venture into the canyons. This requires more planning, stamina, and an adventurous spirit. However, canyon visits are often the most rewarding, as it is here that the region's awesome treasures come alive.

The best time to visit the area is during the fall, after summer rains have revived the area's vegetation, and rivers and falls are running full. Spring also offers a pleasant climate throughout the canyons. Also take into account the area's two distinct climatic zones: alpine in the highlands {mild temperatures April-October with rain showers July-September; colder November-March with some snowfall} and subtropical in the canyon bottoms {very hot and humid May-July; warm temperatures the rest of the year}.

If you plan on going to Copper Canyon be certain to find a tour company that provides the whole canyon, not just a train ride on the upper rim. You must experience the beauty from all locations.

Write Lois: [Click Here](#)

* As we venture out into our world, your travel can consist of a visit to the next town for the day, or a journey that would place your feet clear on the other side of the world. It is all about discovery and your relationship to the world which is everywhere you walk.

SO COME - EXPLORE WITH ME.

Divisadero: The best time to visit the area is during the fall, with rivers and falls running full.

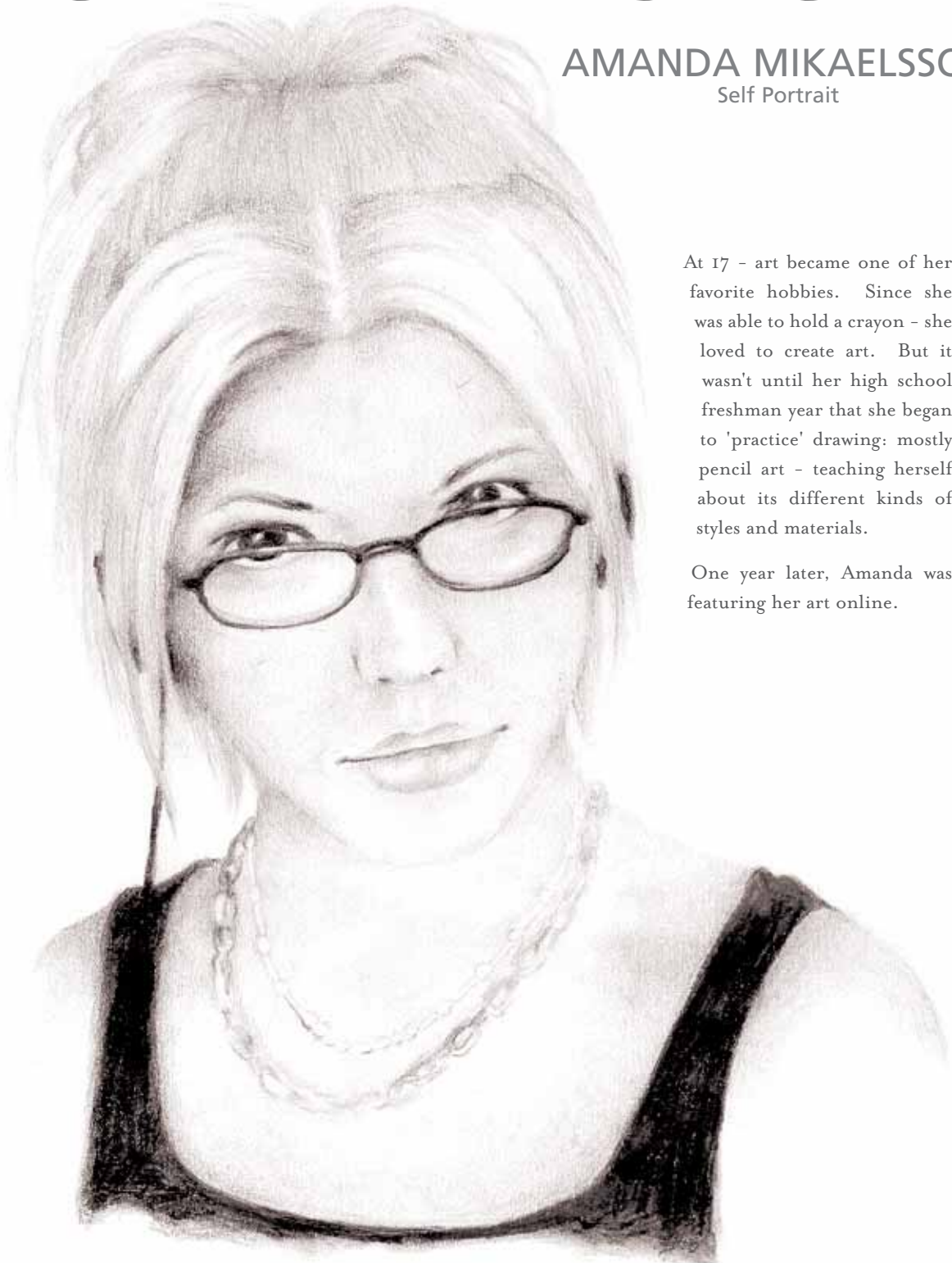


Hiking with our guide.

By Amanda Mikaelsson
Morgan Hill - California

the LUMINOUS

AMANDA MIKAELSSON
Self Portrait



At 17 - art became one of her favorite hobbies. Since she was able to hold a crayon - she loved to create art. But it wasn't until her high school freshman year that she began to 'practice' drawing: mostly pencil art - teaching herself about its different kinds of styles and materials.

One year later, Amanda was featuring her art online.

AMANDA: Gaining more of an understanding and knowledge of the different kinds of art became most important to me: learning and improving from those who would critique. My technique has developed since then and drawing is becoming more and more fun with the experience.

Next year, as a high school senior in the State of California, I'll enroll in my very first art class. I hope to learn more about pencils and other things like painting or pastels and it's all so exciting!

I, too, am a pianist. Like drawing, I've taught myself the piano and love to compose my own music on the grand piano that my mother and father very graciously bought for my brother, sister, and me.

A tremendous achievement and goal of mine was auditioning and being chosen for the County Honor Band. What an incredible experience it was to have worked with and come to know the many other accomplished musicians. I also play the clarinet and am first chair in my high school band. And playing percussion in the percussion ensemble, at school, is yet one more delight.

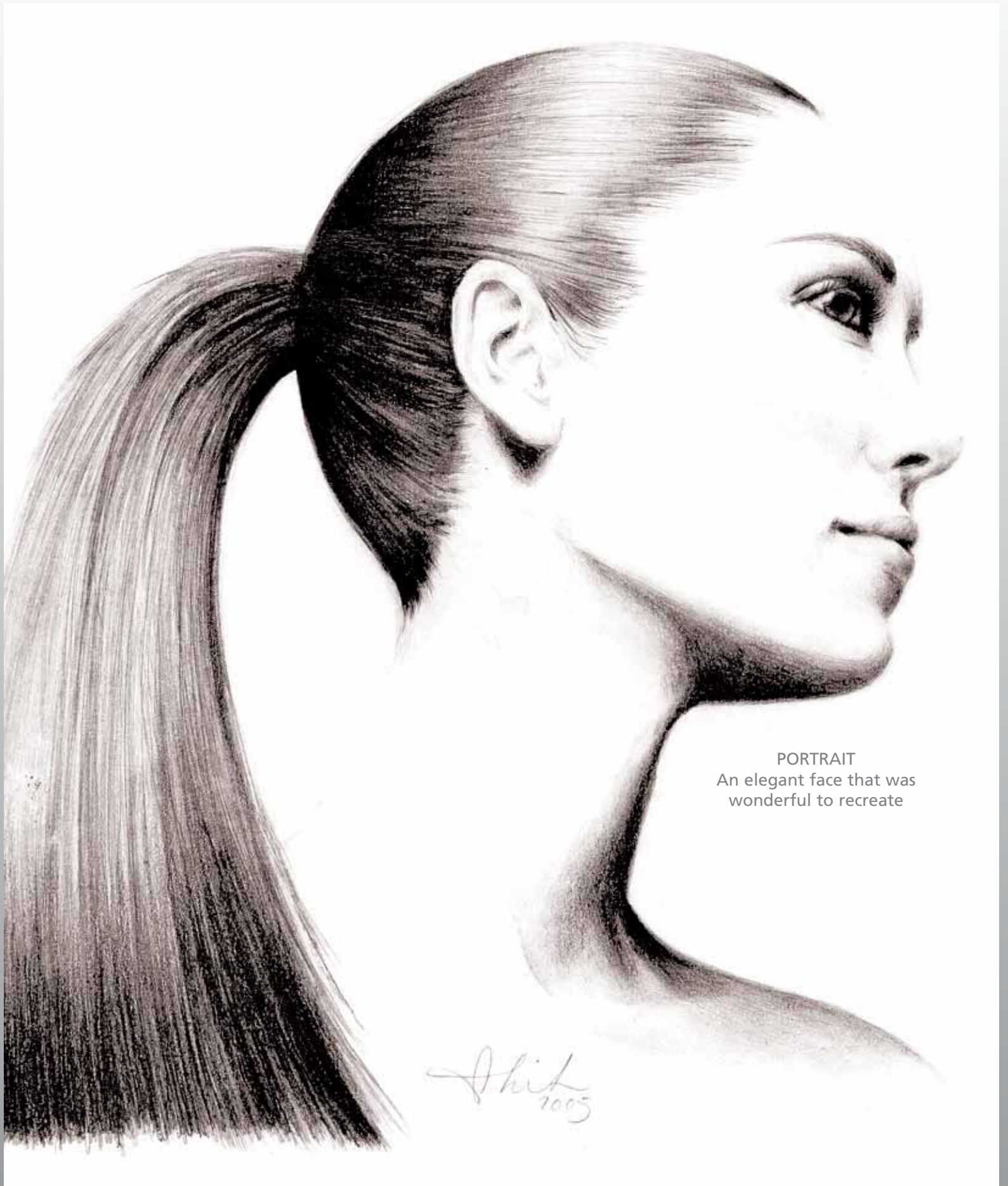
Swimming is another activity I hold close to my heart and am presently on three swim teams. This past year, as a Junior in high school, I made qualifying times for California's CCS {Central Coast Section}.

Reading, hanging out with friends and movies are additional favorites of mine ~

I so hope my montage of my works of art - you will fully enjoy.



ZELDA
The Character Link from
the game: Zelda



PORTRAIT
An elegant face that was
wonderful to recreate



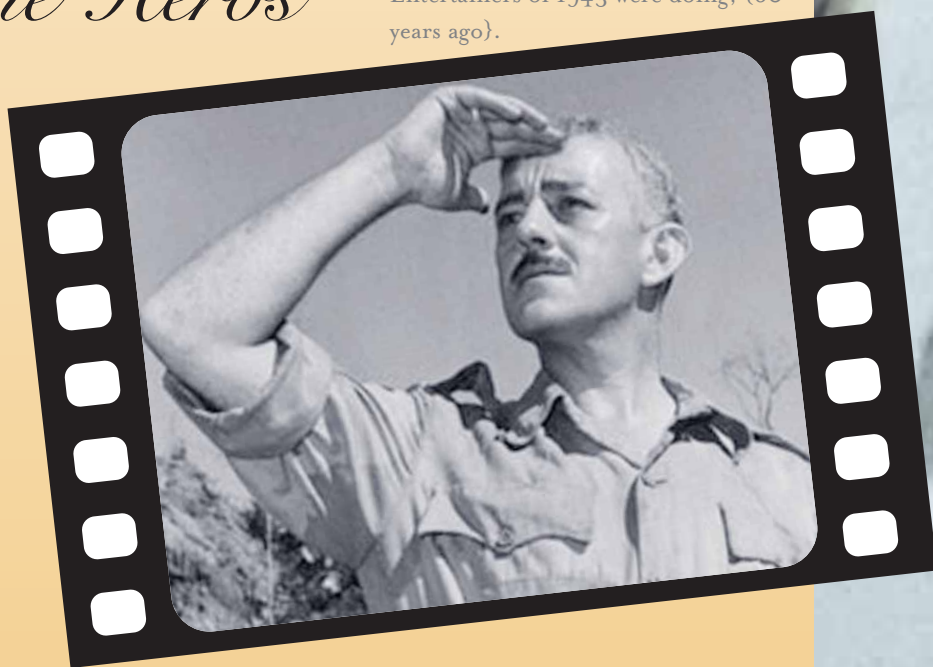
DANTE
From the game:
Devil May Cry 3

By
JO LEE Magazine
New York / San Francisco / Hong Kong / London
Tokyo / Rome / Toronto

In contrast to the ideals, opinions and feelings of today's 'Holly-would' - the real actors of yester-year loved the United States. They had both class and integrity. With the advent of World War II, many of our actors went to fight rather than stand and rant against this country we all love. They gave up their wealth, position and fame to become service men and women, many as enlisted men.

This feature lists but a few, but from this group of only 18 men came over 70 medals in honor of their valor, spanning from Bronze Stars, Silver Stars, Distinguished Service Crosses, Purple Hearts and one Congressional Medal of Honor. So let us remember: while the Entertainers of 2005 have been in all of the news media, let us also not forget what the Entertainers of 1943 were doing, (60 years ago).

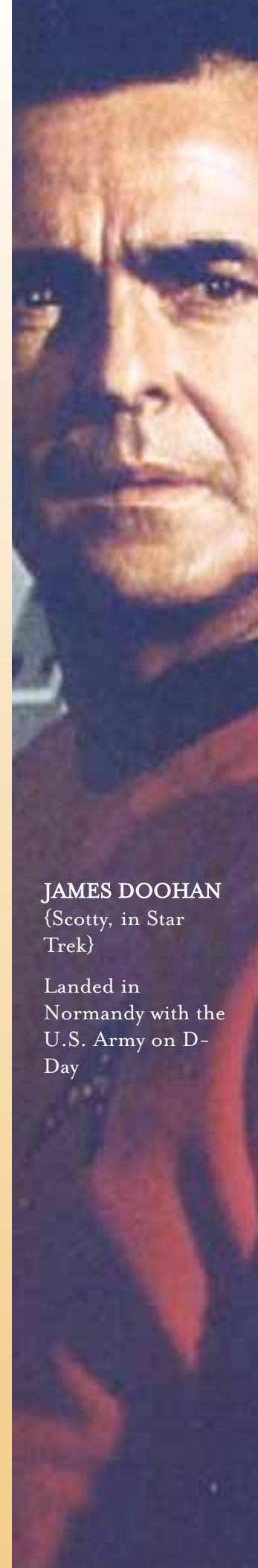
The Heros



ALEC GUINNESS {Star Wars}

Operated a British Royal Navy landing craft on D-Day

HOLLYWOOD OF YESTERYEAR



JAMES DOOHAN
{Scotty, in Star Trek}

Landed in Normandy with the U.S. Army on D-Day



**CHARLTON
HESTON**

Was an Army Air
Corps Sergeant in
Kodiak

DONALD PLEASANCE {The Great Escape}

Was an R.A.F. pilot who was shot down,
held prisoner and tortured by the Germans



DAVID NIVEN

Was a Sandhurst graduate and Lt. Colonel
of the British Commandos in Normandy.



JAMES STEWART

Entered the Army/Air Force as a private
and worked his way to the rank of Colonel.
During World War II, he served as a
bomber pilot, his service record
crediting him with leading more
than 20 missions over Germany, and
taking part in hundreds of air strikes
during his tour of duty.

Mr. Stewart earned the Air Medal, the
Distinguished Flying Cross, France's
Croix de Guerre, and 7 Battle Stars
during World War II. In peace time,
Stewart continued to be an active
member of the Air Force as a
reservist, reaching the rank of
Brigadier General before retiring
in the late 1950s.



**CLARK GABLE
{Super Star when war broke out}**

Although he was beyond the draft age at the time
the U.S. entered WW II, Clark Gable enlisted as
a private in the AAF on August 12, 1942 in Los
Angeles. He attended the Officers' Candidate
School at Miami Beach, Florida and graduated
as a second lieutenant on October 28, 1942.

He then attended aerial gunnery school and in
February 1943 he was assigned to the 351st Bomb
Group at Polebrook where he flew operational
missions over Europe in B-17s. Capt. Gable
returned to the U.S. in October 1943 and was
relieved from active duty as a major on June 12,
1944 at his own request, since he was over-age
for combat.





EARNEST BORGNINE

Was a U. S. Navy Gunners Mate
1935-1945



CHARLES DURNING

Was a U. S. Army Ranger at
Normandy earning a Silver Star and
awarded the Purple Heart



EDDIE ALBERT {Green Acres TV}

Was awarded a Bronze Star for his
heroic action as a U.S. Naval officer
aiding Marines at the horrific battle
on the island of Tarawa in the Pacific
November, 1943.



BRIAN KEITH

Served as a U.S. Marine rear gunner
in several actions against the Japanese
on Rabal in the Pacific



LEE MARVIN

Was a U.S. Marine on Saipan during
the Marianas campaign when he was
wounded, earning the Purple Heart



GEORGE C. SCOTT

Was a decorated U. S.
Marine

In 1942, he enlisted in the Marine Corps where he received a battle-field commission, was wounded and highly decorated for valor at Guadalcanal

ROBERT RYAN

Was a U.S. Marine who served with the O.S.S. in Yugoslavia

TYRONE POWER

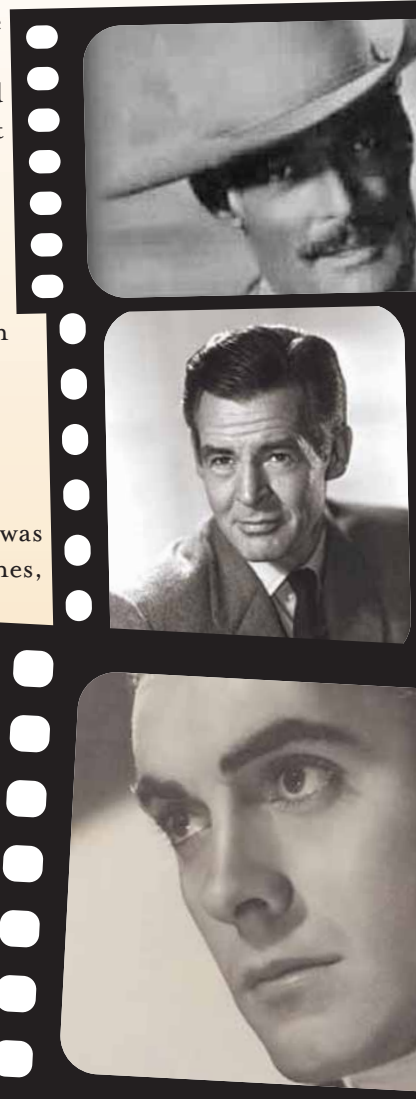
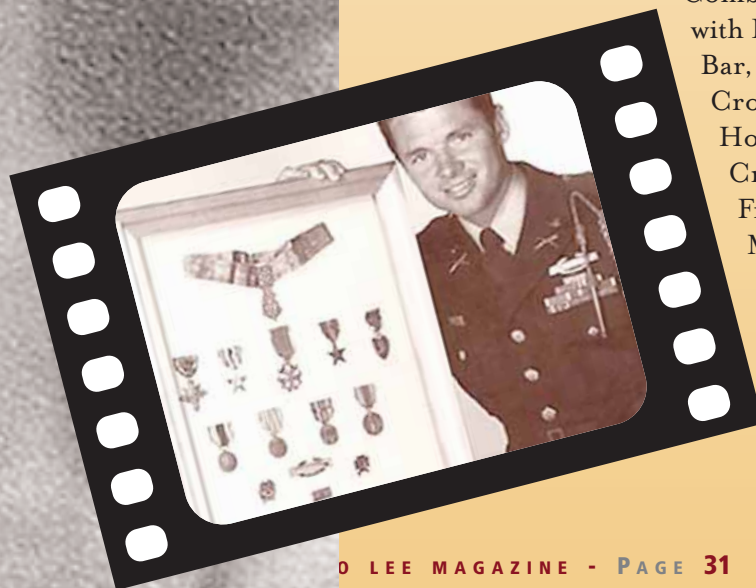
{a star when Pearl Harbor was bombed} Joined the U.S. Marines, was a pilot flying supplies into, and wounded Marines out of, Iwo Jima and Okinawa

AUDIE MURPHY {played cowboy parts}

Most Decorated serviceman of WWII and earned: Medal of Honor, Distinguished Service Cross, 2 Silver Star Medals, Legion of Merit, 2 Bronze Star Medals with "V", 2 Purple Hearts, U.S. Army Outstanding Civilian Service Medal, Good Conduct Medal, 2 Distinguished Unit Emblems, American Campaign Medal, European-African-Middle Eastern Campaign Medal with One Silver Star, Four Bronze Service Stars {representing nine campaigns}, and one Bronze Arrowhead {representing assault landing at Sicily and Southern France}, World War II Victory Medal Army of Occupation Medal with Germany Clasp, Armed Forces Reserve Medal, Combat Infantry Badge, Marksman Badge with Rifle Bar, Expert Badge with Bayonet Bar, French Fourragere in Colors of the Croix de Guerre, French Legion of Honor, Grade of Chevalier, French Croix de Guerre With Silver Star, French Croix de Guerre with Palm, Medal of Liberated France, Belgian Croix de Guerre 1940 Palm.

CHARLES BRONSON

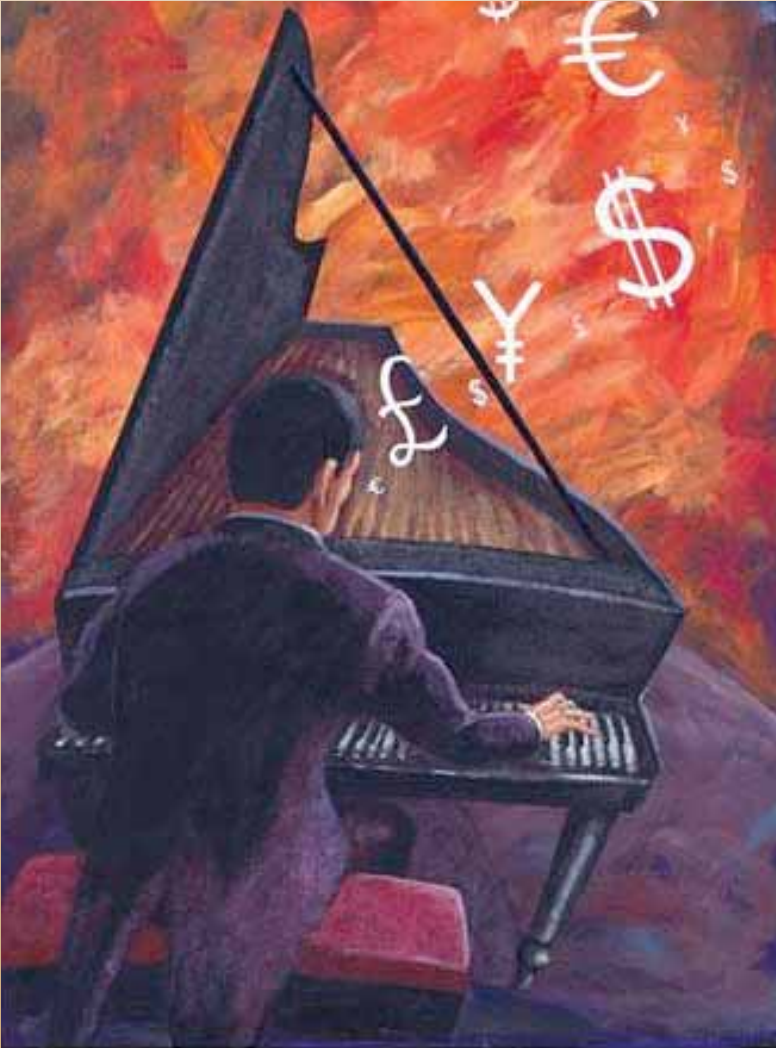
Was a tail gunner in the Army Air Corps, more specifically on B-29s in the 20th Air Force out of Guam, Tinian, and Saipan





By Paul Mascioli
President - Mascioli Entertainment Corporation
Orlando - Florida

Many parties and conventions are themed.



We all know that entertainment can make or break an event. When your guests have experienced your event, hopefully they will remember all of the business aspects of their conference-meetings. But will they also remember their time as being exhilarating and fun? If you have provided them the right mix of entertainment, they certainly will!

Today's entertainment choices seem almost endless. Here are some points to consider when formulating your plans and tips that will help you to complete them.

The single most important challenges are found in the tips that formulate the mastering of your audience.

With the right agent - the choices are endless.
www.masciolientertainment.com

CHOOSING THE RIGHT ENTERTAINMENT

♪ Give careful consideration to your source. Regardless of your requirements, insist on dealing with an experienced agent or show producer who can go directly to entertainers or their management.

♪ In some instances, an agent may even represent your desired talent in-house; however, it is not necessarily desirable to deal with an agency touting a large, exclusive talent roster (the operative word being exclusive.) Inevitably, the agency will try to plug its own talent into a slot, even though an attraction from another source may be far better suited to your event.

♪ No matter whom you choose, always be sure you are dealing with an experienced, well connected individual who can assemble the right team to deliver your needs. Otherwise, you could easily end up dealing with multiple booking

offices which will dramatically increase your end cost and complicate the process.

♪ Your booking agent must have the 'right connections' so that your desired talent will take the call. Many will not take calls from unknown sources.

♪ Planning your entertainment should be an early priority. Don't leave it as an after-thought. It can take time to create that lasting memory and to keep your guests reminiscing and wanting to come back.

♪ It is crucial that the audio/visual production for each show, event or meeting is absolutely 'right on' for every given situation. Be sure to obtain all of your performers' requirements and coordinate them with your producer or a/v company well in advance of the event.

♪ Your entertainment may have needs beyond a/v. A carefully structured contract is a must. Furthermore, when

A carefully structured contract: is a must.



negotiating the contract price, be sure that you understand the ramifications of the contract rider. This can sometimes be as costly as the talent portion of the contract and will include such items as transportation (flights and local ground), accommodations, catering and other miscellaneous hospitality needs (bottled water, etc.), dressing rooms' specifications, backline (instruments and amplifiers), guests' passes, taxes, work visas, video taping and

audio recording restrictions and more.

♪ Many parties and conventions are themed. Your talent producer should be able to offer you custom music, production numbers, scripts and décor suggestions that will complement your

TAINMENT

theme, ensuring that it flows throughout your event, from the first guest's arrival until the last light is turned off.

🎵 Use entertainment in innovative ways. Entertainment can add an element of drama, fun, humor and contribute to the overall environment.

OCCASIONS TO CONSIDER:

- o Arrival at the host city airport and hotel
- o En route to the hotels and to all satellite events
- o On arrival at satellite locations
- o Event receptions
- o Opening general sessions
- o Session breaks
- o Breakfasts, lunches and dinners
- o The main event
- o Speaker introductions
- o Groundbreaking ceremonies
- o Sales awards
- o Trade show support
- o Traffic builders
- o Spousal programs
- o Open houses
- o Evening partying/dancing
- o Hospitality suites
- o Grand openings

You might also want to consider having interactive, motivational speakers for work sessions; and, interspersing awards presentations with entertainment.

Remember, how you fill all of your talent and production requirements and the energy and excitement created by your entertainment will be major contributors to the success or failure of your event.

Good luck!

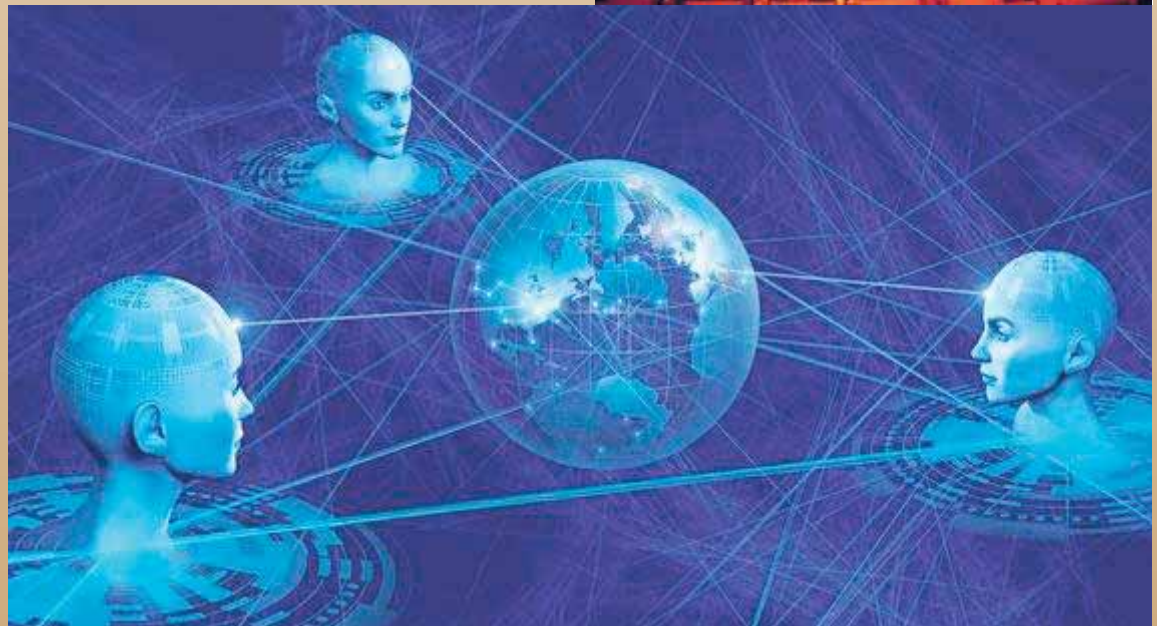


Use Entertainment in innovative ways.

Planning your entertainment should be an early priority.



Best tips: On choosing the right entertainment.





New Arrival. Freshly Harvested.

Sweet and citrus with a delicate, chocolate finish, this coffee is an incredible cup, improved only by the hope it brings to a recovering country.

Exclusive to Second Cup





By
Sally Anne Reisner
Fayston - Vermont

Sally Anne Reisner grew up in the San Francisco Bay Area during the fifties. She attended college in the East and then taught in an urban-suburban high school in New Jersey for eighteen years. At the age of fifty she left her job, re-married and focused on her writing. She and her husband currently live in a log home in Fayston, Vermont where they spend winters skiing and summers sailing on Lake Champlain.

THE DINING ROOM TABLE



*I*n our childhood home in California the table was covered with Great-grandmother's white, starched linen cloth, set with Mother's china and crystal stemware.

Seated at a separate children's table, wee ones longed to sit with grown-ups.

Cousins and sisters weren't as much fun as Uncle Francis and Mattie Flynn.

After coffee and Mother's lemon meringue pie, politics were discussed over cigarettes and cognac.

We never minded clearing the table; it meant Uncle Bits was about to sing his silly songs.

Three generations gathered around the piano.

The second leaf was seldom used when we moved back East.
Mother's illness brought nurses to the table;
Western kin were missing.
Uncle Abe's portrait on the dining room wall
reminded us of generations past.
Seated beside an open fireplace,
we ate dinners by the bay window
watching changing seasons and falling snow.
Parents became grandparents and
three new generations gathered around the table.

My sister lives in Georgia now where she entertains with
flair.

Both leaves are extended; the polished mahogany shines.

She calls it an English pub table
and places it next to Mother's lighted china closet
filled with family heirlooms.



When Mother and Father passed away,
the family house was sold.
The table was not forgotten.

It moved back West where aunts and uncles joined us once
again.
Fine dishes and Mother's crystal adorned
what is now my sister's table.
The original chairs were brought out of the attic,
Strengthened and reupholstered in southwestern style.

A sense of Southern grandeur fills the room.

As we sip our wine I make a toast:

Here's to this table,

refinished by our father so many years ago.

Let us not forget those who have sat around it

and the places it has been.

Sally Anne

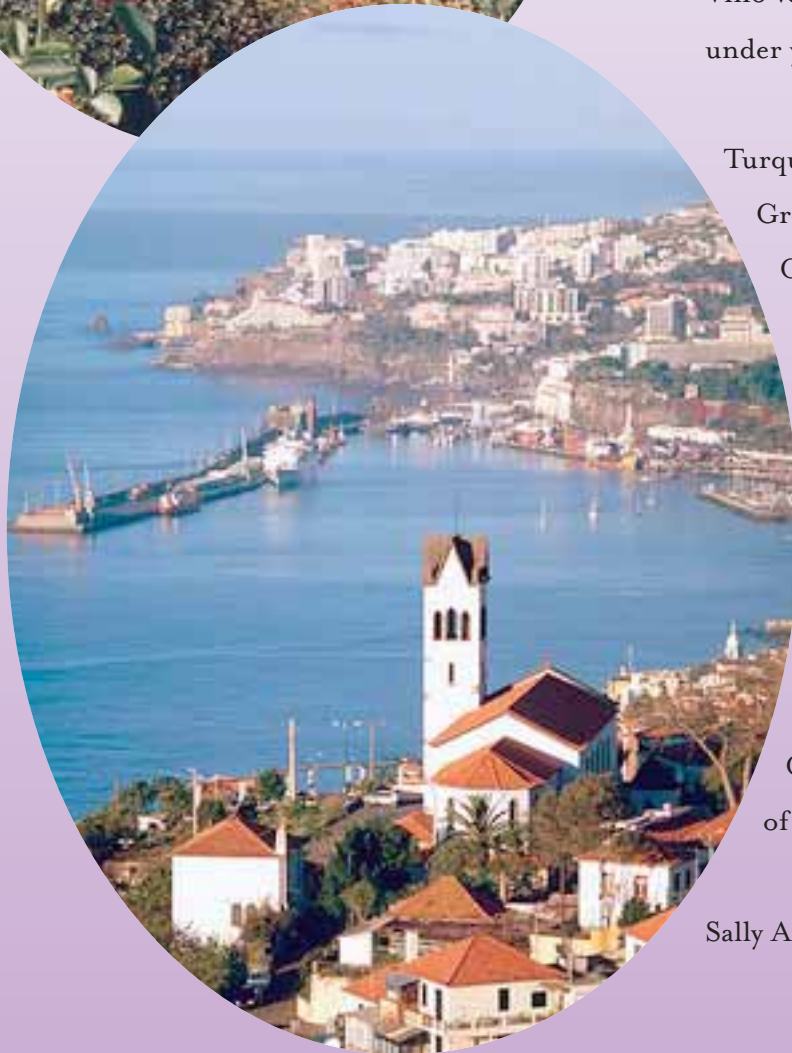
Colors of Portugal



Red-tiled roofs
Crisp white linens
Cobblestone streets for strolling.

Painted stripes of blue and gold
on white-washed houses
with wrought iron window boxes
and clay brick pots.

Red roses climbing up aging buildings
Vino verde sipped at leisurely lunches
under yellow umbrellas at outdoor cafés.



Turquoise surf crashing below the bluffs
Green palm trees and seaside vegetation
Cloudless blue skies
Sunsets in the Algarve.

Yellow funiculars and green trolleys
Gray sardines and purple port
Scarlet skirts of fado dancers.

Green buses crowded with tourists
winding up narrow streets
Golden domes and white cones
of historic Sintra palaces.

Sally Anne

North America door to door

With more nonstop flights between Canada and the U.S. than any other airline, and your choice of Aeroplan® Miles or Mileage Plus® Miles, Air Canada is the easiest, fastest, and most rewarding way to fly. (Excuse us for being so direct.)

AIR CANADA 

A STAR ALLIANCE MEMBER 



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By
Sandra R. Coulson, BA, ED, SP, COM
Denver - Colorado. USA

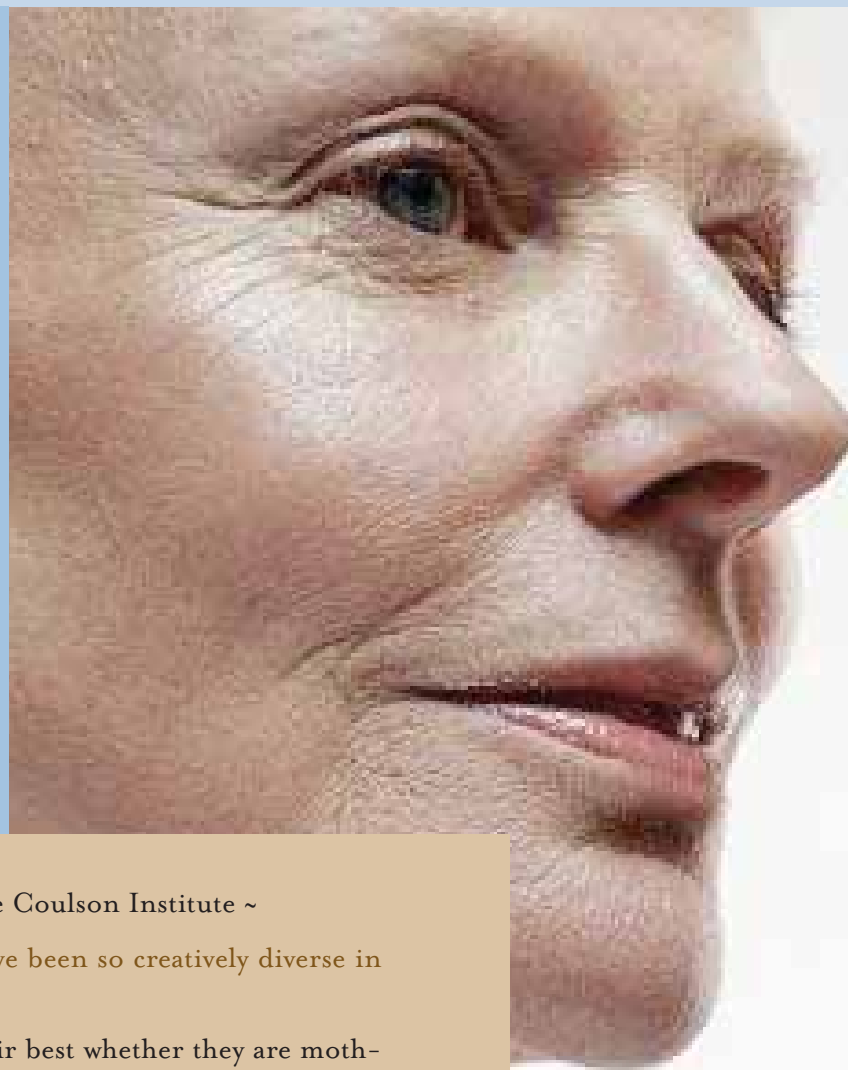
Don't like the way you look ... or worried about competing for a new job?

Sandra Coulson, a 35 year Orofacial Myologist, has developed a new program to help regain that youthful appearance. Her busy Denver practice works with children and adults, retraining the way facial muscles are used. She literally changes faces - and lives!
www.coulsoninstitute.com

Retraining the face of people: from childhood into their 70's and 80's.

Exercise *and* Your Face

THE TALENT BEHIND OROFACIAL MYOLOGY



.. And an evening with a great friend and Chairman of The Coulson Institute ~

Sandra - your practice today focuses on Facial Yoga. You've been so creatively diverse in your profession. How did this come about?

SANDRA: Women of all ages Jo Lee - struggle to look their best whether they are mothers taking care of children and family responsibilities or executives with hectic business schedules. Through my therapy, I have developed a series of exercises that actually tone and tighten facial muscles - retraining the face of people from childhood into their 70's



and 80's. I also train other therapists at The Coulson Institute of Orofacial Myology, so you may have a Facial Yoga instructor near you.

Can I really look younger by committing to exercise my face! Why haven't I heard of this before you?

SANDRA: Because most people really don't understand that it is possible to keep our face, jaw line and neck muscles well toned throughout our lives with special exercise - just as we maintain our bodies with exercise. We never hear about keeping our face in shape with exercise. This is why



I've developed Facial Yoga! The exercises work the muscles from the inside out to strengthen the muscle network of the face. The benefit of this method is that the face changes to look more proportional.

Does facial exercise replace a surgical face-lift?

SANDRA: No. But it costs just a fraction of what surgery costs. The fact that it requires no 'down time' for results that are subtle, but visible, makes it a very viable, healthy way to lift and change the signs of facial aging. Three minutes, three times a day of exercises show incredible changes within just two weeks! These exercises benefit anyone who wants a lift to droopy cheeks and sagging jaw lines. They don't leave a person with the mask-like, expressionless faces of aging divas who have indulged in one too many cosmetic surgeries!

Sandy - why do the wrinkles start in the first place ... other than simple aging?

SANDRA: I'm really glad you asked, Jo Lee. I asked this same question, and after some research, I found Linda Chaé, a scientist and formulator of toxic free products. She's quite specific about why wrinkles form. Eliminating the toxicity of products we use, especially on our faces, enhances my Facial Yoga program and speeds up the results!

What then, causes the lines and wrinkles?

SANDRA: Linda is clear that many things can cause wrinkles, but the primary reasons are stress and the accumulation of toxic chemicals in the skin. Your skin completely replaces itself every 28 days from the very cells that gave you that youthful baby skin. Wrinkles, sagging skin and other visible signs of aging indicate the skin has degenerated.

Synthetic chemicals like the synthetic detergents in cleansers, cause pollution in the body, which causes degeneration. This can result in wrinkles, sagging skin and loss of elasticity. Deeper lines and wrinkles are created from the tension held in facial muscles. The tension tightens muscles and other membranes far below the surface, creat-



ing a constriction that pulls the skin downward into a crease - like the lips curving downward as we age.

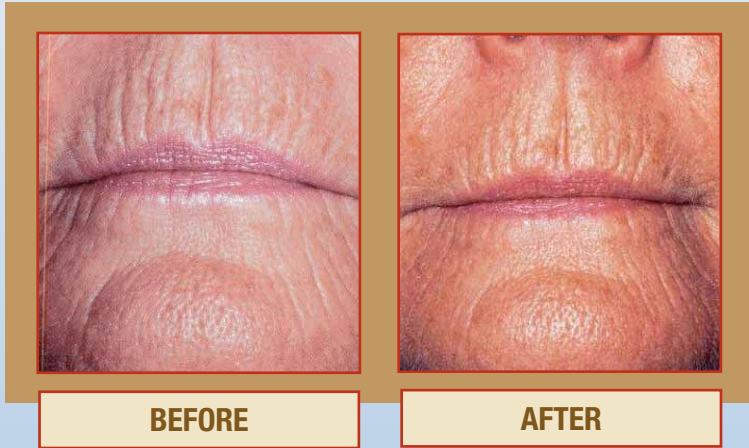
These are just two examples that lead to the degenerating of our skin. Very few scientists, plastic surgeons or cosmetic companies are dealing with these two problems. That is why my Facial Yoga program is so important. Combining the exercise regimen with nutrition and non-toxic products is incredibly effective.

Okay ... at what age then, should we begin facial exercises Sandy and can you give me an example.



SANDRA: Try to begin these exercises before you see wrinkles or jowls. Most Facial Yoga clients are in their mid-to late 30's through 80's. The program works for men and women.

Jo Lee, I remember you telling me how your mother used to sit in her wing-back chair and exercise her face after dinner. She was certainly in the know. Simply do what she did. Begin with a good 'stretching' exercise. It's the best way to get the circulation and blood moving in your face.



The real benefits here are that the results of Facial Yoga include not only a nicer profile and a younger looking face, but that the personal self-confidence of every one of my clients has improved. When we get older and still need to look our best, it's important to realize that there are ways for us to retain that youthful look AND to improve our overall health and mental outlook at the same time.



So-o-o JO LEE readers, when you look into the mirror and see those wrinkles creating a face 'that you do not want': why not retain your self confidence. Think of Denver Colorado and Sandra Coulson Faces ~

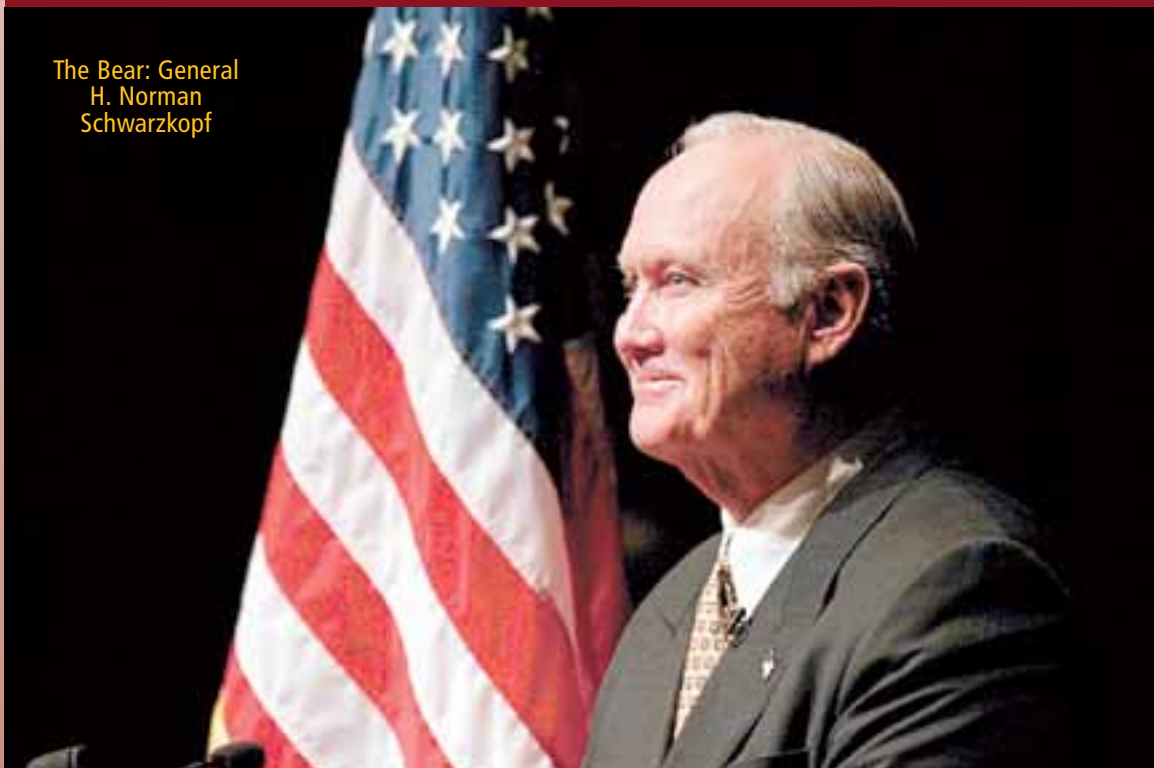
By
 JO LEE Magazine
 New York / San Francisco / Hong Kong / London
 Tokyo / Rome / Toronto

To his troops, GENERAL H. NORMAN SCHWARZKOPF, the burly and emotional Commander in Chief, United States Central Command and Commander of Operations of Desert Shield and Desert Storm, was affectionately referred to as 'The Bear.' It was his style of leadership that was more demanding and trusting than any of our country's previous leaders.

"From the time I was twelve years old until I retired at the age of fifty-seven, the Army was my life. I loved commanding soldiers and being around people who had made a serious commitment to serve their country."

TO KNOW * TO DO THE CONNECTION

The Bear: General
 H. Norman
 Schwarzkopf



"It doesn't take a hero to order men into battle. It takes a hero to be one of those men who goes to battle."

World War II produced many heroes. One such man was Lieutenant Commander Butch O'Hare. He was a fighter pilot assigned to the aircraft carrier Lexington in the South Pacific.

One day his entire squadron was sent on a mission. After he was airborne, he looked at his fuel gauge and realized that someone had forgotten to top off his fuel tank. He would not have enough fuel to complete his mission and get back to his ship. His flight leader told him to return to the carrier.

Reluctantly, he dropped out of formation and headed back to the fleet. As he was returning to the mother ship, he saw something that turned his blood cold. A squadron of Japanese bombers were speeding their way toward the American fleet. The American fighters were

gone on a sortie and the fleet was all but defenseless. He couldn't reach his squadron and bring them back in time to save the fleet. Nor, could he warn the fleet of the approaching danger.

There was only one thing to do. He must somehow divert them from the fleet. Laying aside all thoughts of personal safety, he dove into the formation of Japanese planes. Wing-Mounted

Lieutenant Commander Butch O'Hare:
U.S. Navy's first Ace of WWII.



50 caliber's blazed as he charged in, attacking one surprised enemy plane and then another. Butch weaved in and out of the now broken formation and fired at as many planes as possible until finally all his ammunition was spent. Undaunted, he continued the assault.

He dove at the planes, trying to at least clip off a wing or tail, in hopes of damaging as many enemy planes as possible and rendering them unfit to fly. He was desperate to do anything he could to keep them from reaching the American ships.

Finally, the exasperated Japanese squadron took off in another direction. Deeply relieved, Butch

O'Hare and his tattered fighter limped back to the carrier.

Upon arrival he reported in and related the event surrounding his return. The film from the camera mounted on his plane told the tale. It showed the extent of Butch's daring attempt to protect his fleet. He had destroyed five enemy bombers.

That was on February 20, 1942, and for that action he became the Navy's first Ace of W.W.II and the first Naval Aviator to win the Congressional Medal of Honor.

A year later he was killed in aerial combat at the age of 29. His home town would not allow the memory of that heroic action die.

And today, O'Hare Airport in Chicago is named in tribute to the courage of this great man.

So the next time you're in O'Hare visit his memorial with his statue and Medal of Honor. It is located between Terminal 1 and 2.



Al Capone.



It was the General's style of leadership that was demanding and trusting.

TO KNOW * TO DO ~

Some years earlier there was a man in Chicago called Easy Eddie.

At that time, Al Capone virtually owned the city. Capone wasn't famous for anything heroic. His exploits were anything but praiseworthy. He was, however, notorious for enmeshing the city of Chicago in everything from bootlegged booze and prostitution to murder.

Easy Eddie was Capone's lawyer and for a good reason. He was very good. In fact, his skill at legal maneuvering kept Big Al out of jail for a long time. To show his appreciation, Capone paid him very well. Not only was the money big; Eddie got special dividends. For instance, he and his family occupied a fenced-in mansion with live-in help and all of the conveniences of the day.

The estate was so large that it filled an entire Chicago city block. Yes, Eddie lived the high life of the Chicago mob and gave little consideration to the atrocity that went on around him.

Eddie did have one soft spot, however. He had a son that he loved dearly. Eddie saw to it that his young son had the best of everything; clothes, cars, and a good education. Nothing was withheld. Price was no object. And, despite his involvement with organized crime, Eddie even tried to teach him right from wrong. Yes, Eddie tried to teach his son to rise above his own sordid life.

He wanted him to be a better man than he was. Yet, with all his wealth and influence, there were two things that Eddie couldn't give his son. Two things that Eddie sacrificed to the Capone mob that he could not pass on to his beloved son: a good name and a



good example. One day, Easy Eddie reached a difficult decision. Offering his son a good name was far more important than all the riches he could lavish on him. He had to rectify all the wrong that he had done. He would go to the authorities and tell the truth about "Scar-face" Al Capone. He would try to clean up his tarnished name and offer his son some semblance of integrity.

To do this he must testify against The Mob, and he knew that the cost would be great. But more than anything, he wanted to be an example to his son. He wanted to do his best to make restoration and hopefully have a good name to leave his son. So, he testified. Within the year, Easy Eddie's life ended in a blaze of gunfire on a lonely Chicago street. He had

given his son the greatest gift he had to offer at the greatest price he would ever pay.

What do these two stories have to do with one another?

Butch O'Hare was Easy Eddie's son.

The truth of the matter - is that you ALWAYS know the right thing to do. The hard part is doing it.

O'Hare Airport in Chicago: a tribute to a great man.



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THIN'K'ERS C*RNER

POPULATION OVERL*AD

WHAT IN THE WORLD IS GOING ON!

By the Year 2050: The World population will reach 9.3 Billion or a Growth rate of 77 Million people per Year.

DID YOU KNOW ?

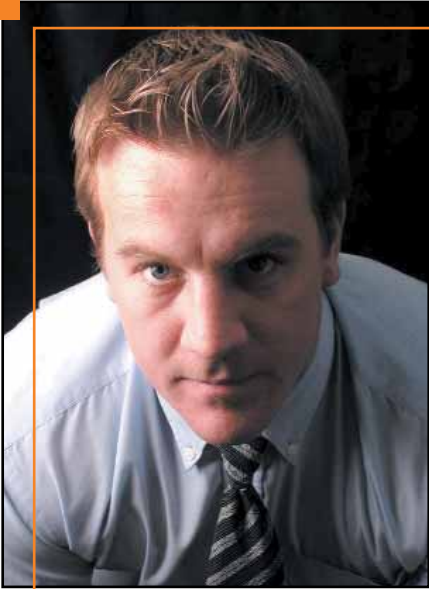
In Just '5' years – There were 300 Million UNPLANNED pregnancies Worldwide {Not including 3rd World} with 700,000 Women dying as a result of.

There's a HUGE, unmet need to rectify this! Hundreds of Millions of Women Globally – DO NOT WANT TO BECOME PREGNANT.

How can society help! Is there a solution? You decide.

[CLICK HERE](#)





« HALF TIME

By James Mansell
Montréal - Québec

STER IDS n STER IDS

I predict that gene replacement therapy will destroy sports if we are not careful.

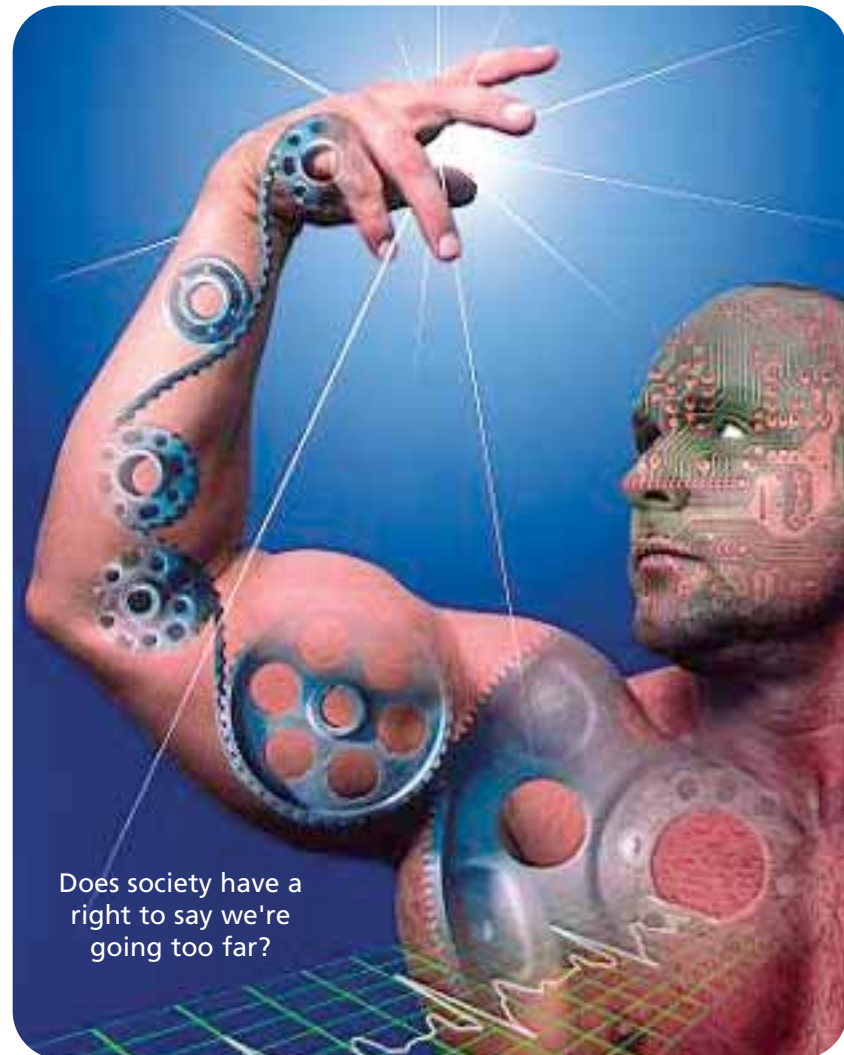
Hi Folks!

For years I've been warning my readers about the dangers of performance enhancing drugs. Finally the U.S Congress and major league baseball have decided to open their eyes to a problem that has never been addressed in a proper way. Not only must the athletic community take care of the problems of today but, also, they must look at the problems of tomorrow. Our future problems are not with drugs and growth hormones! They're with genetic enhancement. The steroid on steroids*.

At present - researchers are successfully experimenting with mice to make the average mouse stay in shape and not lose any muscle mass or gain fat without exercise. Simply by adjusting the characteristics of embryos.

The study group which was used for this experiment ... had twice the physical strength as the monitored placebo group. The mice group was given special modifications. The other group was left alone once the genetic modifications were done. It is obvious that these experiments will soon be performed on athletes to enhance performances or to help prolong careers.

* HOW DO WE STOP THIS NOW! - Before it gets out of hand.



Does society have a right to say we're going too far?

I believe Richard Pound of the Anti-doping agency should have a plan before the end of 2006. The agency should be working hand and hand with the laboratories to try to find a test for the gene replacement therapy. We will begin to see the effects of gene replacement therapy technology by the 2008 Olympics in Beijing.

The scary thought? If it gets into the wrong hands. Or if this technology becomes available some way else, could it be the end of sports? I believe the health benefits of such technology to be very impressive. So do the pharmaceutical companies! Why? It will help us reduce fat, cure disease, add years to our lives and achieve new levels in sport.

But where does it end?

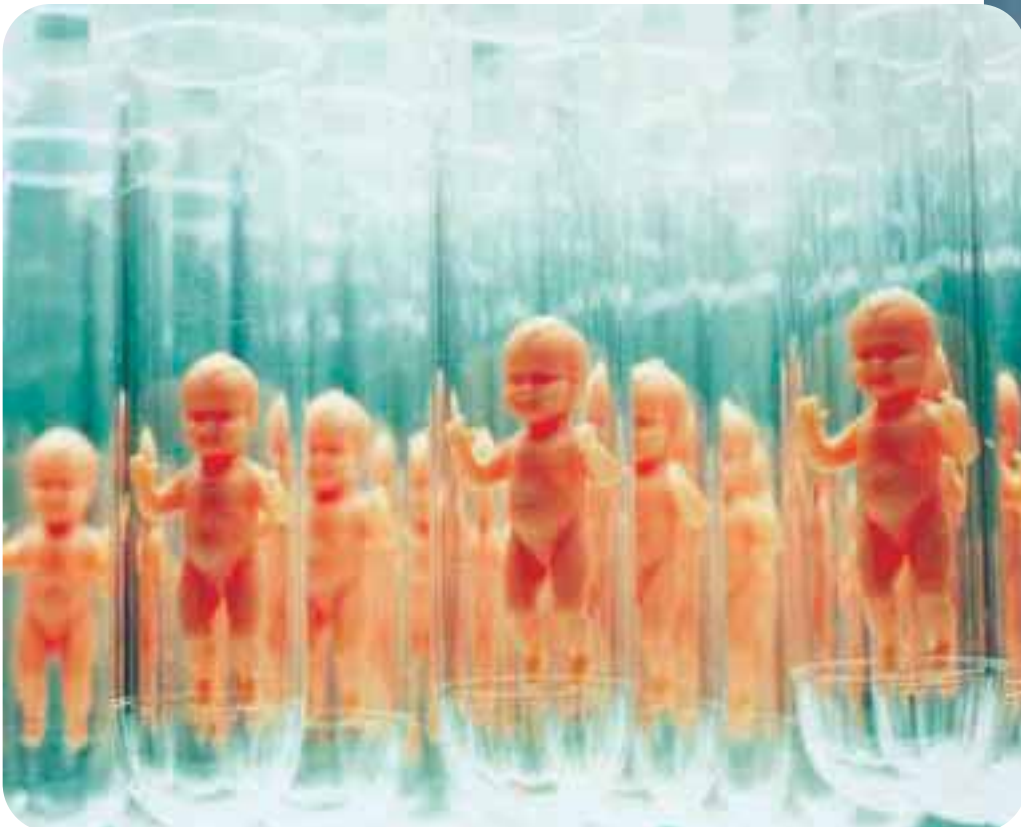
This is almost science-fiction stuff we're talking about! Twenty years ago we were conversing about a drug that helped grow muscle. We now know the side effects and long term damage. Does society have a right to say we're going too far?

By the way - take time to nominate that special person for: The ADESTE Prize.

To Write James: [Click Here](#)

** James Mansell, 26 - Sport Management. Member Canadian Baseball Academy - full scholarship // Donnie Mash Memorial Scholarship / Best Athlete student / Scholarship, Wayne State, Nebraska USA. Athlete of the year / varsity Baseball Captain / 3 time Jr. Elite All-Star / 3 time Jr. Elite Provincial Champion / Academic Baseball Canada Alumnus / Coach-Counselor high performance athletes Baseball Camp / conceptual-principal developer sport drink / Founder-implementer Education through Baseball Sport School.

Experimenting: adjusting the characteristics of embryos.



Anabolic steroid- a possible problem of tomorrow's sport.



THRU THE EYES
OF JO LEE
CELEBRATING BEAUTY »

By Jo Lee

Country
Supper
on the
OPEN TERRACE

.. Stealing away from the hustle of life to savor:
An evening on the Mediterranean coast ~

Dear Friends ~

As our glorious summer evenings fade to memory with the crisp dramatic colors seducing our senses into Fall ... are we lulled into this false impression that we're in control of our destiny?

Oh, but for a few more perfect evenings to gather. So please, won't you join me and the freedoms we so often fail to recognize and together let's revel within a Country Supper on the Open Terrace.

The rigorously formal etiquette of embassy dinners that Mrs. Angier Biddle Duke well presented during her years in the international diplomatic community - is what I will replicate here for a relaxed dinner on my dear friend's Mediterranean summer house porch.

Mrs. Duke always enjoyed making her own brightly dramatic cloths which retained a traditional/simple country theme while introducing dramatic interplay with color.

Don't you just adore the intense contrasts of burnt orange with the cobalt and cornflower blues of the glazed chintz, repeated by the chrysanthemums and cornflowers massed in the unusually shaped wicker basket centerpiece. Blue napkins and the rich cobalts of 'Blue Canton' reinforce the wonder of this color statement.

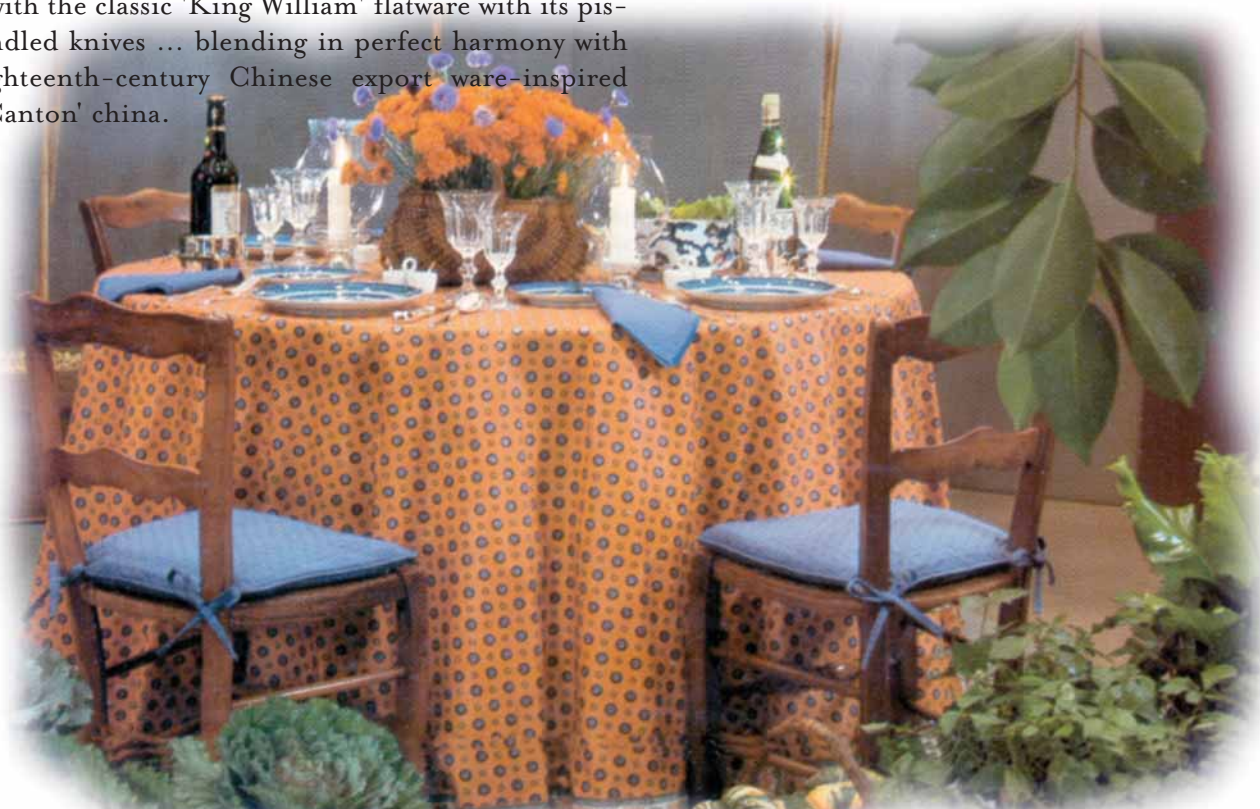
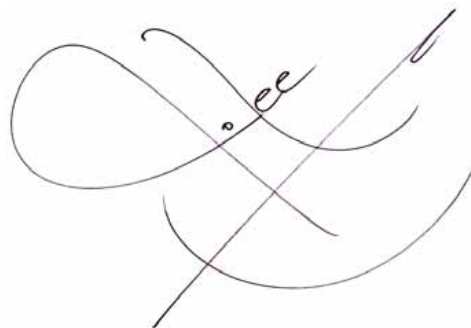
The boldly scaled 'Metternich' paneled crystal goblets and wooden-handled silver wine caddies blend in perfect harmony with the classic 'King William' flatware with its pistol-handled knives ... blending in perfect harmony with the eighteenth-century Chinese export ware-inspired 'Blue Canton' china.

Small informal white ceramic baskets serve as salts and peppers. Crystal hurricane lamps protect candles from the evening breezes.

Polished oak French country dining chairs and straightforward gray-painted decking complete the setting's warm mixture of Mediterranean country charm and the animating drama of a thoroughly contemporary color sense.

The title of tonight's dinner is: Calm and Sea. But its finalé is up to you! Or is it?

Nature is a powerful force you know, and has a mind that is certainly not directed by any one of us. So we may plan and hope and because of friendships, the gentle breeze will come. Buon apetito e saluti my friends ~





« POLITICALLY RED

By Lani Silver
San Francisco - California

Revolution at the

CURB

There is a trend in the airlines, spearheaded by United, to charge passengers \$2.00 per bag for 'Fee Based Curbside Services.' This is an ugly move in the airline industry. I have always been a United customer. United and Air Canada mean more to me than a regular airline company. They seem to do it right, and I always get there safely and on time. But United's proposed changes will alter the livelihood of a wonderful class of people. The Skycap.

Our interconnectedness begins at the curb. Virtually every flight I take begins with the beauty of the outside curb check-in. Without exception, people are kind, enhancing the eagerness of a trip going well.

Now, I come to find that all these nice people (mostly men ... where are the women) are going to lose their livelihoods and I have to become part of yet another protest movement and live amongst injustice. No. I don't want to do that. I want my airline to be like the airline of my mind: noble, kind, and protective ... to those who have given their loyalty every day.

The economy has become so desperate that they are taking cookies from those that need crumbs to survive.

Airlines need to stop for a moment and reflect on what makes an airline great. We all know: it is their loyal workers.

The high finances of staying in business without putting the lives of devoted employees at peril - has become an aspect of the past.

United, you don't need the \$2.00.

You need the employees who make us want to fly your airline!

To Write Lani: [Click Here](#)

* Lani Silver - historian, artist, free-lance writer, and Lecturer. For 16 years, Lani directed San Francisco's landmark Holocaust Oral History Project, conducting 1700 oral histories with Holocaust survivors and witnesses. Lani is co-discoverer of the story of Chiune Sugihara, who is called "The Japanese Schindler." Lani became Steven Spielberg's

first consultant and trainer for his Survivors of the Shoah Visual History Foundation. 53,000 testimonies. Lani is currently the Project Director for the James Byrd Jr. Racism Oral History Project. How has racism impacted your life? Please write: byrdproject@aol.com

Enhancing the eagerness of a trip going well.



The high finances of staying in business.



« DINING! THE EXQUISITE 9

By Sue K. Wallingford
New York - Vermont
USA

Sue K. Wallingford has gained attention in no small measure as one of America's great Hostesses and amazing Chefs. A native New Yorker, Suki resides within the beauty of her country estate in Fayston, Vermont, USA.

AUSTRALIA

ALTOS
424 Hay Street
Subiaco - Perth WA 6008
011.61.8.9.382.3292

A marvelous restaurant serving contemporary, inexpensive, Italian cuisine with moderate prices for the Australian wine.



CANADA

ARAXI
4222 Village Square
Whistler - British Columbia
604.932.4540

Established in 1981, Araxi has become internationally acclaimed for its cuisine. Chef Andrew Richardson delivers the best of the Pacific Northwest. The dining room is warm and inviting, filled with antiques and original art work. The new seafood bar is chic and all stainless steel. This is the best in winter, and summer.



CHINA

A GALERA
Hotel Lisboa - Macau
011.853.577.666

The epitome in deluxe accommodation in Macau. A self contained entertainment center with Macau's largest casino. Of its 13 restaurants, I choose A Galera. The food is French/Portuguese and the wine is Bordeaux. This little trip from Hong Kong will cost you, especially if you gamble.



EUROPE

BOSCHETTO
Basilisks Sophias Avenue (at Evangelismos Park)
Athens - Greece
011.30.210.721.0893

This restaurant is hidden among the trees of a small park, one of the cities finest. The affluent clientele come not just for the excellent food but for the elegance of this well-established restaurant. The Italian cuisine melds with influences from France, Latin America and the Middle East, producing some very interesting and creative dishes. Greek seafood dishes like lasagna with crayfish and eggplant are featured. Many of the Greek wines are young. Aging wine is relatively new for Greece.





SOUTH AMERICA

SPLENDIDO

Savassi Belo Horizonte - Brazil
011.55.31.3227.6446

This restaurant relates in great part to wine. The cuisine is Italian but the wines from Chile, Italy, Argentina and Portugal shine.

UNITED STATES VIRGIN ISLANDS

HERVE

St Thomas - Virgin Islands
1.340.777.9703

One of the top restaurants in the Virgin Islands. Classic French with Caribbean influences. All guests enjoy a 270 degree view of the harbor. The candles are lit, let the romance begin. Many wines by the glass, mostly California and French.



UNITED STATES

CANLIS
Seattle - Washington
206.283.3311

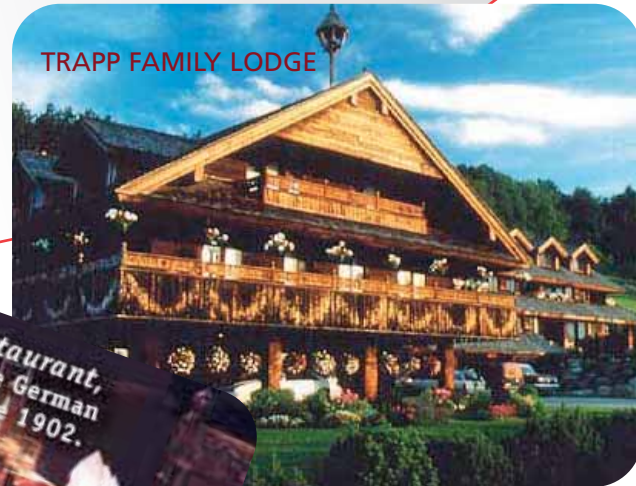
This is a favorite dining establishment among Old and New money. It has an incredible view and a great wine cellar. The owners, Chris and Alice Canlis do everything possible to make your dining experience memorable. The menu changes frequently to reflect the seasons with the food focusing on the quality of ingredients more than on lavish seasonings. The wine list is extensive and the sommelier most knowledgeable. Get directions when you make a reservation because it is a bit hard to find.

TRAPP FAMILY LODGE
Stowe - Vermont
800.826.7000

Candle light and harp music create the perfect setting for this European-style cuisine. They use the freshest ingredients grown in their gardens. This 2,700 acre resort sits up on the mountain and has an incredible view of Vermont. Wine, moderately priced. During summer, they have the Mozart festival where you can sit outside and listen to Mozart.

MADERS
Milwaukee - Wisconsin
414.271.3377

This most famous German restaurant has been in a continuous, family owned operation since 1902. It is like walking into a Bavarian Hauf Brau of the past. We were there for lunch with white table cloths. The martinis were served in an 8oz. glass straight up. The best onion soup, followed by their house salad with their own dressing. The sauerbraten was very tasty. Knockwurst and bratwurst cooked in sauerkraut was delicious. The final treasure was the warm chocolate cake. While in Milwaukee go the spectacular modern museum.



TRAPP FAMILY LODGE



CANLIS



Welcome to Mader's Restaurant,
the most famous and unique German
restaurant in the U.S.A. since 1902.

* Ah yes! And The EXquisite 9 continues to come ~



« BODY AND SELF

By **Andrea Buckett**
 Doctor of Homeopathy
 Toronto, Canada

You Are What You Ate

« You'll Become What You Eat »

And I'll bet the sweeps, on that!

Q: suffer from arthritis. What foods should I avoid and what foods should I eat to help with the symptoms? *Pam, Edmonton, Canada*

A.B: It is true, Pam. There are some foods that exacerbate the symptoms of arthritis and those that help to decrease symptoms. Arthritis is an inflammatory condition that can be painful and debilitating for many. A nutritional approach can help reduce the painful symptoms. If you are allergic or sensitive to a particular food, it is wise to eliminate it from your diet. Having a food sensitivity test done is valuable, as you may not know what foods are affecting you.

Shown to increase the pain of arthritis: broadly speaking, vegetables from the deadly nightshade family such as potatoes, tomatoes, peppers and eggplant. Also, foods that create acidity in the body such as sugar, coffee, meat and alcohol should be avoided.

Foods that help reduce symptoms: those containing omega 3 fatty acids which help to reduce inflammation and lubricate the joints. These foods include salmon, herring, sardines and ground flax seeds. Dark green, leafy vegetables provide vitamin C and E which work together to maintain and build cartilage. They also act as antioxidants decreasing free radical reactions partly responsible for pain.

Q: What is the difference between Sea salt and Table salt? *Owen, Long Island, USA*

A.B: There are a few very distinct differences, Owen. Table salt is refined and many things have been added, such as iodine, sodium carbonate and sugar. The health risks associated with salt consumption is related directly to refined salt which is used liberally in many packaged and convenience foods. Sea salt can also be refined, but true sea salt usually has a distinct grey or pink colour, depending on where it is harvested

Your correct % of body fat: is simple to find.



from.

Nutritionally speaking, unrefined sea salt has a broad spectrum of 80 minerals which makes it a healthier choice. Using unrefined sea salt in your whole food diet has an infinite number of roles in good health. One being that it recharges and maintains cellular function and energizes the body. Sea salt enhances hydrochloric acid production improving digestion and helps to stabilize bodily functions and fluids. When purchasing sea salt, make sure to look for a grey colouration and not white, which would indicate refinement of the salt.

Q: How do I know how much protein I require?
Christina, De Haan, Brussels

A.B: Christine, many women do not get nearly enough protein in their diet. Here is a formula to determine exactly how much you require.

The average woman has 25-30 percent body fat. You can usually find the exact percentage at your local fitness centre. Multiply your percentage of body fat by your total weight and that will give you your lean mass {50lbs x 27%}. You can then take that result and plug it into the following formulas.

- No Exercise: .75 grams of protein multiplied by lean body weight {lbs}

- 1-2 Workouts a Week: 1 gram of protein multiplied by lean body weight {lbs}

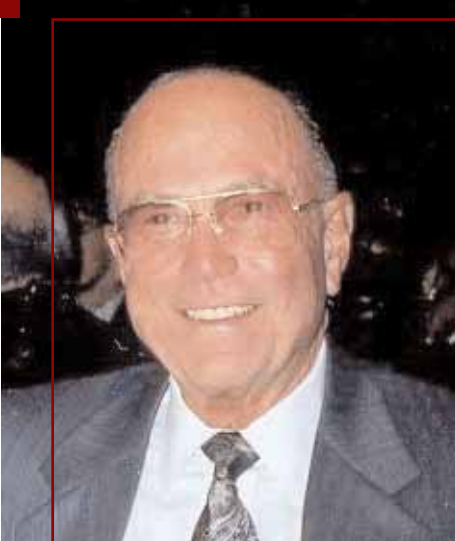
- Over 3 Workouts a Week: 1.25 grams of protein multiplied by lean body weight {lbs}

To Write Andrea Buckett: [Click Here](#)

*Andrea Buckett, Dr. of Homeopathy, lecturer, writer, health coach - graduated from The Homeopathic College of Canada and her private practice today, is a passion in pursuit of educating the public on alternative health and nutritional ways.

Do you know the distinct difference between sea and table salt?





« PROS & EX.CONS

By Creaghe H. Gordon
 President
 Global Enterprise Solutions, Inc.
 Los Gatos - California

The role of Pope has evolved greatly in 2,000 years. At one time, the pope crowned emperors and carried military power. Today, the pope's secular powers are diminished, but the position still carries great influence.

THE THEOLOGICAL AND POLITICAL ASPECTS OF BEING POPE



The spiritual issues facing the Pope are staggering.

What is arguably the world's most difficult job is that of the Pope. As spiritual leader of the world's largest religious following and as the Vatican's head of state, the Pope's responsibilities are vast. He must define the Catholic Church's official position on world issues, confer with global leaders on these issues, and give spiritual guidance to 1.1 billion Catholics worshipping in every country in the world.

The spiritual issues facing the Pope are staggering. Contemporary criticism concerns the Church's stance on issues such as artificial birth control, death penalty, liberation theology, abortion, married priests, the role of women, embryonic stem cell research and opposition to the use of condoms.

But perhaps the most dangerous spiritual problem is a disdain for moral absolutes. The seeds of relativism were planted in the 19th and 20th centuries and nourished in the 60's with the breakdown of the Judeo-Christian moral consensus. Today's harvest of this situation is self-indulgence without accountability.

In addition, the church is not as homogenous as many think. There are six rites within the Roman Catholic Church, each with its own needs. The most common rite is the Latin rite but there are also the Eastern rites of Armenia, Russia, Greece, Ukraine, etc., some even allow married priests.

This set of controversial and diverse subjects is enough to consume the energies of any leader but he must also contend with the temporal needs by dealing with all the governments of the world.

For example, the Communist revolutionary government of China expelled the Vatican representative in 1951 and established control over the church. Soviet communism was defeated. Everyone acknowledges John Paul II's role. There were quiet diplomatic moves—that is, communications the Pope had with the leaders of the 1980's, Reagan and Thatcher, Bill Casey of the CIA, and Lech Walesa of Poland. The Church, however, withholds direct intervention in the political realm.

The primary mission of the Church is not church attendance. It is not the driving force behind church doctrine. As Pope Benedict XVI said recently, "the essential things in history begin always with the small, more convinced communities."

The Pope is a pastor and evangelist first and an ecclesiastical executive later. Part of the function of the papacy as an evangelical office is to safeguard the integrity of the Church's doctrine. This is often thought of as a disciplinary role: the Pope disciplining wayward theologians. If we think of the Church as a communion of disciples, however, it is easier to understand as paradox what at first glance seems to be contradiction.

A lot can be accomplished if the Pope is able and ready but this is a daunting task.

* Creaghe H. Gordon is Chairman of GES, a Risk Analysis and Cost Management {RACM} company and retired Deputy Director-Integrated Logistics Support {ILS}, Lockheed.



The Pope is a pastor\evangelist first:
An ecclesiastical executive later.

Vatican City.



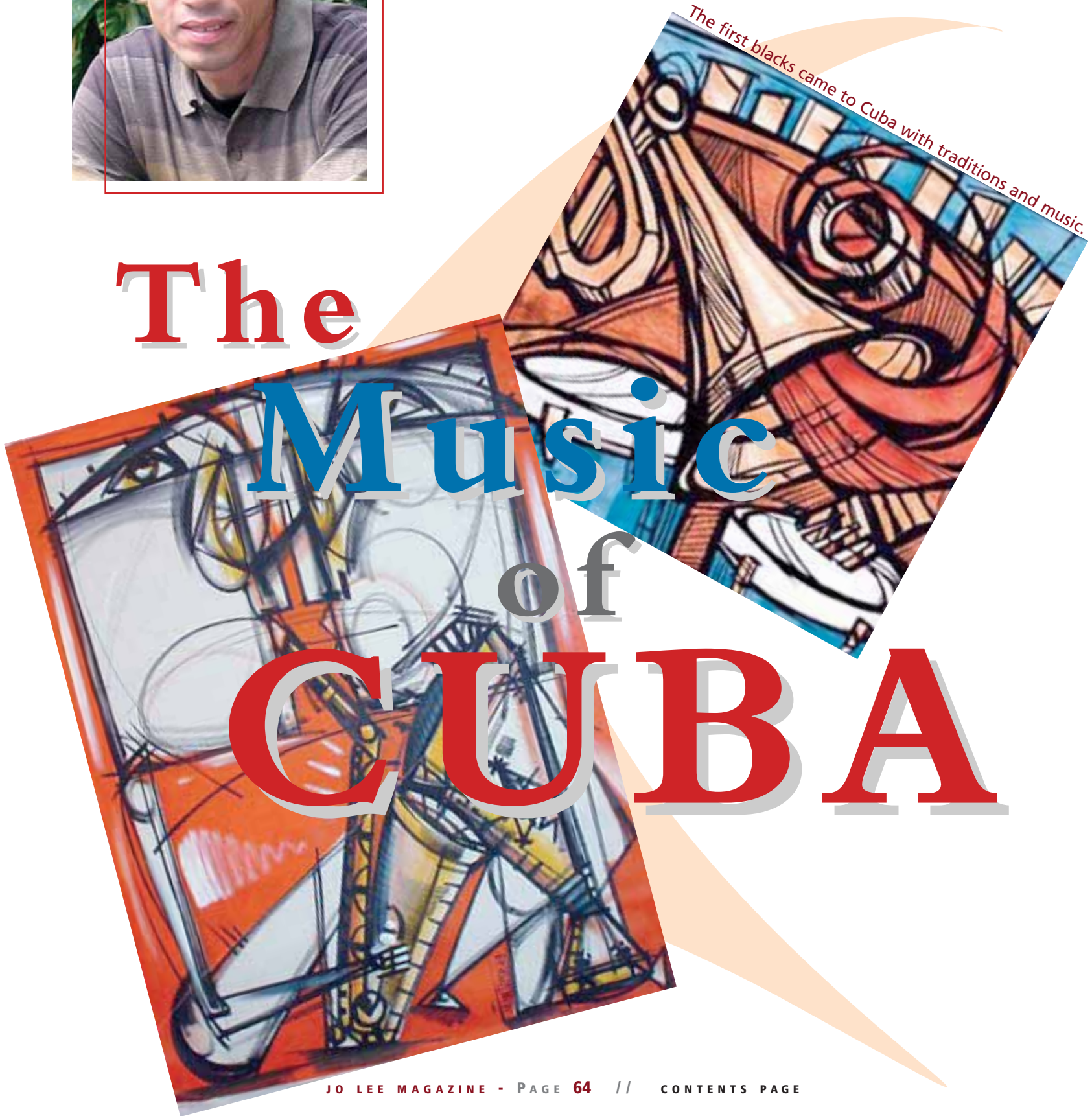


« CAPRICCIO

By Danilo Navas
Nicaragua - Central America

The first blacks came to Cuba with traditions and music.

The Music of CUBA



Cuba, the largest of the Caribbean islands, has given the world an invaluable present: its music.

European and African elements evolved along the centuries in close interaction, shaping modern Cuban music. Helio Orovio, historian and musicologist, talks about the Afro-Spanish heritage in his book "Cuban Music from A to Z." According to Orovio, even before the arrival of Columbus to America, in Spain there had been a centuries-long interaction between artistic forms from the African continent and those generated with vitality and extraordinary color in the Peninsula. The first blacks came to Cuba as slaves, and with them their traditions and music: Yoruba, Arará, Congo, and they started melding with the ballads and dances of Hispanic origin. The rest is history.

A crucial point in which most historians and musicologists agree is the fact that slaves in Cuba were allowed to play their drums and keep their traditions.

Perhaps the most distinctive style of Cuban music is the son, music from the mountains of the province of Oriente, which eventually made its way to the cities and spread like fire throughout the island at the beginning of the twentieth century.

The Cha-cha-chá was created by Enrique Jorrín.



The son is a vocal, instrumental and dance genre. It's one of the basic forms of popular Cuban music. Initially, groups that performed the son were formed by guitar, tres, bongos, güiro, marimbula which would be later replaced by a double bass, claves and maracas. One or more trumpets were added later. The basic son evolved into several types: son montuno, changui, regina, son habanero, guajira, guaracha, bolero, afro-son, son-guaguancó, mambo, and cha-cha-chá. The latter two took the world by storm during the 40's and 50's, with their infectious, danceable rhythms. The son is presently alive and well, and has influenced musicians from all over the world.

The mambo rhythm has also proved to be ageless. Created by Israel 'Cachao' and Orestes Lopez, and popularized by the Orquesta de Arcaño, mambo became extremely popular in Cuba and around the world during the decade of the 50's, the Golden Era of Mambo. And then we have the cha-cha-chá, a real treat for the dancers that was created by Enrique Jorrín.

If we had to choose the most famous Cuban artist of all times, it would be Celia Cruz, known as 'La Guarachera de Oriente.' She was a true Cuban Music Ambassador. One that impacted so many lives, and whose legacy will live forever.

Another fusion worth mentioning - is the one that took place in New York during the 1940's, between Afro-Cuban rhythms and Jazz. Mario Bauzá, a member of the Machito and his AfroCubans Orquestra, is accredited as one of the precursors of what we came to know as Cubop, or Afro-Cuban Jazz. Chico O'Farrill, Dizzy Gillespie, Chano Pozo, Tito Puente, Mongo Santamaria and so many others helped develop this incredible genre with deep passion and artistry.

European and African elements:
shaped modern Cuban music.



Celia Cruz: a true Cuban Music Ambassador.

Cuba has given the world an invaluable present: its music.

To write Danilo: [CLICK HERE](#)

* Danilo Navas is a Master of the history and diversity of World Music. The collecting and writing about its richness is for him, an all encompassing passion.

The mambo rhythm has become ageless.





« THE DIGITAL DIVIDE

By Craig Ricker
Kostroma - Russia

How Do

RUSSIANS

Perceive Their Dilemma





A free Russia

In 1993, an English language press within Russia began. Immediately a striking difference between the Western and Russian interpretation of events within Russia developed, the West being pro-reformer/oligarch and the Russians the opposite.

The burning question now is what happened since Gorbachev? There are three versions.

The first is that the reformers and the oligarchs only dreamed of creating a free and prosperous Russia but their dream was dashed by the hopelessly corrupt and criminal Russian people. Although angelic, the reformers and the oligarchs somehow ended up with all the wealth and power of Russia in their pockets. This is the politically correct version in the West. Within Russia this idea gets no traction and even the reformers and oligarchs themselves would not have the nerve to make this claim in the Russian media.

The second version is that the collapse of the Soviet Union was totally unexpected leading to a brutal free-for-all fight for the wealth of the country. This is the version of the savvy

Westerner and is what wealthy Russians usually tell foreigners. This version is handy because it leaves nobody responsible for the terrible trauma that Soviet people have had to endure.

The third version is that all the events since the beginning of the dissident movement in the 80s have been part of a carefully planned strategy to change the face and form of the communist party but keep its true essence intact and preserve all of the wealth and power within the inner circle of the communist elite. This version is totally unacceptable within the Western community and with the Western press and anyone who espouses it will earn the title of conspiracy theorist. This version transforms all the innocent victims of circumstances into diabolical, conspiring, international communists, including all the people at the top of the foreign aid communities. Yet this is the version now accepted as truth by the Russian population, intelligentsia and media. The facts support this and people within Russia do not try to deny it.

The difference between: the Western and the Russian.



As this great event in history continues to unfold – there are some questions that need to be answered ~

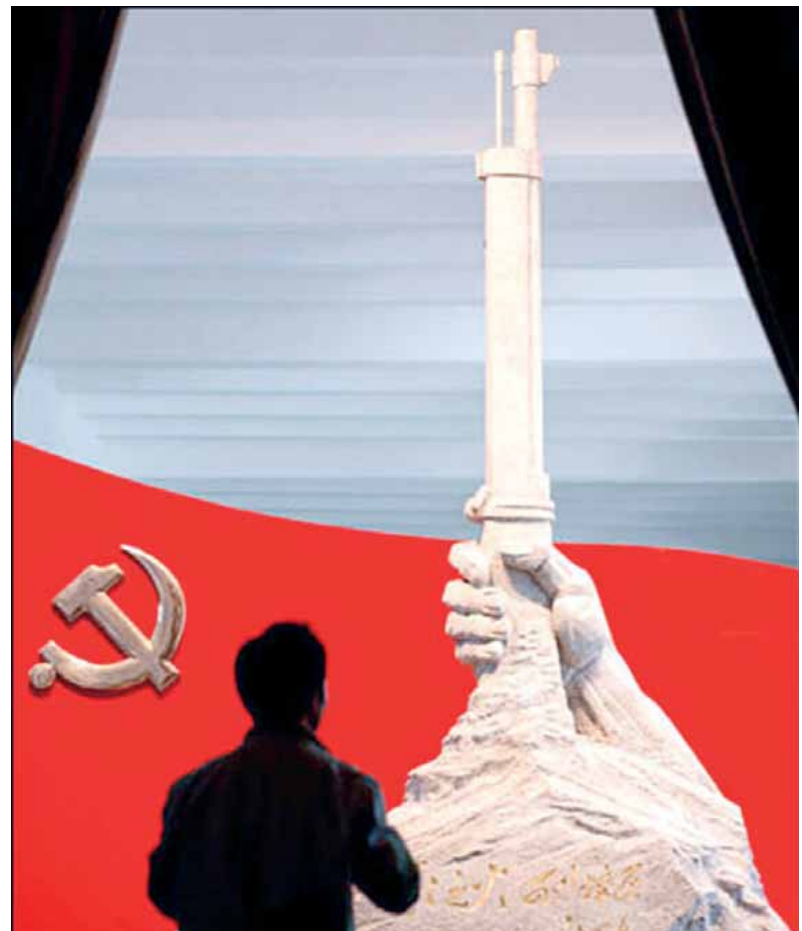
Why the striking difference between the West's and Russia's interpretations of events inside Russia?

Why the undying support of the communist elite by the West?

Why the total disregard for the horrendous suffering of the Slavic people by the West?

* Craig Ricker is a prolific writer and among the world's best photographers. He went to Russia from Laguna Beach California in 1992 on a quest-like mission to immerse himself into Russian culture, develop an understanding of Russia from the inside and write books that Russian people respect as accurately portraying their world and life predicament.

The power of the communist elite.



*N*ominate someone.

The Adeste Prize

www.adesteprize.com

WITS END #1 »

By JO LEE Magazine

New York / San Francisco / Hong Kong / London

Tokyo / Rome / Toronto

Frustrate the smart people in your life!

Below are four { 4 } questions and a bonus question.

You have to answer them instantly. You can't take your time.

O.K. Let's find out just how clever you really are.

Ready? GO!!!

TEST FOR DEMENTIA

FIRST QUESTION:

You are participating in a race. You overtake the second person. What position are you in?

ANSWER:

If you answered that you are first, then you are absolutely wrong! If you overtake the second person and you take his place, you are second!

Try not to screw up in the next question.

To answer the second question, don't take as much time as you took for the first question.

SECOND QUESTION:

If you overtake the last person, then you are ..?

ANSWER:

If you answered that you are second to last, then you are wrong again. Tell me, how can you overtake the LAST Person? You're not very good at this! Are you?

THIRD QUESTION:

Very tricky math! Note: This must only be done in your head. Do NOT use paper and pencil or a calculator. Try it.

Take 1000 and add 40 to it. Now add another 1000. Now add 30. Add another 1000. Now add 20. Now add another 1000. Now add 10. What is the total?

ANSWER:

Did you get 5000? The correct answer is actually 4100.

Don't believe it? Check with your calculator! Today is definitely not your day. Maybe you will get the last question right?

FOURTH QUESTION:

Mary's father has five daughters: 1. Nana / 2. Nene / 3. Nini / 4. Nono. What is the name of the fifth daughter?

ANSWER:

Nunu? NO! Of course not. Her name is Mary. Read the question again.

OKAY - NOW FOR THE BONUS ROUND:

There is a mute person who wants to buy a toothbrush. By imitating the action of brushing one's teeth, he successfully expresses himself to the shopkeeper, and the purchase is done. Now, if there is a blind man who wishes to buy a pair of sunglasses, how should he express himself?

ANSWER:

He just has to open his mouth and ask!

WITS END #2 »

By JO LEE Magazine

New York / San Francisco / Hong Kong / London

Tokyo / Rome / Toronto

A police officer pulls over a speeding car. The officer says:

"I clocked you at 80 miles per hour, sir."

THE OFFICER AND THE WIFE

The driver says: "Gee, officer I had it on cruise control at 60. Perhaps your radar gun needs calibrating."

Not looking up from her knitting the wife says: "Now don't be silly dear! You know that this car doesn't have cruise control."

As the officer writes out the ticket, the driver looks over at his wife and growls: "Can't you please keep your thoughts to yourself for once?"

The wife smiles demurely and says: "You should be thankful your radar detector went off when it did."

As the officer makes out the second ticket for the illegal radar detector unit, the man growls at his wife and says through clenched teeth: "Darn it, woman, can't you keep quiet?"

The officer frowns and says: "And I notice that you're not wearing your seat belt, sir. That's an automatic \$75 fine."

The driver says: "Yeah, well, you see, officer, I had it on, but took it off when you pulled me over so that I could get my license out of my back pocket."

The wife says: "Now, dear, you know very well that you didn't have your seat belt on. You never wear your seat belt when you're driving."

And as the police officer is writing out the third ticket, the driver turns to his wife and barks: "WHY DON'T YOU PLEASE BUTTON UP!!"

The officer looks over at the woman and asks: "Does your husband always talk to you this way, ma'am?"

And she says: "Only when he's been drinking."

DMIN

INTERACTIVE



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GRAPHIC DESIGN

STREAMING MEDIA

WEB SITE MANAGEMENT

INTERACTIVE MULTIMEDIA

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MAKING SENSE OF YOUR FINANCES



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Colleen Buckett

In this season's 'Encore' - JO LEE Magazine's Sr. Coordinating Editor - Colleen Buckett - extols the virtues of femininity ~

My friends call me the city girl. I can't get enough of it and I get excited thinking of all there is to do in this Canadian metropolis called Toronto. It's a city that I grew up in with two brothers and a sister, an incredible father, now deceased, and the most amazing person known as: my Mom. Mom showed us how to be strong and it was Mom who taught/instilled in us that we could do anything our minds were disciplined to do. Of course, what's been the pinnacle of what my dreams are made of, is Larry. Our daughters, two, and grandsons, two, are beautiful.

For almost thirty years - telecommunications had become the non-traditional career of a lifetime. A niche role that led me beneath ground - ensuring that the technology above would function as computed.

I must say it was always a hoot being around the guys - sinking down into manholes, yet with one distinct difference ... which had nothing to do with the realization that I was a gal. No. Rather, I reinforced that I, Colleen, was

the ultimate female with long painted nails and designer clothes beneath the yellow-rubber gear and black knee-high boots, way, way below street level!

For some, the thought of one day retiring, is overwhelming. Not for me! All I could think of were the endless possibilities now open to me. More golf and travel to my favorite destination: Cypress. That is - until this new direction in my life where I found Jo Lee and JO LEE Magazine. Never did I dream it would be me ... working with this global success.

Like the person - the publication is luxurious and vibrant and above and beyond any magazine I have yet to see.

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« EDITOR AT LARGE

By Carla Dragnea
Bucharest, Romania

Nothing touches the heartstrings of a parent more than the plaintive cry "nobody likes me" or "I don't have any friends." We wish there was something we could do to ensure the child will be included in the games on the playground. Actually, new research shows that all likeable children behave in certain ways and these skills are not in-born but can be taught by parents and teachers.

Here are 7 secrets to assisting your child to be more likeable.

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Helping Your Child BECOME More Likeable

Helpfulness correlates
to being liked.

1. Look for opportunities to assist others. Studies show that helpfulness correlates more strongly than any other attribute to being liked.
2. Find something that makes you feel special. Encourage your child to find an activity, hobby or interest that they really enjoy. They don't have to excel at it, just enjoy it.
3. Say "hello" first, and smile. People who smile are perceived as nice and approachable. Friendly and optimistic people act as a magnet to others.
4. Don't stand out from the crowd. Whether we like it or not, kids are judged by the way they look. Try to help them fit in socially.
5. Don't take it personally. Help your child understand that another person may just be having a bad day and may not be mad or dislike him or her.
6. Watch your body language. Body language is the language of relationships. Appear open, friendly and eager to join in and make friends. Stand up straight and look people in the eye.
7. Recognize the difference between friendship and popularity. Friendship is more important and will last a lifetime. Popularity is fleeting and dependent on the group. You really only need one good friend.

Good luck. Here's to happy, healthy and more likeable kids!



Help your child understand situations.

Friendly and optimistic people act as magnets to others.



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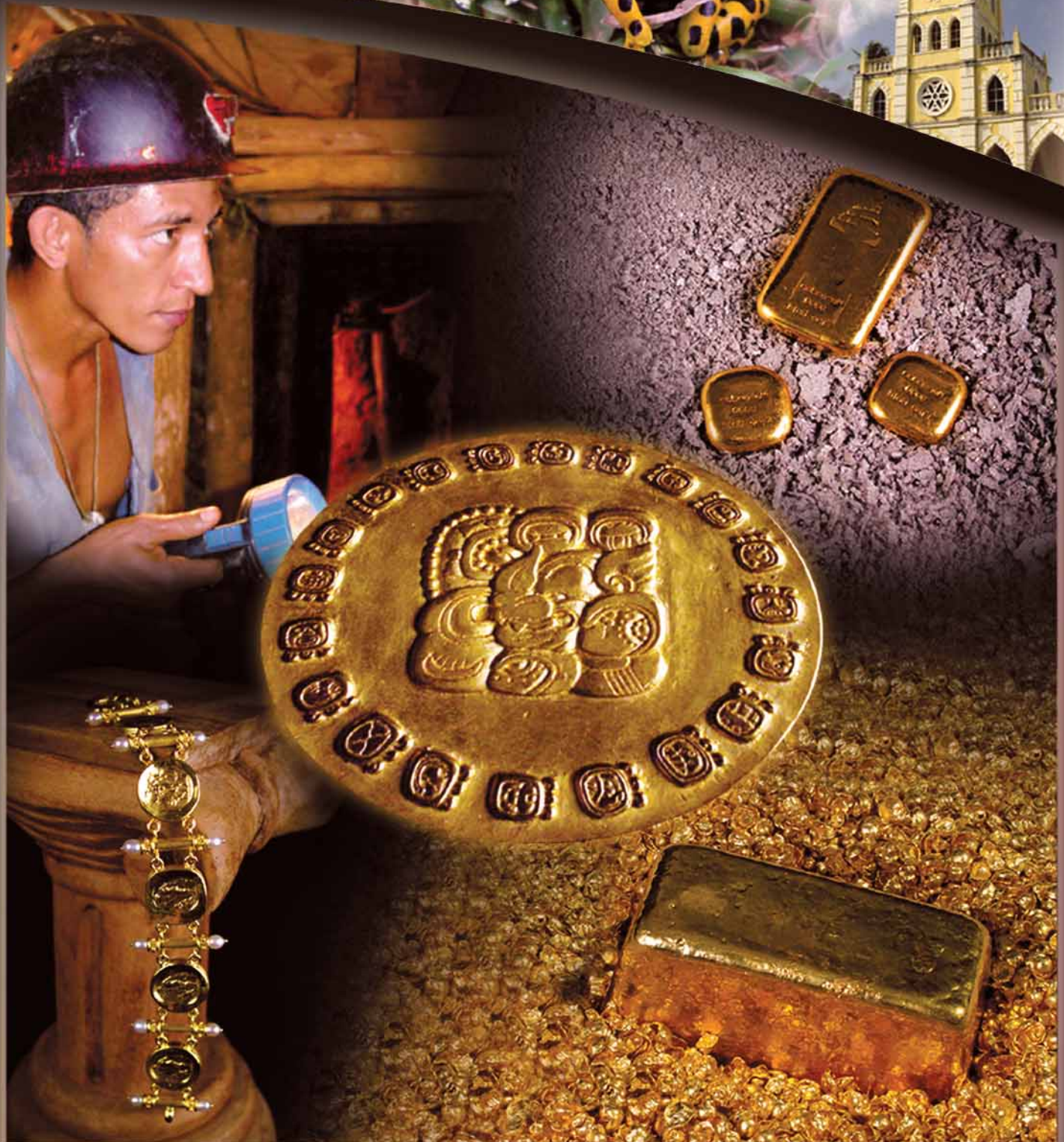
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