

SPRING 2005

# jo lee

180° FROM ORDINARY

*The Renaissance of The Imperial Russian Dynasty*

## **THE ROMANOFFS**

*Moscow-Ekaterinburg*

**JO LEE Revisits**

*Olga Nikolaievna Kulikovsky-Romanoff*

**GOOD and EVIL in CORPORATE LIFE**

*By H. Gail Regan*

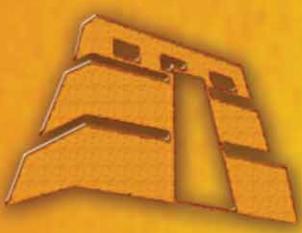
**PERPLEXING PARANOIA**

*By Dr. Saul Levine*

*California's Hugh Coppen*

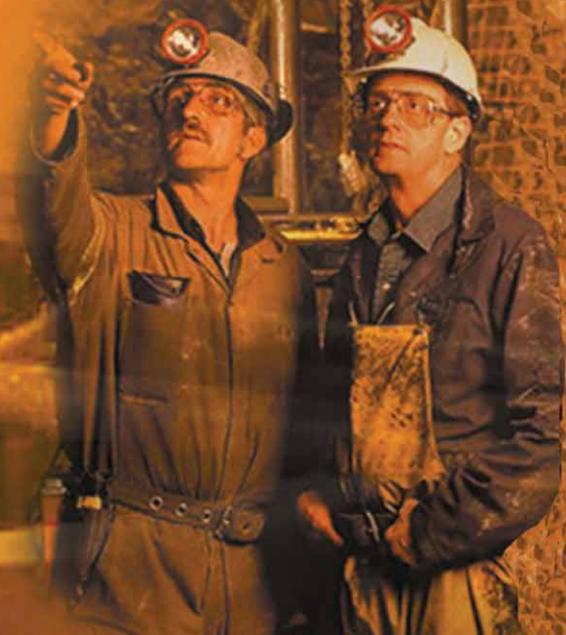
**THE MARVELOUS MAVERICK**





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We at JO LEE give you an 'open' invitation to embrace those who may otherwise not be recognized and assist them in 'seeing the future before it arrives'.

THE Adeste Prize will be awarded to 'The 40 and under individuals' for achievements in the categories of the Humanities, Social Justice, Technology, Arts, and Medicine.

Nominations are urged by readers around the world. Please! Submit the name of someone you believe is deserving of such an award.

Nominees should have either achieved extra-ordinary findings, or excelled beyond their limits in inspiring others to 'touch the stars'.

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Whenever the committee recognizes an achievement above and beyond expectation – an additional cash prize that embraces the 'on-going endeavors' of an Awardee, will be given. Awards will be announced February end, for the previous year.

## Criteria

The achievement by the Candidate should be of a humanitarian act of significant magnitude which positively benefits mankind by advancing the ability to meet a basic need or should be a new, original, and meaningful discovery.



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**Craig Ricker** *The digital divide* **Sue K. Wallingford** *Dining! The Exquisite 9*

**PUBLISHED BY**

JO LEE – YESINTL.COM

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416.360.4898 [jolee@ican.net](mailto:jolee@ican.net)

JO LEE MAGAZINE  
LUXURIOUS, VIBRANT, WORTH EVERY MINUTE

Hits on-line stands March / June / September / December 1

[www.joleemagazine.com](http://www.joleemagazine.com)

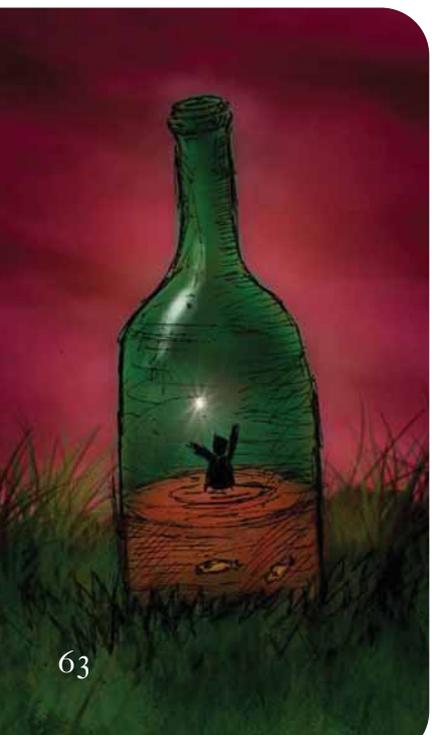
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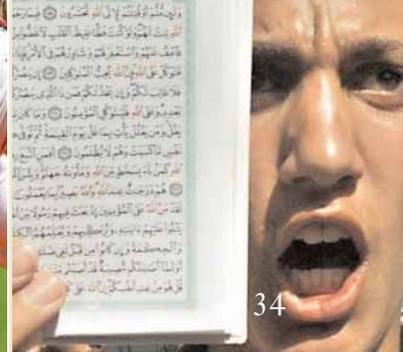
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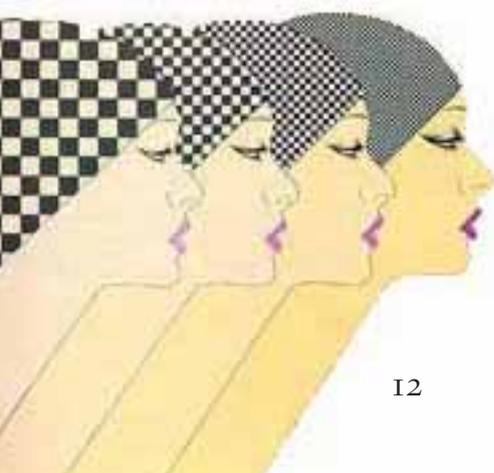
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## LETTERS TO THE EDITOR »

**Jay D. Sorst**  
San Jose, California

ACCURACY OF MOORE'S 'Fahrenheit 9/11'  
(as seen in your December 2004 Issue.)

Isn't it great that the people can see behind the fiction of Moore's movie: Fahrenheit 9/11, to reelect President Bush. Elections are often a great inspiration to our belief in the democratic process. Not only the Presidency but many Propositions on the ballot received an inspiring vote.

Bush is a great proponent for world peace and is willing to pursue it in the American tradition of not waiting for everyone else in the world to agree with us. Bush's reelection by a good majority of Americans is a reaffirmation of the historically strong position of Americans in support of world peace.

The people can see when a good job is being done and were not fooled by someone saying he could do it better. The economy is prospering during a period of unprecedented increase in the welfare created in the world by purchases by Americans. Lets keep it up.

**Corporate Executive**  
Cologne, Germany

Your December issue was excellent. KGO NEWSTALK AM 810 / HOT TALK 560 KSFO / KMKY RADIO DISNEY is a great lesson for the young and not so young, in his experiences. Often, being left without any direction can be the start of a great success. Mentoring is often recommended as the best way to succeed in business, but being thrown to the winds can be an exhilarating experience.

I also was left to find work for myself by the president of the company and ended up initiating a very profitable new company direction.



### «On the Cover

Jo Lee at ~  
Spencer House  
St. James's Place, London

### «Feedback

**Tom Moore**  
Corporate CEO  
Atlanta, Georgia

Great Anniversary Column in December! (ENOUGH IS ENOUGH! I predict every professional sport will have a salary cap in the near future.) I've been a long-time fan of HALF TIME'S young James Mansell and his personal profile, we salute. He exemplifies the 'determined' young generation of today.

My opinion is that there should be a salary cap but for none of the reasons implied. My own theory is the salaries that players now get are beyond what can be deemed reasonable. Therefore, they should be considered unjust profits; which means they are unethical. These salaries rob the fans of much of their hard earned money; often times it means that families will go without in order to attend a ball game. The salary caps should be lowered to a reasonable level and the prices charged for tickets should reflect this reduction.

**Ann Marie Perini**  
V.P. Major Bank  
Toronto, Canada

Just read the article by Sue K. Wallingford. My mouth is still watering.

It's not just the food, but the grand idea of traveling to all of those wonderful locations and experiencing the culture of each. We have traveled quite a bit and the memories of the quiet restaurants and delicious food in the most humble of surroundings is still fresh.

What was equally as exciting to my husband and myself, is that we've experienced, first hand, some of Sue's choices. The descriptions are right on!

Congratulations to Sue and her herald locations and tremendous menus. I look forward to many more of her columns with tips.

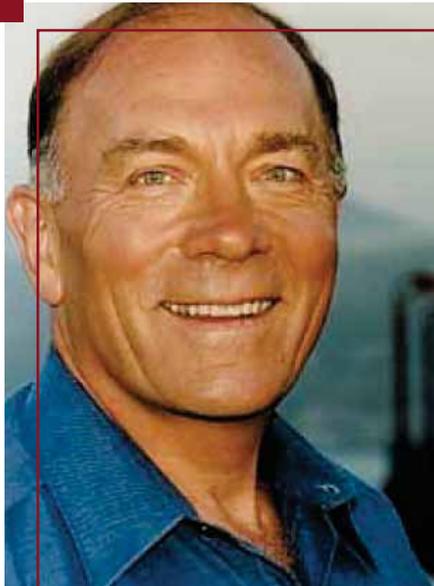
**Stephan Mestriner**  
Luxembourg City, Luxembourg

As usual, the Marvelous Maverick has some great lessons to be shared. However, I believe this extends beyond the business life. If we followed these lessons in our personal and everyday lives, we would all benefit.

*N*ominate someone.

The Adeste Prize

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## « THE MARVELOUS MAVERICK

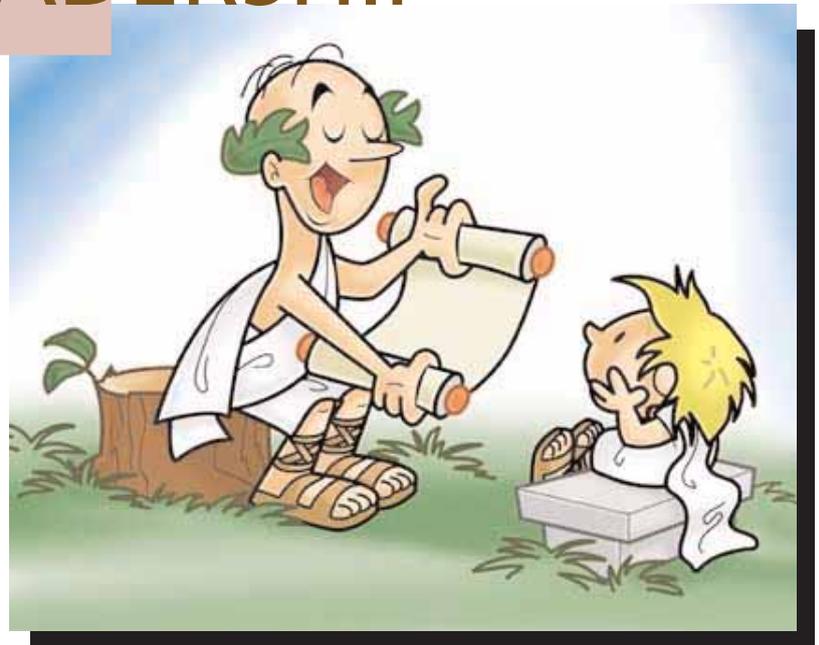
By Hugh Coppen

# L EADERSHIP

Hello, JO LEE readers!

**W**e all have them. And they're so illuminating - literally like a light bulb turning on. I'm talking about those "A-Ha!" moments that suddenly hit us, often at the most unexpected times. They are epiphanies that make you feel so good - because you just figured something out that wasn't clear to you before.

Recently I was teaching a leadership program at San Jose State University when I had one of them. We were engaged in a lively discussion on the qualities of *true* leadership. Let's face it, there are so many examples of poor leadership that it's often easier to come up with a list of what true leadership is NOT, rather than what it is. But the students got on a roll and came up with lots of attributes that I wrote on flip charts.



Here's a list of some of them:

- Visionary
- Cares about people
- Inspires
- Values driven
- Ethical, honest, authentic
- Helps others get results
- Courageous
- Passionate
- Responsive to the needs of others
- Consistently walks the talk
- Great communicator
- Innovative

While we looked at that list, suddenly the light in my head went on.

"Leadership. It's not about *me!*"

For a moment, you could hear a pin drop. And then, the students chimed in with their agreement. That one thought captured for them (and for me) the one thing that true leaders really 'get'. They know that leadership is actually about getting others to *choose to follow*.

Don't confuse leadership with authority. There are people who have risen to positions of authority with very little understanding of what it means to be a leader. Many of them actually think that leadership "... IS about me!" How wrong they are.

True leaders are all around us and ... many of them aren't in positions of authority at all. You may be able to think of some of them where you work. Several more you may know socially or in the community. They're leaders because they understand that their own success depends entirely on how effectively they help others succeed.

Look around and ask yourself which of the people in leadership positions passionately *believe and act* this way? They are your true leaders.

And, when it's your opportunity to lead, remind yourself daily that: "It's not about me!"

Until next time...

## The Mav

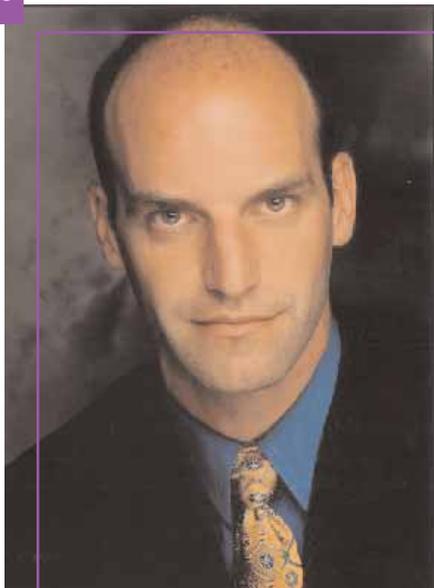
**Write The Maverick [CLICK HERE](#) «**

\* Hugh Copen, The Marvelous Maverick, is a man who understands that the only way a company succeeds is when the employees from bottom to top are motivated by shared goals and when they develop their skills, knowing that what they do really matters. People have always been the focus of Hugh's highly successful career! Write Hugh now with your questions about your career and let him help you.

Hugh Copen resides in California.

[www.winningleadership.com](http://www.winningleadership.com)



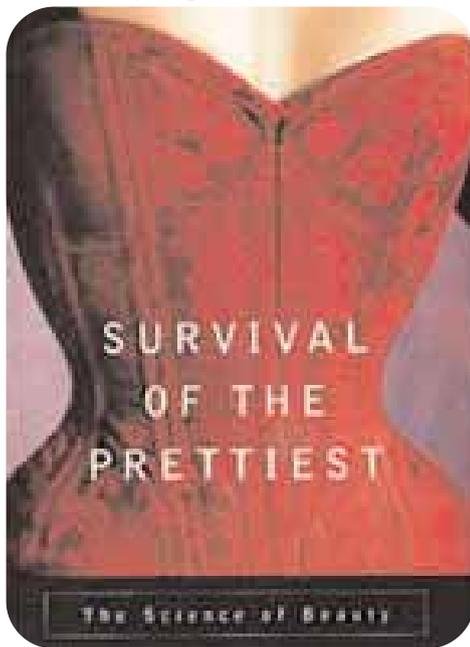


## « THE PROVOCATIVE & CHALLENGING WORLD OF DR. BENINGER

By Dr. Francis Beninger, Toronto - Canada

# SPRING is in the AIR

Spring is in the air.



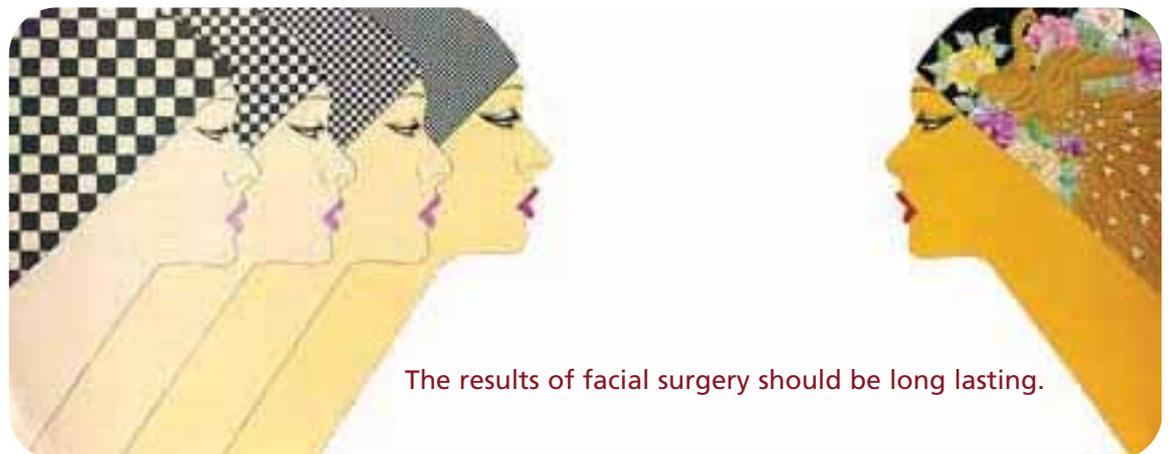
With the new season comes rebirth, regrowth, and a burst of color that gives all a fresh outlook on life. Spring is a time of renewal of life, of youth, and innocence. Many of us reflect inward and look for ways to re-present ourselves. This might be in the form of changing the hue of one's make-up, or perhaps cosmetic surgery.

Why would one go to the extremes of cosmetic surgery?

The answer is typically: to look the way one feels.

Often I hear patients describe a much older image in the mirror than what they feel is inside. They do not want to look different, or necessarily more youthful. Rather, they wish to look refreshed and natural.

We are all living longer. Cosmetic procedures are becoming more common, procedures are being refined, and the safety improved. Recovery time is quicker. There are many less invasive and less aggressive procedures available. People are more open to discussing procedures and the subject is no longer taboo.



The results of facial surgery should be long lasting.

This time of year finds many people considering facial procedures. Facelifts, eyelid surgery, or brow lifts. This is a part of the body that is constantly in the public eye. The desire is for an improvement in appearance, but not an operated-on look. Results are natural. Many people undergo smaller procedures, more frequently - to maintain a stable appearance. They are less interested in a single, major, aggressive procedure which results in a dramatic obvious change.

The downtime of a facelift is much quicker than one might think.

Bruising and swelling is usually the worst the second or third day following surgery. The majority of swelling and bruising is greatly resolved by day 7. Most people are able to wear light camouflage make up by day 10 and have often returned to work and social events with family and friends unaware of recent surgery. The individual is aware of ongoing healing and recovery for several months, and all stigmata may take as long as a year before completely subsiding.

The results of facial surgery should be long lasting.

Certainly the face is not frozen in time and begins to show signs of aging the moment the last stitch has been placed. One must remember that it has taken decades for the signs of aging to get to the point where it became a concern. With proper care and the use of sun screens, antioxidants, physical activity, and healthy lifestyle (such as not smoking), one can expect the results to last 10 - 15 years.

So get out there, live life to the fullest. Find a moment, pause, close your eyes and take a deep breath for - Spring is all around you.

Let age take it's course.



Some people aren't concerned one way or another.

**To Write Dr. Beninger  
CLICK HERE «**

\* Dr. Beninger is a Board Certified Plastic Surgeon in Toronto, Canada whose primary specialty in Aesthetic Plastic Surgery is: facial rejuvenation. Dr. Beninger was trained both in Canada and at the Manhattan Eye, Ear, and Throat Hospital in New York. His reputation is enjoyed internationally, by many.

[www.drbeninger.com](http://www.drbeninger.com)

*To Lee revisits The Romanoffs*

**The Renaissance of the Imperial Russian Dynasty**

# *The Romanoff*

**Moscow-Ekaterinburg**

*To Lee* revisits **OLGA NIKOLAIEVNA KULIKOVSKY-ROMANOFF**

*\*Her mother-in-law was Her Imperial Highness Grand Duchess Olga Alexandrovna Romanoff, the daughter of Alexander III and Maria Feodorovna, Emperor and Empress of all the Russias, the youngest sister of Tsar Nicholas II, niece to King George V of England - and her husband, Captain Tihon Nikolaevich Kulikovskiy-Romanoff, nephew of the Tsar and the eldest son of the Grand Duchess and Colonel Nicholas Kulikovskiy.*

*It is my distinct honor to sit in yet another historic interview with one of the grandest ladies of the 20th century. Olga Nikolaievna Kulikovskiy-Romanoff.*

**JO LEE:** Olga Nikolaievna, the Romanoff Dynasty is a very delicate and powerful topic.

At the beginning of the 20th century, your family's predecessors were murdered under Lenin's orders by the

Bolsheviks, marking the end of Imperial Russia. It brought millions of victims and most tragically, among the first were members of the Imperial Family. The new political system set out to destroy everything from the past, especially the Tsar's influence. The family, Tsar Nicholas II, his wife and five children, were taken from the Winter Palace in St. Petersburg to the Ipatiev House in Ekaterinburg, where they were brutally murdered - so as never to have the essence of a shrine in their memory. It was the night of July 16-17, 1918.

Olga Nikolaievna, you, today, have become one of the world's outstanding humanitarians. Your life is a sphere of unbelievable compassion for mankind. For over ten years, you have been the President of Her Imperial Highness Grand Duchess Olga Alexandrovna Memorial Fund and in the past few years, you have been trying to



Russian Orthodox Monastery during Winter.  
Watercolor on Paper. Painted and signed by  
Grand Duchesse Olga.

bring about the restoration of historical truth in Russia through the art of the Grand Duchess, your mother-in-law.

Olga Nikolaievna, may I take you back to when you were just a little girl? What were your dreams? What was the magic that made you what you are, today?

**OLGA NIKOLAIEVNA:** You know, I'm not so sure I had many dreams in my youth, in Yugoslavia, Jo Lee. This is a tough question. I was busy studying and didn't like it very much - but the upbringing and education instilled in me self-discipline, respect and love for others, mainly the adoration of God ... and love for the 'unknown fairy-tale country' of which I knew only from my parents' memories and the classical books I studied.

**J.L:** Since my last interview with you, Olga Nikolaievna, your passion and drive have become ever intensified! Almost single handedly - you are bringing about an unprecedented ROMANOFF RENAISSANCE.

**O.N:** Well, Jo Lee, I went back to Ekaterinburg in the Ural Mountains last year with the icon of the Three-Handed Virgin that the Tsar and his family prayed in front of, in the Ipatiev House, before they were executed in July, 1918. I did this to carry out one of the last wishes of my late husband whose request was to have a holy shrine constructed at this exact location and to have the city renamed from Sverdlovsk back to the original Russian 'Ekaterinburg.' You were to join me, Jo Lee, but a member of your family was being married.

The Ipatiev House itself was demolished by orders of Boris Yeltsin, but like the phoenix rising out of the ashes, today there stands on this site the Church on the Blood - a shrine to the Imperial Russian family. This is the exact spot where I delivered the Three-Handed Virgin last year.

**J.L:** Oh Olga Nikolaievna, this draws shivers to my total being. I remember so well - you telling me of your first visit to Ekaterinburg in October 1992 and returning, once a year. How overwhelming this must have been, Olga Nikolaievna, to have been a part of history's 'consecration ceremony.'

**O.N:** Jo Lee, it is such a fitting shrine and people have responded to it beautifully. Thousands, faithful to the Russian Orthodox church, flock to the city in July as a tribute to the martyred Tsar and his family, which is why I decided to hold the second exhibition of the Art of the Grand Duchess Olga, at this time, on Russian soil. It had been a request from Archbishop Vikentiy of the Ekaterinburg and Verkhoturie Diocese, together with local businessmen, who helped sponsor the exhibition.



Olga Nikolaievna Kulikovskiy-Romanoff, the daughter-in-law to Grand Duchess Olga Alexandrovna.

**J.L:** Yet, holding such an event in Ekaterinburg, a city located in the Ural Mountains, the gateway to Siberia, must have presented some challenges.

**O.N:** Jo Lee, people tend to think of that part of the world as being cold, but during the summers, temperatures can actually reach 35 to 40 degrees C. or over 100 degrees F. And, of course, there is very little air conditioning! Setting up over two hundred watercolours and works of art of the Grand Duchess in the Exhibition Hall of the Ekaterinburg Museum of Fine Arts demanded much of those involved. But the end result was worth it all. In fact, the exhibition was extended an extra two weeks and ran from July to the end of September, to the great delight and enjoyment of close to 10,000 visitors from all over Russia and around the world.

**J.L:** Oh, Bravo! It is amazing that the Grand Duchess painted Russia not only in Russia, but also in Denmark where she had to take refuge from the revolution, and then in Canada after the Second World war: Russian costumes, faces, sunflowers bunched together, a birch grove or cornflowers along a fence ... where she found all these subjects, right in her heart ... as a means of support for

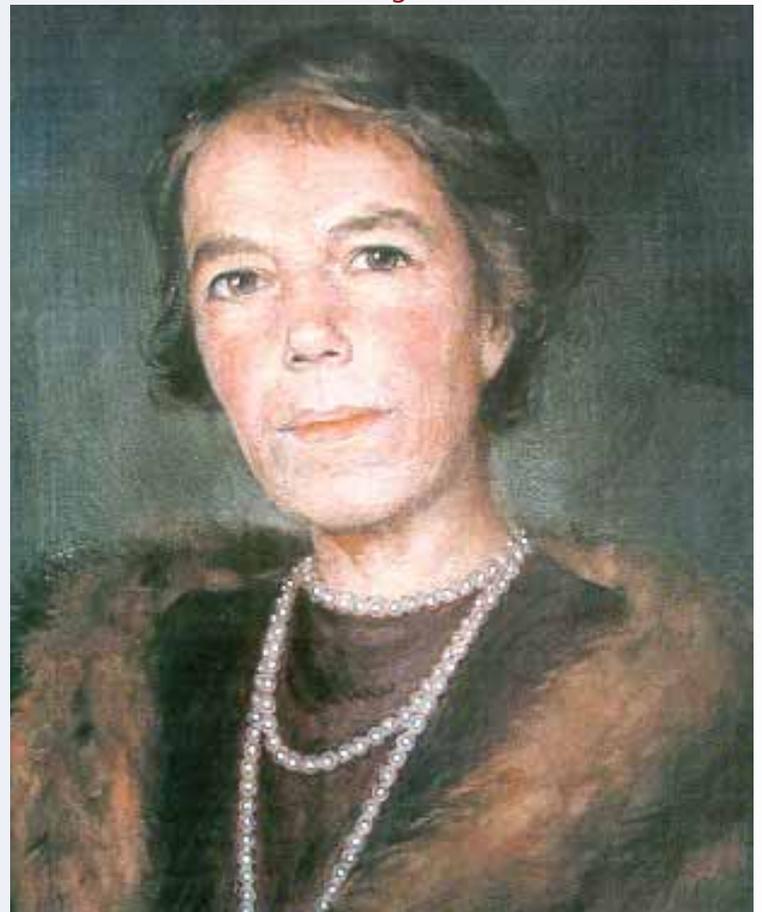
her family and charitable causes! We're still discovering quite a bit about the Romanoffs and the Russian character, its strength, talent and greatness.

**O.N:** Yes, thank you, Jo Lee. You know, this exhibition went so much further than just an appreciation of her work. It provided the country with a rare glimpse back in time to the life of Tsar Nicholas II and his family. Some were surprised, some amazed and all were very thankful that we opened their eyes to the 'true picture' of the Romanoffs, the Imperial family. People were thirsty for any kind of information about a huge part of their history that had been purposely omitted from their schooling or distorted beyond recognition. They wanted to know how the Tsar's family was educated, who were their teachers, the relationship between Grand Duchess Olga and Anastasia, the youngest daughter of Nicholas II. She was, of course, her favorite aunt and godmother.

**J.L:** Olga Nikolaievna, how did you even begin to answer all the questions?

**O.N:** Jo Lee, the synchronicity was astounding! Just before the opening in Ekaterinburg, I went to Moscow to launch my book about my husband, Tihon Kulilovskiy-Romanoff, and as you know, grandson of Alexander III.

Grand Duchesse Olga Alexandrovna.



It took place at a Writers' Guild conference attended by about 300 people and the interest generated made me realize how effective this would be when combined with the exhibition. So, when I went back to Ekaterinburg, I held mini-conferences every Wednesday at 4:00 p.m. at the museum. It turned out to be a huge success with over 100 people attending at a time.

**J.L:** A stroke of genius, Olga Nikolaievna! But now, do tell the world where they can purchase the exhibition catalogue, and your book, this outstanding coffee-table book that's become 'the conversation piece' over dinner.

**O.N:** Jo Lee, the color Catalogue {USD 50.} is printed in English and Russian, and then there's my book on Tihon and his family, in Russian {USD 50.} both available by contacting [jolee@ican.net](mailto:jolee@ican.net)

The proceeds go to our charitable activities, following the tradition of the Grand Duchess herself who donated the funds from her exhibitions to needy causes in Russia and elsewhere.

Jo Lee, I wanted to ensure that Ekaterinburg be remembered as an exceptional historical occasion and to restore the grand name of the Romanoff family. The 90-page catalogue is magnificent and printed by Lazur Publishers, in the Urals. It's a limited edition, only 1,000 printed, a real collector's item with 40 reproductions of the 120 original watercolors exhibited in Ekaterinburg; a description of the life and times of the Grand Duchess by Marina V. Udaltsova, a Russian art critic; a piece detailing the historical material on the Romanoff family, available in the Moscow State archives; and the private correspondence between Grand Duchess Olga and her life-long friend Iskra Alexandrovna. This, Jo Lee, combined with my book on Tihon, will beautifully serve the Renaissance of the Imperial Romanoff Dynasty.

**J.L:** I understand that it was your spiritual vision that was instrumental in having the Tsar and his family proclaimed Saints. Can you explain this to me?

**O.N:** The exiled Russian Church abroad proclaimed New Saints in 1981. Among these New Martyrs are those killed by the Bolsheviks, including the Tsar's family. Tihon wrote a letter, recognizing this. And thus - my mission began to convince the Moscow patriarchate to proclaim the Tsar's family as saints. They're depicted prominently on the iconostasis in many Russian churches today.

**J.L:** Do everyday circumstances ever get you down?

**O.N:** I've had my ups and downs, like everyone but when I look back on my life, it seems to me that I've fulfilled the

words of the Grand Duchess: Be, Don't Just Appear, from the French: Etre, ne pas paraître. In other words, do and be helpful to everyone, everywhere. Some people dream of doing good things. Others, stay awake and do them!

**J.L:** Do you have any regrets?

**O.N:** I don't think so, Jo Lee. I wish Tihon were still alive and with me. I miss him a lot. I don't believe in regretting. To regret is to be bitter. I believe in joy, wit and spontaneity. I'm never bitter.

**J.L:** Through you, Olga Nikolaievna, we connect to Queen Victoria, King George V of England and Queen Alexandra, your revered family, the Romanoffs and now - to you. A grand lady with exceptional courage! Thank you for being my friend and with great affection - Happy Easter, Olga Nikolaievna!

**O.N:** It has been great sitting with you again, Jo Lee, and I also wish you, my friend, and your readers a Happy Easter. As we say in Russian, "Christ has risen, indeed He has."

Church on the Blood, Ekaterinburg, Russia. Consecrated in July 2003 and constructed on the site of the Ipatiev House where Tsar Nicholas II and his family were executed, the night of July 16-17, 1918.





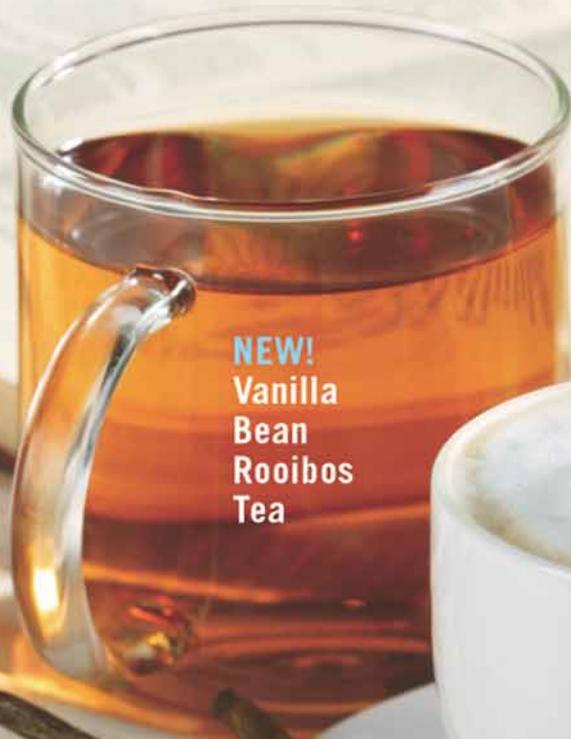
ABOVE: Ganina Yama, located about 30 km. north of Ekaterinburg. This is the place where the remains of the Tsar and family were taken and thrown down a mine shaft, then brought back up to ground level and burned with acid and gasoline.

RIGHT: Pond at Spring time. Oil on Canvasboard: 1950s. Painted and signed by Grand Duchess Olga.





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## « ALTER EGO

By Dr. Saul Levine

# PERPLEXING PARANOIA

**H**ow many times have you heard the expression, "He's {she's} paranoid", or perhaps you have even said something similar about yourself, as in, "I'm paranoid about my parents {wife, lover, friend} finding out!"

Well, if that sounds like something you have heard or said, the speaker may have meant 'worried', 'preoccupied', or 'suspicious', or some other similar meaning, but you can be certain that they did not mean "paranoid!"

For a word {paranoid} that seems nowadays to be used so frequently in everyday discourse, it is remarkable that so few people know what it really means.

For the record - paranoid {noun} and paranoid {adjective}, from the Greek, "Beyond the mind" are medical/psychiatric terms referring to a state or disorder {paranoia} in which an individual {paranoid} is convinced {or extremely fearful} - in spite of evidence to the contrary - that someone {a malevolent individual, a

group, cabal, conspiracy} is out to 'get' him or her. {This is actually the definition of a paranoid 'delusion'.} By 'get' we of course mean, that the imagined perpetrators will inflict on the individual grievous harm {physical or psychological hurt, damage, maim, or even death} to the intended victim. Again, this is in spite of no actual basis of a nefarious plot or scheme.

Of course, anyone who perceives the existence of a dangerous, evil, seditious enemy lurking out there, will at least experience severe anxiety or panic, and will likely take strong {even extreme} defensive measures, or to use a current Iraq-sponsored phrase, 'preemptive offensive measures!' {i.e. do unto others before they do unto you!}.

A paranoid ideational state can exist, 'unto itself', that is, it can reside as a circumscribed, unwavering, intense belief in an individual without any evidence of an existing mental disorder. Despite seeming normal, this individual can harbor immutable delusions of potential harm being directed at him/her.

More often, however, paranoia is an integral part of a serious mental disorder, like a psychosis {as a type of schizophrenia}, a pathological personality disorder, a substance abuse disorder {cocaine, amphetamine}, dementia, and a few other serious psychological/psychiatric diagnosis and disorders. It can be successfully treated, most often with appropriate medication.

As with so many other intense personalities, behavior problems, or even psychiatric symptoms, however, there are degrees of severity, so that some individuals who

**More often, however, paranoia is an integral part of a serious mental disorder.**



might be deemed paranoid, are 'merely' excessively suspicious, mistrustful, or hyper vigilant, while others, with a fully 'blooming' syndrome, are so severely impaired, that they are abjectly dangerous.

The key issues certainly have to do with how disordered (or ill) that the paranoid individuals are, but the degree of impairment in their own functioning, and the extent to which they affect, disturb, and impede others, are also extremely important.

So, while this is not a lesson in vocabulary, I am making a plea that we reserve the word "paranoid" for specifically clinically disordered individuals, and utilize overly mistrustful, insanely jealous, highly suspicious, negatively preoccupied for when we intend these latter sweet meanings.

Don't be so paranoid!

## For the Doctor [CLICK HERE «](#)

\* Dr. Levine is a Professor of Psychiatry at the University of California, San Diego, and Chairman of the Department of Psychiatry at Children's Hospital, San Diego.



Perception of a dangerous evil: can create severe anxiety or panic.

'Beyond the mind' are medical/psychiatric terms referring to a state or disorder. {paranoia}



## « YES, VIRGINIA! COME - EXPLORE WITH ME

By Lois M. Gordon - Silicon Valley, California, USA

In less than a heartbeat calm becomes chaos. Life and death are at equal points and to live means escaping at speeds you were unaware you could attain.

Everyone has stories of disaster bearing down, but not everyone can capture it in words that others can relive, through them. Hugh has provided us with a true, personal story that will make you breathless ... waiting for it to be over. Enjoy the adventure and dream of your own.

# AN INCIDENT IN Africa

## Chikwenya Island

By Hugh Coppen

It all happened so fast.

It was one of those incidents that you hear about around the campfire in Africa ... not one you'd ever think of experiencing first hand. The whole thing only lasted sixty seconds, but it was sixty seconds of pure adrenaline that is burned into my memory forever. And it reminds you, if you ever needed reminding, that the magic of the African bush is addictively alluring and can turn into something very different in the blink of an eye.

Chikwenya Island is the biggest island in the Zambezi river, about five miles long. At this point in its eastward journey, the majestic Zambezi still has over 1000 miles to flow until it reaches the Indian Ocean. It is more than a mile wide here, set in a 70-mile wide valley, between 3000 ft. escarpments. The river teems with hippos, which you see and hear all day and much of the night, and crocodiles, which you don't.

On the floodplains and in the beautiful riverine woodland bush are all kinds of game: impala, waterbuck, eland, kudu, zebra, baboons, buffalo, elephant and, of course, the predators; lion, leopard, hyena, wild dogs and various smaller cats. And then there are the birds. Hundreds of them, of all sizes, colors, shapes and habits. The air is filled with the symphony of their calls, clicks, whistles, screeches and songs.

The magic of Africa is concentrated on the banks of this mighty river. It absorbs you. It captivates some part of you, your heart, your soul or your senses, and you know that somehow you will always be drawn back to these parts, if only in your memory.

In the cool of the early morning light, we went upstream in a pontoon boat and landed on the island in a quiet channel. There were six of us on a walking safari that day - my California colleagues Alyssa and Eva, Jamie and Joanne from Oregon and Sacha, our impish guide. Sacha is a Zimbabwean in his thirties, blessed with a passion for the bush and armed with a boundless wealth of

The majestic Zambezi.



Life and death are at equal points.



knowledge about the animals, birds, insects, plants, flowers and trees. His boyish charm and enthusiasm are infectious and help even first-time visitors feel relaxed in the wild... But his calm professionalism was his greatest asset that morning.

We had been walking on the island for about 2 ½ hours, Sacha explaining how different the habitat is from the mainland less than a mile away. Often when we stopped for him to show us a plant or an insect, he would ask one of us to prop up the .357 Magnum rifle that all Zimbabwean guides are required to carry when conducting walking safaris.

The animals on the island are more skittish than those on the mainland, probably because they aren't as used to humans. On this morning, the only animals we saw were in the distance; waterbuck, impala and a lone bushbuck. So we spent time on the 'small stuff' that is so fascinating,

for example, actually breaking open some hours-old elephant dung to find an undigested scarlet and black 'lucky bean' that Joanne added to her collection of bush 'trophies' in her pocket. "These lucky beans are really lucky!" Sacha had said.

We were slowly headed back toward the boat, about a mile away, when Sacha stopped at a small termite mound in a wide clearing in the trees. He talked about the soft dark clay on the mound that indicated that the termites had been active overnight. He was demonstrating the difference between the soft malleability of the freshly worked clay and its concrete-like hardness when dried.

Suddenly, Sasha stopped and said "Oh, shit! Run! RUN!!", as he looked over our shoulders. I glanced behind us and saw why. A herd of elephants was running right to left on a diagonal angle towards us, about 150 yards away. "Run for cover! Over there!" Sacha pointed.

His urgency was all the motivation we needed. We scattered, each one of us desperate to reach the thicker trees about 50 yards away. Trying to think of everything I had been told about finding protective cover from a charging animal, I ducked behind a 10 ft. high termite mound. As I knelt down, panting, I peeked around it and could see and hear an elephant crashing directly at us, now much less than 100 yards away.

Sacha was still between us and the elephant, and yelled "Keep running! Get behind something!" I abandoned the termite mound, heart pounding, and scrambled helter-skelter towards a big tree about 20 yards further away, still well short of the thorn bushes that would have been the best protection.

I reached the tree and pressed myself against the backside, wishfully thinking that the elephant wouldn't know I was there. I looked around the tree at the charging behemoth, now only 30 yards away. Her ears were spread wide, her trunk raised high. No sound has ever seemed as terrifying as her angry trumpeting. It was clear that this was no 'mock charge' that elephants sometimes make.

At that moment Sacha, standing in the open to my right, raised his rifle and fired. The elephant stopped in a cloud of dust. Less than 15 yards away, her head and huge tusks looked enormous. Without hesitating, Sacha took two to three paces toward her, waving his arms above his head and yelling at her to back off. And through the courage of that act, he grabbed the aggressor's initiative away from her. After a moment's hesitation, she snorted, kicked a cloud of dust, and with a dramatic swing of her gigantic head, she lumbered off to rejoin her herd.

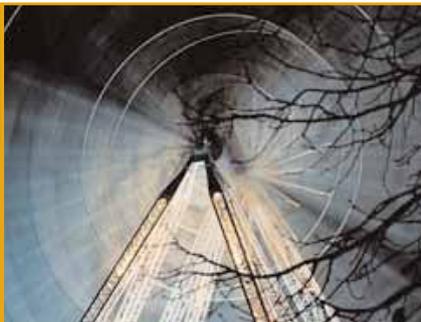


In the beautiful riverine  
are all kinds of game.

We had been walking on  
the island for about 2 ½  
hours.

In less than a heartbeat,  
calm becomes chaos!

A herd of elephants was  
*running right to left* on  
a diagonal angle  
towards us.



At that precise moment, I have never felt so alive - or as happy to be alive. The previous 60 seconds had been a blur of fear-driven energy. We stood in a group together, bonded by what we had just survived, largely thanks to the skill and calm professionalism of our highly trained guide. From the moment he'd seen them, it was a safari guide's worst nightmare - ten frenzied elephants charging five exposed clients in the African bush. Through it all, Sacha's role had been to try to ensure the safety of the five of us with the urgent need to challenge the full-blown charge of an angry matriarch elephant.

And he succeeded. He stopped her - or, when it came down to it, did she stop herself at the last second? Or was it maybe the power of the lucky bean? Whatever, we all live to never forget ~

And we are reminded, yet again, that Africa's beauty is beguiling. Its peace and its magic can lull you into comfortable complacency. And then, without warning and with smashmouth brutality, Africa brings you face to face with its terrifying realities - and with your own mortality.

I am a day older now. And a lifetime richer. And still captivated by all that Africa means to me ... and more respectful than ever - of the awe of this majestic land.

Write Lois: [Click Here](#)

\* As we venture out into our world, your travel can consist of a visit to the next town for the day, or a journey that would place your feet clear on the other side of the world. It is all about discovery and your relationship to the world which is everywhere you walk.

SO COME - EXPLORE WITH ME.

In the cool of the early morning light,  
we went upstream.



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Seattle - Washington  
By Larry Abraham



To All ... this is a profound statement on the War in Iraq. It is not meant to be political but spells out the challenge the USA faces and therefore all of us, as the war continues for what some call a long time

# The CLASH OF

## CIVILIZATION AND THE GREAT CALIPHATE

### It Did Not Start on 9/11

The war we are now facing did not begin on September 11, 2001, nor will it end with the peaceful transition to civilian authorities in Iraq.

This war is what the Jihadists are calling the 'Third Great Jihad' and are doing so within the framework of a timeline which reaches back to the very creation of Islam.

Wahhabism came into full bloom under the House of Saud shortly before the onset of WWI. It is this Wahhabi version of Islam which has infected the religion itself, now finding adherents in almost all branches and sects, especially the Shiites. What this sect calls for is the complete and total rejection of anything and everything which is not based on the original teachings of The Prophet and it finds its most glaring practice in the policies of the Afghani Taliban or the Shiite practices of the late Ayatollah Khomeini in Iran. Its Ali Pasha (Field Marshall) is now known as Osama bin Laden, the leader of the 'third Jihad'.

The strategy for this 'holy war' did not begin with the planning of the destruction of the World Trade Center. It began with the plans for toppling the Shah of Iran back in the early 1970's and culminated with his exile in 1979.

The Third Jihad now had a base of operations and the oil wealth to support its grand design or what they call the 'Great Caliphate'.

What this design calls for is the replacement of all secular leadership in any country with Muslim majorities. This

It began with the plans for toppling the Shah of Iran back in the early 1970's and culminated with his exile in 1979.





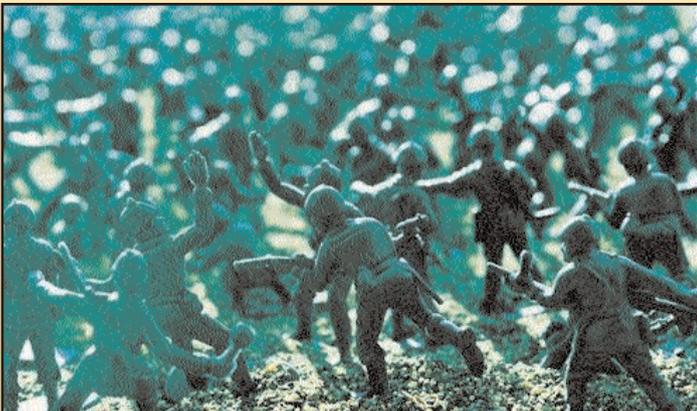
Pakistan is a particular prize because of its nuclear weapons.

would include Egypt, Turkey, Pakistan, Indonesia, all the Emirates, Sudan, Tunisia, Libya, Algeria, Morocco, Yemen, Syria, Lebanon, Jordan and, finally, what they call the 'occupied territory', Israel.

As part of this strategy, forces of the Jihad will infiltrate governments and the military as a prelude to taking control, once the secular leadership is ousted or assassinated. Such was the case in Lebanon, leading to the Syrian occupation and what was attempted in Egypt with the murder of Anwar Sadat, along with the multiple attempts on the lives of Hussein in Jordan, Mubarak of Egypt and Musharraf in Pakistan. Pakistan is a particular prize because of its nuclear weapons.

The long-range strategy of the Third Jihad counts on three strategic goals. 1. The U.S. withdrawing from the region just as it did in Southeast Asia, following Vietnam. 2. Taking control of the oil wealth in the Muslim countries, which would be upwards to 75% of known reserves, and 3. Using nuclear weapons or other WMDs to annihilate Israel. A further outcome of successfully achieving these objectives would be to place the United Nations as the sole arbiter in East/West negotiations.

The Clash of Civilizations is now reaching out and touching all of us.



The campaign is seriously hurting Mr. Bush's leadership role in the War on Terror. While ducking every new book critical of his initiative or trying to counter the partisan nitpicking of the 9/11 Commission, he has persisted in the misbegotten insistence of 'installing democracy' in Iraq. How about installing a Republic ... it worked pretty well here with diverse populations.

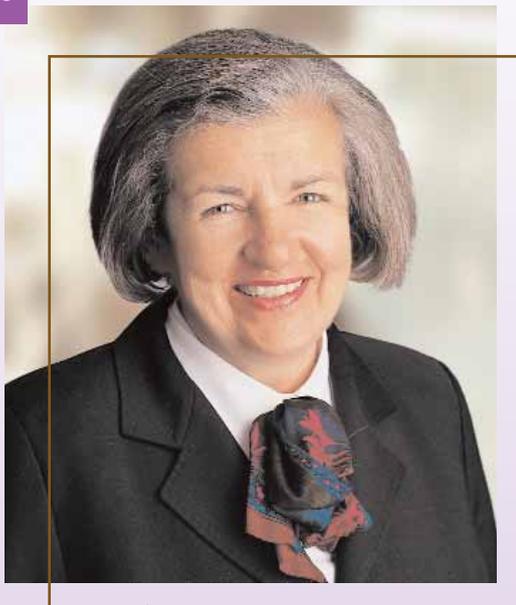
Bringing the U.N. to the party will only compound the problem. The U.N. has been accused of many things over the years, but being a 'democratic' institution has never been one of them. Just the latest scandal of the 'Oil for Food' program should provide any thinking person with all the evidence they need to keep the U.N. at bay. But this doesn't seem to bother the likes of the John Kerry's of the world who prattle on as if the scam doesn't even exist.

A long-range strategy of the Third Jihad counts on using nuclear weapons or other WMDs to annihilate Israel.



If given proper leadership, every Middle Eastern country named above will throw in with the Coalition, for if they don't they will be the next targets of the Third Great Jihad and the Great Caliphate. Pakistan is already showing the leadership which others will follow. What do you think moved Kadahaffi to cozy up to the U.S. and Great Britain? He fears the Jihadists more than he hates us.

If we are incapable of understanding these realities and acting accordingly, within the lifetime of everyone who reads these words, we will see our cherished way of life cease to exist and chaos become our lot. The Clash of Civilizations is now reaching out and touching all of us. May God grant us the wisdom and the courage to meet the challenge.

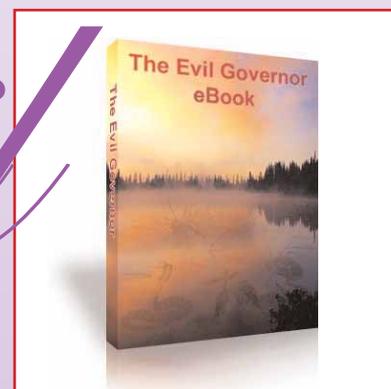


Toronto - Canada  
By H. Gail Regan

Gail Regan is vice-chair of Cara Operations, Canada's largest diversified food service firm. In the community, she chairs Energy Probe and Friends of Women's College Hospital. She is a member of the Canadian Association of Family Enterprise, the Family Firm Institute and the Strategic Leadership Forum. Before she joined her family business in 1982, Gail was a high school and then graduate school instructor. She has a PhD in Educational Theory and an M.B.A. in Finance. Her background in sociology and her personal experience of business have given her an intellectual interest in the problem of evil. Gail has been married for over forty years. She has four children and ten grandchildren.

# Good and Evil

## IN CORPORATE LIFE



It is relatively easy to tell the difference between good and bad in corporate life, but good and evil are harder to distinguish. There is a parallel truth in the field of nutrition that illustrates this idea. For dieters, bad behavior consists of eating high-caloric, low nutrition snack foods like cookies, cakes, candies, sodas and chips. Some vegetables promote weight loss and eating them is good for dieters. Other vegetables, albeit nutritious, are high in calories and may push the dieter out of 'ketosis' (the body consuming its own weight). For dieters, eating these vegetables is evil for they prevent weight loss directly and, by pushing the body out of ketosis, they initiate food cravings and relapse into snack foods. The difference between good and evil vegetables is not readily apparent and many dieters use a guide to classify which is which.

The morality of corporate life can be understood in the same way. All of us want to work for, and invest in, healthy and successful corporations, so we avoid or punish corporate deviance like bribery, misrepresentation, collusion, fraud, excess. Good corporate behavior promotes the long-term well-being of corporations and society. Evil corporate behavior seems like good behavior, but in fact it causes corporate failure, corporate deviance and wider suffering. The difference between good and evil

corporate behavior is not readily apparent and I researched social science to find a guide.

I have written a book *The Evil Governor* that identifies five forces of evil I found in my research; the five forces are ideas that when implemented cause corporate disasters like lost contracts, unnecessary dispositions, risk, succession problems and dysfunctional hierarchies. When widely implemented, the ideas cause human suffering in the form of poverty, violence, exclusion, oppression and loneliness. When a corporation buys into a force of evil, it is like a dieter who innocently eats nutritious but fattening vegetables. It seems like a good idea, but it causes relapse -- bad corporate behavior and general misery. The impact of the forces is illustrated in a short story at [www.evilgovernor.com](http://www.evilgovernor.com). The book, which is really a play, is available in audio from Davey Productions: 416-421-9898 / [d-davey@sympatico.ca](mailto:d-davey@sympatico.ca)

Some people like to use an idea before they explore it thoroughly, so I developed and implemented a case study to help individuals get a sense of the five forces of evil and the bad they produce.

\* This is my account of how participants reacted.

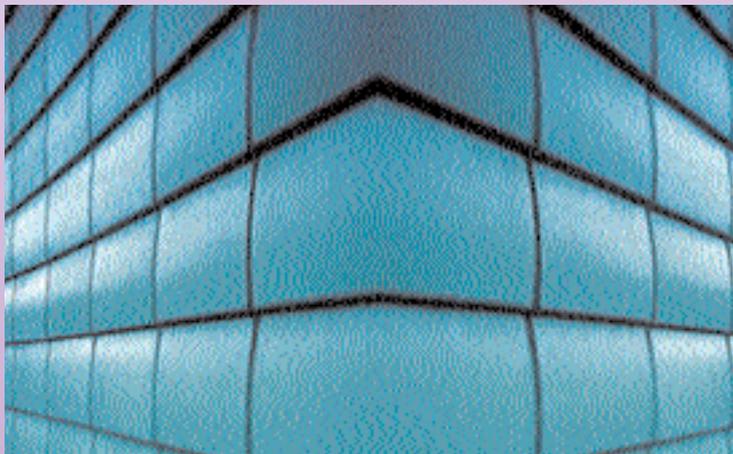
The case study is an imaginary strategic planning session of the board of directors of INT-PET a family-owned Canadian pet food company, sponsor of the Yukon dog race and numerous winter carnivals. The problem facing the board is that a new international competitor EUKANUBA is entering the Canadian market and challenging YUCHI, INT-PET'S increasingly profitable and growing healthy dog food sold in pet stores and veterinary clinics. A grandchild of the founder, Percy, serves on the board. The board has a chairperson to conduct the meeting and ten participants, each representing a force of evil or the kind of bad that comes out of this force. The remaining participants observe, using score sheets to classify each role.

First I will list the social science discipline that identifies the force of evil, the evil itself and the bad it permits, so you can understand the whole picture. Then I will describe the roles and how people played them.

The point of my work is not to make people look good, but to help individuals get a handle on what we must stop thinking in order to really do good.

#### FORCE 1 {Urban geography}

- a. Syndrome mixing, evil. Business and government ought to intertwine. Business should look to government to legislate competitors out of a market.
- b. Syndrome mixing, bad. Companies can bribe politicians to force competitors out.



FORCE 1: Urban Geography

#### FORCE 2 {Psychoanalysis}

- a. Narcissism-paranoia, evil. Companies {or individuals} must be good. A company is by nature good, but the world makes change inevitable. Companies cannot persist indefinitely and should be sold or merged as part of the process of change. Companies and individuals should repress negativity and if it surfaces, project it onto others. Companies can blame competitors and creative destruction when they choose to wind-up.
- b. Narcissism-paranoia, bad. When reality is unspeakable, create chaos and lose.

#### FORCE 2: Psychoanalysis



#### FORCE 3 {Political Science}

- a. Alignment, evil. Companies, their suppliers, regulators and customers should be a community, sharing core values. Business should look to its community for support in hard times.
- b. Alignment, bad. When in trouble, collude with your stakeholders.

#### FORCE 4 {Women's Studies}

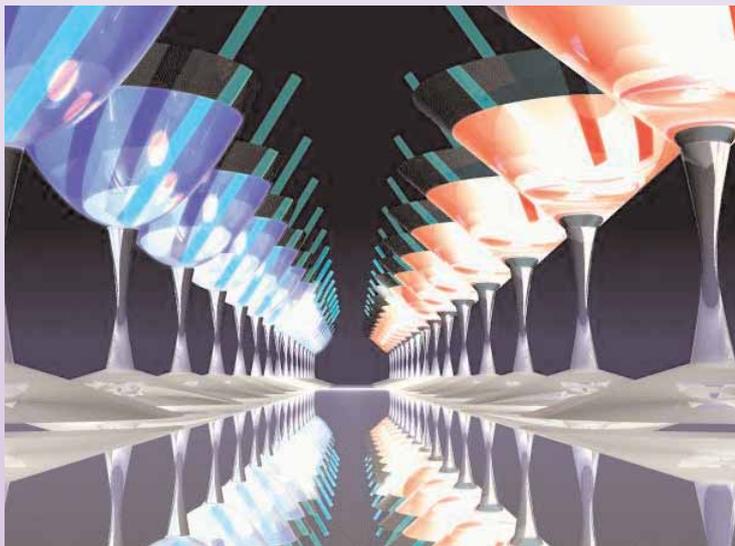
- a. Patriarchy, evil. Masculinity should be valued over femininity in all its forms, including knowledge. Formal, analytic, 'masculine' knowledge is superior to intuitive,

systemic, 'feminine' knowledge. Business should rely on formal knowledge to reinforce its success.

b. Business can buy formal knowledge for its own purposes.

#### FORCE 5 {Sociobiology}

a. Genetic programming. Corporations are hierarchies and hierarchies enable dominant people to be alpha, get perks, feel good and have sexual opportunity. Businesses ought to value energy, ambition, success and should therefore encourage status seeking and perks.



FORCE 5: Sociobiology

b. People are slaves to sexual opportunity. Provide it for your advantage.

#### THE ROLES -

The audience for the role play consisted of fourteen people, twelve middle-aged women and two young men. One of the women was experienced in chairing meetings and took the chair. This left ten active roles to assign. Most of the women flat out refused to play bad roles and I had trouble filling the spots. One woman did agree to play Chris and another, very reluctantly and with a good deal of blushing, volunteered for Willy. I took Pat and the men played Ev and Robin. This left four observers, who did their task as a non-competitive group.

\*ALEX: Syndrome mixing, evil. Eukanuba is a threat to the dominant position of Yuchi in the Canadian dog-health pet-food market. This is not INT-PET'S fault -- it

is the price of Free Trade. But what government takes away it gives back. It has to for the votes. There are distinctly Canadian food-quality laws, regulations, requirements for bilingual packaging, truth-in-advertising laws. It is essential that INT-PET encourage the nation's bureaucrats to regulate properly. Perhaps Eukanuba's management will find Canada too difficult and go home.

\*CHRIS: Syndrome mixing, bad. Canada is INT-PET'S territory. Defend it. It just takes dollars to make sure government is tough on Eukanuba. Get the money; send it to politicians.

\*DARA: Narcissism-paranoia, evil. You are unsure. On the one hand, INT-PET is a family company and a success. Yuchi has never been as profitable. The family is grateful for your contribution to the board. The important thing at this juncture is to have confidence, keep momentum. Eukanuba sounds like a California thing that isn't real. But the price of Free Trade is the exposure of Canadians to international brands. Perhaps it is time to join the forces of creative destruction and sell INT-PET.

\*EV: Narcissism-paranoia, bad. You believe that Eukanuba is a serious threat, or is at least perceived to be a serious threat by a significant number of board members. But threat is opportunity. This is a time for radical change. Perhaps Yuchi could become a discount dog food, sold in grocery stores. Why not?

\*MARTY: Alignment, evil. INT-PET is integral to the Canadian community -- especially the Yukon dog race and the winter carnivals. INT-PET has a track record that it should develop.

\*PAT: Alignment, bad. INT-PET means community and community is a two-way street. You believe the Eukanuba threat is serious and wonder what chits can be called in. Would a price increase at Yuchi be useful to create surplus for larger community marketing programs and other endeavors?

\*PERCY: Patriarchy, evil. INT-PET is your patrimony, founded by your grandfather. INT-PET products command the loyalty of your customers and Yuchi programs inspire communities. You trust management to handle Eukanuba.

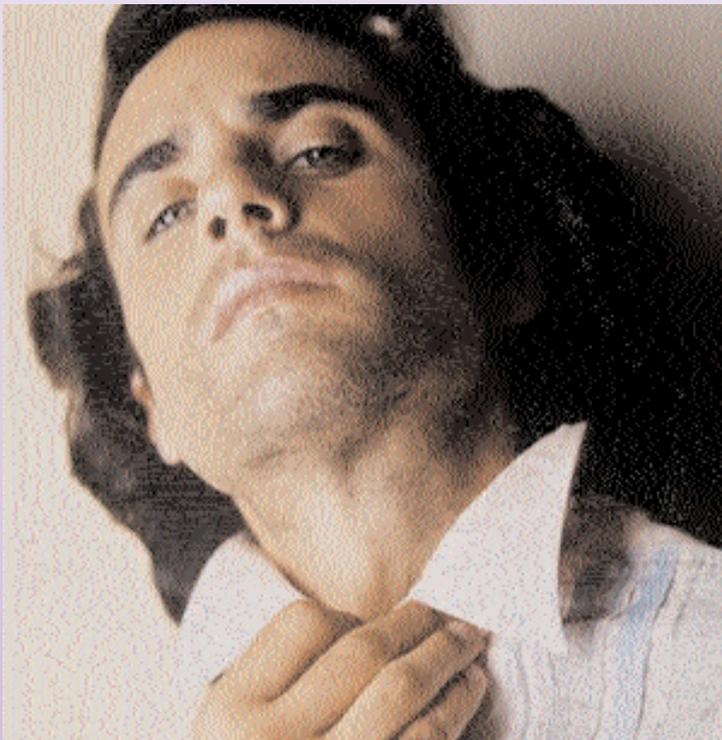
\*ROBIN: Patriarchy, bad. There is immense tradition at INT-PET, but there is also knowledge of pet nutrition as it relates to animal health. The Eukanuba threat is an invitation to strengthen the knowledge base and to reject new-fangled, soft-marketing approaches. Yuchi has never been so profitable. The time is right to provide a university chair in animal nutrition.

\*TERRY: Genetic programming, evil. You believe that Eukanuba is a serious threat, a threat you have predicted for a long time because INT-PET is not dynamic enough. You want INT-PET to be a public company with stock options and plans for international expansion. You believe that only with the right structure will management be motivated to hustle.

\*WILLY: Genetic programming, bad. You find it interesting that Eukanuba would so cavalierly enter the Canadian market. You wonder what motivates them. You want to hire call girls to entertain visiting executives and find out their plans.

---

Narcissism-paranoia: evil.



The observers were able to identify two forces correctly. They got both versions of syndrome mixing and genetic programming. They correctly identified Dara as narcissism-paranoia, but thought the role was bad because it advocated giving up on the company. Ev came across as creative and no one saw the harm in abandoning Yuchi's strategy. Cheaper with less quality sounded better to them. I was so enthusiastic no-one saw the harm in raising prices to subsidize collusion and the university chair sounded appealing too. We were all treading a path to destruction when suddenly the chairman of the meeting said, "Wait. We have strategies, maybe useful strategies, but we don't know why more people are buying expensive dog food."

Except for the reversal of narcissism-paranoia, everyone found the evil ideas sensible and could argue with conviction for their position and support each other. Even some of the bad ideas sounded good. How easily evil rolls from our tongues! How tempting to say it; it seems so good, like healthy but fattening vegetables. But the exercise did bring out how we were being dysfunctional. The chairman got it.

We only role-played for about half an hour. Think how hard it is to give evil ideas up after a lifetime of perspective and vested interest.

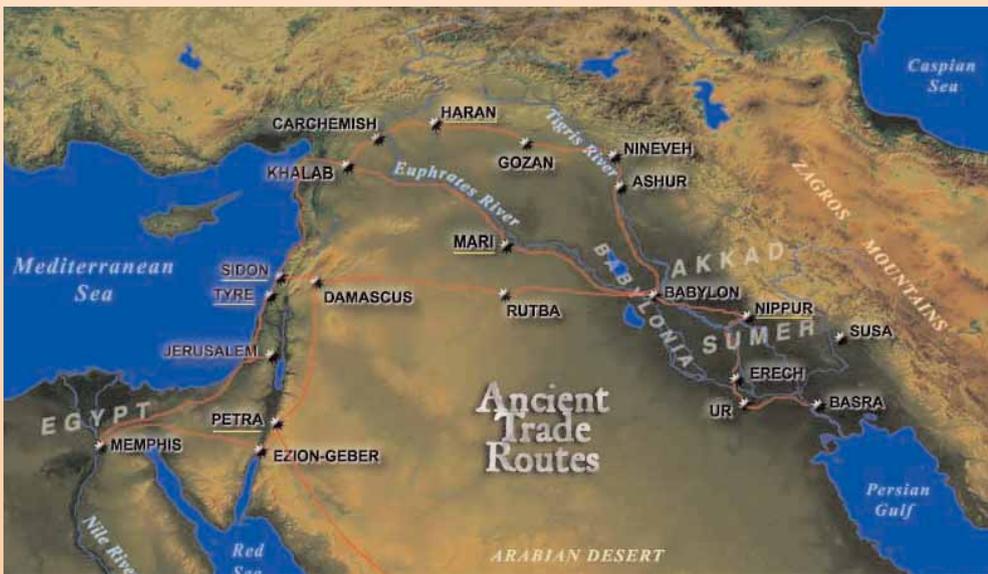
MY CONCLUSION -

Is that evil is not only easy to think but saying it out loud makes people look competent. It is sometimes difficult to enact bad but not evil. However, knowing what is evil gives permission to stop. One participant was able to change frame and identify the real problem. The others could validate her insight. Finding corporate evil prevents strategic error and waste of resources. It is a useful skill in corporate life.



By JO LEE Magazine  
New York / San Francisco / Hong Kong / London  
Tokyo / Rome / Toronto

# HISTORY *VS.* PROPHECY



THE NAMES USED IN THE BIBLE ARE BABYLON, LAND OF SHINAR AND MESOPOTAMIA. MESOPOTAMIA MEANS BETWEEN TWO RIVERS: THE TIGRIS AND EUPHRATES RIVERS.

The Tower of Babel was in Iraq!

Editor's Note: No other nation, except Israel, has more history and prophecy associated with it than Iraq.

Then we have America - typically represented by an eagle.

Why was it that Saddam hadn't read up on his Muslim passages? The following verse is from the Quran (the Islamic Bible) (9:11): For it is written that a son of Arabia would awaken a fearsome Eagle. The wrath of the Eagle would be felt throughout the lands of Allah and lo, while some of the people trembled in despair still more rejoiced; for the wrath of the Eagle cleansed the lands of Allah; and there was peace. {Note the verse number!}



The garden of Eden was in Iraq.

Mesopotamia, which is now Iraq, was the cradle of civilization!

Noah built the ark in Iraq.

The Tower of Babel was in Iraq.

Abraham was from Ur, which is in Southern Iraq!

Isaac's wife Rebekah is from Nahor, which is in Iraq.

Jacob met Rachel in Iraq.

Jonah preached in Nineveh - which is in Iraq.

Assyria, which is in Iraq, conquered the ten tribes of Israel.

Amos cried out in Iraq!

Babylon, which is in Iraq, destroyed Jerusalem.

Daniel was in the lion's den in Iraq!

The three Hebrew children were in the fire in Iraq {Jesus had been in Iraq also as the fourth person in the fiery furnace!}.

Belshazzar, the King of Babylon saw the 'writing on the wall' in Iraq.

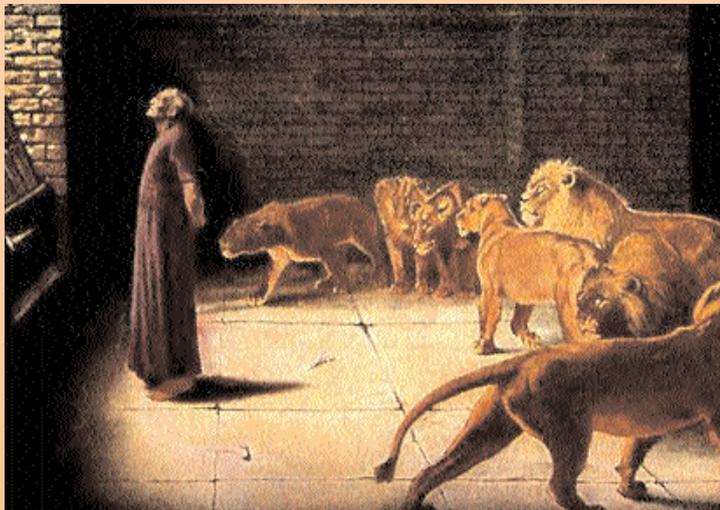
Nebuchadnezzar, King of Babylon, carried the Jews captive into Iraq.

Ezekiel preached in Iraq.

The wise men were from Iraq.

Peter preached in Iraq.

The 'Empire of Man' described in Revelation is called Babylon, which was a city in Iraq!



Daniel was in the lion's den in Iraq!

Israel is the nation most often mentioned in the Bible. But do you know which nation is second? It is Iraq! However, that is not the name that is used in the Bible. The names used in the Bible are Babylon, Land of Shinar, and Mesopotamia. The word Mesopotamia means between the two rivers, more exactly between the Tigris and Euphrates Rivers. The name Iraq, means country with deep roots. Indeed Iraq is a country with deep roots and is a very significant country in the Bible.



Then we have America - typically represented by an eagle.

Why was it that Saddam hadn't read up on his Muslim passages?

### Here's why!

Eden was in Iraq - *Genesis 2:10-14*

Adam & Eve were created in Iraq - *Genesis 2:7-8*

Satan made his first recorded appearance in Iraq - *Genesis 3:1-6*

Nimrod established Babylon & The Tower of Babel was built in Iraq - *Genesis 10:8-9; 11:1-4*

The confusion of the languages took place in Iraq *Genesis 11:5-11*

Abraham came from a city in Iraq - *Genesis 11:31; Acts 7:2-4*

Isaac's bride came from Iraq - *Genesis 24:3-4; 10*

Jacob spent 20 years in Iraq - *Genesis 27:42-45; 31:38*

The first world Empire was in Iraq - *Daniel 1:1-2; 2:36-38*

The greatest revival in history was in a city in Iraq - *Jonah 3*

The events of the book of Esther took place in Iraq - *Esther*

The book of Nahum was a prophecy against a city in Iraq - *Nahum*

The book of Revelation has prophecies against Babylon {Iraq's former name}. *Revelation 17 & 18*

By JO LEE Magazine

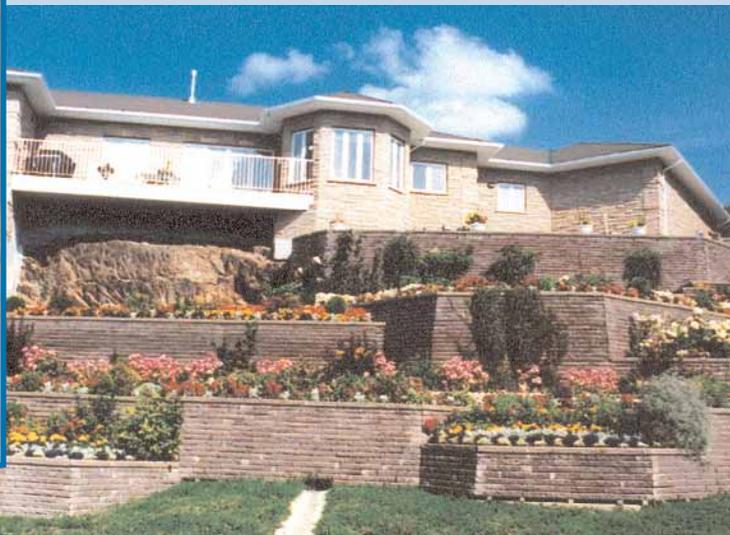
New York / San Francisco / Hong Kong / London  
Tokyo / Rome / Toronto

# A CLASSIC OF THE NORTH

Italy is a country of rich, vibrant, embracing colors, enveloped by people with flair and dignity. And so when one envisions and hugs the wonders of this land - it can easily transcend into an architecturally strong passion that becomes - A Classic of the North.



Norman and Elena Mascioli



*We built on a rock and this particular view is of the back of our home which terraces down to the street. Both perennials and annuals are placed on each level and are Elena's pride.*

*She takes care of the planting to the pruning, with very little help.*

With a preeminent eye for beauty and an intuitive sense of color and scale - this Timmins, Ontario, Canada 'Classic of the North' designed by Elena and Norman Mascioli - became a master presence with the combining of styles and periods.

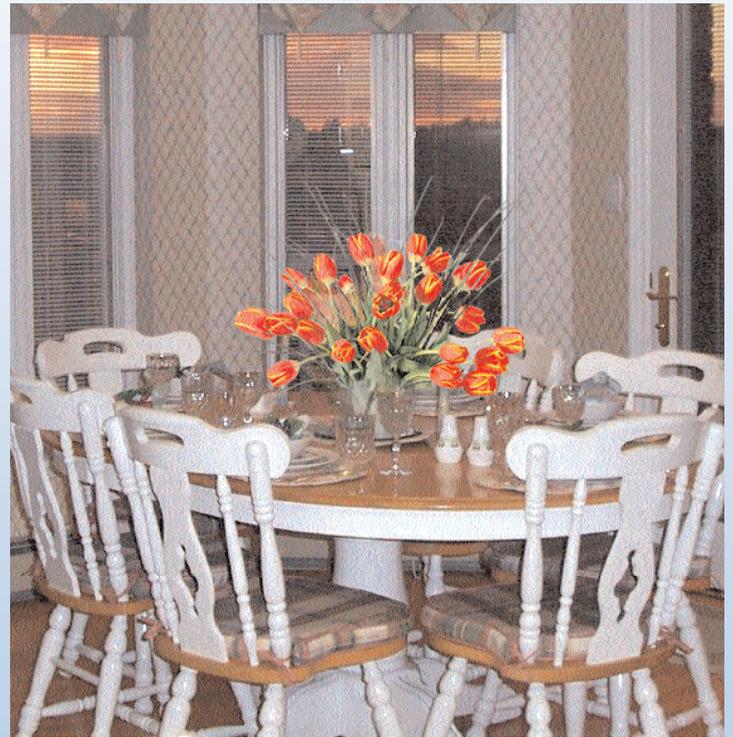
Each room takes its character from the fullness of life lived, keeping interiors light with old elegance. The sense of design is based on the virtues found in sophistication and modesty of purpose without any sacrifice. There are bare walls and bare floors which mesmerize the art and furniture amongst them. Light itself was important to the interiors as were the rocks and stone elements hugging



The living room was designed to encompass an expanse of open and comfortable space while embracing our formal dining room, to the immediate right.



The dining room table and chairs date back to the late 1800s.



This is our oval-breakfast nook. I don't know why we call it that because most of our meals and card playing with friends and grandkids are enjoyed here. The view is westerly - so we are often treated to glorious sunsets as our home sits high overlooking the town.



A portrait of our children and grandchildren given to us for Christmas several years ago, presides above an old oak bar chest.



Elena spends most of her time here in the kitchen as she is an outstanding cook. Again, the kitchen faces west so I can enjoy the sunsets ... as I do the dishes!

the magnificence of their hill-top home - where they daringly juxtaposed landscaping with every conceivable flower formation, as long as they enhanced the exterior design.

For Elena and Norman - their own collaborative flair for construction style and décor resonates throughout. Equal in importance to the furnishings were the works of art contained within the house. They trace all the phases of their life. Certainly, there is no arbitrary law which says that an eighteenth-century Italian chair and a Toller Cranston painting can't be used in the same room. At the heart of all - is warmth. They've brought their own selves into the mix, so that their home remains alive!

What an enormous legacy - to hand on.



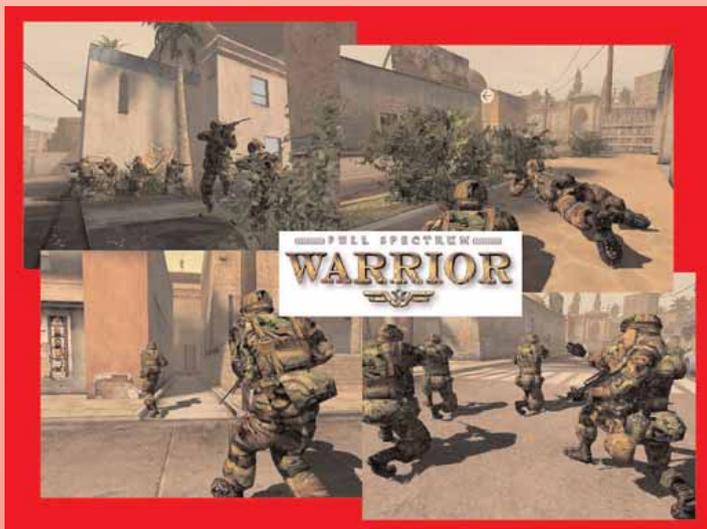
By Rose Anne Dyson, M.Ed., Ed.D.  
Toronto - Canada

*Rose Dyson is a consultant in Media Education. She is the author of: MIND ABUSE Media Violence In An Information Age {[www.web.net/blackrosebooks](http://www.web.net/blackrosebooks)} and co-author of: TERRORISM, GLOBALIZATION and MASS COMMUNICATION. {Marquette Books [www.cgms.org](http://www.cgms.org)}*

# Simulation-Based Training vs. Violence Within Society

**A**larm is growing over budding partnerships between the military and research institutions. One, at the University of Toronto, involves Altantis Systems International. It produces, among other things, some of the deadliest aircraft on the planet, including the F-15 Strike Eagle and Black Hawk helicopter.

At issue is the documented evidence of how simulation-based training systems within the military are fusing with the billion dollar, video game, entertainment, production industry within the civilian population. This synergy is contributing to an ever broadening culture of violence within society at large.



The willingness to kill relies on stimulus-response training.

Evidence of collective desensitization, fear, insecurity, learning impediments such as attention deficit disorder, among others, have been extensively reported and discussed. One of them appeared in Toronto, Canada's Globe and Mail in which science writer, William Atkinson pointed out that new MRI techniques, used for medical diagnostic purposes, show that when a video game player participates in simulated violence, his heart rate and blood pressure rise and brain cells that normally counsel empathy are shut down with these images burned into his long-term memory.

American psychologist, Lt. Colonel David Grossman, has provided such training at U.S. Military Academies and stresses in several books on the subject, that violent video games such as 'Doom' and 'Quake', widely available as entertainment within the community and already implicated in countless school shootings, sniper incidents and

youth gang warfare, are used to train army recruits to kill. He is convinced that the willingness to kill another person does not come naturally, but is a learned behaviour.



'Do not train' your children to kill!

It requires desensitization, repeated exposure to violence and classical conditioning by associating aggressive acts with a pleasant experience through operant conditioning techniques.

The willingness to kill also relies on stimulus-response training so that the conditioned response such as shooting a gun becomes automatic with the right stimulus such as an alien or perceived enemy. Long range implications for the profit driven growth of this seamless militarization of young people are widely regarded as critical and growing health and learning issues.

This is being entirely overlooked in research projects such as the one being considered with Atlantis - although, not by everyone. Says Andrew Day, President and CEO of Atlantis, "Building our knowledge in these areas will provide recurring revenue opportunities for our company and create added value for our customers by allowing us

to apply these capabilities to our existing products and services".

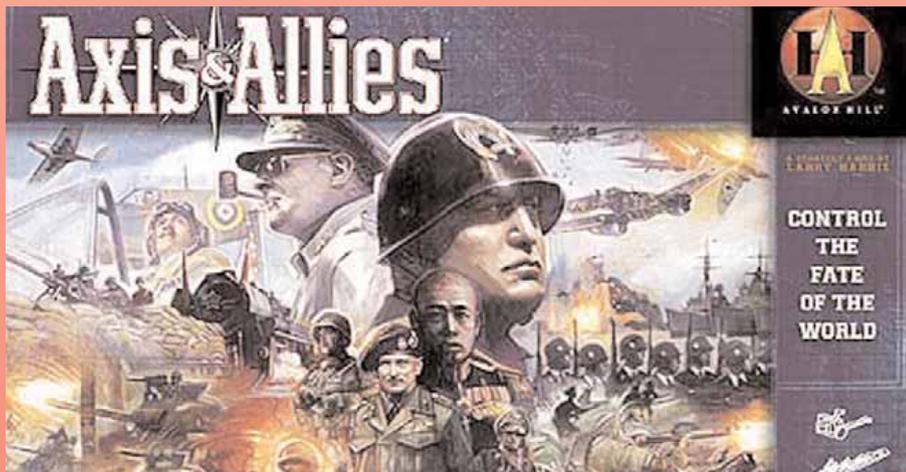
What exactly, is the goal here? To use simulation-based training systems in the form of violent video games, known to offer effective participant modelling opportunities through practice and repetition, reward and reinforcement? Video games played on computers rely on the 'mouse' to do the shootings, and players therefore learn strategies and warfare tactics, improving their hand-eye coordination and their aim. By joining 'clans', online players can cooperate making battle plans and specialize in various aspects of warfare.

Enthusiasts for such partnerships see them as opportunities to "beam ideas into the communal open space". Yet, expertise in killing is the inevitable result. Such indiscriminate proliferation of ideas is already taking place in homes throughout the world where Play-stations and Xboxes help the lucrative video game industry rack up huge annual profits.

These partnerships must be thoroughly scrutinized for knowledge applications that go well beyond the military, itself. Too many of these are directly at odds with commitments to peace education and future sustainability.

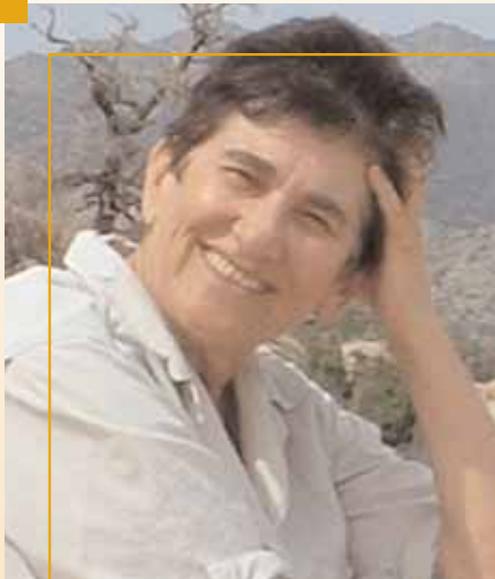
It is time for all institutions and corporations to pause and reflect on their mission and values in the exploration of partnerships and lines of inquiry. Exactly what is intellectually important and ethically justified?

What is the purpose of education, itself? Conventional wisdom says it is, at once, a social good, a personal opportunity and an economic investment. Yet the public at large, knows very little about what makes a learning institution good and research valuable. We need to know - for the sake of our youth who attend, for those who are paying with their tax dollars, and for the future health of our society.



Alarm is growing over budding partnerships between the military and research institutions.





By Vera Resnik  
Palm Springs - California

Born in Prague, Czechoslovakia, Vera lost most of her family in the Holocaust. She has lived in Quito - Ecuador, New Jersey, Seattle - Washington and today, resides in Vermont and winters in Palm Springs. Her volunteer work in the New Jersey court system - as a conflict resolution resource and advocate for children's rights - led to a court appointment to the child review committee. Today, Vera Resnik's writings are widely read. She is the mother of three sons.



**W**hen was the last time you saw a large puddle, whole heartedly jumped in, saturating shoes, continued jumping, got soaked, completely disrobed, enjoyed the glee-ful experience of nude puddle jumping, got into the car, stuck half your body out the window, sang nursery rhymes off key, drove away?

When did you go walking, stop, gather pebbles, feel their texture, admire nature's workmanship, throw them skyward, watch them fall, roll, skip to the river, throw overhand, watch as the rocks sink, disappear, spending hours in this pursuit, never tiring?

When did you eat rainbow sprinkled ice cream and French fries for breakfast, feeling no guilt? When last did you emphatically say "NO" when someone asked you to do something you didn't want to do?

When did you take an afternoon bath, bubbles omitted so you could see your wiggling toes, lingered till skin shriveled, sang, enjoyed your own company? When last did you lie on dewy grass, watch clouds, wind, birds drift by? When did you stay in a pool till lips, hands, body turned purple, shivered till teeth clacked, goose bumps covering every hair follicle, refusing to leave because you were having so much fun being cold?

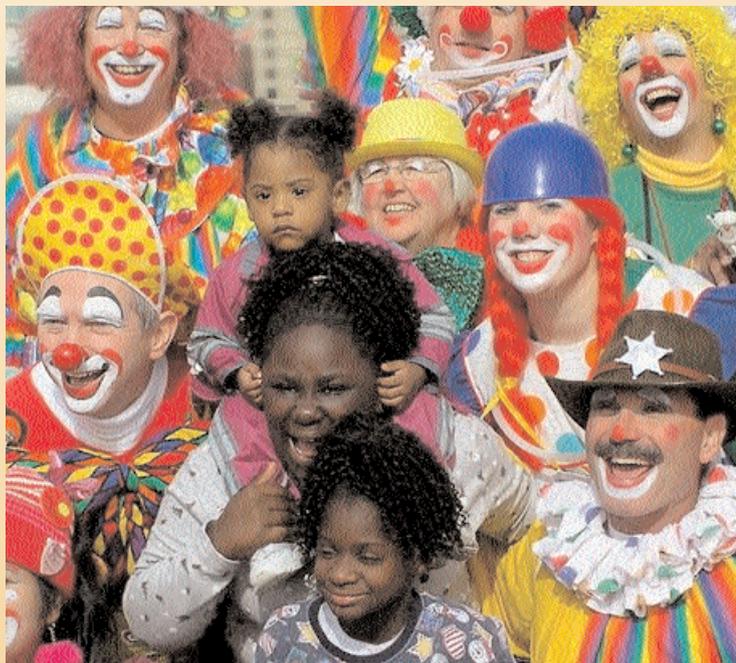
When did you laugh so heartily, that everyone surrounding you couldn't help but join in boisterous laughter? When did you rise at five AM, happy, waking everyone else who was still deep in slumber land, singing, "it is morning time?" When did you find a secluded spot as darkness

# WHEN WAS THE LAST TIME?



When did you lie on dewy grass,  
watch clouds, wind and birds?

descended, watched individual stars illuminate the sky, knowing fairies sparked the light? When did you sit on the floor crying, stomping feet repeatedly when you didn't get your way? When did you watch your favorite video, over and over, day after day, several days in a row? When did you go over to a stranger in the park, introduce yourself, chat for hours, never asking their name?



**When did you laugh so heartily, that everyone joined in boisterous laughter?**

When did you carry and hug a stuffed animal? When did you order, eat Mickey Mouse pancakes? When did you go to a petting zoo, laughed when animals licked your face? When did you find entertainment observing squirrels, chipmunks, birds at a feeder?

When did you snuggle in bed with a small child, breakfast in bed, use the bed as a trampoline? When did you go blueberry picking, stuffing your mouth with handfuls of berries, hands dyed blue as if you had finger painted and lips, face seemingly decorated by blue lipstick? When did you pick your nose in public,

got food all over the restaurant floor, didn't care what anyone thought?

When last did you pick a roadside weed or wildflower, offering it as a gift of love?

When was the last time you ate peanut butter sandwiches for dinner three consecutive nights, thought it delicious, then repeated the same meal the following night? When did you have the courage to tell someone that telephoned, you did not want to talk, not giving your decision another thought? When did you give someone a BIG unsolicited, loving hug and kiss just because you enjoyed it?

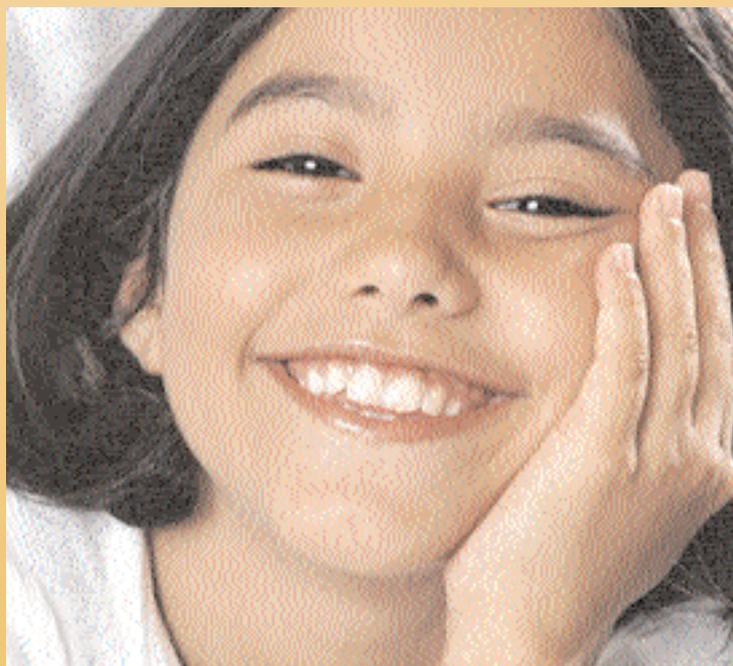


**When did you carry and hug a stuffed animal?**

When did you smile for smiling's sake, wake up singing, stay happy all day, all because you found joy in being you?

Three year old Julia, my second generation jocund descendant, elucidated the joys of living in the second, making every moment stupendous, including me as her co-conspirator. The last time I did all of the above, except for driving nude, was when we spent the day together. What delight, what freedom, what happiness to be three again.

Next week five year old Samantha visits. I can't wait to be five again. I have only a few days to grow up.



*When did you smile for smiling sake?*

# THIN'K'ERS C\*RNER

## POPULATION OVERL\*AD

### WHAT IN THE WORLD IS GOING ON!

By the Year 2050: The World population will reach 9.3 Billion or a Growth rate of 77 Million people per Year.

#### DID YOU KNOW ?

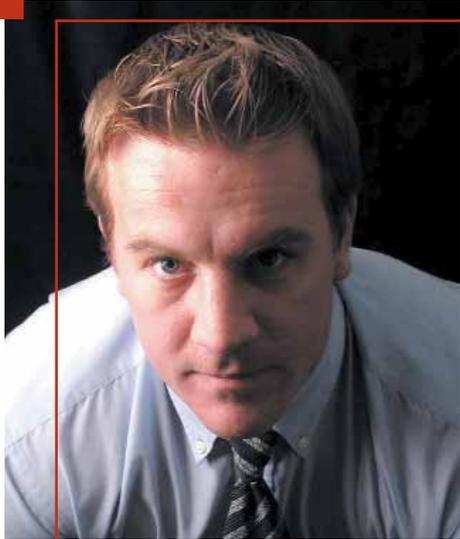
In Just '5' years – There were 300 Million UNPLANNED pregnancies Worldwide {Not including 3<sup>rd</sup> World} with 700,000 Women dying as a result of.

There's a HUGE, unmet need to rectify this! Hundreds of Millions of Women Globally – DO NOT WANT TO BECOME PREGNANT.

*How can society help! Is there a solution? You decide.*

[CLICK HERE](#)





## « HALF TIME

By James Mansell  
Montréal - Québec

# The Curse IS OVER

I predict the Red Sox will again - do the impossible.

Hi Folks!

I can't help thinking baseball.

**B**ut before we discuss the magic of the last season ... why not nominate a special person in your life for The ADESTE Prize! Do you have a coach, teacher, employee that is doing *something outstanding for others*? They are the 'unsung heroes' and 'you' should recognize them for this honor. Take the time!

Last year's playoffs were absolutely amazing! The Red Sox were left for dead. The ALCS series was over and the Yankees were preparing for another World Series birth.

Until: the Red Sox did the impossible and came back from a 3-0 deficit to win the series in seven games. Baseball is back! The so-called curse of the Bambino is over. Finally, everything about baseball was relived in one series.

The curse started in 1914 when the Boston Red Sox traded Babe Ruth (a young flame throwing, left handed pitcher at the time) to the New York Yankees for about one hundred thousand dollars. Used to finance a theatrical play? The play failed miserably and so have the Red Sox ever since.



The curse started in 1914 when the Boston Red Sox traded Babe Ruth.

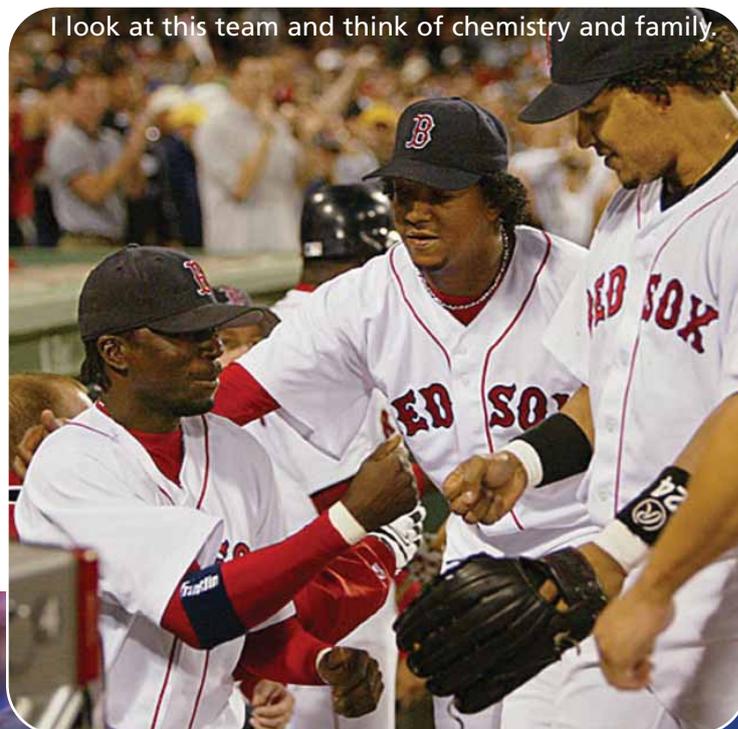
Many heartbreaking moments have happened ever since. So, this spring season, the Bill Buckners of the world can be remembered for their excellence on the field and not for the negative moments we associate with them. I look at this team and think of chemistry and family. They persevered and succeeded when no one thought it possible. To me, this is a true champion and a great story. With luck - baseball will continue with its fan friendly ways and produce 'the ultimate in a series', like last year.

The season begins soon. The Yankees have signed everyone who can possibly be available on the free agent market. But as we know - team chemistry is the only thing money can't buy! The Red Sox had it and it showed. So we now can settle down and watch another season of 162 games just to get to a playoff. This type of drama happens once every generation.

So play ball! Have a good spring and we'll see you this summer.

## To Write James: [Click Here](#)

**\*\* James Mansell, 26 - Sport Management. Member Canadian Baseball Academy - full scholarship // Donnie Mash Memorial Scholarship / Best Athlete student / Scholarship, Wayne State, Nebraska USA. Athlete of the year / varsity Baseball Captain / 3 time Jr. Elite All-Star / 3 time Jr. Elite Provincial Champion / Academic Baseball Canada Alumnus / Coach-Counselor high performance athletes Baseball Camp / conceptual-principal developer sport drink / Founder-implementer Education through Baseball Sport School.**



I look at this team and think of chemistry and family.



I predict the Red Sox will again - do the impossible.

The curse is over!



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**XEROX®**

THRU THE EYES  
OF JO LEE  
CELEBRATING BEAUTY »

By Jo Lee

COUNTRY

Buffet  
at

Templeton

Whether the subject is horses, gardening, style, or the vicissitudes of society, C.Z. Guest was at home and on top of the situation, always a leader, always contributing her own imaginative, sensible point of view.

Her patrician love of horses, the country, and all things English is reflected in this buffet at Templeton, her house at Old Westbury, Long Island.

"Going to the Fair," a delightful horse painting by nineteenth-century American artist Henry Van Ingen, hangs above the lavishly appointed Hepplewhite sideboard buffet where one of Winston Guest's many polo trophies, the Indian Polo Association Annual Championship Challenge Cup, is surrounded by desserts.

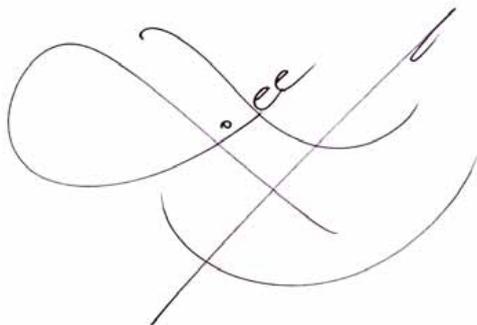
Other polo trophies, such as the silver cigar box presented to Mr. Guest in 1939 when he played on the winning American Team in the International Championships, sit on the tables.

Each table, set for four, is covered in Clarence House's 'Brighton' English chintz and set with 'Sakai' porcelain, 'Flemish' silver, and engraved crystal mugs.

Not only did C.Z. Guest write extensively on flowers and gardening, but the orchids she grew at her Palm Beach house were legendary; and here, too, at Templeton - she had orchids everywhere.

The title of our country buffet is: Orbiting Love. Ah, but to know the outcome of the day? But not until the flowers fold within the shadows of the night - will the essence of the day be told.

Buon appetito e saluti ... until we meet again ~



*N*ominate someone.

The Adeste Prize

[www.yesintl.com](http://www.yesintl.com)



## « POLITICALLY RED

By Lani Silver  
San Francisco - California

My hobby is songwriting and after 20 years of weekly classes at San Francisco's 'Blue Bear School of Music' - I've got my first 'cut'! *Tall Tales of Osama Bin Laden.*

My songwriting teacher Bill Spooner, the famed-founder of the famed Tubes, and I have written several songs and this one was accepted on CD.

Having studied violence and genocide for 36 years - I'm going to be a rock star!

The songwriters provide a grand opportunity:  
to dance on all dreams of Osama Bin Laden.



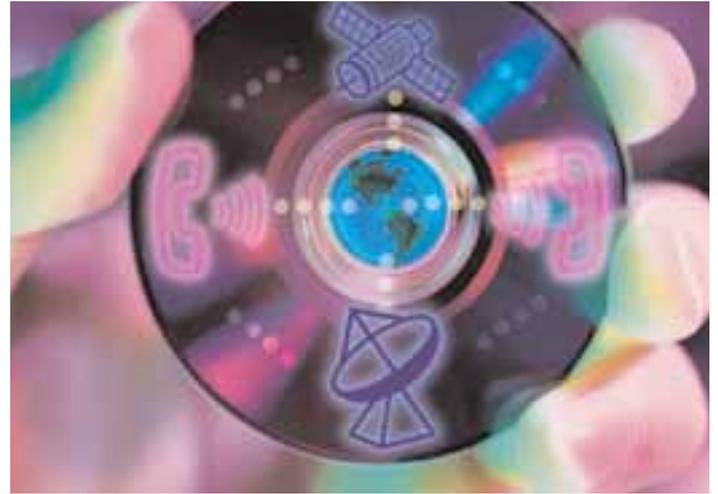
# FROM Oral Historian to Rock Star

**S**o - we've written a rock opera. 34 songwriters and artists provide a brutal and scorching response to Osama Bin Laden, from different points-of-view: his mother, his therapist, his college roommate, his wife, his victims and others. It's a wonderful CD - rather shocking in its sheer and merciless mockery.

The Opera is about Osama's college roommate, Mohammed Rosenberg, who doesn't have a nice stroll down memory lane. The Jewish roommate sings about ways Osama screwed him over.

Deep down in the whole CD, there's a bit of subtle rage but there's a lot of humor too. In a world where fear can gnash its teeth at the soft and susceptible and send them fleeing deep into the torments of relentless and apprehensive discomfort, the songwriters for this CD do battle, prepared to give, applying their command of the human soul to the notes, rhythms, and lyrics on this mystifying collection of parodies. The songwriters wish to provide a great opportunity for people everywhere: to dance on the dreams of Osama Bin Laden.

Our CD musical is available at \$11.99US from: 'Tall Tales Of Osama' at: [www.tinyurl.com/3d2gv](http://www.tinyurl.com/3d2gv) and Online distributor at: [www.CDBaby.com/cd/osama](http://www.CDBaby.com/cd/osama)



So - we've written a rock opera. 34 songwriters and artists provide a brutal and scorching response to Osama Bin Laden.

## SONGS I HAVE WRITTEN..

"The Disappearance of Argentina"

"East Timor is Free"

"Jasper Texas"

"Bring Back the Jungle"

"Was the Human Heart Meant to Hold Such Pain"

To Write Lani: [Click Here](#)

\*\* Lani Silver - historian, artist, free-lance writer, and Lecturer with the American Program Bureau. {Gorbachev's bureau, Desmond Tutu, Betty Williams & Oscar Arias}. For 16 years, Lani directed San Francisco's landmark Holocaust Oral History Project, conducting 1700 oral histories with Holocaust survivors and witnesses. Lani and her partner, historian Eric Saul, discovered the story of Chiune Sugihara, who is called "The Japanese Schindler." Lani became Steven Spielberg's first consultant and trainer for his Survivors of the Shoah Visual History Foundation. 54,000 testimonies. Lani is currently the Project Director for the James Byrd Jr. Racism Oral History Project.

The Opera is about Osama's college roommate, Mohammed Rosenberg, who doesn't have a nice Stroll down memory lane.

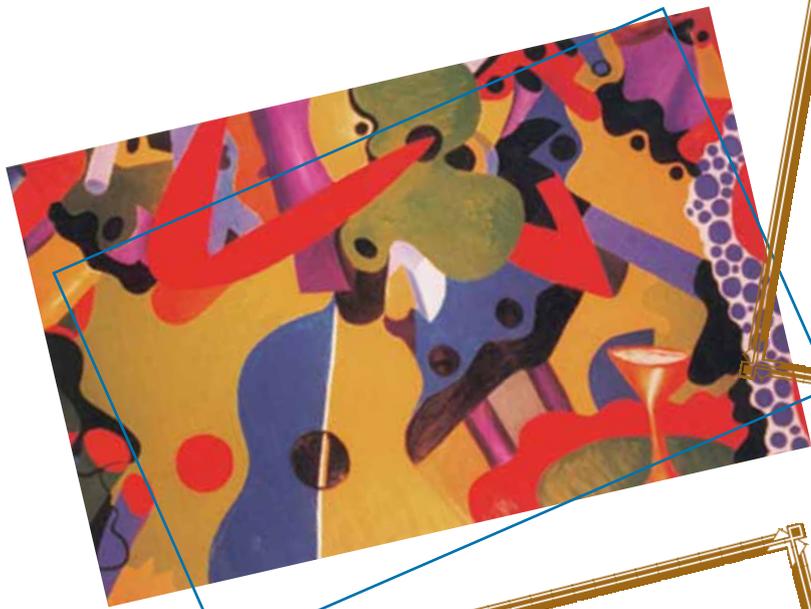




# « DINING! THE EXQUISITE 9

By Sue K. Wallingford  
New York - Vermont  
USA

Sue K. Wallingford has gained attention in no small measure as one of America's great Hostesses and amazing Chefs. A native New Yorker, Suki resides within the beauty of her country estate in Fayston, Vermont, USA.



## AUSTRALIA

VAT107  
107 Bussell Highway  
Margaret River 6285  
Australia

Bring your own bottle - (wine only)  
Top class chef Danny Angove is in charge of this young restaurant. Their preoccupation with organic produce makes for the freshest of tastes. The winner: grilled Margaret River marron on tomato, basil, cucumber, mint and buffalino cheese salad.

## CANADA

MANOR HOVEY  
575 Chemin Hovey  
800-661-2421  
North Hatley - Québec

Located on lake Massawippi, this romantic inn is known for it's famous cuisine - diligently prepared by Chef Roland Menard. The wine is the passion of it's Sommelier, Steven Monfette, with a second love being a focus on the cheeses of Quebec. Dining at this historic Monor is: voluptuousness, elegance, refinement. The food is fresh and tasty, light, yet generous. Cocktails before dinner are in the old carriage house. The prix fix menu is about \$40 U.S. per person.



## CENTRAL AMERICA AND THE WEST INDIES

THE RIVER CAFE  
Isla Rio Cuale #4  
Puerto Vallarta Centro  
52-322-2230788  
Jal Mexico 48540

Walk half way across the lower bridge in the old part of town and the River Café is there. The food is good and they have Jazz every night. The Mexican specialties are tasty and the margarita's the best: made with fresh lemon (which are limes) and the best tequila (cuevas gold.)

RESTAURANTE BAR CAFÉ TACUBA  
{Centro Historico}  
Tacuba 28  
52-5-5184950  
Mexico Federal, 06060

This 92 year old traditional restaurant serves typical excellent Mexican food. Don't miss the chuchulucos tacuba. They are miniature tortillas - stuffed variously with Oaxacan cheese refried beans and potatoes with chorizo.

CRAIG & SALLY'S  
Open: Wednesday - Sunday  
22 Honduras  
Frenchtown  
340-777-9949  
St. Thomas - Virgin Islands

This Caribbean café is set in an open sided pavilion. The menu changes daily according to the owner's whim. Fresh fish with influences from Europe and Asia are a main stay of this café. Roast pork and grilled sword fish with fresh herbs and tomatoes also rank as favorites.



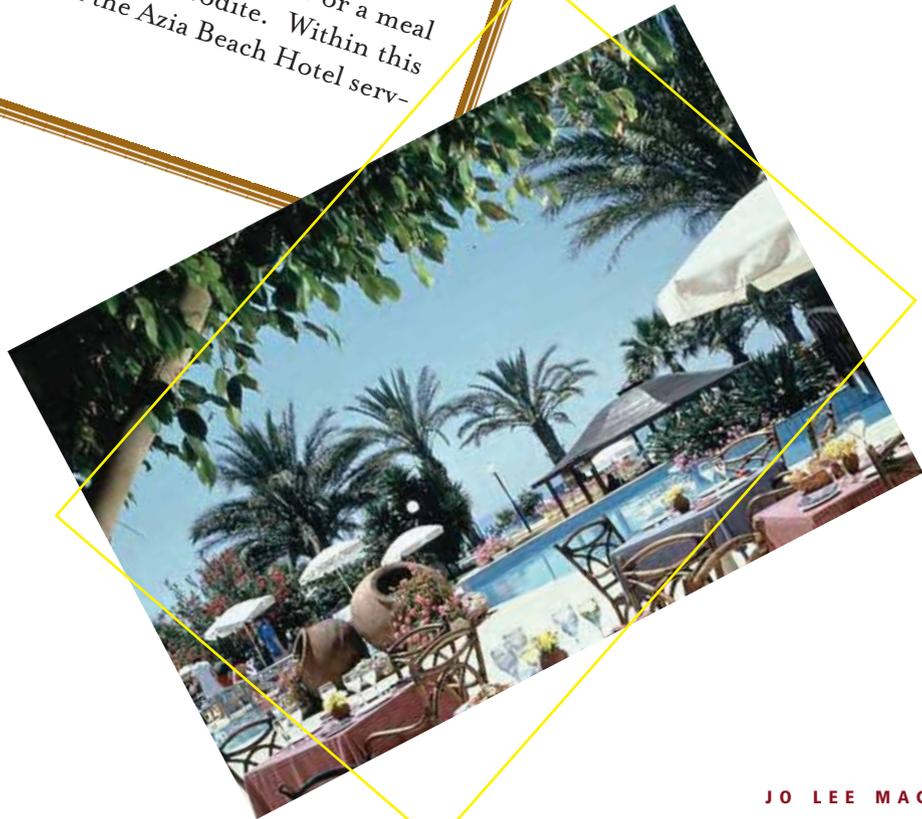
**EUROPE**

TRAVEN DROSIA  
ELPHNH B. KPONTHPA  
{0283} 41215-41387-41566  
Kitikados  
Tinos Cyclades  
Greece

The Island of Tinos is often awesome, sometimes calm, at times mysterious - making it an Island throughout the Aegean. We arrived by ferry and rented an apartment. Our interest was in Hiking. Tavern Drosia is a good hike from the port but well worth the trip.

AKAMAS RESTAURANT  
P.O. Box 62108.8061  
Azia Beach Hotel  
{357}26845100  
Pahos - Cyprus

This sun drenched island of love! Enjoy cypriot coffee or a meal of just caught fish. Pahos is the home of Aphrodite. Within this romantic setting - we find Akamas, in the Azia Beach Hotel serving traditional and local fare.



## UNITED STATES

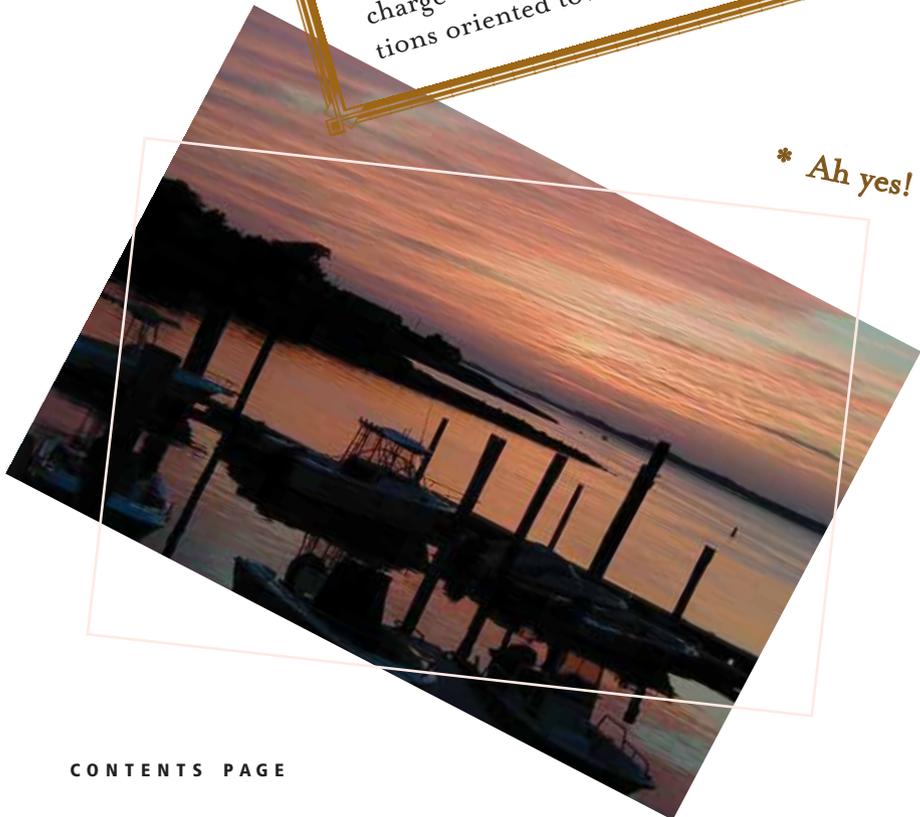
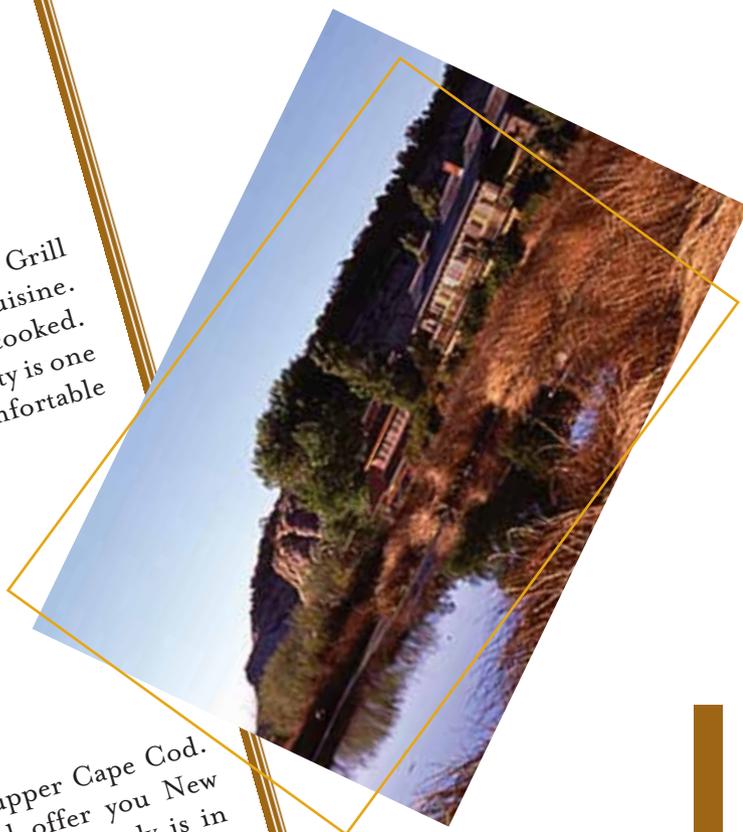
HELL'S BACKBONE CAFÉ  
No 20 North highway 12  
P.O. Box 1428  
435-335-7464  
Boulder Utah 84716

Boulder Mountain Lodge is located next to Hell's Backbone Grill serving Southwestern, Western Range and Pueblo Indian cuisine. We dined on pecan crusted trout that was superbly cooked. Everything is prepared from scratch. This little community is one of the last to receive its mail by mule train. For a comfortable luxury oasis? Suggest you check out the lodge.

REGATTA AT COTUIT  
Open: Mid-May to mid-September  
217 Clinton Avenue  
508-548-5400  
Falmouth  
Cape Cod - Massachusetts

This waterfront location is one of the best in upper Cape Cod. Owners, Wendy and Brantz Bryan, greet and offer you New England specialties in a glorious, historic setting. Wendy is in charge of the extensive wine list. {Wine only, served} with selections oriented toward the sea.

\* Ah yes! And The EXquisite 9 continues to come ~





## « BODY AND SELF

By Andrea Buckettt  
Doctor of Homeopathy  
Toronto, Canada

# You Are What You Ate

« You'll Become What You Eat »

### *And I'll bet the sweeps, on that!*

**Q:** How can I ensure I am getting enough calcium in my diet to prevent the onset of osteoporosis? Anne, London, England.

**A.B:** Two issues must be addressed for the prevention of osteoporosis. First - is getting enough of all the bone forming minerals, Anne, including calcium. Foods that contain good calcium are green vegetables such as broccoli, kale, watercress and parsley. Sea vegetables such as nori, dulse and kelp also contain good amounts of calcium. Calcium from these green foods is highly bio-available because they provide vitamin K and magnesium, both needed for calcium absorption. Other food sources

include almonds, sesame seeds, brewers yeast and figs. Herbal teas that are high in bone building nutrients include nettle and horsetail.

The second issue is avoiding acid forming foods which deplete calcium from the bones. If our diet contains too many foods that cause acidity, calcium from our bones is used to neutralize the acid. Acid forming foods to avoid include; all refined and highly processed foods, caffeine, alcohol, trans fats, soda pop, black tea, dairy, salt, sugar, flour products, meat, legumes, grains and some prescription medications. The more often these foods are consumed, the more likely you are robbing your body of vital minerals required for healthy bones.



Sea vegetables as nori, dulse, kelp: contain good calcium.

**Q:** How can I get my children to eat healthy food? Wendi, Halifax, Nova Scotia.

**A.B:** Model the behavior yourself. You can't expect your children to do something you are not doing yourself. To begin Wendi, you must first stock your pantry accordingly. Stay away from the packaged foods whose nutrients have been replaced with sugar and hydrogenated fats. These foods give nothing to sustain health and in fact rob our bodies of vital nutrients. Kids that are involved in the preparation of food are more likely to eat it. Choice should always be an option but make the choices healthy ones. If one choice is always junk food - the child will pick this one - hands down.

If we are feeding ourselves too much, chances are your children's portions are way too big. Do not fill your child's plate. Give them a few bites each of vegetables, protein and carbohydrate - making sure they eat some of each, before they get more of anything. Children have a tendency to fill up on only potatoes, bread and juice - not leaving room for more nutritionally dense foods. Glance at some kid friendly cookbooks for new and exciting recipe ideas. Getting your children to change their habits will take time - be patient and persistent.

**Q:** I love chocolate! Is it bad for me? Lindsay, Pittsburg, Pennsylvania.

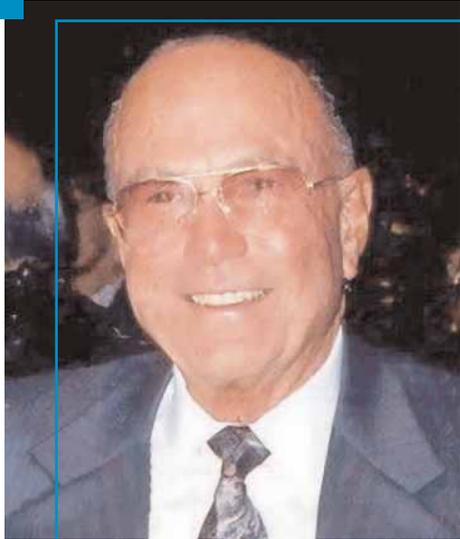
**A.B:** A little chocolate, particularly dark chocolate, makes for an excellent treat or dessert. Milk chocolate tends to have more sugar than semi-sweet or dark. The best chocolate from Belgium or France is quite good. Chocolate contains antioxidants, which help protect the body from disease and premature aging. Also, magnesium, which is essential for controlling blood pressure levels and relaxation of muscles. The effect chocolate has, is similar to those feelings one has when falling in love. No wonder some of us can't get enough! Chocolate is a timeless indulgence - enjoy, Lindsay, to your heart's content.

To Write Andrea Buckett: [Click Here](#)

\*Andrea Buckett, Dr. of Homeopathy, lecturer, writer, health coach - graduated from The Homeopathic College of Canada and her private practice today, is a passion in pursuit of educating the public on alternative health and nutritional ways.



Don't expect children to do what you're not doing yourself.



## « PROS & EX.CONS

By Creaghe H. Gordon  
 President  
 Global Enterprise Solutions, Inc.  
 Los Gatos - California

# REMOVING CHRISTIANITY ?

### Editorial Note:

Is America dismantling their Judeo-Christian Society? Many think so. It appears to be a growing concern. What is happening? What will be the effect?

You read and you decide.

Note: The Establishment Clause of the U.S. Constitution states:

"Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the government for a redress of grievances."

### ACLU Position Paper

#### The American Civil Liberties Union

What the Bill of Rights guarantees

ACLU states: "Your First Amendment rights - freedom of speech, association and assembly, freedom of the press, and freedom of religion supported by the strict separation of church and state."

### Kentucky Gateway

The American Civil Liberties Union has filed suit against Kentucky county schools for posting the Ten Commandments.

For years, this legal group has been successful in deceiving the majority of Americans into believing that the Founding Fathers created a government that was based on the phrase, "Separation of Church and State." They convinced many Americans that the phrase was part of the United States Constitution. But with the

The ACLU is waging an aggressive campaign to expunge the American public square from all things religious.



increase in knowledge, we are learning that the phrase "Separation of Church and State" does not appear in the Constitution, the Declaration of Independence, or the Bill of Rights. Perhaps if you repeat a lie long enough and often enough people will believe it.

Chief Justice Rehnquist said, "there is simply no historical foundation for the proposition that the framers intended to build the wall of "Separation of Church and State."

The wall of 'Separation between Church and State' is a metaphor based on bad history.

## BOY SCOUTS

The ACLU of Illinois sued the Pentagon and other government agencies, saying their funding of the Boy Scouts was unconstitutional because the organization excluded people who did not swear an oath to God.

As a result, the U.S. Department of Defense has agreed to stop sponsoring the Boy Scouts.

## THE ACLU'S WAR ON CHRISTIANITY

By Kelly Boggs

The ACLU is waging an aggressive campaign to expunge the American public square from all things religious and, specifically all things Christian. The most recent casualty in the group's crusade is a cross displayed on the official seal of Los Angeles County.

A tiny cross is one of several symbols displayed on the southern California County's seal. Its inclusion is intended to commemorate the role Christianity played in the founding of the area. By far the most prominent figure on the seal is the Goddess Pomona - the Roman goddess of gardens and fruit trees - which apparently does not pose a problem for the ACLU.

## ACLU Claims Abstinence Program Is Religious

By Corrie Cutrer

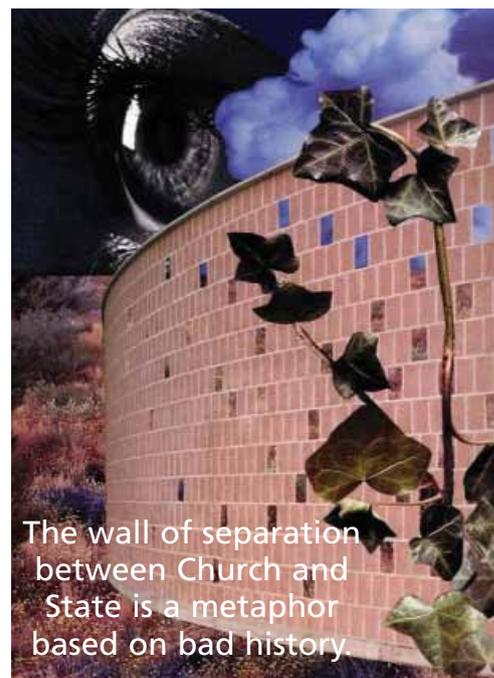
The American Civil Liberties Union has filed a lawsuit against the state of Louisiana for allegedly using federal grant money to promote religious messages in a state-run, abstinence-only sex education program.

The Governor's Program on Abstinence {GPA} uses volunteers to teach sexual abstinence to seventh-graders. It also helps establish abstinence clubs in high schools across the state.

\* Creaghe H. Gordon is Chairman of GES, a Risk Analysis and Cost Management {RACM} company and retired Deputy Director-Integrated Logistics Support {ILS}, Lockheed.



By far the most prominent figure on the seal is the Goddess Pomona.



The wall of separation between Church and State is a metaphor based on bad history



## « WEIRD & WACKY FACTS

By Mohammed Malik  
Windsor - Canada

### SHELLS OF THE WORLD

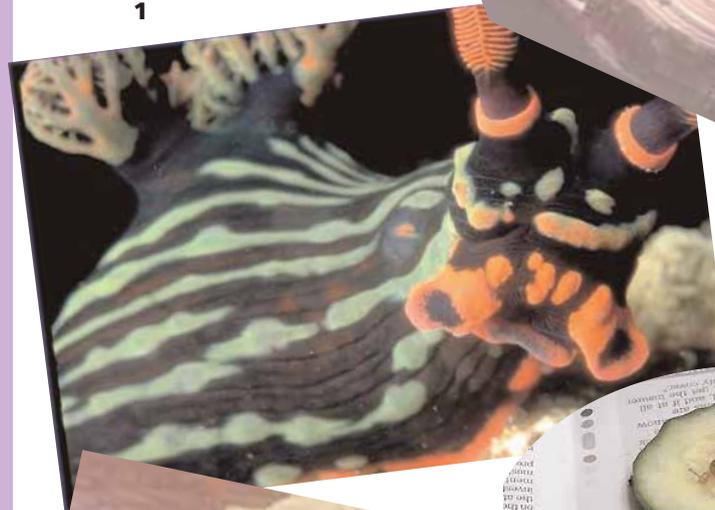
**1.** Nudibranch is a mollusk family that doesn't encompass a shell. The majority are brilliantly decorated, too.

**2.** The ocean quahog *Arctica islandica* is capable of existing to be 220 years old!

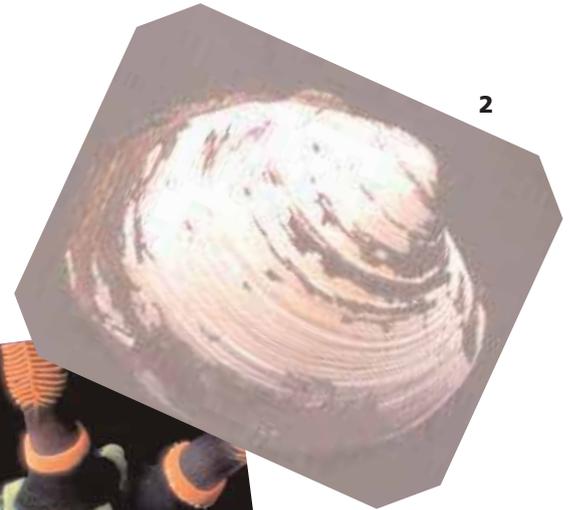
**3.** Countless land snails are able to lift ten times their own mass up a vertical surface. {If you were this physically powerful, and you weighed 30 kg {about 70lb}, you may well be able to bear 300kg {almost 700 pounds!!} straight up a wall. {If the wall held up}

**4.** The smallest recognized snail shell is the *Ammonicera rota*. It measures only 0.02 inches in diameter. Fifty of them laid end to end would gauge one inch!

**5.** Helmet shells have been used since the Roman Empire for everything from food to cooking pots, trumpets, and jewelry.



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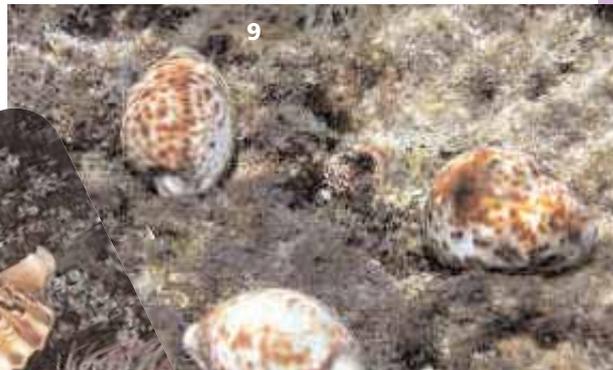
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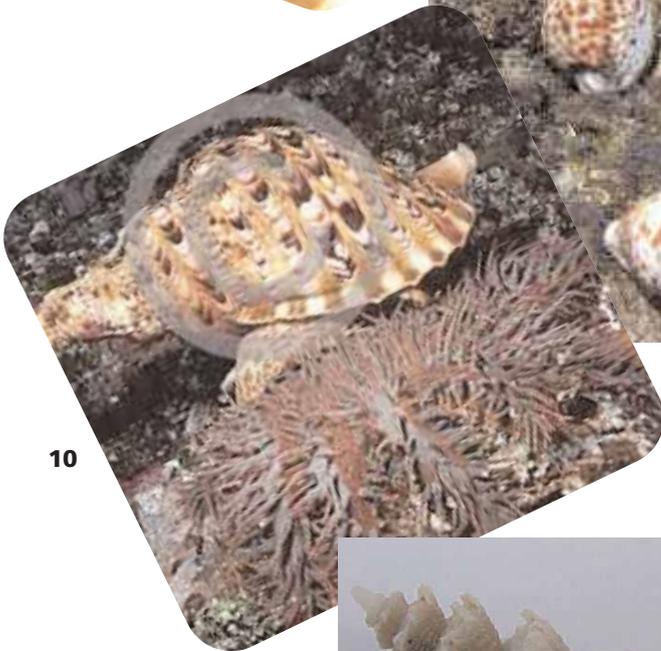
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8



9



10

11



**6.** Most cameos are prepared from the Bullmouth helmet shell {*Cypraea rufa*}. This shell, which is indigenous to East Africa, is shipped to Italy for carving into cameos.

**7.** On countless islands, auger shells were fixed to sticks for armaments. Furthermore, various species are still used as darts for blowguns.

**8.** Cone shells are able to immobilize their victim by means of a harpoon-like tooth.

**9.** Cowries have been used as money, art, and spiritual symbols since the beginning of mankind.

**10.** Tritons have been used like trumpets since primeval times. For thousands of years, statues have shown the legendary god Triton or Neptune blowing a Triton shell trumpet.

**11.** Few turrid shells harpoon their prey in the identical method cone shells assault their victims.

**12.** Moon Snails can bore a hole in the shell of their quarry within three minutes by means of their radular teeth.

12



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## « THE DIGITAL DIVIDE

By Craig Ricker  
Kostroma - Russia

# RUSSIA, SOCIAL DARWINISM

IN ITS  
PUREST FORM

In the year 1994, 350 Americans drank enough alcohol in one sitting to cause their own deaths. In the same year, 44,000 Russians died of the same cause.

In 1992, drunkards were the defining feature of the Russian landscape. In 2004, they are gone. This amounts to the disappearance of millions of Russian citizens.

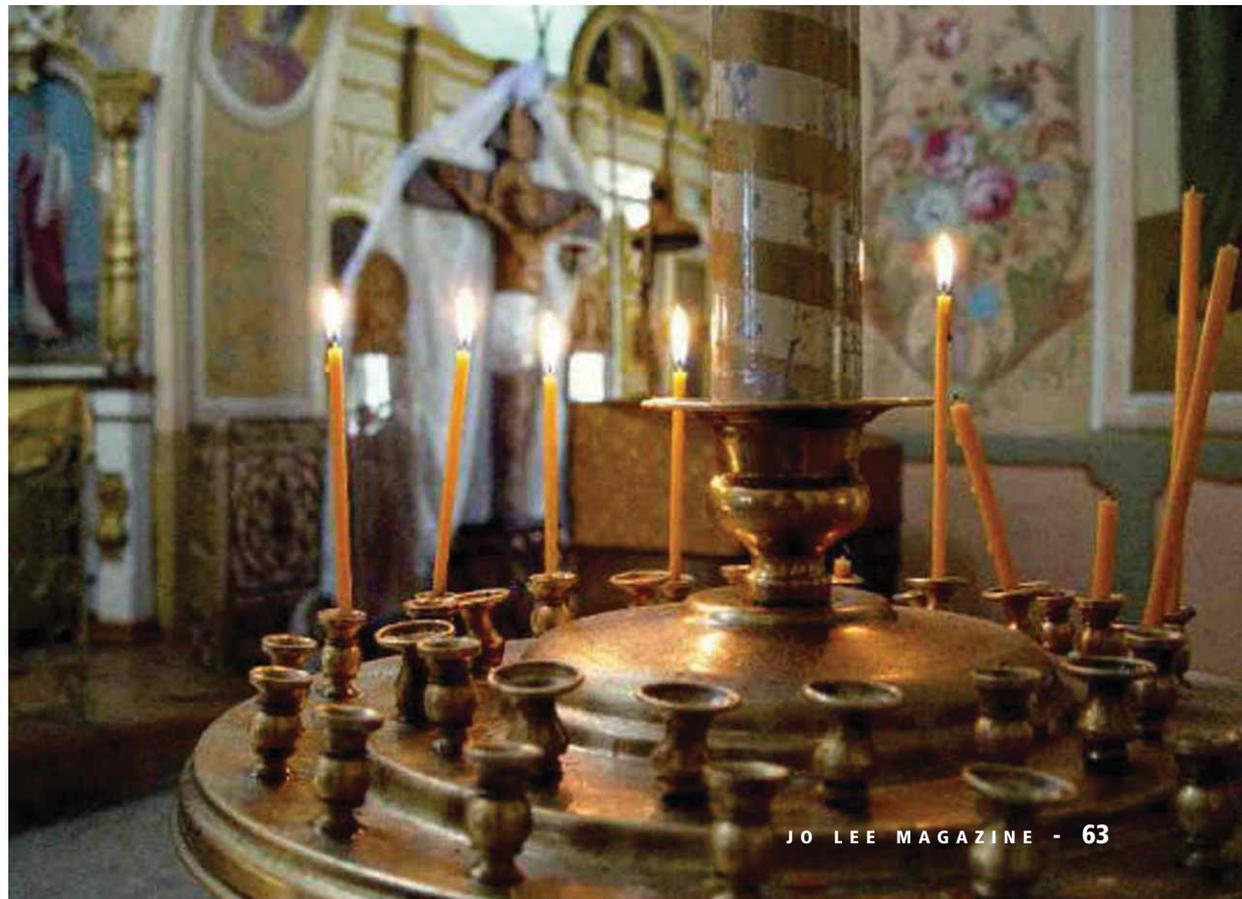
Did they quit drinking? Unfortunately, not. Aside from a lucky few - they are all dead or in jail.

In 1993, while riding the subway, a particularly annoying drunkard fell, knocking some people down with him. While the drunk floundered, he was kicked. To my surprise - all the old grandmas leapt to the drunkard's defense screaming "how would you like it if the next time you are completely drunk, someone kicked you". This rationale made sense to everybody and the insulted drunk was helped to his unsteady feet.

How did a huge segment of the population who enjoyed the nation's sympathy simply disappear? Darwin killed them, or rather, social Darwinism.

By 1991, a state of absolute anarchy reined in Russia. The spirit of this anarchy

The range of Darwin's sword:  
reached beyond the drunkards.



was evil as were the people who orchestrated it. In this jungle, the key to survival was community, stay together and stay alive. Nobody is more alone than the alcoholic.

Russia's alcoholics died in three phases.

The new Russia's first expression of capitalism was to flood the market with cheap, often toxic pirate booze. Hangover induced heart attacks wiped out the majority of Darwin's victims.

In the second half of the nineties, the police were playing the role of protectors for criminals. Since cops are under pressure to close cases and the real criminals were off limits, they rounded up defenseless alcoholics and framed them. Finally, in the post mafia Putin era, bands of youths, roaming like wolf packs hunting the weak - killed off the rest.

Unfortunately, the range of Darwin's sword reached beyond the drunkards.

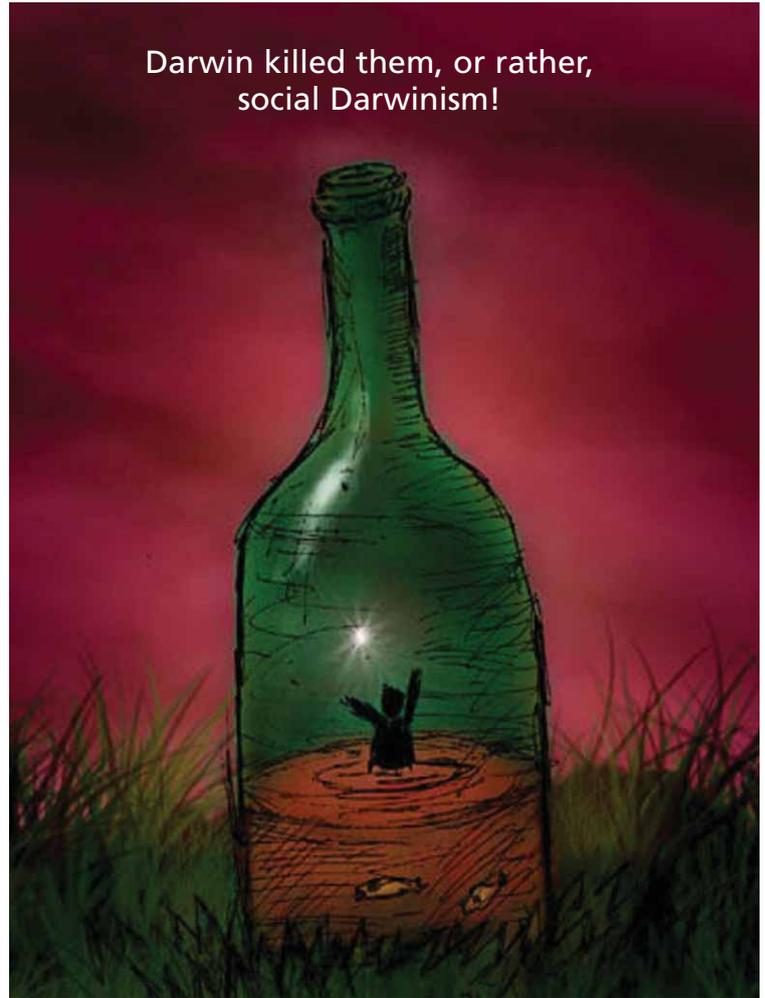
His next victims were the elderly, orphans, children of these alcoholics and finally children of the extremely numerous fatherless households. The young girls of these single parent homes now staff bordellos and strip clubs around the globe.

Who won Darwin's grizzly contest?

People who were part of a community. The big winners were the former party bosses, state officials and ethnic minorities with a tight clannish culture: Stay together and stay alive.

*\* Craig Ricker is a prolific writer and among the world's best photographers. He went to Russia from Laguna Beach California in 1992 on a quest-like mission to immerse himself into Russian culture, develop an understanding of Russia from the inside and write books that Russian people respect as accurately portraying their world and life predicament.*

Darwin killed them, or rather,  
social Darwinism!



No body is more alone  
than the alcoholic.

## WITS END #1 »

By JO LEE Magazine

New York / San Francisco / Hong Kong / London

Tokyo / Rome / Toronto

On a Southwest flight {SW has no assigned seating} passengers were having difficulty choosing their seat, when a flight attendant announced: "People, people! We're not picking out furniture here ... find a seat and get in it!"

On a Continental Flight with a very 'senior' flight attendant crew, the pilot said, "Ladies and gentlemen, we've reached cruising altitude and will be turning down the cabin lights. This is for your comfort and to enhance the appearance of your flight attendants."

# IN FLIGHT ANNOUNCEMENTS

On landing, the stewardess said: "Please be sure to take all of your belongings. If you're going to leave anything, please make sure it's something we'd like to have."

"There may be 50 ways to leave your lover, but there are only 4 ways out of this airplane."

From a Southwest Airlines employee: "Welcome aboard Southwest Flight 245 to Tampa. To operate your seat belt, insert the metal tab into the buckle and pull tight. If you don't know how to operate one, you probably shouldn't be out in public unsupervised."

"In the event of a sudden loss of cabin pressure, masks will descend from the ceiling. Stop screaming, grab the mask and pull it over your face. If you are traveling with more than one small child, pick your favorite."

Weather at our destination is 50 degrees, with some broken clouds but we'll try to have them fixed before we arrive. Thank you and remember, nobody loves you, or your money, more than Southwest Airlines."

"Your seat cushions can be used for flotation; and, in the event of an emergency water landing ... please paddle to shore and take them with our compliments."

"As you exit the plane, make sure to gather all of your belongings. Anything left behind will be distributed evenly among the flight attendants. Please do not leave children or spouses."

On an American Airlines flight into Amarillo: "Ladies and gentlemen, welcome to Amarillo. Please remain in your seats while the Captain taxis what's left of our airplane - to the gate!"

After a real crusher landing in Phoenix, the attendant came on with: "Ladies and gentlemen, please remain in your seats until Capt. Crash and the crew have brought the aircraft to a screeching halt. And, once the tire smoke has cleared and the warning bells are silenced, we'll open the door and you can pick your way through the wreckage to the terminal."

Part of a flight attendant's arrival announcement: "We'd like to thank you folks for flying with us today. And, the next time you get the insane urge to go blasting through the skies in a pressurized metal tube, we hope you'll think of US Airways."

Heard on a Southwest Airline flight "Ladies and gentlemen, if you wish to smoke, the smoking section on this airplane is on the wing and if you can light'em, you can smoke'em."

A plane taking off from Kennedy Airport, reached a comfortable cruising altitude. Over the intercom came the captain: "Ladies and gentlemen ...OH, MY GOD!!" Silence followed. "Ladies and gentlemen, I am so sorry if I scared you. The flight attendant spilled a cup of hot coffee in my lap. You should see the front of my pants!" A passenger in coach yelled: "That's nothing. You should see the back of mine!"

And from another pilot during his welcome message: "Delta Airlines is pleased to have some of the best flight attendants in the industry. Unfortunately, none of them are on this flight!"

## WITS END #2 »

By JO LEE Magazine

New York / San Francisco / Hong Kong / London

Tokyo / Rome / Toronto

# DID YOU KNOW THAT A♠ IS A♣

### ARBITRATOR

A cook that leaves Arby's to work at McDonald's

### AVOIDABLE

What a bullfighter tries to do

### BERNADETTE

The act of torching a mortgage

### BURGLARIZE

What a crook sees with

### CONTROL

A short, ugly inmate

### COUNTERFEITERS

Workers who put together kitchen cabinets

### ECLIPSE

What an English barber does for a living

### EYEDROPPER

A clumsy ophthalmologist

### HEROES

What a guy in a boat does

### LEFT BANK

What the robber did when his bag was full of loot

### MISTY

How golfers create divots

### PARADOX

Two physicians

### PARASITES

What you see from the top of the Eiffel Tower

### PHARMACIST

A helper on the farm

### POLARIZE

What penguins see with

### PRIMATE

Removing your spouse from in front of the TV

### RELIEF

What trees do in the spring

### RUBBERNECK

What you do to relax your wife

### SEAMSTREE

Describes 250 pounds in a size 6

### SELFISH

What the owner of a seafood store does

### SUDAFED

Brought litigation against a government official

### SUBDUED

..like a guy, like works on one of those, like, submarines, man!

# Danilo Navas

*In this season's "Encore" - online producer/director of JO LEE Magazine - Danilo Navas - expounds the power of dreams ~*

I grew up in Nicaragua, Central America, engulfed by extraordinary home-photography. My father, who has definitely been a major influence in my life, was a photographer with a natural disposition for the arts. I used to help him and my mother develop black and white film, and to manage the 'photo-studio' in our small town, Granada. Surrounded by lakes, rivers, mountains and exuberant vegetation, our tropical country was quite an inspiration for the keen eye.

As a young man - I always dreamed of speaking foreign languages. I studied French and English in University while majoring in Communications, but never thought one day I would become a citizen of a bilingual country. The war and the political rage that consumed my nation during the eighties pushed me and my family to abandon everything and look for better horizons somewhere else. Who could have believed, at that moment, that my family and I would end up in the Far North: in a great place called Canada.

Finding my niche in this liberal society ... wasn't easy. Challenges existed everywhere. But the opportunities were there for me to find.

After several years of freelancing in odd jobs, learning the languages, trying to adapt my body to the inclement weather - a task virtually impossible for we tropical birds - I found my niche!

Today, my successes are found as a Web Designer and Internet Audio-Video Specialist in the corporate financial industry. My beautiful wife and my two daughters have been with me all along - supporting me and giving me strength when I needed it, to keep going - always pointing toward higher objectives ... never allowing me to give up on my dreams.

On this road of fascinating adventure, my inner/outer development found YES! International one day, and proudly became a member of its truly international team. When the chairman at the helm founded yet another venture she, too, invited me into the fold.

Now - it is a great satisfaction and pleasure for me to be working with JO LEE Magazine, one of the most cherished projects of that visionary we know by the name of: Jo Lee Mansell.

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## « EDITOR AT LARGE

By Carla Dragnea  
Bucharest, Romania

# Spring Celebrations AROUND the WORLD

People of old Europe traditionally celebrated spring to drive away the winter evils, which they thought brought the winter's dark days and cold weather. In France, these celebrations included the famous Mardi Gras {Fat Tuesday}, whose name comes from the tradition of slaughtering and feasting upon a fattened calf on the last day of spring celebrations. Today, Fat Tuesday coexists with other spring celebrations around the world.

### *Nice, France*

In the city of Nice, groups of people parade through the main street in celebration of Mardi Gras. Noble ladies hold graciously - yellow mimosa flowers, while musical bands wear big masks and play the carnival's theme music. An extraordinary float holds the figure of King Winter at which spectators throw ticker tapes and yell. At night, King Winter is symbolically burnt at the beach and people welcome the arrival of spring.

### *Venice, Italy*

While there is no parade, crowds of masked people celebrate spring by walking around the town and gathering in Piazza San Marco. You can buy your favourite masks at souvenir shops of the back streets and join in with the carnival.

### *New Orleans, USA*

Mardi Gras came to the New World in 1699, when a French explorer

arrived at the Mississippi River, about 60 miles south of present day New Orleans. He named the spot Point du Mardi Gras because he knew the holiday was being celebrated in his native country that day. Today, hundreds of crews ride on dozens of floats and parade the streets of New Orleans.

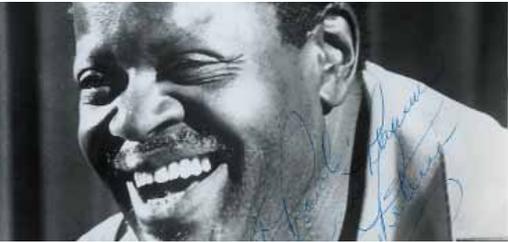
*\* Spring is celebrated across continents. From Quebec to Rio de Janeiro, and from New Orleans to Venice, people engage in festivities that celebrate nature and spirit's renewal in spring. Let's open our hearts and join them!*

Spring is celebrated across continents: from Québec to Rio de Janeiro - from New Orleans to Venice.



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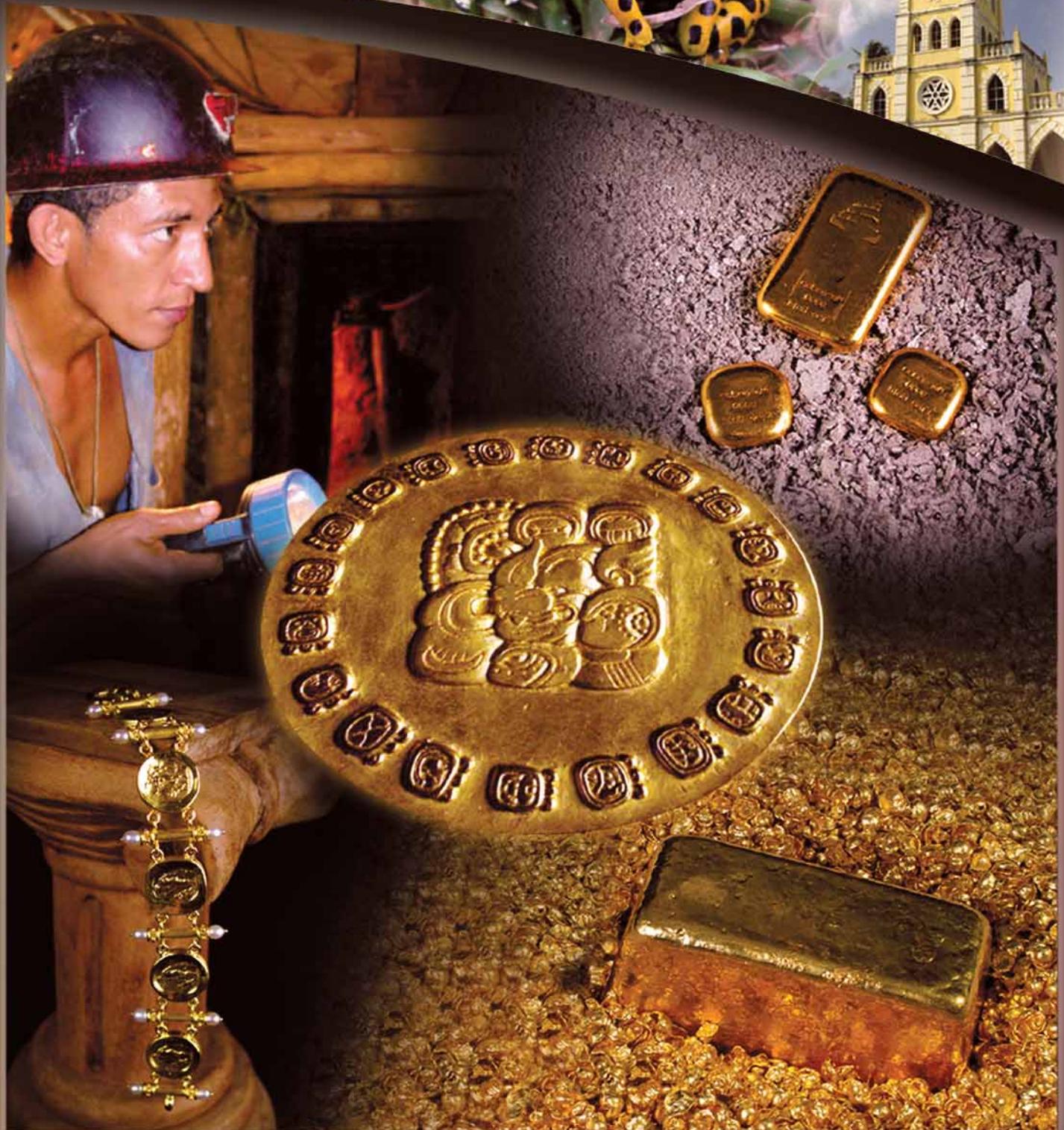
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