

TOP OF THE TOP Magazine

JO LEE

world

1800 from ordinary

JO LEE TALKS TO
THE ELITISTS

THE CONCOURS D'ELEGANCE

THE MECHANISM

THE MEMORY AND THE BRAIN

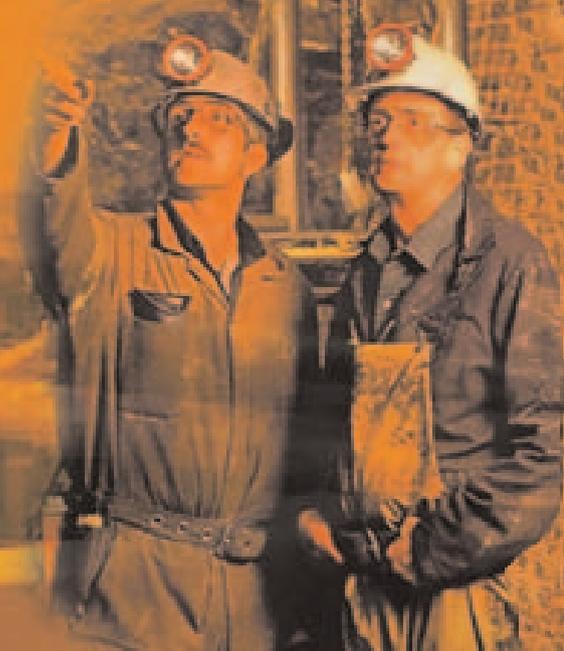
THE AGENDA: THE RICH,
THE FAMOUS, THE POWERFUL

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jo lee

180° FROM ORDINARY

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Lois M. Gordon Yes, Virginia! Come – Explore with Me
James Mansell Half Time **Danilo Navas** Capriccio **H. Gail Regan** The Marvelous Maverick
Lani Silver Politically Red **Craig Ricker** The digital divide **Oluwaseun Sotiyo** When Angels Cry
Sue K. Wallingford Dining! The Exquisite 9

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Stanley J. Dorst
Chevron Executive, Retired
San Francisco - California

A very nice tribute to the genius of Jo Lee by JO LEE'S Editor at Large, Winter issue.

But beyond the credits Jo Lee deserves for her executive skills is the heart that beats for humanity. That she has done so much for so long for the benefit of children and young adults in many corners of the world is truly magnificent!

Those of us who have known - know that she has given her life to others in a sacrificial dedication to helping the world become a better place. We know she will persevere and have her work carry on.

Roger Inglis
Rancher
Granada - Spain

Evinia Pulos' 'The Man and Me - One of the most secretive friendships alive', seen in your Winter issue, brought warmth to my heart. Not knowing either of the people involved, the story still struck a resounding note of a lesson for all.

So often we have to leave our young loves behind and if they do not follow, then we find new ones. Only then do we realize that we did not mean enough to them to make a relationship work. Marriage is a tough business and takes a lot of dedication.

A great vignette for the magazine.

Marcel Dimé
Executive
Québec City - Québec

YES, VIRGINIA! Come - Explore with Me is always a remarkable column, but Lois Gordon's piece on Prague was especially intriguing. You can vividly picture the people and images she writes about. I'm placing this city on 'my must see list.'



«On the Cover

**Jo Lee at Toronto's
The Fairmont Royal York**

**Photography by,
A.W. Dyson**

«Feedback

Katharine Friedman
Corporate Relations
Zurich - Switzerland

Your Winter feature on 'a world where the most expensive cars live' is intriguing! I hope to see a follow-up piece explaining more of the intricacies about these cars.

Helmut Fried
Land Developer
Dusseldorf - Germany

'Dubai - The Most Ambitious Business Center On Earth', written up in your Winter publication, seems to have described the most ambitious plan for change in the Middle East. Truly an interesting experiment. Obviously done without the benefit of a market study and business plan. It is an awesome project. I'm sure it will be a fascinating place to visit and not very expensive if they want to fill up the spaces.

If they are still planning and building I suggest they investigate how much tourism comes to older existing worldwide tourist attractions from within 100 miles. They may be surprised to find it is more than 50%.

Real estate development is so easily overbuilt. Even with an assured final profitability and utilization, the time required to build a market can be decades in length. Of course this could be another 'new economy' ... with the same fate as the 'dot-com' one.

I'm wondering if some of that money will go towards improving the lives of the not-so wealthy citizens and to improve the lives and outlook of Muslims in other Middle East countries? This could make an impactful difference.

Nan Appelbaum
Public Affairs
Atlanta - Georgia

"Making money is serious business. And one of the most profitable ways happens to be: the gaming business." As it says in the Winter issue, this is Las Vegas gambling style. Unfortunately, this is an American export that creates great wealth for some people but it results in great losses and misery for others. This is one export that Americans should not be proud of.

Nominate someone.

The Adeste Prize

www.adesteprize.com



« THE MARVELOUS MAVERICK

By H. Gail Regan, Toronto - Canada

Gail Regan is vice-chair of Cara Operations. She chairs Energy Probe, Friends of Women's College Hospital, is a member of the Canadian Association of Family Enterprise, the Family Firm Institute and the Strategic Leadership Forum. She has a PhD in Educational Theory and an M.B.A. in Finance. Her background in sociology and her personal experience of business have given her intellectual interest in the problem of evil.



Corporations are capable of 'living' for hundreds of years and some achieve this. {They have winter periods and spring renewals, like the seasons.} However, most corporations, even large ones, have existences shorter than the lives of individual people.

Most people have lives shorter than their genetic potential, often because corporations that are capable of creating wealth and governing well do not do so. When organizations drift and fail to achieve their purpose, individual suffering is the inevitable result. There is a shortage of corporate redemption and rebirth, but some individuals thrive anyway.

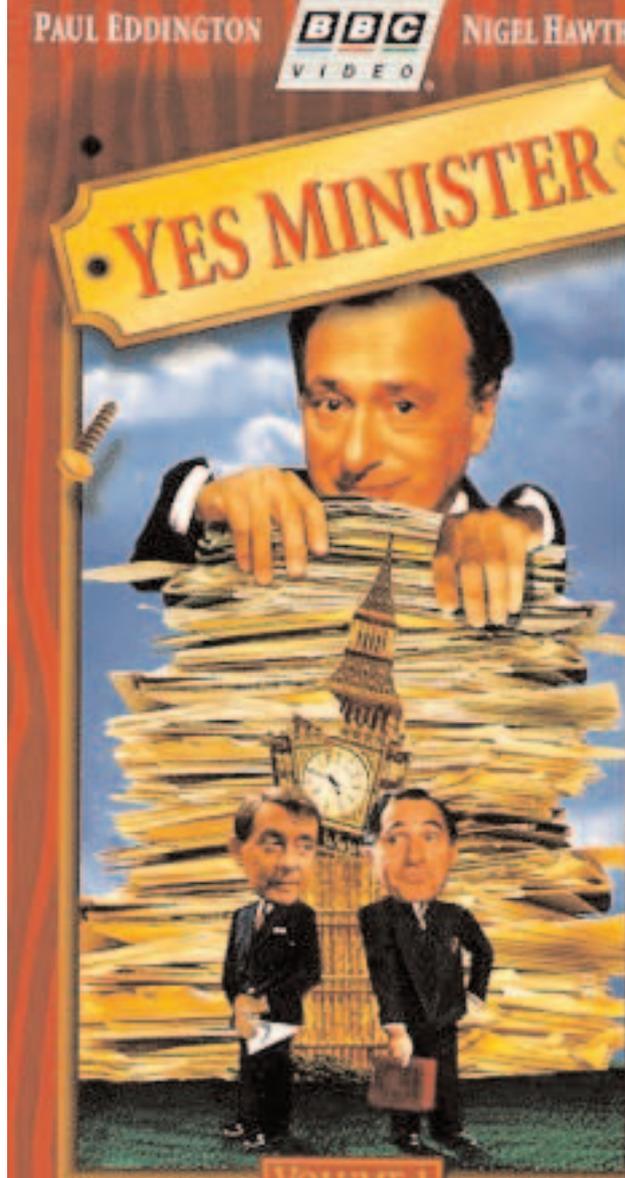
I once had a great-aunt with perfect health and vigor. A jolly, loving person, she died in her sleep at 96 years of age. To some extent she was just lucky. If more individuals are to have a life like hers, we need universal respect and excellent laws, wiser government and more prosperous business.

There are informative films about the dysfunctions of corporations, films like *The Corporation*, *Enron: The Smartest Guys in the Room*, *An Inconvenient Truth*. Additionally, there are T.V. series now available on C.D., shows like *Yes, Minister* and *The Office*. Darkside films like *The Constant Gardener*, *All the King's Men*, *The Magdalene Sisters* indicate how potentially awful corporations can be. But the organizations in these dramas do not get better. Far from rebirth, if they persist, they remain unhealthy.

Two dramatic comedies, *Barbarians at the Gate* and *In Good Company* demonstrate corporate pride, fall and redemption. However, the corporations in these dramas do not improve on their own. Rather, like a Shakespearean tragedy where the major players end up dead and a good king arrives from somewhere else, these corporations are rescued by other, more functional organizations. They are replaced rather than renewed.

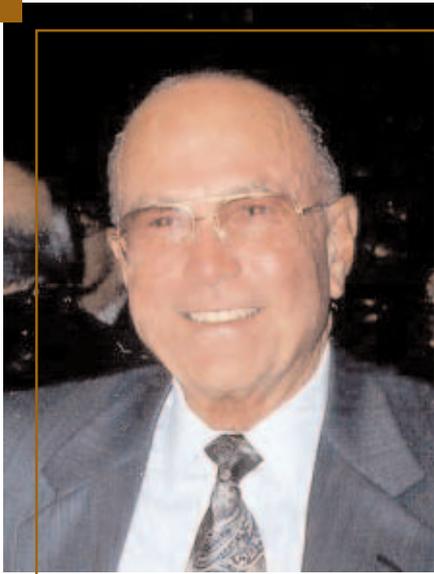
A recent film, *the girl in the café* is more complex. On the surface, this is an informative film about dysfunctional corporations, in this case the paralysis of the national agencies that negotiate trade treaties. At a deeper level, there is a dark side, a country that believes that its own prosperity and gift giving will do more to alleviate poverty than trade. The film demonstrates how perks, cynicism and protocol motivate representatives of other countries to acquiesce in this idea. Then there is a shift. The players change their minds and commit to their purpose. It is a plausible and very inspiring, albeit completely fictional, drama.

We need more films like this. If we could learn how to make our corporations work, there would be many positive consequences for the personal lives of masses of people. Then more of us would have a life like my great aunt. Rebirth is, after all, a natural process.



Scholars find that leaders are more likely to *unlearn*.

jo lee



« PROS & EX.CONS

By Creaghe H. Gordon

President

Global Enterprise Solutions, Inc.

Los Gatos - California

NOT MY KID!

How often do you hear parents voice this opinion about their child joining the military? Most are afraid that their son or daughter will be killed in a war. Is this a valid concern? Is it fair to expect someone else to defend our country?

However, are the benefits of serving greater than the risks? Isn't this a question parents of young men and women that have little or no direction should be asking? What are the expectations of such individuals? Well, with no goals and no direction, many will drift toward a lifestyle that may include drugs, stealing, or worse.

So, what are the benefits of military service? Each of the services tries to build character in the individuals and each service states it differently but the Marine Corps' statements are representative of all the services.

"The character ... is defined by the three constant Values:honor, courage, and commitment."



Character ... is defined by the three constant values:
honor, courage, commitment.

Honor: "Honor requires each to exemplify the ultimate standard in ethical and moral conduct. Honor is many things; honor requires many things. He must never lie, never cheat, never steal, but that is not enough. Much more is required. He must cling to an uncompromising code of personal integrity, accountable for his actions and holding others accountable for theirs.

Courage: Simply stated, courage is honor in action -- and more. Courage is moral strength, the will to heed the inner voice of conscience, the will to do what is right, regardless of the conduct of others.

Commitment: Commitment is a combination of {1} selfless determination and {2} a relentless dedication to excellence. Never give up, never give in, never willingly accept second best. Excellence is always the goal."

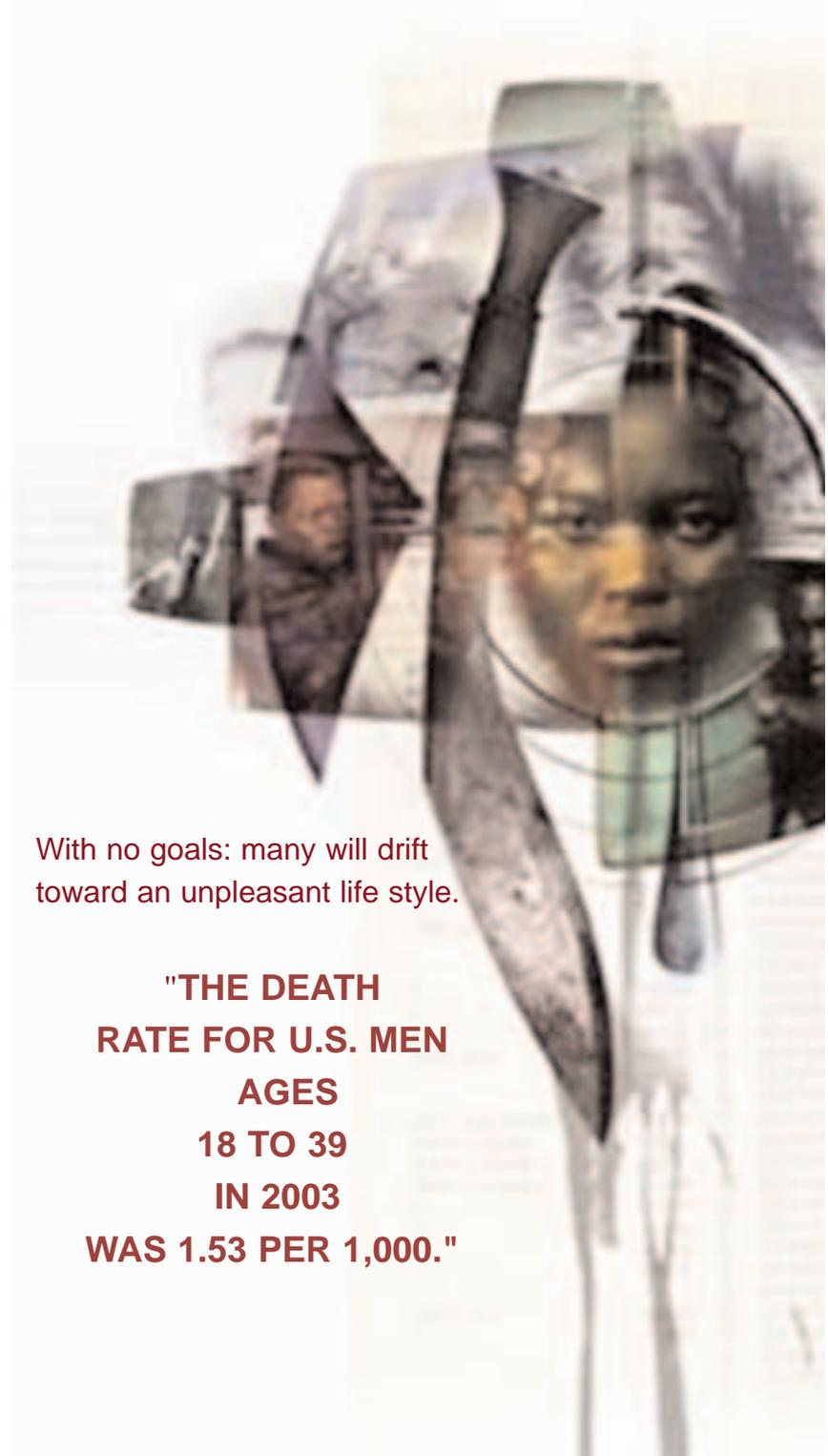
These are certainly wonderful goals for anyone but what about the danger of being killed?

"Between March 21, 2003, when the first military death was recorded in Iraq, and March 31, 2006, there were 2,321 deaths among American troops in Iraq. Seventy-nine percent were a result of action by hostile forces. Troops spent a total of 592,002 'person-years' in Iraq during this period. The ratio of deaths to person-years, .00392, or 3.92 deaths per 1,000 person-years, is the death rate of military personnel in Iraq.

But one can also find something equivalent to combat conditions on home soil. The death rate for African American men ages 20 to 34 in Philadelphia was 4.37 per 1,000 in 2002, 11 percent higher than among troops in Iraq. Slightly more than half the Philadelphia deaths were homicides."

Is the military the only choice for those children who have no goals? Of course not, but is it a viable one?

You decide.



With no goals: many will drift toward an unpleasant life style.

**"THE DEATH
RATE FOR U.S. MEN
AGES
18 TO 39
IN 2003
WAS 1.53 PER 1,000."**

***Creaghe H. Gordon is Chairman of GES, a Risk Analysis and Cost Management {RACM} company and retired Deputy Director-Integrated Logistics Support {ILS}, Lockheed.**



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and a bridge to our future.

EXCLUSIVE ~

JO LEE TALKS TO

THE ELITISTS

Night view of entrance.

The Book House is linked to the surrounding hillside by a wood planked pathway that extends into the building and wraps the three story book wall, forming the spine of the exhibition space.

The path forms a continuous line of movement bridging the wooded landscape of the hillside to the interior spaces of the Book House, modeling a fluid passage of space and movement and merging a variety of different programs into a seamless sequence of experiences, and unfolding views of the surroundings.

At night, the restaurant on the main level can be seen illuminated by 2 meter hanging paper lamps.



The 5 partners at Shop:

Corie Sharples, Gregg Pasquarelli, Christopher Sharples, Kimberly Holden, William Sharples standing outside The Porter House, their first co-development project for the meatpacking district in New York City.

THE ELITISTS

They tell me they're neither ivory-tower elitists nor superficial stylists. But in this instance - I know so well - I can beg to differ.

They believe in both ideas and profitability. And while they are well-versed in the ongoing development of architectural theories, their expertise and ambition extends beyond the discussion and design of buildings. They look at an entire project and consider the site, the cultural and economic environment, a client's physical needs and budget constraints, as well as construction techniques, branding, marketing, and post-occupancy issues. They use evolving computer-aided design technologies not only to produce innovative architectural forms but to streamline the design and construction process and create new efficiencies and cost-savings. Great architecture demands that design, finance, and technology work together – and ShoP combines these forces in innovative ways to create a new model for the profession.

Ten years ago, five Columbia University grads set out to prove that intelligent, exciting, evocative architecture can be made in the real world, with real world constraints. Today, the practice has grown to an office of fifty. I believe their work presents a convincing argument that they were right.

In 1996, SHoP was founded by: Christopher Sharples, Coren Sharples, William Sharples, Kimberly Holden and Gregg Pasquarelli. Their educational and professional experience encompasses architecture, fine arts, structural engineering, finance, and business management. With the exception of single family residences, they work on many project types, from multi-story housing to academic buildings to master plans.

ShoP is currently working on hundreds of millions of dollars of buildings around the world! And they're having a lot of fun doing it! Their work has won numerous awards, has been published and exhibited internationally, and is in the permanent collection of the Museum of Modern Art, New York City.

Photography By Seong Kwon

The Porter House: View looking southeast at building setback.

Positioned in the vibrant hotspot of the meatpacking district of Manhattan, The Porter House was SHoP's first opportunity to co-develop high end residential for the exciting New York real-estate market.

Utilizing state of the art construction technology the building is a blend of old and new. Nested within its metal skin façade are lights transforming the building in the evening into an urban nightlight, in an exciting neighborhood.



Virgin Atlantic
Lounge seating area.

Bar Lounge, Virgin Atlantic's new upper class lounge at JFK is an environment that celebrates both the power and possibility of New York City, and the excellence and irreverence of Virgin Atlantic Airlines.

It is an urban oasis, entered into beneath a glittering waterfall and bounded by a 90 foot long pool which accommodates dining along its interior bank.





Virgin Atlantic

Pearlescent screens rise in undulating towers, forming the bar and more intimate seating areas that combine comfort and privacy with a privileged view. These impressive structures, designed and fabricated using the latest in cutting-edge digital technology, are illuminated with soft, subtly color-shifting patterns, at one scale the twinkling skyline, at another the glowing hearth. Within this setting, like in good New York City neighborhoods, all needs can be met without going far. Food and drink, power and digital ports, a soothing place to rest or a chance encounter with a fellow traveler can all be found



Greenport Carousel

View of Carousel House

The Carousel House is the center point for a new park design by SHoP for the village of Greenport.

Designed for all seasons, its 3 meter high etched glass doors open during the summer to cool the interior space with fresh ocean breezes.



JO LEE: Chris, Coren, Bill, Kim, Gregg – how did you five, incredible minds meet?

SHoP: As you know, Jo Lee, we five partners who include two married couples and a set of identical twins - all met at Columbia University Graduate School of Architecture, Planning and Preservation - in the early 1990s. Can you believe that 60% of the five of us, have the same birthday! So after graduation there was always an excuse to get together at least once a year. We always admired each other's talent and work ethic and started doing competitions together, landing two jobs that became the foundation for the beginning of our office. One job was a high end retail store in Soho for Costume National, a retail clothing design concern founded by 2 brothers from Milan, and a waterfront park on the northern fork of Long Island in the town of Greenport, just a short ferry ride from the Hamptons. Though we all received our graduate degrees in architecture, we all come from a very diverse set of backgrounds, including art history, finance, engineering, business administration, all of which have been critical tools in how our office has evolved as a practice.

JO LEE: And might I wager a guess as to how ShoP got its name?

SHoP: You're absolutely right, Jo Lee. The name SHoP is an acronym that is derived from the first letter of each of the partner's last names: S for Sharples {of which there are three}, H for Holden and P for Pasquarelli. The original name of the firm was SHoP/Sharples

Holden Pasquarelli and was later changed to SHoP Architects PC. The name SHoP is also representative of the important role that 'the workshop' plays in our working methodology and is evocative of our hands-on approach to design and fabrication.

JO LEE: I'm always so energized listening to each of you. You're one of the great success stories! Why don't we tell our 23+ million readers the kind of work ShoP has become so successful in doing.

SHoP: We do all kinds of work. From academic facilities to master plans to public parks to high rise towers to corporate conference centers to pedestrian bridges to cultural installation and centers to galleries to retail stores. A tremendous amount of our work is in New York City, Philadelphia, Washington, DC, and we are currently working on a mixed use condominium ski resort in Mammoth, California and an office complex in Hermosa Beach, California. We also do a lot of work out of the country, and are currently competing for a 100 story tower in Busan, Korea, working on a retail complex in Beijing and recently we completed an artists' exhibition hall in Seoul. We do not specialize in any one type of architecture but instead, approach design in a holistic way permitting us to work on many different types of projects.

JO LEE: Tell me, does SHoP have: a style?

SHoP: SHoP does not base its designs on a style based approach but rather, is interested in developing unique solutions to fit the needs of particular clients and the requirements of each program and site. If SHoP was to have a style, Jo Lee, it would be a working style or process-based one, meaning that we focus on the performative aspects of design.

Fashion Institute of Technology. Night view of 28th Street façade looking west. SHoP's commission for a new academic building at the Fashion Institute of Technology was the result of a nationwide competition. The design is centered on the concept of the vertical 'quad' that is open to all students 365 days per year. The new building encompasses classrooms, labs, faculty offices, all centered on this urban meeting space. An express escalator will bring faculty and students directly from 27th Street, to an open, planted, column free garden floor that will be bathed in sunlight throughout the winter and shaded from the sun in the summer long. The North facing façade along 28th street will become a shimmering fabric of transparent and translucent materials revealing the creative activities of the students designing for the 21st Century. Rendering courtesy of ShoP.



JO LEE: Where does SHoP see architecture going in the coming years?

SHoP: Jo Lee, since WW2 architecture has become a highly specialized profession. As a result of standardization of the building industry, with the innovations in digital technology, architects are now better able to work at multiple scales on different types of programs and embrace responsibility previously delegated to other industries.

The innovations in computer aided design and computer aided fabrication has allowed us to become more involved in the actual construction of our buildings. Every material, connection, and bolt is first modeled in 3-D in the computer and analyzed prior to the actual construction. By doing this we can eliminate unnecessary mistakes and material waste in the field and push new innovative ideas. As we enter the 21st century, SHoP truly believes the role of the architect is evolving from that of the design to that of the master builder, where the architect embraces design, innovation, construction, finance and aesthetics in a holistic way.

JO LEE: So, master builders - what are some of the projects you're presently working on?

SHoP: Oh - we are currently working on a new 70,000 square foot design center for the Fashion Institute of Technology in New York City and a new waterfront esplanade along the East River in Lower Manhattan, recently exhibited at the Venice Biennale in September, 2006. We too, are currently working with General

Growth Partners on the master plan for the Seaport District and Fulton Fish Market. SHoP was invited to submit our Camera Obscura for the waterfront park in Greenport, a building that was 100% digitally fabricated, for the Cooper Hewitt Triennial which opened in January of 2007.

JO LEE: This is totally amazing! Each of you have accomplished so much in so many different areas - if you had a dream job, what would it be?

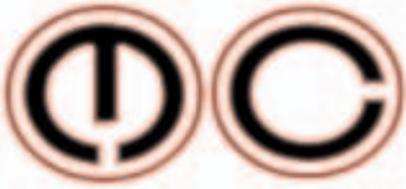
SHoP: An airport and/or a sports stadium.

JO LEE: I'm smiling. What a quick response! Wasn't one of your recently completed projects an entire community center?

SHoP: Yes, a community center in DeLisle, Mississippi, a town that was devastated by Hurricane Katrina in August, 2005. It was a wonderful opportunity, Jo Lee, for the office to be directly involved in rebuilding a community and to provide the foundation for the future new town center.

JO LEE: And here you are – the 5 Columbia grads. I applaud you - Chris, Coren, Bill, Kim, Gregg. And world: if you need the rebuilding of a community or an airport or a sports stadium ... it could very well be in your best interests to remember ~ ShoP.

SHoP: Thank you, Jo Lee.



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Portland Aerial Tram
Design for the Aerial Tram

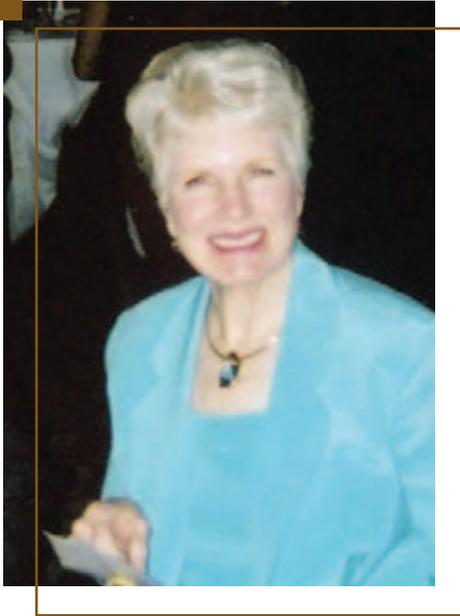
Rising above the trees, the Portland Aerial Tram creates a dramatic link between the Oregon Health and Science University and the planned campus expansion along the Willamette River.

This proposal would offer dramatic views of Mount Hood and downtown Portland. It would become an iconic addition to the city's skyline. Rendering courtesy of ShoP.





jo lee



« YES, VIRGINIA!

COME - EXPLORE WITH ME

By
Lois M. Gordon
Silicon Valley – California

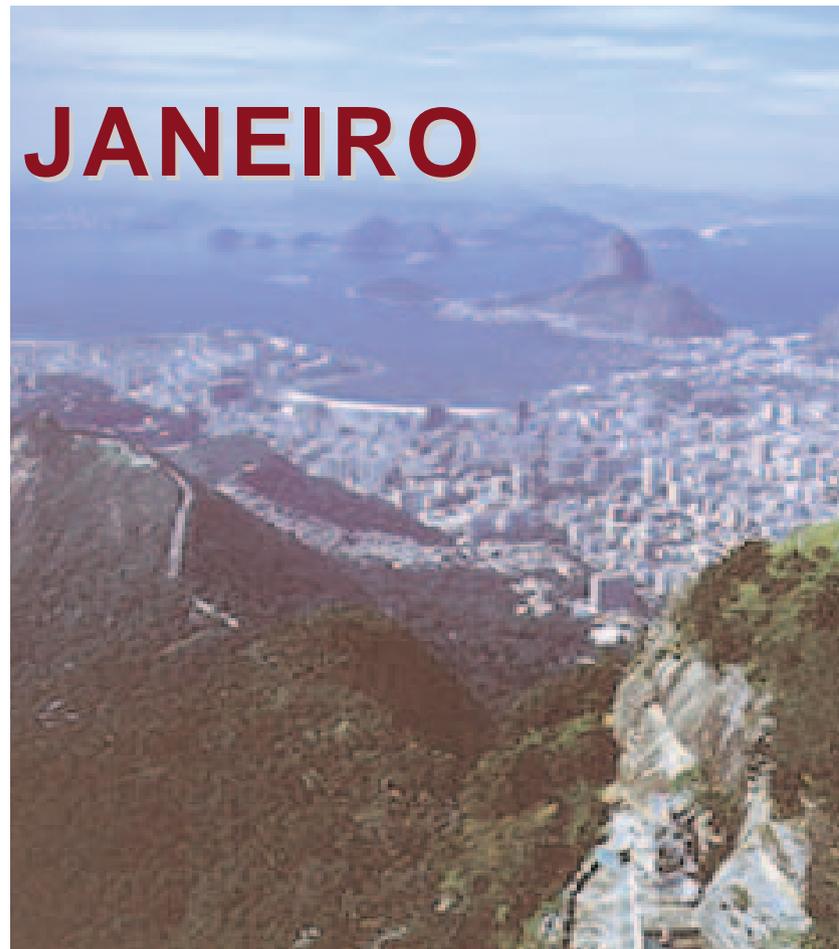
Carnival is Rio's main event with its 4-day celebration attracting thousands of people from all corners of the world.

Festivities end on Fat Tuesday, or Mardi-Gras.

RIO DE JANEIRO

The Samba School Parade at Rio's Sambodrome is something everybody should experience once in life. You have to mingle with the crowd, sweat, maybe even march with a samba school. The parade consists of 'schools', groups of people who call themselves schools, and who dance in the parade all night long. We arrived at nine p.m. along with 90,000 other people. Our guide was terrific, fighting her way through the crowd to a space that would accommodate us.

Everyone dances and sings. And wow was it hot: the people, dancers and weather! 95 degrees with humidity to match.





The son of a friend lives in Rio with his wife and children. John gave us an itinerary which we followed to the letter. Lunch for three hours? Everyday? How can one sit still for three hours eating, talking, watching? We tried and succeeded once. After two hours we wanted to leave but could not get our check. So, we stayed and enjoyed every minute.

SUGAR LOAF

Six hundred million years ago mother nature formed a princely natural wonder: Pao de Acucar or Sugar Loaf. At one time sugar cane was the primary export of the Portuguese and the finished product was packed into bread like loaves for shipment. Hence, the name Sugar Loaf.

Today, Sugar Loaf is the most commonly recognized and sought after tourist attraction in Rio. But it served past inhabitants equally well. Navigators would spot the imposing fig-

ure at the entrance to Guanabara Bay. The landmark was a settling location for the magnitude of visibility afforded towards the sea and mountains assuring their continued protection.

Reaching the top of Sugar Loaf is done in two stages. The first car ascends over 700 feet up Urca Hill affording marvelous views of Corcovado Mountain, the Niteroi Bridge and Guanabara Bay. Transferring to a second car elevates you an additional 1300 feet to the top where views of Copacabana and other beaches can be admired.

Go and enjoy!





CORCOVADO

Christ the Redeemer statue, towering above the marvelous city with open arms giving it a permanent hug. From one hand to the other measures almost 30 meters.

Since it was placed on top of the 2,300 feet peak of Corcovado mountain in 1931, this figure has been one of the most famous symbols of Rio. It stands 100 feet tall on a 20 feet pedestal, weighs 700 tons, and is visible night and day from most of the city's neighborhoods.

Write Lois: [Click Here](#)

* As we venture out into our world, your travel can consist of a day visit to the closest towns or a journey that will place your feet clear on the other side of the world. It is all about discovery and about everywhere you walk.

So, COME – EXPLORE WITH ME.

WHY CHOOSE VIKING RIVER CRUISES?



◊ *Enjoy the ever-changing scenery*

Rivers have been the highways of civilization for centuries, but it wasn't until recently that people discovered river cruising as the ultimate way to travel. As many savvy travelers already know, Viking River Cruises, the #1 River Cruise Line, is one of the best ways to experience the wonders of Europe, Russia and China.

Why is it so different? Because only a Viking River Cruises vacation gets you so close to your destination—you can walk right off the ship into Budapest's Central Market or sail through the Three Gorges on the Yangtze. But, perhaps the best feature is that all Viking River Cruises excursions are included in the cruise price, and led by English-speaking tour guides. Try getting all that on an overcrowded ocean liner!

TRAVEL IN DELUXE COMFORT

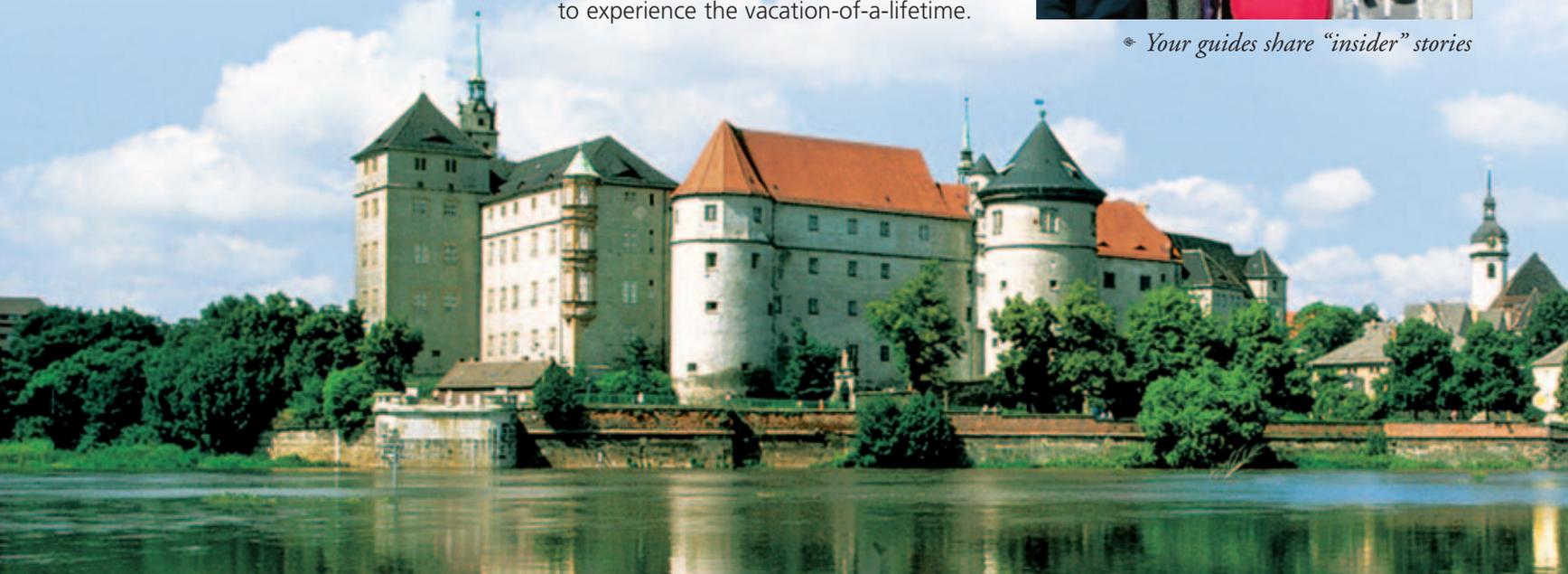
Since 1999, Viking River Cruises has custom-built ten new ships, designed with amenities which maximize the river cruising experience—enjoy deluxe outside cabins, elegant Scandinavian design and large picture windows with scenic views. In this setting, you can relax and make new friends as you enjoy the intimacy of being on a ship with about 150 other passengers. So much more than simply a cruise, a Viking River Cruises voyage truly is the very best way to experience the vacation-of-a-lifetime.

PASSENGERS REALLY EXPERIENCE THEIR DESTINATIONS

While river cruising makes travel effortless, it's really the enjoyment that passengers get from seeing both bustling cities and idyllic riverside towns that keeps them coming back. On a Viking River Cruises vacation, you'll view artistic masterpieces, explore the opulent gardens of a royal palace, or enjoy the sights and sounds of a vivacious outdoor market. And there are no hidden costs—it's all included in the price of the cruise.



◊ *Your guides share "insider" stories*





◆ *Our ships often dock in the heart of a city*

**MAKE LASTING MEMORIES
IN EUROPE, RUSSIA OR CHINA**

On China cruisetours, an English-speaking escort accompanies you throughout your entire vacation—on land and aboard ship. Viking River Cruises in-country staff has searched out the best places, hotels and activities in China, so you'll enjoy a memorable collage of history, architectural wonders, dazzling landscapes and truly unforgettable faces.

While you're traveling on any of our itineraries, you'll spend your time between ports visiting with other passengers or watching the scenery go by—while we bring the fascinating cities right to you. At Viking River Cruises, we believe you should be able to enjoy any of our destinations up close and in comfort.

Ranked World's #1 River Cruise Line

- ◆ Recognized by readers of *Condé Nast Traveler* in the "Top 10 Small Cruise Ship Lines" in November 2006 for the magazine's annual Reader's Choice Awards
- ◆ Multiple award winner on *Travel + Leisure's* "World's Best" list and *Condé Nast Traveler's* "Gold List"
- ◆ Honored for the 2nd consecutive year with the "Best River Cruise Line" title by travel website *CruiseReport.com*



2007 Itineraries

EUROPE

Grand European Tour

Amsterdam to Budapest: 14 Nights

Romantic Danube

Budapest to Nuremberg: 7 Nights

Switzerland to Belgium

Basel to Antwerp: 12 Nights

European Adventure

Vienna to Amsterdam: 12 Nights

Eastern European Odyssey

Budapest to Black Sea to Vienna: 14 Nights

Danube Explorer

Vienna to Nuremberg: 7 Nights

Berlin to Prague

Berlin, Magdeburg to Melnik, Prague: 11 Nights

Dutch Journey

Roundtrip Amsterdam: 7 Nights

Tulips & Windmills

Roundtrip Amsterdam: 9 Nights

Burgundy & Provence

Chalon-sur-Saône to Avignon: 7 Nights

Paris & the Heart of Normandy

Paris to Le Havre: 7 Nights



RUSSIA & UKRAINE

Waterways of the Czars

St. Petersburg to Moscow: 10 or 11 Nights

Footsteps of the Cossacks

Kiev to Black Sea to Kiev: 14 Nights



CHINA

Imperial Jewels of China

*Shanghai to Beijing: 9 or 10 Nights
with a 3- or 4-night cruise*

China's Cultural Delights

*Beijing to Shanghai: 15 Nights
with a 9-night cruise*

Roof of the World

*Beijing to Shanghai & Lhasa, Tibet: 13 Nights
with a 3-night cruise*

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By
Saunders Elliston
New York – New York

Heads of state, billionaires, royalty and celebrated stars arrived. It was a gala to be held at New York's Museum of Modern Art for some of the richest and most influential people. All handpicked by Bill Clinton. All to help him in his global fight against poverty and disease.

THE AGENDA: THE RICH, THE FAMOUS, THE POWERFUL

Clinton: and his Global Initiative: End the poverty and the violence!

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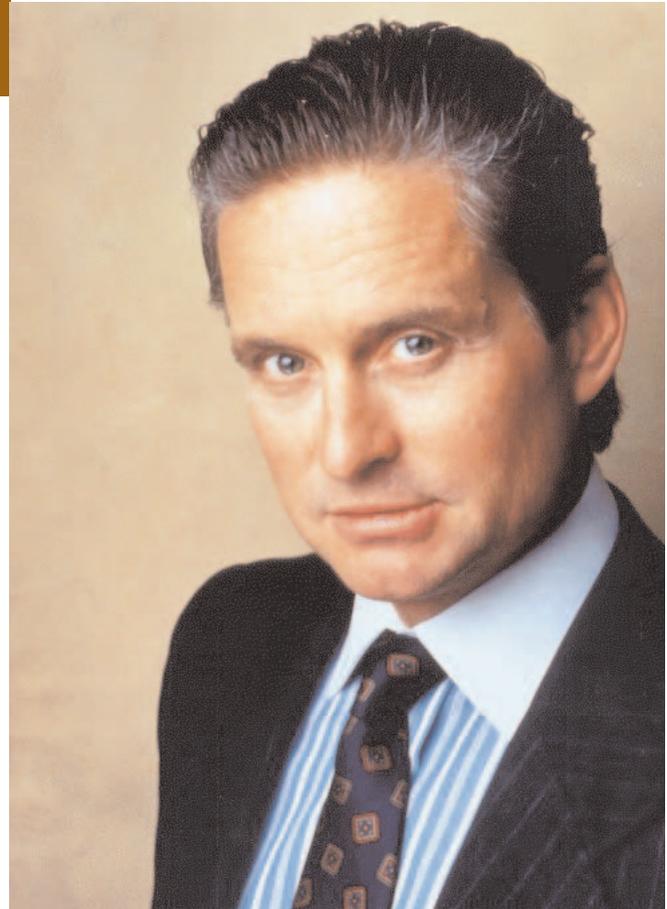
Our most dedicated R&D Analysts providing global data are to be found: In North America!

The most feed-back on the site comes: From over 20 million people in all corners of the globe!

But to get into this affair...

The price of admission was \$15K with a stern commitment to commit to CGI. The second annual Clinton Global Initiative where Bill Clinton and his guest, First Lady Laura Bush, opened the conference together.

BARBRA STREISAND arrived handing \$1MM to Clinton - for his fight on global warming.



Michael Douglas:
is focusing on his pet cause, disarmament.



Chris Tucker, Jeffrey Wright and Cicely Tyson Are all targeting Africa and poverty.



CHELSEA CLINTON'S actress friend ANNE HATHAWAY attended with her close friend, businessman RAFFAELLO FOLLIERI pledging to provide medicine to poor children.

U.N. SECRETARY-GENERAL KOFI ANNAN, BILL and MELINDA GATES, WARREN BUFFETT and hundreds more – committed to millions!

And as First Lady Laura Bush announced a \$16.4 MM program to install some 4,000 water pumps in Africa – she was given a standing ovation.

Richard Branson: pledged all future profits. \$3B over ten years, from his airline and train revenues.





A Wine Country Spring

This spring, I was inspired by California
Wine Country: fresh, unique ingredients, simple,
light tastes and, of course, expertly paired
New World wines. Enjoy!



Jim Romer, Executive Chef



Truly
inspired[®]
Deliciously unexpected

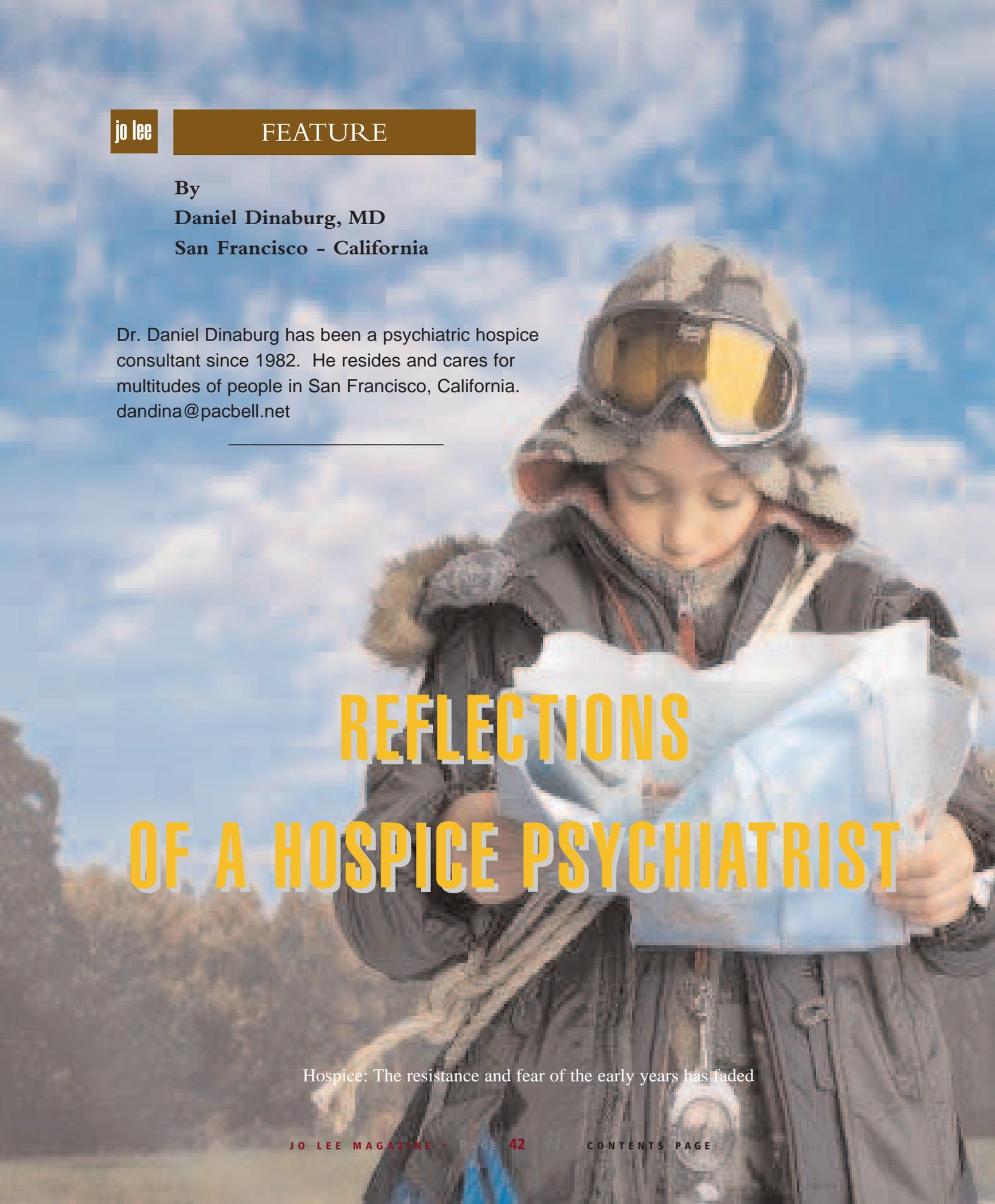


milestonesrestaurants.com



By
Daniel Dinaburg, MD
San Francisco - California

Dr. Daniel Dinaburg has been a psychiatric hospice consultant since 1982. He resides and cares for multitudes of people in San Francisco, California.
dandina@pacbell.net



REFLECTIONS OF A HOSPICE PSYCHIATRIST

Hospice: The resistance and fear of the early years has faded



There is a deep satisfaction in helping the patient and family move through confusion.

In the early 1980s, soon after I'd begun my psychiatry practice, I was invited to join a hospice team. The first modern hospice had been started in London {1967} by Dr. Cicely Saunders. This facility for end stage cancer patients pioneered the use of round the clock morphine to prevent breakthrough pain. Also groundbreaking was the hospice mission: to treat all aspects of the dying patient's distress: physical, emotional, social and spiritual.



Today, we know how
therapeutic frank talk
can be.
How oppressive is
silence.

I was intrigued by this approach and also apprehensive. I had studied "On Death And Dying" by Elizabeth Kubler-Ross {1969} during my psychiatric training. She described the psychological stages of the dying process: Denial, Anger, Bargaining, Depression {Grief} and Acceptance. Yet, the prevailing medical wisdom implied that truth-telling was dangerous; it could destroy hope and hasten the patient's death. Death was discussed in hushed tones; often, from the doctor's point of view, death meant failure and defeat.

Today, we know how eager most dying patients are to talk about their experience; how therapeutic such frank talk can be and how oppressive is silence. For example, Hackett and Weisman

{1962} describe a hospital consultation involving a 57 year old woman with advanced metastatic cancer. When asked why she was nervous: 'I'm nervous because I've lost 60 pounds in a year, the priest comes to see me twice a week which he never did before and my mother-in-law is nicer to me even though I'm meaner to her. Wouldn't that make you nervous?' The physician replied 'You mean you think you're dying?' 'That's right, I do,' she answered. He paused and said quietly, 'you are.' She smiled and said 'Well I've finally broken the sound barrier; someone's finally told me the truth.' In the 1960s - such frankness was all too rare.



Our goal is a pain-free death with leave-taking as close to the patient's wishes as possible.

The hospice team I joined consisted of a physician, a few nurses, an oncology pharmacist and a pastor. Early on, we met in a church basement. We had all seen patients die alone in impersonal hospital settings: these deaths seemed unnecessarily cold and isolating for everyone concerned. We felt strongly that hospice could provide a better approach to dying.

Our patients had terminal cancer {with less than 6 months to live} and had exhausted all treatment avenues. They chose to die at home, surrounded by family and friends. Hospice provided comfort, care and quality time for the patient and family. Our goal was a pain-free death with leave-taking as close to the patient's wishes as possible.

My first hospice home visit came in response to a call from a 37 year old divorced father of two. He was dying of pancreatic cancer and wanted to know how to say goodbye to his young children. Not much older than the patient myself, also divorced with 2 young children, I braced for the encounter. What would I be able to offer?

Upon entering his home, I found a skeleton of a man, his piercing eyes sunken deep into their sockets. "Who the hell are you and what can you possibly do for me?" his look seemed to say. I introduced myself and acknowledged that this seemed like a bad moment ... did he want me to return later? After a long silence, the patient's shoulders relaxed and his expression softened. "I guess I was expecting someone older" he allowed. We talked about his grief and outrage at his fate; also his wish to leave his children something of himself. Together, we arrived at a plan: he would tape record his life story, sharing his values and beliefs. Each child would also receive a letter from their father. Our meeting started as conflict, but ended with a respectful handshake.

Hospice care has gradually become part of the culture. The resistance and fear of the early years has faded. Our staff is much larger and more professional; we're no longer volunteers. Insurance now covers much of the cost of care. Yet the goals remain the same; there is a deep satisfaction in helping the patient and family move through confusion, fear and grief toward acceptance.

By
Alison Kerr
Glasgow – Scotland

More than any single director and more than most stars, the name of the writer Raymond Chandler is synonymous with the private eye movie.

He may not have started producing 'hard-boiled' detective fiction until it was already fashionable, and he may not have written the first private eye novels to be translated into successful movies, but Chandler's name appears on the credits of some of the most influential examples of 1940s film noir.

Among them *Double Indemnity*, *Farewell My Lovely* and *The Big Sleep*. All of them grandparents of diverse modern-day classics such as: *The Big Lebowski*; *LA Confidential*; and *Pulp Fiction*.

MAN OF MYSTERY REVEALED

Bogie & Bacall

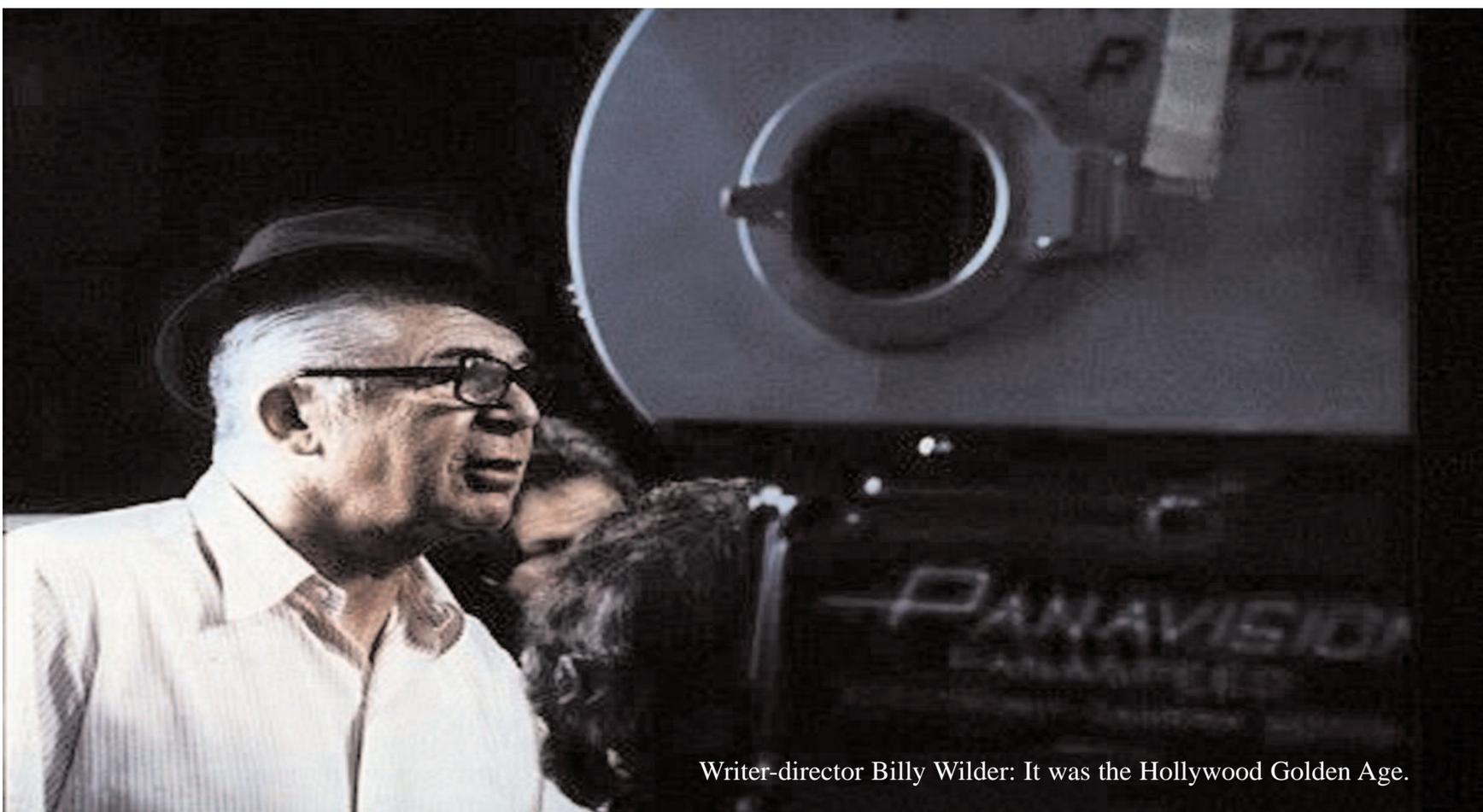


Chandler, an American educated in upper-middle-class England, brought style and panache to the detective thriller. His laconic yet poetic descriptions and the wise-cracking, cynical observations made by his alter ego, the 'shamus' Philip Marlowe, set him apart from other crime writers.

His stories were more than merely whodunits {and when *The Big Sleep* was translated into a movie, the fact that nobody - not even the author - could say who had committed which murders, didn't matter a jot}; they were rich in atmosphere and in quotable passages. The language was authentically slangy, and the banter between the sexes crackled with playful and witty eroticism.

So, in 1943, when Paramount bought the rights to former journalist James L Cain's taut novella *Double Indemnity*, Chandler was hired to collaborate on the screenplay with the director

Billy Wilder. It may have been, as Chandler remembered it, "an agonising experience." Wilder, for his part, said: "There was a lot of Hitler in Chandler" but the fraught collaboration produced a seminal film noir.



Writer-director Billy Wilder: It was the Hollywood Golden Age.

Chandler's most easily recognizable gift to cinema is one of the most memorable and mimicked screen personalities in movie history – his private eye Philip Marlowe.



Wilder later said of his grumpy, alcoholic, middle-aged partner: "He was a mess, but he could write a beautiful sentence." Wilder also admitted that he learned from Chandler "what real dialogue is." None of Chandler's other forays into screenwriting in the 1940s was as successful - not even his original screenplay for *The Blue Dahlia* - the 1946 thriller which lent part of its title to the sensational, real-life murder story that broke shortly after it opened in cinemas.

The film of James Ellroy's book of that story is now hitting our screens in the shape of *The*

Black Dahlia, starring Scarlett Johansson.

Of course, Chandler's most easily recognizable gift to cinema is one of the most memorable and mimicked screen personalities in movie history - his private eye Philip Marlowe. A loner with morals and a soft spot for the little guys whose inevitable deaths nobody else in the story cares about, Marlowe armed himself with a wry sense of humour despite being routinely 'slugged' by brainless henchmen and double-crossed by 'big-league blondes.'



James Garner had a crack at private eye Philip Marlowe.

James Garner had a crack at the character in the 1969 Marlowe, while back in 1947, the actor Robert Montgomery made an admirable attempt at recreating for the cinema the first-person viewpoint of *The Lady in the Lake* by having the camera/viewer as detective.

By far the best adaptations of Chandler's original novels are *The Big Sleep* and *Farewell My Lovely*.

The Big Sleep was rejigged at director Howard Hawks' insistence so that the burgeoning romance between Marlowe and Mrs. Rutledge onscreen - and Bogie and Bacall off screen - became the main thread. But Chandler felt that

Humphrey Bogart was the ideal Marlowe. "Bogart can be tough without a gun. He has a sense of humour that contains that grating undertone of contempt," he said.

However, Dick Powell's Marlowe in *Farewell, My Lovely* is pretty impressive too - especially when you consider that, instead of having a tough guy image to build on, he had to shake off the baggage of being famous as a song and dance man in a string of 1930s musicals.

Apart from its stylish direction - by the blacklisted Edward Dmytryk - it boasts a terrific script which was able to utilise excerpts of Chandler's brilliant prose by retaining Marlowe as its narrator.

It doesn't get much better than this.

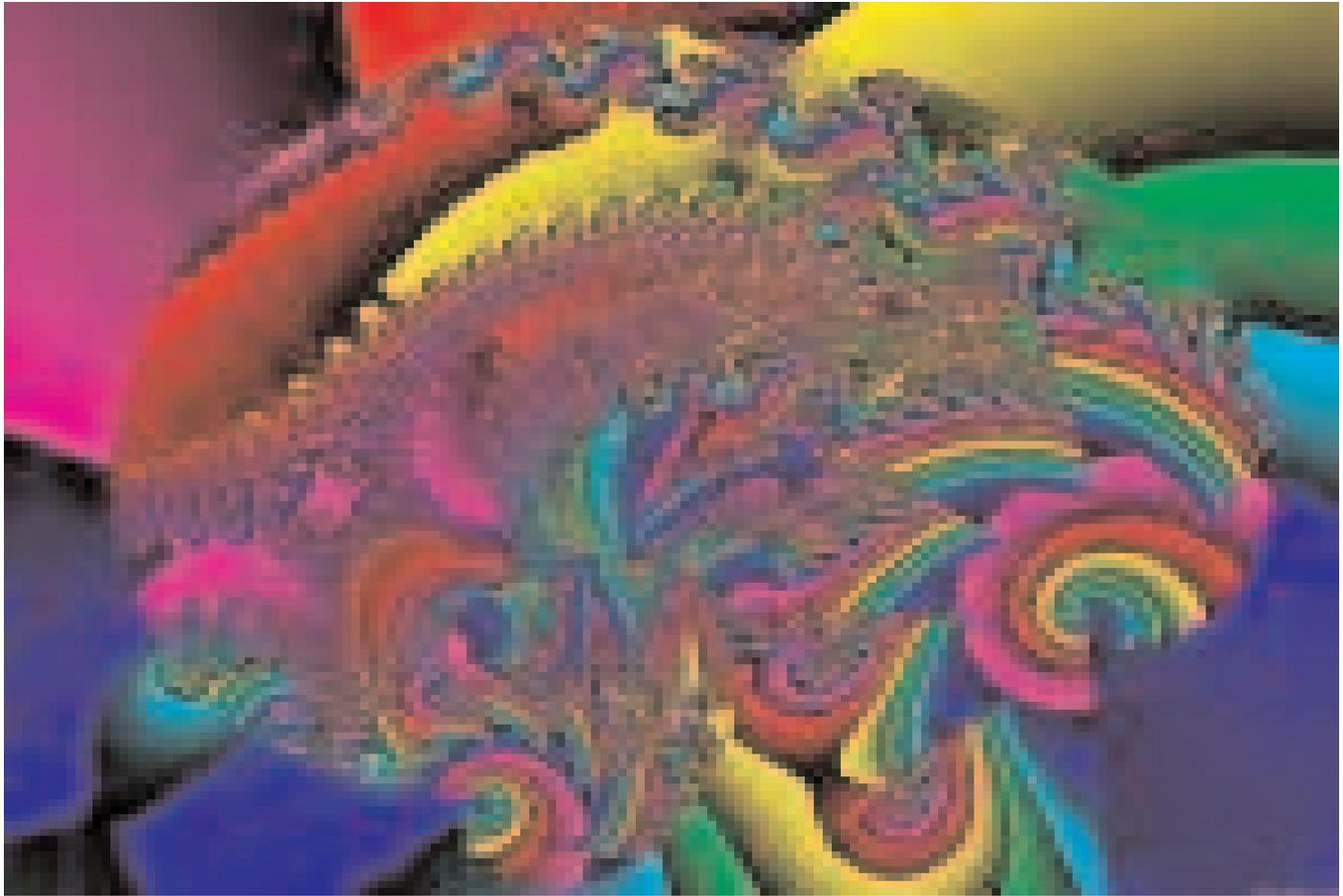
'OK, Marlowe,' I said to myself. 'You're a tough guy. You've been sapped twice, choked, beaten silly with a gun, shot in the arm till you're as crazy as a couple of waltzing mice.'

Now, let's see you do something really tough - like putting your pants on!'

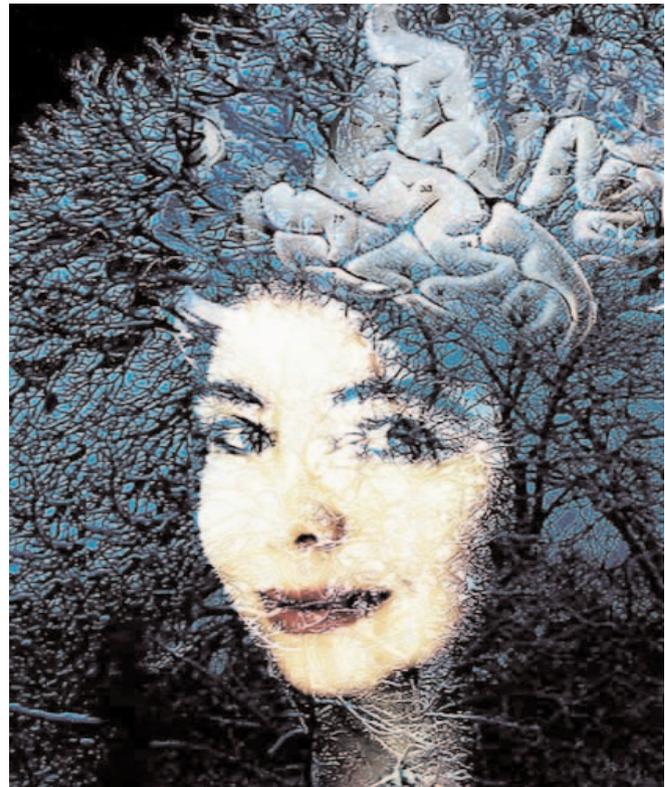
By
Suzanne Warren
Philadelphia - Pennsylvania

In his book *The Society of Mind*, Marvin Minsky argues for a new theory of human cognition. "Very few of our actions and decisions come to depend on any single mechanism. Instead, they emerge from conflicts and negotiations among societies of processes that constantly challenge one another."

THE MEMORY AND THE BRAIN



Many scientists are applying this conception of the mind to the brain's various sub-functions, such as memory. According to this model, memory is a holistic neural activity, involving many different areas and processes of the brain in an intricately choreographed dance. Memory has been variously characterized as "a process of information retention in which our experiences are archived and then recovered when we recall them."





SHORT TERM {WORKING} MEMORY..

Neurologists divide memory into long-term and short-term memory or 'working' memory. Some are beginning to argue for the existence of a middle-term memory as well.

Short-term memory, or STM, 'is the brain's system for remembering information in use'.

Most people can only hold five to nine items in their short-term memory at one time. If they try to remember more than that, they will often end up forgetting the 'middle' items.

STM works like this.

First, "the brain's cerebral cortex receives nerve messages from eyes, ears and touch sensors. This sensory stimulus is held for a fraction of a second

in the sensory memory. Unless an individual pays attention to the image for about eight uninterrupted seconds to encode the stimulus into short-term memory, it will be lost."

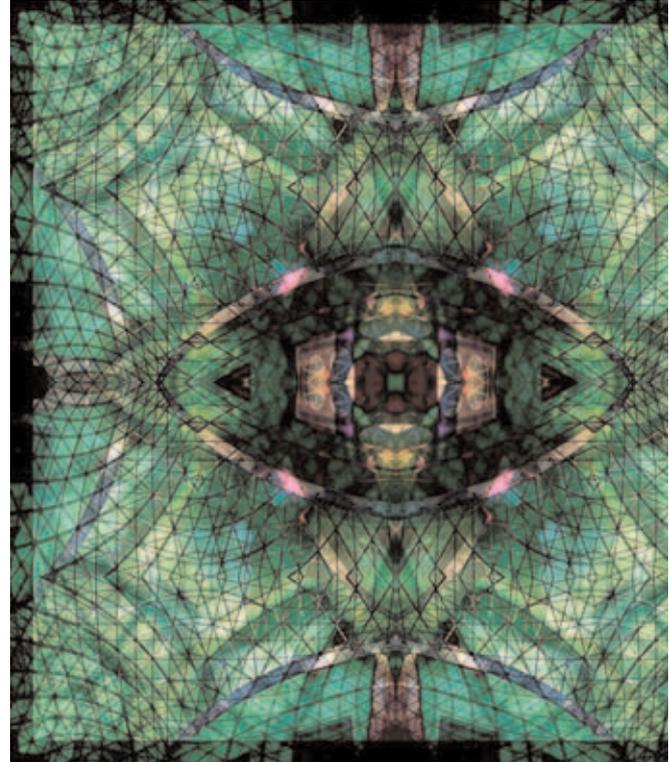
The memory then is stored on something akin to an electronic tape loop {although some scientists debate the existence of that loop}. "Once a complete loop is made, three things can happen: 1.) the information can be 'rehearsed' {repeated} silently or aloud, which will provide auditory cues; 2.) the information goes into long-term memory; or 3.) the information will be lost."

LONG TERM MEMORY...

Long-term memory, or LTM, is that part of our 'memory storage system that has unlimited capacity to retain information over an extended time'.

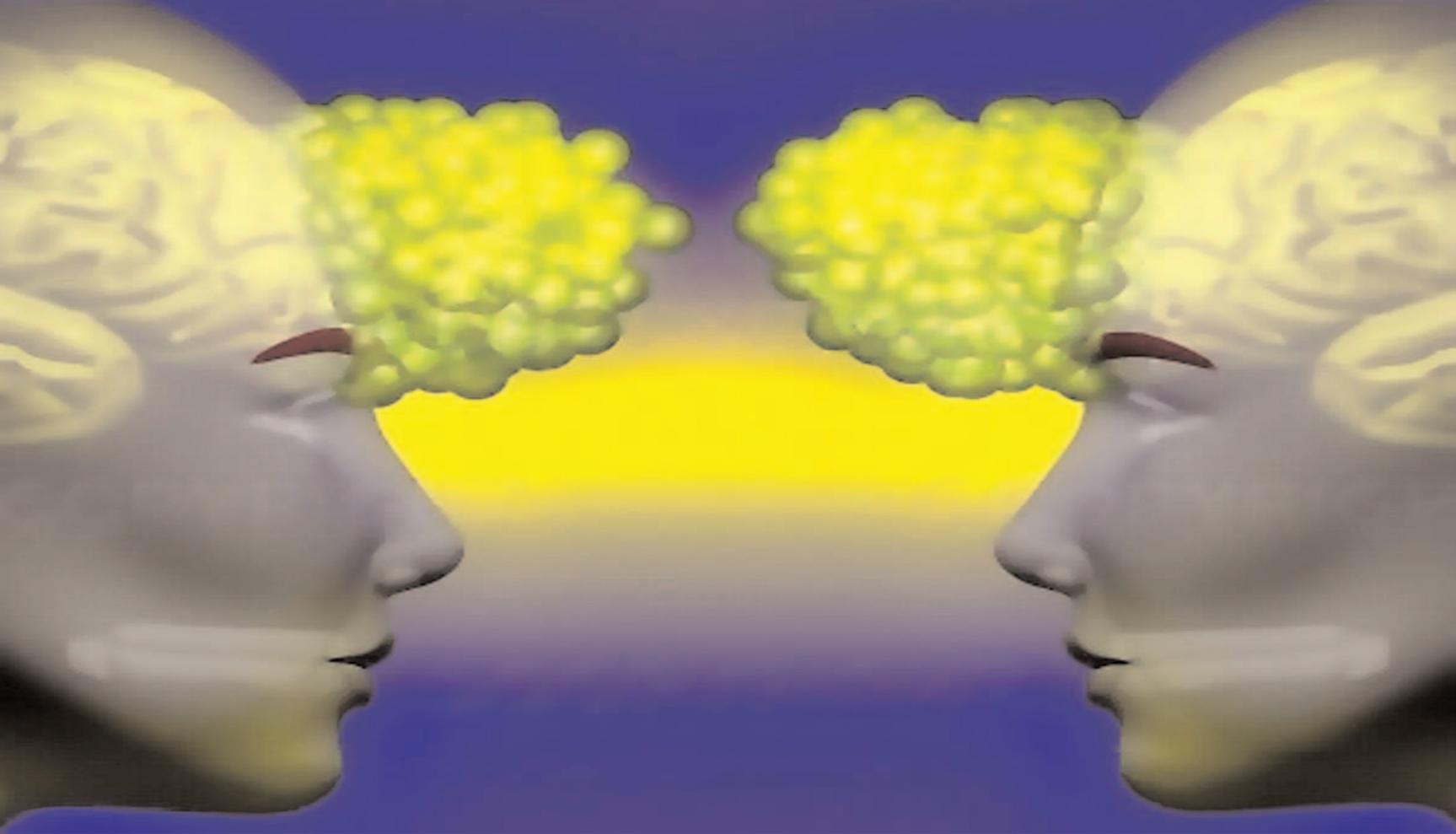
At least three different types of memory are included in LTM.

'Procedural memory represents motor or skill learning' which is memory without verbal mediation and thus without record. It includes learning how to drive a car or tie your shoelace. Such memories are slow to acquire but more resistant to change or loss.



"Declarative memory is memory for facts, such as names and dates. It is fast changing, quick to acquire but quick to be lost. Much of the loss is by design." This is because "considerable information activates the receptors but is not retained. We attend to meaningful or relevant stimuli and ignore unchanging or uninformative information."

"Remote memory simply refers to memories that were acquired early...they represent the foundation memories upon which more recent memories are built. Since early acquired information is the foundation for new memories and may be linked to many more new memories, such memory is less subject to change and/or loss."



THE ANATOMY OF LONG TERM MEMORY...

Both long-and-short-term memory are composed of three processes: encoding, storage, and retrieval. These processes take place in various locations in the brain, often simultaneously.

Not much is known about the physiology of long-term memory. As Irving Kupferman explains, "long-term memories are stored in multiple regions throughout the nervous system. In other words, they are not localized but stored through circuitry." Furthermore, "reflexive and declarative memory formation may involve different circuits in the brain. Reflexive memory relies on the cerebellum and amygdala; formative, on the hippocampus and temporal lobes."



THE PREFRONTAL CORTEX – SITE OF WORKING MEMORY...

Since the 1970s, scientists have speculated that the prefrontal cortex, located in the forehead area of the brain, plays a central role in working memory.

Writer Tim Beardsley explains, "with neural connections to almost all the areas of the brain that process sensory information, {the prefrontal cor-

tex} is well situated to maintain a flexible store of information relevant to any task at hand."

Perhaps the most fascinating questions about memory have to do with the connection between human consciousness and memory. Psychologist Michael Dawson notes that what makes memories feel so real is that "real-time experience is just as indirect" as remembered experience. In other words, the neurobiological process of recollecting an experience is in some ways identical to the process of experiencing it in the first place!

Dawson goes on to point out that all consciousness can be said to be recent memory, due to the time lag between experience and the perception of experience. One can imagine this lag as akin to the fifty second delay of a live football broadcast.

New discoveries about the nature of memory and the workings of the mind are cropping up daily. If you find yourself overwhelmed, just tell yourself that none of this is really happening. It's just a memory, that's all.

jo lee

FEATURE

By
Trevor T. Scott
New York – New York

If you were in New York City
and thinking: 'true apprentices'
– the ones predestined to
lead the city's kingdom?
Whom might they be?

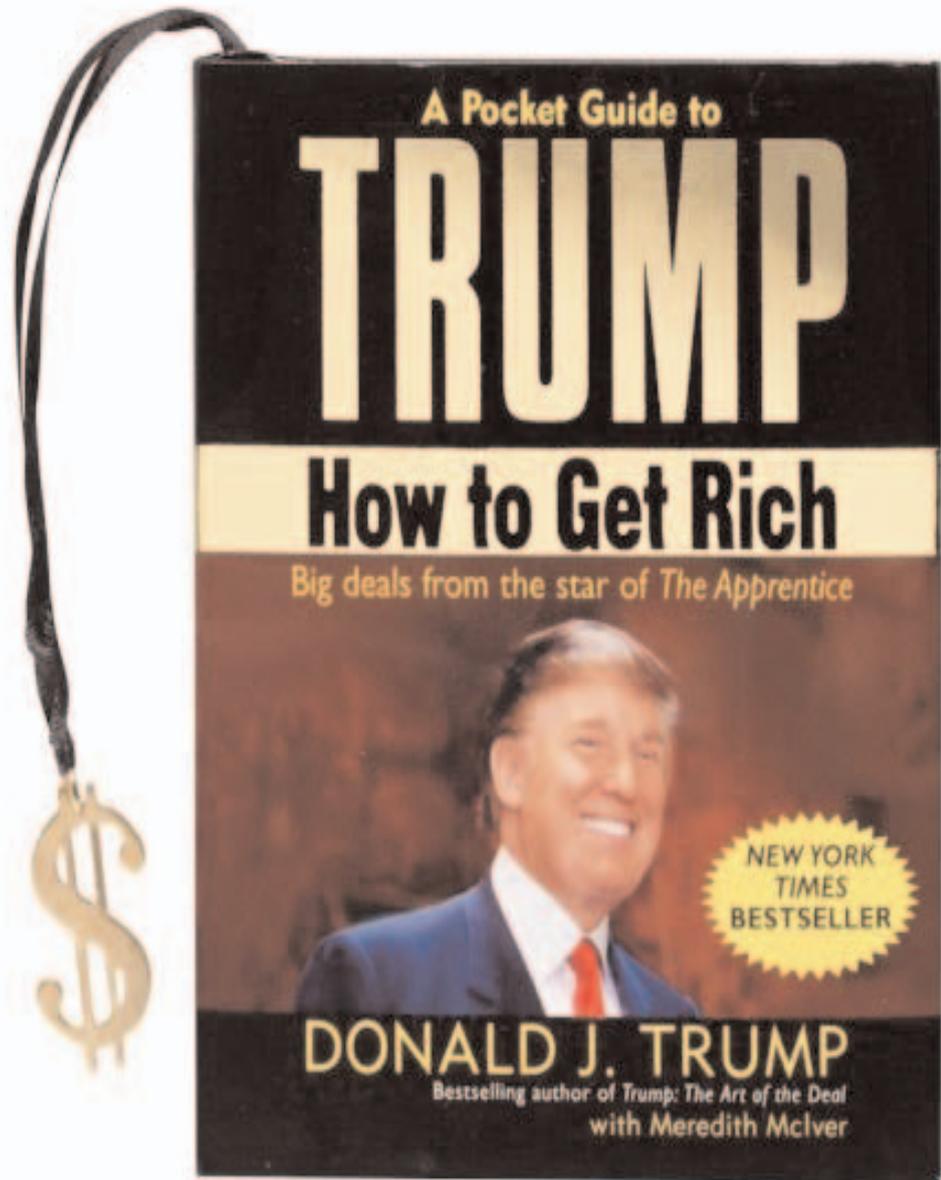
TIES TO THE BOARDROOM



"They are very formidable, very smart and they will promulgate the brand throughout the world. I have no doubt about it." Said Donald Trump.

All with their individual identities ... all have joined the family business. 29 year old Donald Trump Jr., Ivanka Trump, 25, and this past fall, Eric Trump, 22, a graduate from Georgetown University.

On the 26th floor of Trump's Fifth Avenue headquarters – these three have been learning the art of the deal from their father. Positioning themselves to run the company some day, building on their father's successes and increasing the company's fortunes.



Donald Jr. graduated from the prestigious Wharton School of the University of Pennsylvania, joining his father about five years ago. He had left school to become a ski bum in Colorado and "my father was not happy about this" recalls Donald Jr., "me, concentrating on the slopes."

When Ivanka completed her studies in real estate

and finance as one of the smarter students at Wharton, she took the suggestion of a Wharton Professor, Peter Linneman – to prove she could succeed on her own. New Jersey Nets owner, Bruce Ratner, assigned her to a huge retail development.

Today, by day, in her father's business - Ivanka travels the country, inspecting property and



accessing the multitudes of possible acquisitions. By night, she takes classes in construction management at New York University. Her title is vice president of development and "A Pocket Guide to Trump: How to Get Rich" remains an integral part on her desk. "We're not so big on roles around here. It's pretty much my father and the rest of the company," she said. "If he didn't think we were doing a good job, he would fire us without hesitation." "And in my father's own words – he would fire us like dogs," said Donald Jr.

Donald Jr. has been with the Trump organization longer than his siblings, beginning in 2001. Two years later he began renovating a building, eventually overseeing the project. Today, he's executive vice president of development and acquisitions and running his father's biggest develop-

ments in Las Vegas and Chicago. About \$2.2B worth.

As for his most important moment: bringing his brainchild, Trump Mortgage LLC, to fruition. Getting his father to sign off wasn't easy. "Every answer had to be worked out. The second you'd begin stammering, he'd get you," he said.

Donald Trump pays a tremendous compliment to his children. He trusts them. He believes in their judgment. "There's an openness we can have with him," they say, "and we're not intimidated in the least by his outsized personality."

It's called - strong ties to the Boardroom.

FEATURE

By
Jerelyn Craden
Toronto - Canada

JERELYN CRADEN, ACTRA award-winning television writer, actress, singer and author of the new hit novel, 'Vessie Flamingo Outshining the Moon,' is alive and well and living in Toronto. Her book's timely story about self-mastery, love, sibling rivalry, intimate relationships, the Toxic Boss from Hell, and finding the courage to say 'no' to what you don't want in your life, 'yes' to what you do, and then creating it, has struck a chord with readers from Thailand to Toronto, Maui to Chicago. Walking the talk of her novel's heroine, Vessie, Jerelyn talks to us about living authentically and creating the life you love.



VESSIE FLAMINGO'S OTHER HALF

I will never forget Mrs. Robinson, a rather nondescript fifty-something-year-old psychic, who told me I would be a famous novelist one day. A famous novelist? I was twenty-six years old, a single mother earning my living as an actress/singer in radio and television. Writing novels wasn't even on my radar screen.

When?" I asked.

"Later," she said.

"When, later?"

"Later, later."

And so it went. I wouldn't have given it much thought except everything else she told me HAPPENED!

"You will dance more than you've ever danced before."

Dance? I was a singer!

Shazam. Two years later, I was painfully muscle-bound jumping around on the stage of my self-penned musical, "Clowns." Mrs. Robinson's words resounded in my head: "A famous novelist ...later, later."

Flash forward twenty-five years. I'm living in Los Angeles after a stint as staff Creative Director-Writer at a major global event marketing agency in Dallas, Texas, and realize: I don't want to do this anymore.

What I haven't told you is that my graced life as a busy voice-over performer and writer of television sitcoms and family adventure series was interrupted by two devastating recessions, the first, in 1983. My income was cut in half. I was sole provider for my son. What was a single mom to do? Enter—the corporate world.

Before I knew it, my life was no longer my own. I was working 24/7, creating and writing videos, speeches, trade shows and major events for Blue Chip companies in Canada and the United States. Clients were stressed, colleagues were stressed, my muse threatened to go on strike. I was physically exhausted and prayed for more hair because I was now pulling mine out.

Years passed. My son was grown and living on his own. I was still writing for corporations, but wanted desperately to get back to writing a novel. I had started about an over-worked jingle writer named, Vessie, who sets out to change her life and live authentically. I knew that, in order for this to happen, I would have to change my life. But, now? When I should be safe-guarding my savings?

Too late. I had crossed the line. My Inner Child was screaming: Stop doing what you're doing and write what's in your heart! I moved back to Toronto, traded my corporate hat for a pair of jeans, and lived like a student, stretching my savings to write the book.

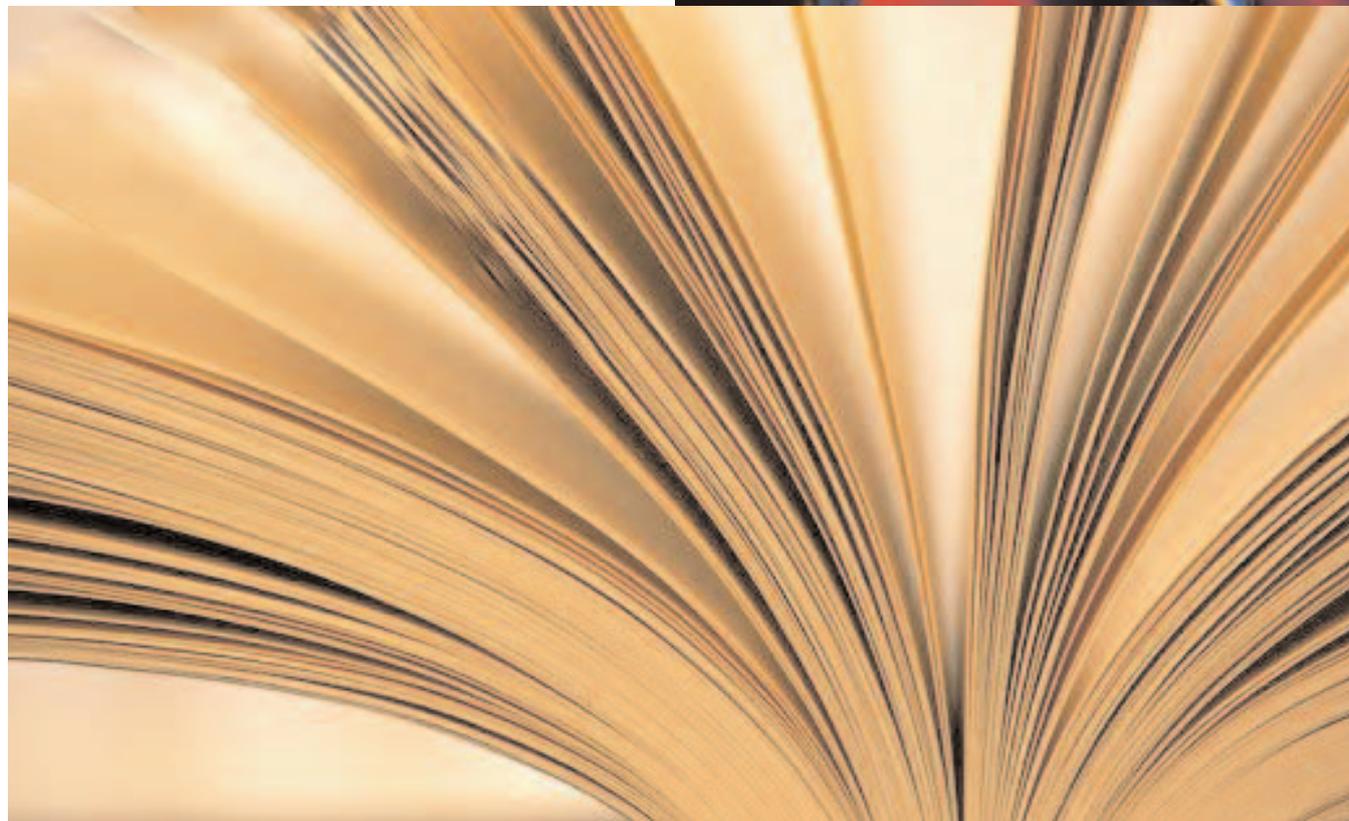
Now, I'd like to pose a question.

How many of us wait for a dramatic situation to wake us up? To finally pay attention to our inner voice that knows what we truly want and need? What will it take for us to change our lives and live authentically? To take the leap and create a life we want to wake up to every morning, rather than lament: Is that all there is?

Three years later, my novel was complete. It was time to make it available to the public the fastest way possible. I decided to self-publish. Four months later, Vessie Flamingo was listed #1 in Metro news' Top Four Book Picks, and reader response at: www.vessieflamingo.com continues to be incredible. My Inner Child proved to be my best friend and guide.

As for Mrs. Robinson's prophecy, the jury's still out on the 'famous' part; but, this much I know for sure—my Inner Child doesn't scream at me anymore. In fact, she tells me I'm cool. How about your inner child?

Embrace the part of you that longs to shine. Then, watch the magic as you take the leap and learn that you can fly!



jo lee

« WHEN ANGELS CRY

By

Kelechi Eleanya - Economist

**Oluwaseun Sotiyo - Conflict Management
Consultant**

Nigeria

* Kelechi is an economist holding a degree in Renewable Natural Resources Management and a Masters in Forest Economics. He is Programme Officer - Natural Resources Management for The Akassa Development Foundation. {ADF}

* Oluwaseun, a Theatre Artist and Conflict Management Consultant - holds a degree in Theatre Arts and a Masters in Peace and Conflict Studies. Seun is the Director of Zest Konzalts. {The training of employers/employees in work place conflict management.} She too has directed several drama for youth awareness performances in the Niger Delta.

NURTURED SEEDS

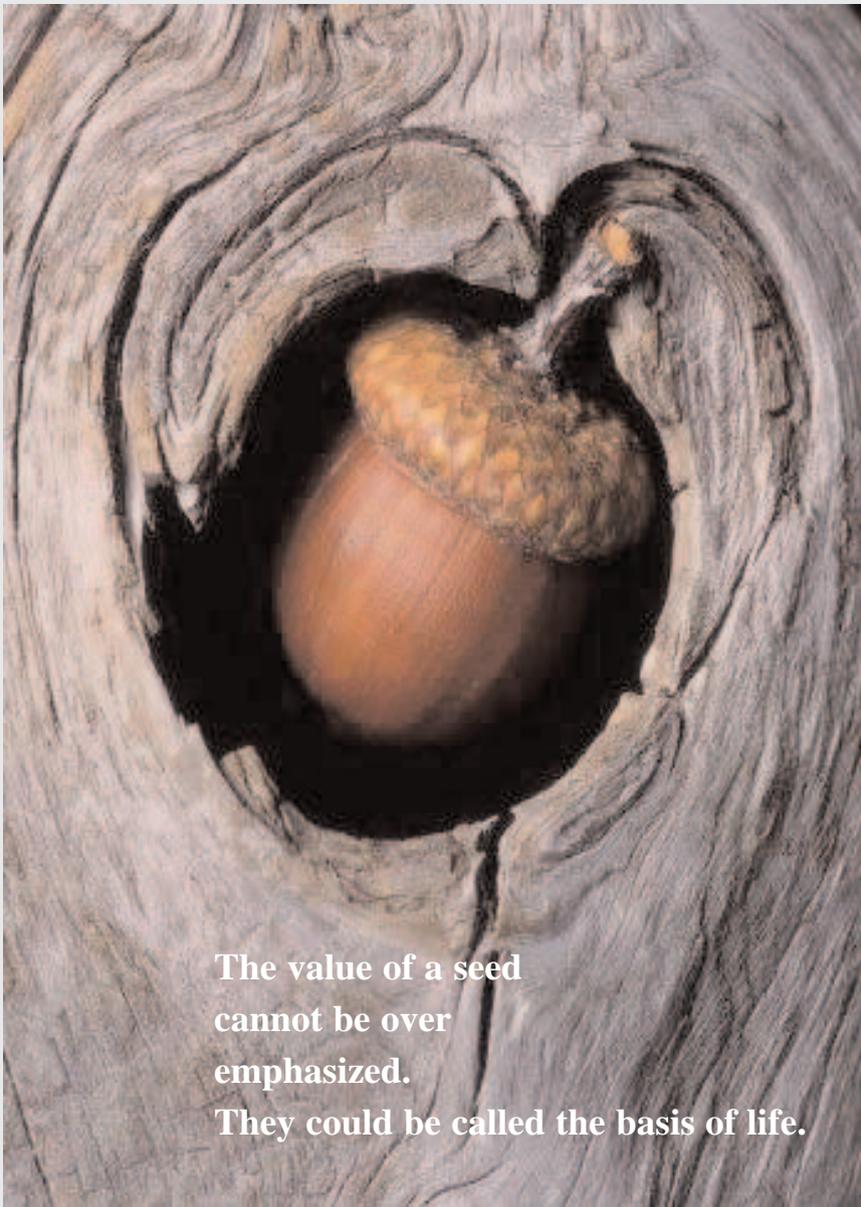




Please, let us realize that if these seeds are not nurtured: they will die.



One child's journey



The value of a seed cannot be over emphasized. They could be called the basis of life.

Consider the fruit we eat ... the juices we drink ... and several other food items consumed. Have you ever stopped to think that: they were once seeds.

In whatever form or shape, the seed represented a variety of possibilities. It was a solution to a problem, an answer to a need - somewhere in time - and provided a vital ingredient for producing something else. Seeds initially appear so insignificant. We may think: can this amount to anything? The reality however is a seed can make a forest.

The value of a seed cannot be overemphasized. It could be called the basis of life. It is no secret why experts talk of seed preservation and storage, seed testing and the likes - all aimed at maintaining best quality at all times.

Do we realize that life in itself is a seed! And life was

put into these tiny seeds by the Creator of the universe, to show his wisdom. Think of the people of the world. They are today, in the billions. All multiplied from a seed ... with the most precious seeds of the world being the young children who represent the need to be nurtured and cared for.

Careful planning must be done by nations and governments to ensure they are not left to suffer in the arms of carefree attitudes.

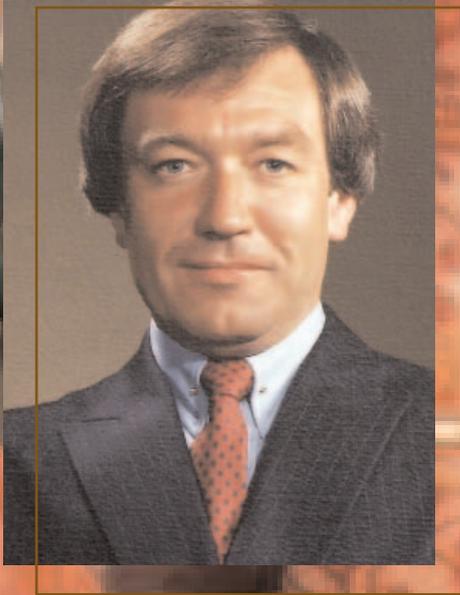
Man must realize the importance of this vital aspect of life. That children are of inestimable value!

Treasures to be celebrated.

Please, let us realize that if these seeds are not nurtured, they will die.

Children are treasures to be celebrated.





« I'VE ALWAYS BEEN NUTS

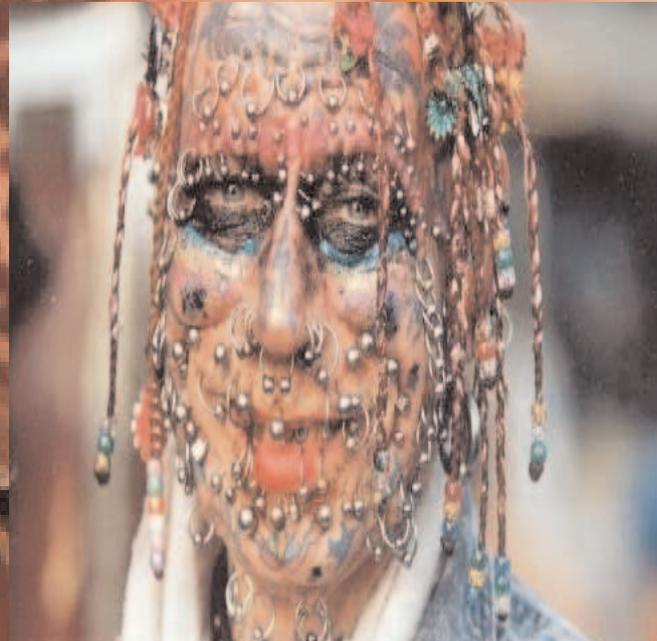
By
John Paul Jarvis
Toronto - Canada

Paul Jarvis has had a full corporate career as CEO of a series of US based multinational subsidiaries with six directorships.

Board and boat sailor, tennis player, terrible musician all tempered by eclectic friends - provides a basis for views and opinions on a broad range of topics.

Humor prevails.

Bawdy Art





I traveled to a part of Toronto that is the city's epicenter for piercings, tattoos and self inflicted bodily malfeasance.

I spotted an emblazoned, 'AWSOME' misspelled across a bare back, speculating that this will prove irksome when the owner learns to read in a mirror. There is only one thing more discomforting than a tattoo artist who misspells. That's a bereavement counselor with Tourette's.

Queen Street's denizens' self-mutilation was such that the tourists were shell shocked, eyes wide,

synapses roiling, processing the images of the protruding studded hardware ... body art 2007.

Body art reemerged with a malicious twist in the early 90s and is now as ubiquitous as the penny and often of equivalence.

Once the inked needle penetrates the dermis ... you're done. That green Afro will grow out but tattoos, like malevolent diamonds, are forever.

Dermal imbedded ink molecules trace back to 5300 B.C. with fifty tattoos inscribed upon the skin of Ötztal Man, an armed Alpine warrior unfrozen in 1991. The oldest mummy ever discovered, with gang tats no less.

Ever efficient, the Romans employed tattoos to identify their slaves captured in battle. Discoveries unearthed in Egypt and Greece as well as in ancient Celtic burial mounds verify the continuance of the custom. Evidently the mark of Chieftains.

Tats are in, in every university dorm worldwide and when a fashion cycle, and recognize this is a cycle, evolves to children, it's over. Cher quietly removed her much flaunted tattoos after accumulating them like husbands in the 1990's. Forsaken lemming-like fans are stuck with theirs.

Envision that tattoo of a little bird on your now firm breast as it droops with gravity, abetted by time and morphs into a crow.



Youthful self-expression will transform into workplace stigmatization shunning the tattooed like the lepers of today, smokers.

Tattooed workers will be badgered to conceal their art. Only permitted to rollup their sleeves while huddling at the workplace entrance. White-out for tattoos, a business opportunity.

Disney Corporation adroitly handles a hiring problem that will soon be courtroom fodder. How do you legally say no?

Walt holds auditions for 'cast members' not employees. Disney hires 'performers' for a 'show' so if an applicant arrived with rutting wolverines tattooed on his arm, that person was 'simply unsuitable for the part we were casting'. Clever. Even in the litigious USA civil libertarians have learned that a discrimination case against Disney is a non-starter.

The tattoo removal industry will burgeon, logically marketed as a new offering of the existing laser eye clinics with infrastructure ready.

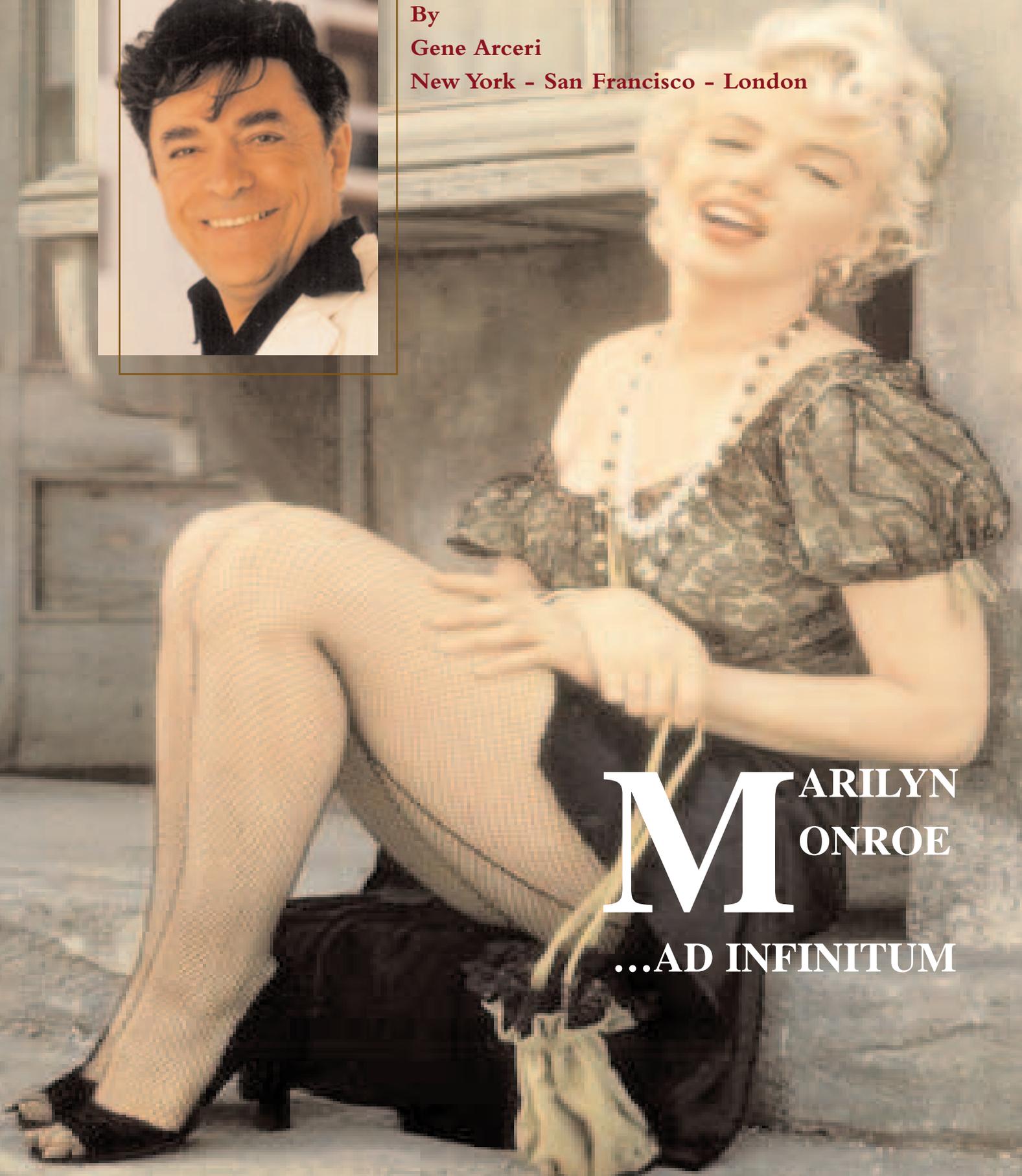
Meanwhile look out for the Harvard MBA with a cobra peeking above her suit collar ... that's the new CEO.

jo lee



«THE PROVOCATIVE & CHALLENGING WORLD OF ARCERI ... IS BACK

By
Gene Arceri
New York - San Francisco - London

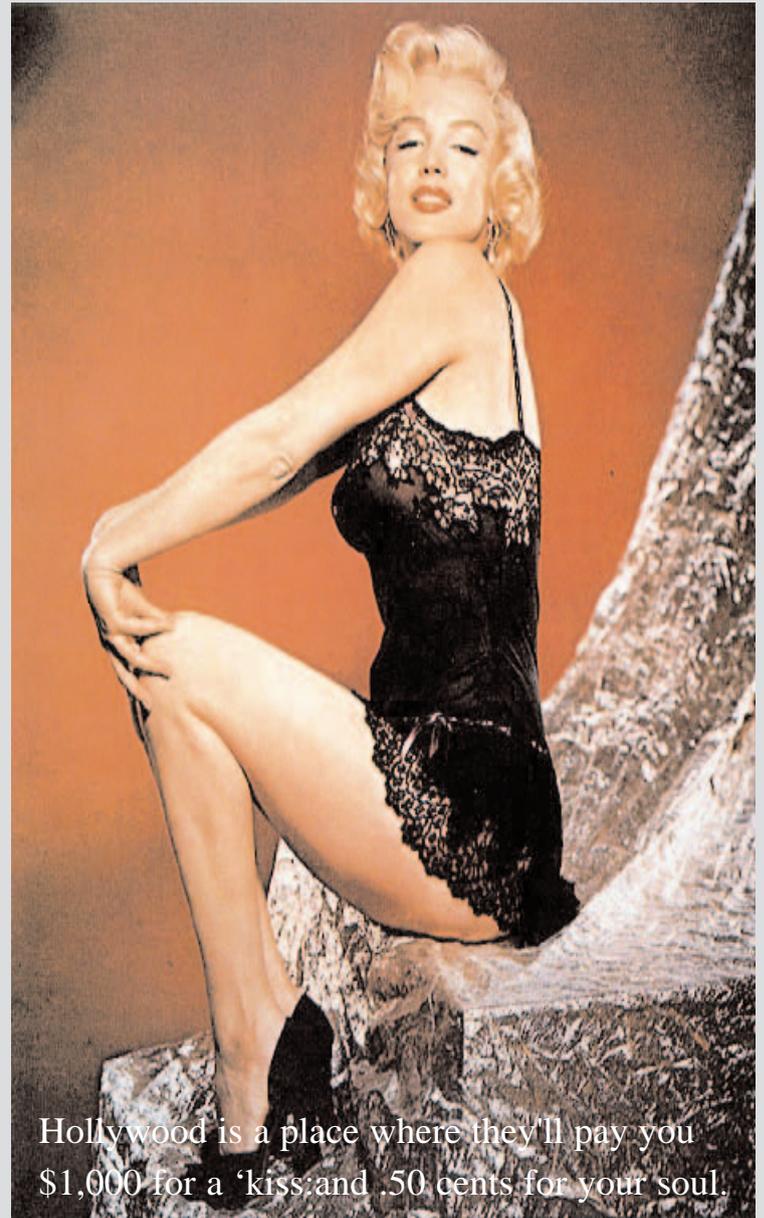


MARILYN
ONROE
...AD INFINITUM

Fame was the monster that revealed her demons



I was aware of her, so I went off in her direction, across the sound stage. I found her in a darkened corner in a flood of tears. "Thank you very much" she whispered and ran away. That was my meeting with Marilyn Monroe, he sighed with a sad smile.



What can I tell you about Marilyn Monroe that everyone on this planet doesn't already know?

You've heard it all! An abandoned waif left at the corner of nowhere and forever. Reckless ambition, courage and desperation forged her path. Along the way sexual proclivities, alcohol, drugs and fiendish friends, compounded with her Gemini duality - collided to bring about her early demise. Fame was the monster that revealed her demons and without any spiritual compass, flesh and fantasy deceived her, yet, Marilyn the body had a soul.

The London Theater Directory announced, "The Business of Murder" at the Mayfair Theater. Its star - Richard Todd. As I walked to the theater to keep an appointment to meet with Mr. Todd, I recalled his Academy Award nominated role in "The Hasty Heart" opposite Ronald Reagan, and as the young Scottish minister, Peter Marshall who was named Chaplain of the US Senate in "A Man Called Peter." We met backstage in his dressing room. In person he was handsome with the stature of a Bogart, Cagney. I was on assignment for Hollywood Studio Magazine and we got straight to his Hollywood career. I told him how much I liked 'Peter.' He said it affected millions and one young blonde under contract to 20th Century Fox in particular, Marilyn Monroe. While we were making "A Man Called Peter" she was making some other film on a nearby sound stage. The word had gotten around the studio about this extraordinary film full of sermons; kind of unusual, and a few people came to listen, and Marilyn came in frequently--more than the others. And there was one day--I was sermonizing and

Could a spiritual home that she missed out on save her? Jimmy Dougherty, her first husband, said of the pre-Marilyn, Norma Jean, "She was a sweet, generous and religious girl." But then sated, saddened, older Marilyn has the last word: "Hollywood is a place where they'll pay you a thousand dollars for a 'kiss' and fifty-cents for your soul. I know because I turned down the first often enough and held out for the fifty." Whether a Jezebel or Magdalene the tragedy of it all - is not the unrequited heartache, the emotional misery and the slow-moral death of a woman and an artist, but the fact that she never loved herself...



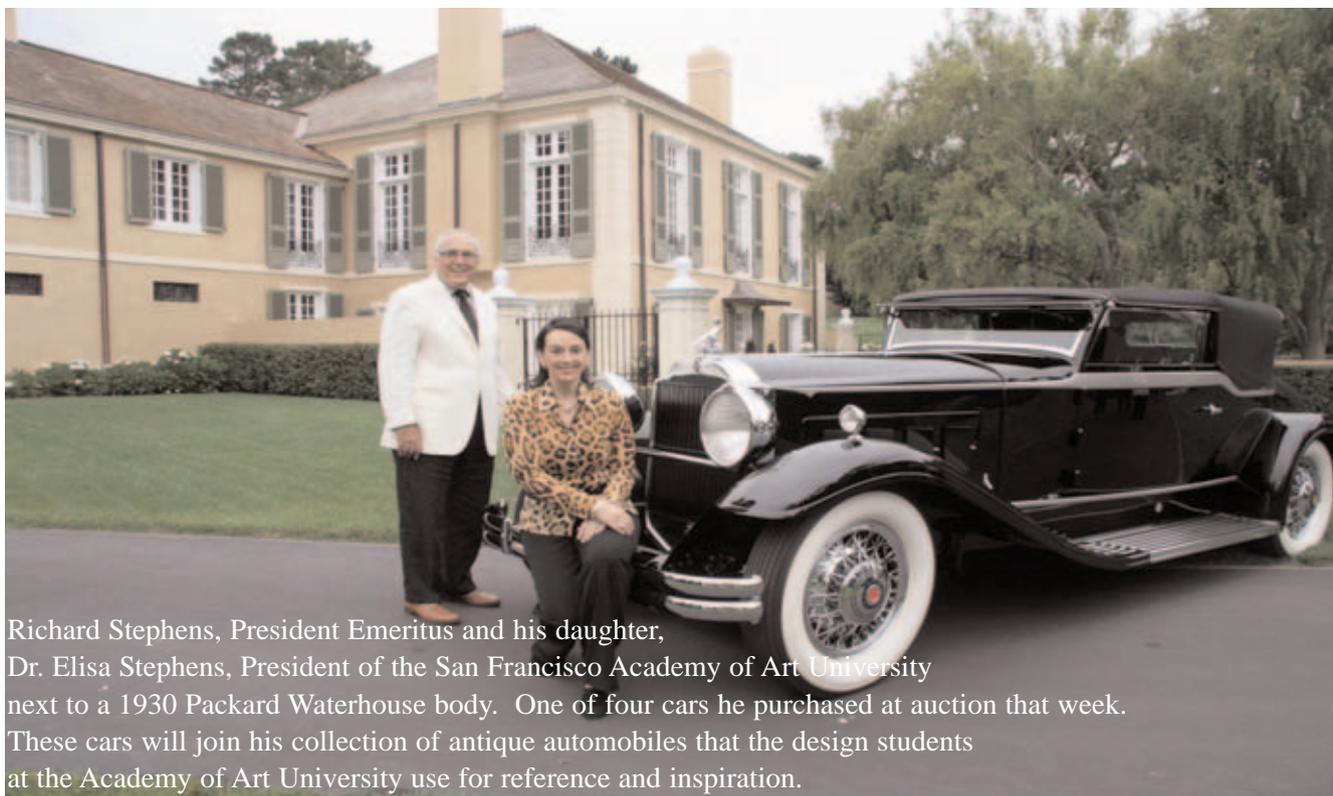
jo lee

« L'OCCHIO / THE EYE

By
Ray Scotty Morris
San Francisco - California

Ray Scotty Morris is not only an internationally renowned photojournalist and successful society photographer in San Francisco, but his career has enriched the lives of many on a wide scale. He's been taking pictures for close to fifty years and as a news photographer, he won 29 photo awards in just ten years - local, state and national, including best news picture of the year.

Scotty has received a Certificate of Commendation from the U.S. Senate along with the distinct honor of being written into the 107th U.S. Congressional Record.

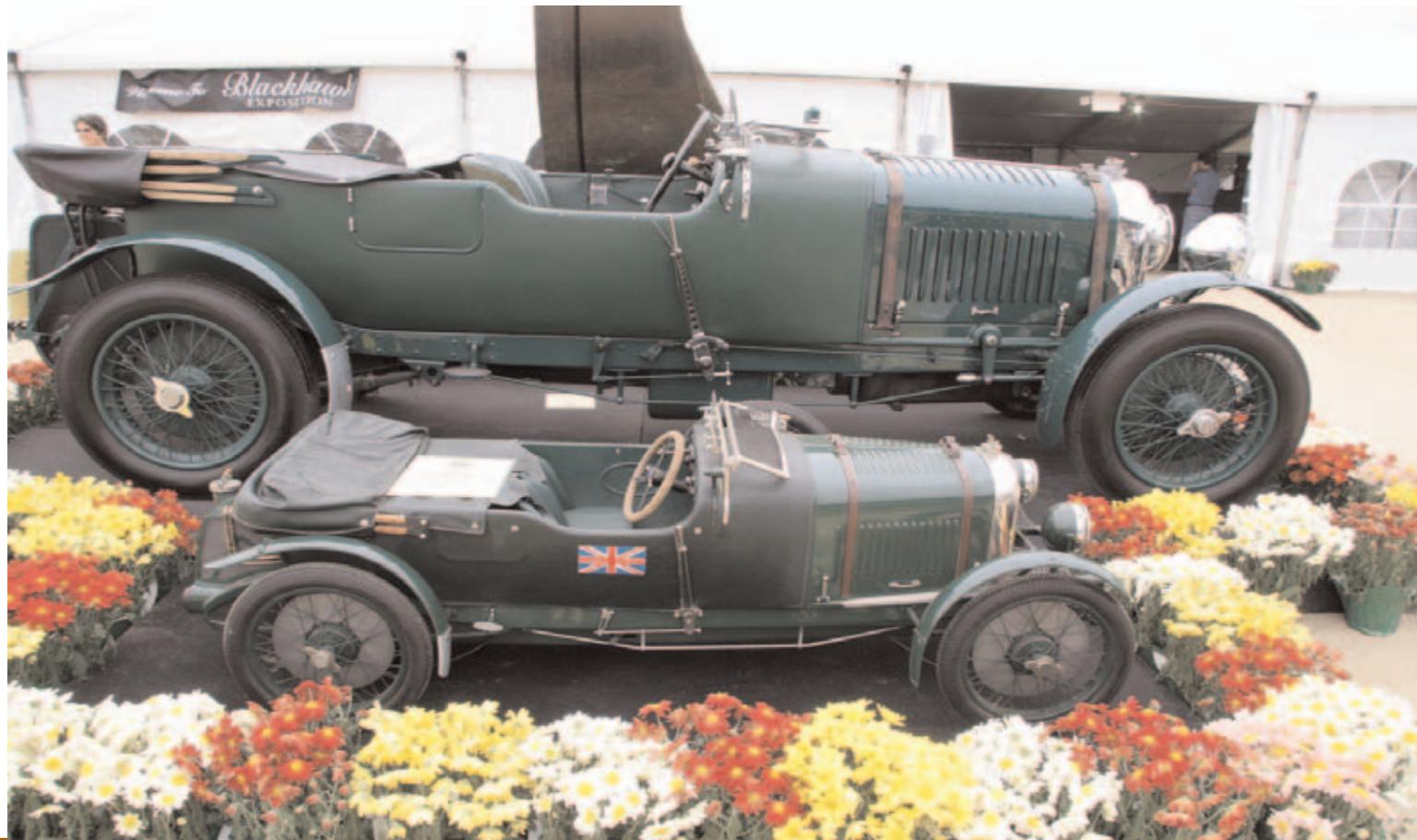


Richard Stephens, President Emeritus and his daughter, Dr. Elisa Stephens, President of the San Francisco Academy of Art University next to a 1930 Packard Waterhouse body. One of four cars he purchased at auction that week. These cars will join his collection of antique automobiles that the design students at the Academy of Art University use for reference and inspiration.

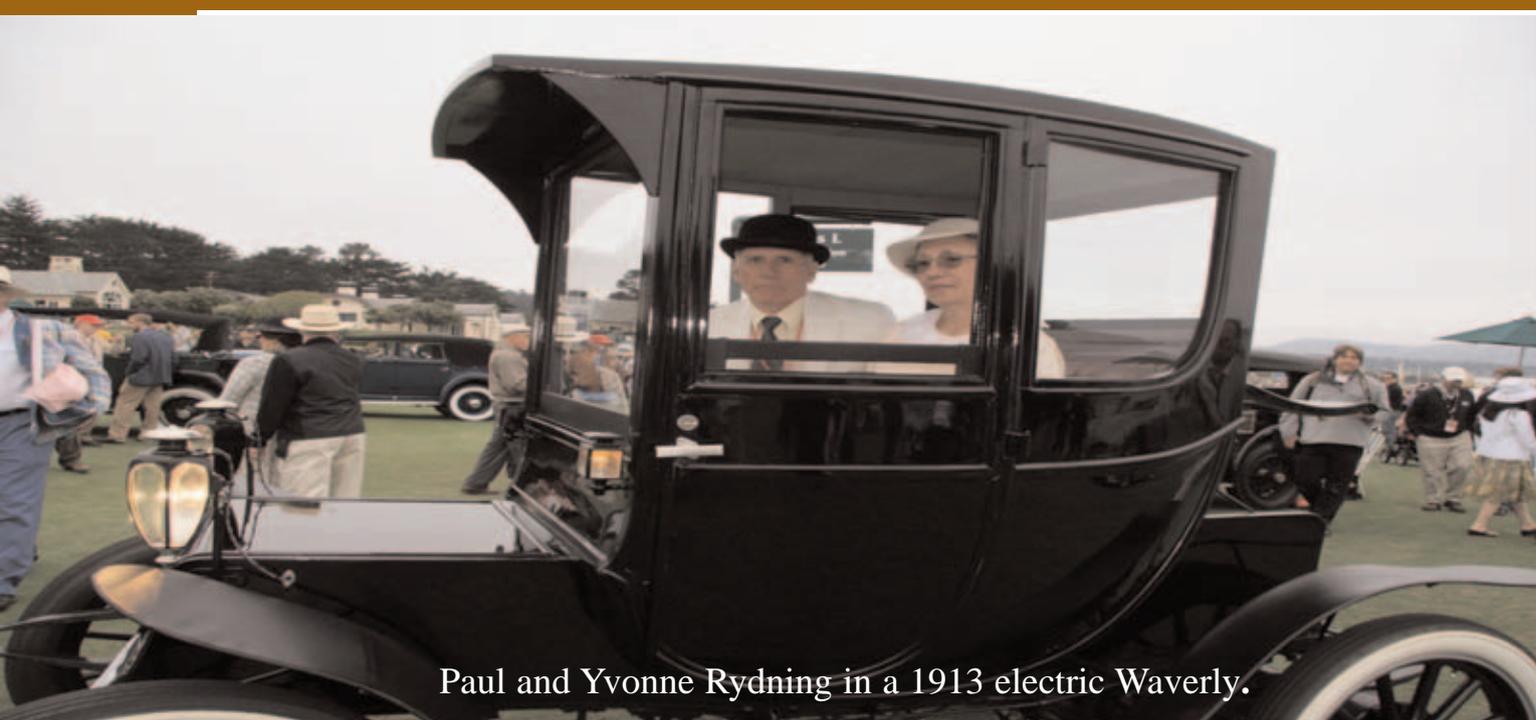
THE CONCOURS D'ELEGANCE

COMPETITION OF ELEGANCE

Held each year since 1950 at the 18th fairway of the Pebble Beach Golf Links - Concourse d'Elegance is a week long event taking in races, auctions and parties.



929 Bentley and matching child's car from the BLACKHAWK Collection.



Paul and Yvonne Rydning in a 1913 electric Waverly.



All cars are judged on:
originality, restoration **correctness**,
design and elegance.

There are 32 judges who judge different categories.
All cars are in mint condition and showing is by invitation only.
175 cars were invited this year.



English Bulldog, Ryder Hanson, keeps an eye on his master's 1931 Rolls Royce, a most appropriate job for a dog of that breed.



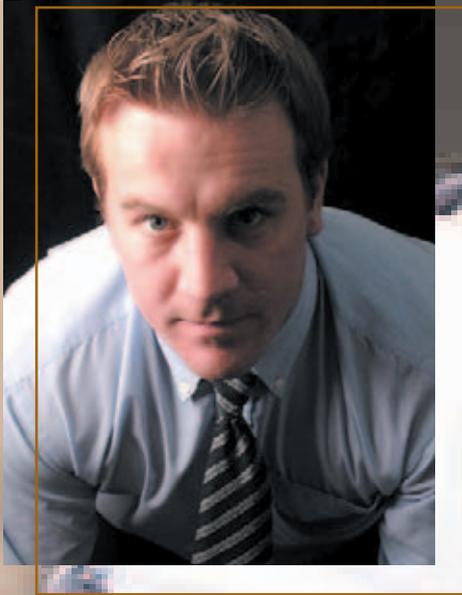
Crowd on the 18th Fairway of the Pebble Beach Golf Links.



There are over 50 awards in different categories.
The most prestigious is best of show.
It was won this year by a 1931 Daimler Corsica
Drophead Coupe.

1930 Roxton

jo lee



« HALF TIME

By James Mansell
Montréal - Québec

THE RELIGION OF SPORT

I predict that sport will continue to be used as a forum to influence religious beliefs for those who are 'influence able' in today's society.

Hi folks!

Speaking of the Los Angeles Dodgers - congratulations to Russell Martin - on his incredible year. Russell is a former baseball student and friend whose hard work has made him a fantastic role model for many aspiring athletes in his community.

Outside of church - what is the most popular thing people do on Sundays throughout the year? I believe that sports events are as closely attended as religious ceremonies in most parts of the world.

But should sport be used as a venue to promote religion? I guess the similarities are too obvious to deny. We attend a mass/service in a large amphitheatre watching a very talented group of people demonstrate their talents and beliefs. In sport, we watch athletes in a stadium show their physical and mental abilities on a field.



But what happens when one transfers into the other? I have no problem when an athlete thanks God or

points to the sky in a show of honor to a Superior Being.

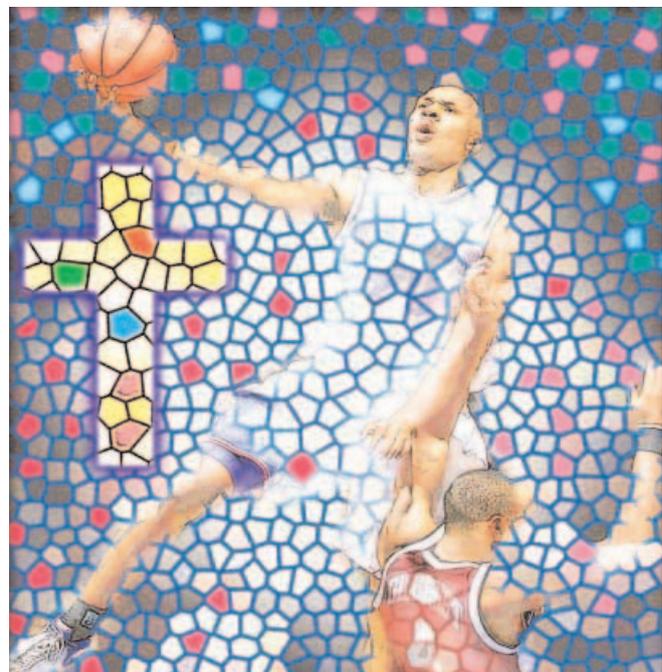
God himself knows I've thanked him many times for some of my successes on the field. What bothers me - is the hypocrisy I see when some of the athletes say: thank you!

At one end there is use of illegal drugs, violence, cheating done by some athletes but yet - they return to show their admiration for a Super Power by giving thanks. With all the famine, suffering, devastation in the world ... do these gestures not cheapen the value of prayer?

As far back as the ancient times - sport has been elevated to a worship level. Should they not be seen as two different entities. I say: let's not cheapen the true value of faith by some silly gesture - after a game.

To Write James: [Click Here](#)

**** James Mansell - Sport Management. Member Canadian Baseball Academy - full scholarship / /Donnie Mash Memorial Scholarship / Best Athlete student / Scholarship, Wayne State, Nebraska USA. Athlete of the year / varsity Baseball Captain / 3 time Jr. Elite All-Star / 3 time Jr. Elite Provincial Champion / Academic Baseball Canada Alumnus / Coach-Counselor high performance athletes Baseball Camp / Conceptual-principal developer sport drink / Founder-implementer Education through Baseball Sport School.**







Truly
inspired[®]
Deliciously unexpected

Come taste our passion for food & drinks
and allow us to exceed your expectations.



« POLITICALLY RED

By

Lani Silver

San Francisco - California

Did you know that the voters of Mississippi, a few years back, voted to retain an updated version of the Confederate flag as their state flag?

Google: 'Mississippi and flag' and see for yourself this travesty in red, white and blue.

PROTEST





In a land where blacks hung from trees and crosses are still burned on lawns, America humiliates itself when it has a state flag that honors the Klan, and little girls dying in burning churches. This flag reminds us of the 'N' word, Southern plantations, and exhausted sharecroppers. The vote spits in the face of abolitionists, civil rights workers and Freedom Fighters.

Oh Mississippi, why did you do it?

I ask my readers to consider writing Mississippi's Governor Haley Barbour and asking him to adopt a different flag – one all peoples can look up to. Remind the Governor that Mississippi is the only state in America that has a flag that revolves around a message that no longer should be seen in the USA. To write the Governor, write Lani.

To Write Lani: [Click Here](#)

Global tragedies seem to be imprinted on my mind. Auschwitz, Manzanar, Mi Lai, Tiananmen Square, Treblinka, Hiroshima, Port Chicago, Sabra and Shatilla and Faluja. I wish I did not know about Mathew Shepherd, the gay man left on a fence to die in Laramie Wyoming or James Byrd Jr. who was dragged through the streets chained to a truck in Jasper Texas. But I know and you know and it grieves me terribly to think of lynching, slavery and Emmett Till. And now this, the Mississippi flag.

Does this flag not make a mockery of the Civil War, slavery and the long and successful fight for equality? The flag symbolically drips with blood! Is this not a collective shame for the state?

**** Lani Silver - historian, artist, free-lance writer, and Lecturer with the American Program Bureau. {Gorbachev's bureau, Desmond Tutu, Betty Williams & Oscar Arias}. For 16 years, Lani directed San Francisco's landmark Holocaust Oral History Project, conducting 1,700 oral histories with Holocaust survivors and witnesses. Lani and her partner, historian Eric Saul, discovered the story of Chiune Sugihara, who is called "The Japanese Schindler." Lani became Steven Spielberg's first consultant and trainer for his Survivors of the Shoah Visual History Foundation. 54,000 testimonies. Lani is currently the Project Director for the James Byrd Jr. Racism Oral History Project. byrdfound@juno.com**

jo lee



« DINING! THE EXQUISITE 9

By Sue K. Wallingford
New York - Vermont
USA

Sue K. Wallingford has gained attention in no small measure as one of America's great hostesses and amazing chefs. A native New Yorker, Suki resides within the beauty of her country estate in Fayston, Vermont, USA.

ASIA

JAIPUR COURT
9&10 Leith Street
Penang 10200
Malaysia
Tel: 60.4.263.0306

This is said to be the best North Indian food on the island. Try the tandoori chicken and all sorts of yogurt drinks. food. Celadon-hued, spicy transparent noodles with red-hot chile dressing.



EUROPE

GIANNINI
23 Windmill Street
Over Lm6
Valletta, Malta
Tel: 356.237.121

On the 5th floor of an old townhouse, you'll love it. It is very fashionable with haute Maltese-Italian cuisine. It has a spacious bar on the main floor. Reservations are essential.

COX
Lange Reihe 68
Greifswalder Str. 43
Hamburg 20099 Germany
Tel: 49.40.249.422

A stylish, hip restaurant you'll thoroughly enjoy. The dishes are mostly German nouvelle cuisine. It reminds one of a French brasserie. Try the fillet of halibut. They use only freshest ingredients.

the 'between' treats. The cream of watercress soup was fantastic. We were in Germany to enjoy the World Cup.



AUSTRALIA

BLUE GRASS RESTAURANT
Todd St+Stott Tce
Alice Springs NT 0871
Australia
Tel: {08} 89.555.188

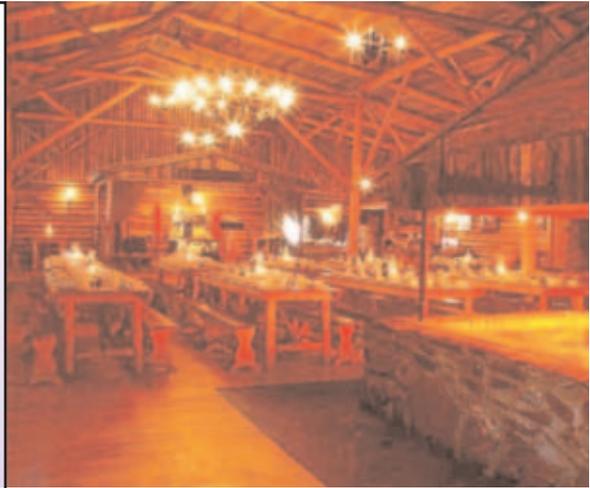
Centrally located, this restaurant is a few minutes walk from Alice Springs & Todd Mall. It has the most enjoyable atmosphere with its soft lighting. The ever-changing blackboard menu reflects the best of central Australia. Nothing is frozen, so the fish are ice shipped. They are known for their Chilean chipotle of beef with sweet chili parsnips.



CANADA

MURRIETA'S WESTCOAST BAR AND GRILL
200808 1st Street SW
Old Alberta Hotel Building
Calgary, Alberta
Tel: 403.269.7707

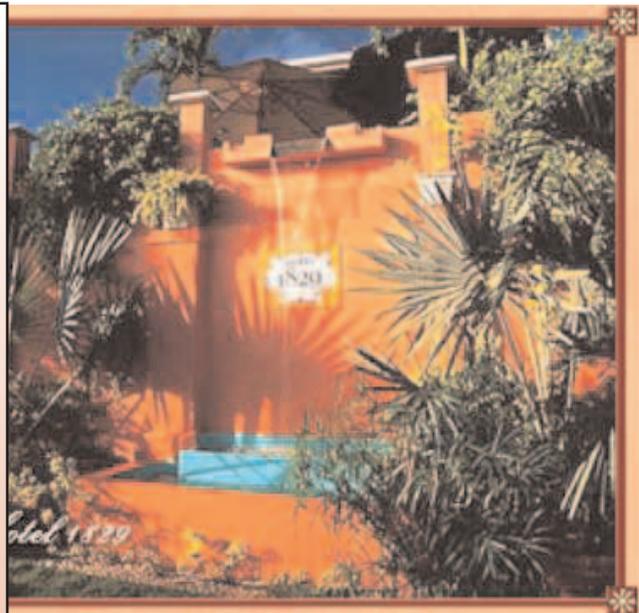
This wonderful dining room has high ceilings, exposed bricks and an exhibition kitchen which serves rack of lamb, osso bucco, bouillabaisse and a variety of pastas. The dessert is to die for. Squirrel Nut tart is fantastic if you love nuts. Hazelnuts, pecans, and pistachios topped with a whiskey-laced cream. Save room for it.



CARIBBEAN

CAFÉ MEDIA LUNA
351 Calle Antonio G. Mellado
Isabel Segunda
Vieques, Puerto Rico
Tel: 787.741.2594

A charming little eatery owned by Ricardo Benancourt and Monica. He was a famous Jazz photographer in New York and many Jazz greats come to eat here. If you are a party of 2, ask for the balcony overlooking the street scene. Try the lime rubbed ahi tuna with avocado-lime ice cream. The smaller plates give one a chance for sharing. Reservations required.



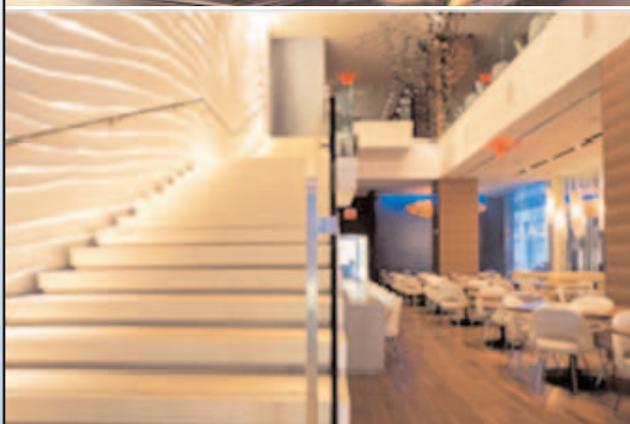
UNITED STATES

FAT CANARY
410 Duke of Gloucester
Williamsburg, Virginia
Tel: 757.229.3333

Compared to its surroundings in Williamsburg, this restaurant is almost stark in contrast. The taste is Contemporary American with Asian influence. The food is very fresh and innovative.

LAWRY'S THE PRIME RIB
4043 Howard Hughes Parkway
Las Vegas, Nevada
Tel: 702,893,2223

This Roast Beef restaurant is one of the best. Beef is served at your table from a domed cart with Yorkshire pudding. The service is perfect and the décor easy on your eyes.



MEXICO

DUCA d' ESTE
Hamburgo 164@Florenxia, Zona Rosa
Mexico City
Tel: 011.52.55.525.6374

The cheerful yellow walls, the mandolin players or the endless display of cakes, pies and cookies make this a wonderful, sweet, people watching place. Be sure to ask for 'café con leche' as it is the best coffee in all of Mexico City. They are open for breakfast and lunch.



*** Ah yes! And The EXquisite 9 continues to come**

jo lee



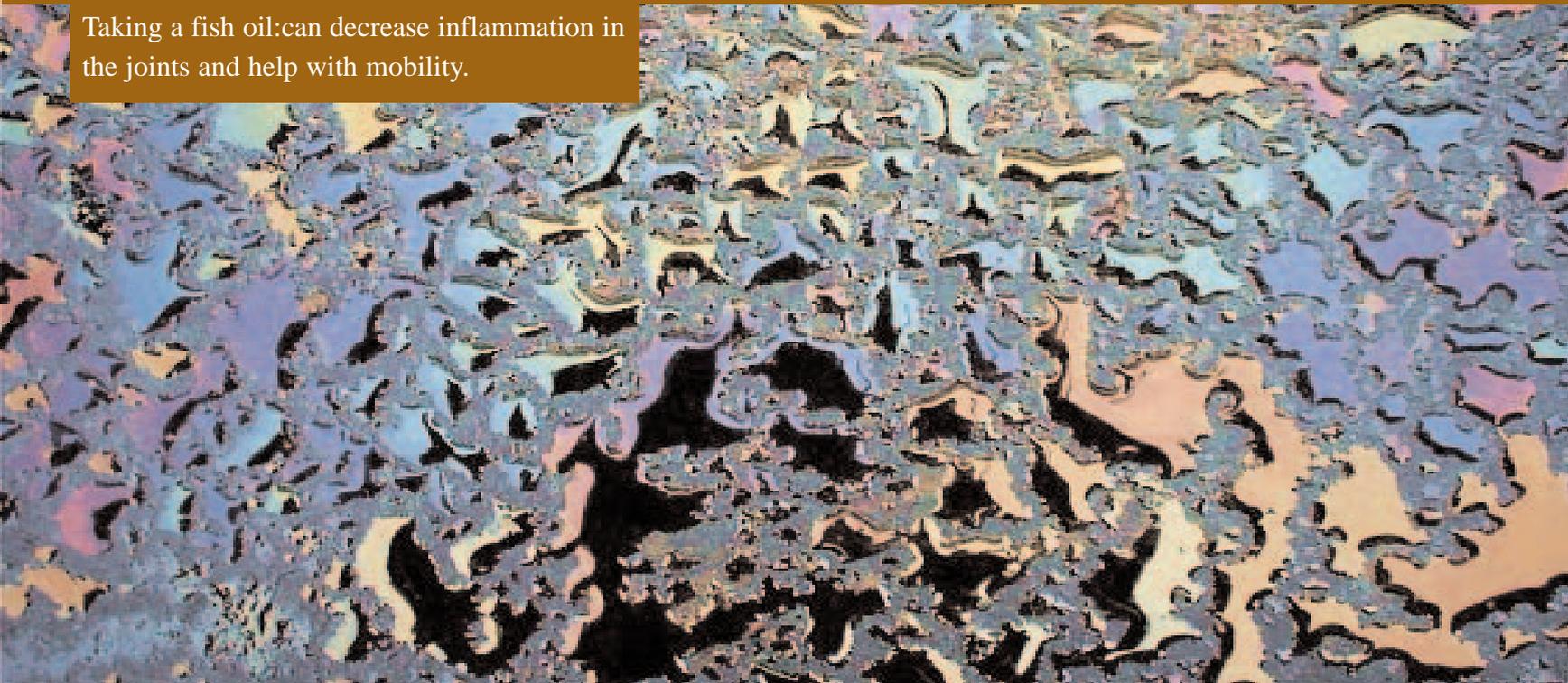
« **BODY AND SELF**

By Andrea Buckett
Doctor of Homeopathy
Toronto, Canada

YOU ARE WHAT YOU ATE

YOU'LL BECOME WHAT YOU EAT

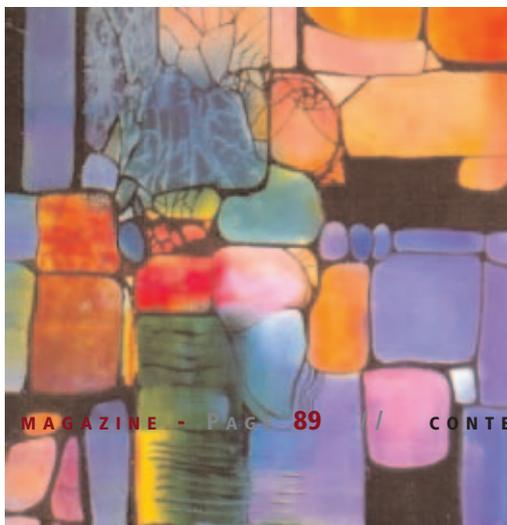
Taking a fish oil: can decrease inflammation in the joints and help with mobility.



And I'll bet the sweeps, on that!

Q: Why can't I stop craving sugar? What should I do to stop it? Jo Lee - JO LEE Magazine

A.B: Jo Lee, our bodies are hard wired to seek out sweet things. You see, sugar is used to fuel the brain and as the primary fuel source for the body. Periods of increased stress, such as meeting deadlines or writing exams also initiates the craving for such comfort foods. An imbalance in blood sugar occurs when the body isn't fed adequate amounts at consistent intervals. Eating a balanced meal/snack every 3-4 hours is important. It keeps your blood sugar levels from dipping too low – initiating a 'craving' for more fuel. Jo Lee, I know you're a health/prevention and colonic nut so, my next suggestion would not refer to you. But to all those who are eating regularly and your cravings are out of control: this can point in the direction of a parasite - especially if you are a traveler or, it too could be an overgrowth of *Candida albicans* – bacteria normally found in the body in small amounts. Its overgrowth can be caused by poor dietary choices or taking antibiotics. A Naturopathic Doctor can test you for both possibilities and then put a nutritional protocol in place to help.



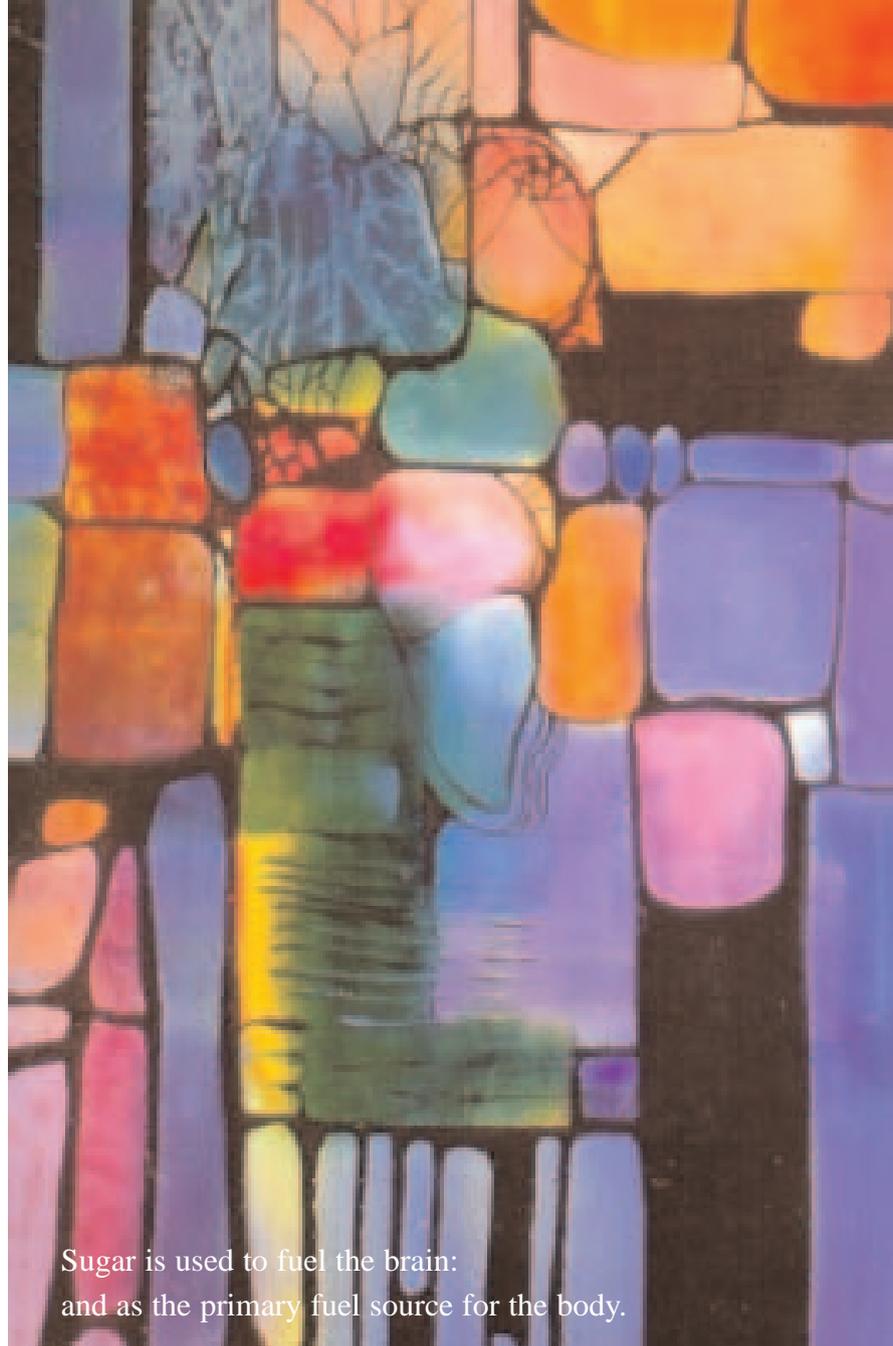
Q: I have been diagnosed with arthritis. What dietary strategies can I employ to reduce severity of symptoms? Parker – Frankfurt, Germany

AB: Arthritis can be painful and debilitating. Dietary changes like vegetables in the nightshade family: peppers, tomatoes, potatoes, eggplant contain bitter toxins that may interfere with the body's ability to repair cartilage and contribute to joint degeneration by promoting inflammation. Conversely, cruciferous vegetables including broccoli, cauliflower, onions, garlic are high in sulphur-containing compounds needed for joint repair. So reducing the first and increasing the latter is a good start. Also, taking a fish oil in either liquid or capsule form can decrease inflammation in the joints and help with mobility at the same time.

Q: Is drinking milk before bed to help you sleep an old wives' tale or does it really work?

Jason Howlett - Nova Scotia

A.B: Milk contains two nutrients that have the ability to help you sleep. One is tryptophan -a precursor to serotonin which produces a sense of calm and relaxation. The second is lactose {carbohydrate/sugar} which allows tryptophan to be taken up by the brain. If the reason you can't sleep is due to low amounts of tryptophan or serotonin in your system, milk does have the potential to help you sleep – as does pumpkin seeds, cheese, chicken with the best being - turkey.



Sugar is used to fuel the brain:
and as the primary fuel source for the body.

To Write Andrea Buckett: [Click Here](#)

* Andrea Buckett, Dr. of Homeopathy, lecturer, writer, renowned food expert – is passionate about helping people live into their nineties and feeling like 52! Yes, she's jumpstarted the most exciting nutritional adventures. She is a graduate of The Homeopathic College of Canada and her private practice today is a sole focus on the body's benefits and pleasures of great food.





« THE DIGITAL DIVIDE

By
Craig Ricker
Kostroma - Russia



BOB AND I



After six Yeltsin era years in Moscow, I understood that to fully grasp Russia I had to move deep into the Russian countryside. I purchased a log cabin in an ancient village in the Russian north, quit my job as director of the most famous night club in Russia, said goodbye to all my girlfriends and left, a total break with the past. I understood I was embarking on a monastic journey into the desert and I would be locked down in my log cabin for the next few years confined by the chains of poverty. In all situations, no matter how dire, there is opportunity. In this case, there was the opportunity to get a dog. I chose a Dachshund and named him Bob.

Moving to the ancient Russian village was like moving to an Indian reservation uninvited. Over the next seven years my dog Bob and I were never separated. No matter how inappropriate it was, I always brought him along and he always turned out to be the life of the party. Once I was arrested for having expired documents and taken to the local jail.

I insisted on bringing Bob and the chief of police was so taken by him that he fudged all my documents and insisted we get completely drunk together. Most of all Russian people noticed the deep love between Bob and I. Since Russians are still more pagan than anything else, this means a lot to them. A friend of mine who runs the local KGB office told me that he and his colleagues have had conversations about me and they decided that anyone who has that dog Bob has to be a good guy. So, they decided not to harass me.

In seven years of living in a very precarious situation, Bob saved my life directly twice: once



from fire and the other, we fought off two club wielding murderers. Also, there were countless dicey situations in which his charm cooled down potentially aggressive people.

In the last few years I took an apartment in the local small city and again had to befriend the entire community. I don't think I would have made it without Bob. Actually, Bob became famous over the entire county. There were three newspaper articles about him and he did a television interview with his answers in subtitles.

The reason for the interview was that Bob had sparked a fashion in the region.

Dachshunds became the rage because the whole city saw me here and there with this beautiful and charming dog. They don't even call them Dachshunds. They call them: Bob Dogs.

The old tales of great frontier dogs fending off bears, wolves and criminals is still applicable today.

Although circumstances changed the value of love, loyalty, courage - heart and charisma will always be the same.

* Craig Ricker is a prolific writer and among the world's best photographers. He went to Russia to develop an understanding of it's world from the inside and to accurately portray their life predicament within his books.





« CAPRICCIO

By

Danilo Navas

Nicaragua - Central America

THE CANADIAN MUSICAL AMBASSADOR JANE BUNNETT

A true musical ambassador, Jane Bunnett 'discovered' the richness of Cuban music many years ago. And fell in love with it. Since then, she has become an icon in the musical collaboration between Cuba and Canada. Without boundaries. Without political involvements. Everything in the name of music, and for the love of it.

Giving up on the piano was not an easy thing to do, but physical pain and health complications caused by tendonitis were getting in the way. She made a tough decision, switched to soprano saxophone and flute and ever since - many won-

derful events have unfolded in the private and professional life of this great Canadian artist.



Having recorded 15 albums - Jane has been nominated twice for the Grammy Awards and she's become a fixture of Canada's Juno Awards, having been twice a winner. Both Jane and her husband, trumpet player and producer, Larry Cramer, were the masterminds behind the award winning documentary Cuban Odyssey: Spirits of Havana. In 2004, Jane was made an officer of the Order of Canada. In October, 2006, she received an Honorary Doctor of Laws from Queen's University, in Kingston, Ontario. The recognition, though overwhelming, has never deterred her from being the same, down to earth, true artist.



Jane's latest project, Radio Guantanamo, is a tribute to the great 'Changüü' music of the Cuban province Guantánamo. "We were deeply inspired by the music of the Grupo Changüü de Guantánamo and also the Grupo Changüü de Santiago in Santiago de Cuba," Jane and Larry reflected.

"Throughout this 'celebration of sounds' we brought in some of our favorite musicians whose diverse musical background connected in a very profound way. Jumpin' Johnny Sansone 'clicked' immediately on his first night in Santiago with the Grupo Changüü de Santiago. His compositions 'Give me one dollar' and 'No money no Chica' managed to capture the street life of New Orleans as well as Santiago de Cuba with no compromises. Magically - his Harmonica and Accordion worked with and meshed almost seamlessly with the Tres, Bongos and Marimbula of the Changüüseros".

Then there was our special project known as RADIO GUANTANAMO. "A spiritual cry and the deep blues' sound of Dewey Redman's Tenor, created a beautiful tribute to the goddess of the sea in 'Yemaya and Changüü'. This record was a joy to make. It was the 'wave' we rode with our many friends and we hope this music lets you dance, dream and dance again.

To write Danilo: [CLICK HERE](#)

* Danilo Navas is a Master of the history and diversity of World Music. The collecting and writing about its richness is for him, an all encompassing passion.

DMIN

INTERACTIVE



WEB DESIGN

GRAPHIC DESIGN

STREAMING MEDIA

WEB SITE MANAGEMENT

INTERACTIVE MULTIMEDIA

ENCORE »

In this season's Anniversary 'Encore'

*- JO LEE Magazine's Grace Fong, Director,
Diplomatic Relations - The ADESTE Prize
- shares her passion and success.*

Grace
Fong

BORN

Hong Kong

LANGUAGES

English - Cantonese

PARENTS

Great parents who provided me with a sister who is always there

MY PROFESSION

Relationship Management

PASSION

Coach & Develop individuals to be Considerate, Courageous, Motivated, Persistent, Reliable.

RESULT

A happy and caring family
A successful and challenging career
Surrounded by many meaningful friendships

HOBBIES

Design & Entertaining
Boating, Fitness, Gardening, Tennis

FAMILY

My daughter who continually grows and shares.

FINALE

We are inspired by many.
I am honored to be this integral part of a global entity that touches the Unsung Heroes.

ADESTE recognizes individuals in the following categories:

Humanities, Social Justice, Technology, Arts, Medicine

Please Nominate a 40 or under individual who deserves to be recognized.

Imagine!!!!
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WIT'S END #1 »

By JO LEE Magazine

New York / San Francisco / Hong Kong / London

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HAROLD

I was having trouble with my computer.
So I called Harold, the computer guy, to come over.
Harold clicked a couple of buttons and solved the problem.
He gave me a bill for a minimum service call.
As he was walking away, I called after him:
"So, what was wrong?"
He replied, "It was an ID ten T error."
I didn't want to appear stupid but
nonetheless inquired. "An ID ten T error?
What is that - in case I need to fix it again?"
Harold grinned.
"Haven't you ever heard of an ID ten T error before?"
"No," I replied.
"Write it down" he said, "and I think you'll figure it out."
So I wrote down. I D 1 0 T.
I used to like Harold!

WIT'S END #2 »

By JO LEE Magazine

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HUSBAND'S ADVICE

While shopping for vacation clothes,
my husband and I passed a display of bathing suits.

It had been at least ten years and twenty pounds
since I had even considered buying a suit.

So, I sought my husband's advice.

"What do you think?" I asked.

"Should I get a bikini or an all-in-one?"

"Better get a bikini," he replied.

"You'd never get it all in one.

Funeral services will be Friday morning.



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« EDITOR AT LARGE

**By Carla Dragnea
Bucharest, Romania**

TAKE IT ANYWHERE - Digital cameras are so compact and powerful these days that taking them everywhere is easy. With many models fitting into a shirt or jean pocket - you'll never miss a shot.

ALL HANDS ON DECK - Let each family member have a turn with the camera. This will not only ensure that everybody makes it into the picture but it can also provide those unique perspectives that only children can give.

USE NATURE'S NATURAL LIGHT - Early mornings and sunsets can provide amazing displays of natural light and colour - use it to your advantage and get creative with your pictures.

JUST ADD WATER - Try to include shots of the ocean and other bodies of water as background, whenever possible. It adds an emotional element to



MARCH BREAK PICTURE TAKING

With March break just around the corner, here are some simple tips that will help you capture those precious moments spent with your family or friends!

photographs and is a strong reminder of beautiful times spent.

LOCATION, LOCATION, LOCATION - When shooting landmarks and unique backgrounds, don't be afraid to experiment with different perspectives. If you're shooting a tall building or palm tree, why not take the shot lying down to get that worm's eye view. Or, climb atop the lifeguard's tower to get a more broad perspective of the beach.

BE PREPARED - In the digital age it is important to be ready for anything - so ensure that you have an extra memory card, batteries and a quality carrying case on hand while you are out and about on a daily excursion. You never know what you might see while exploring!

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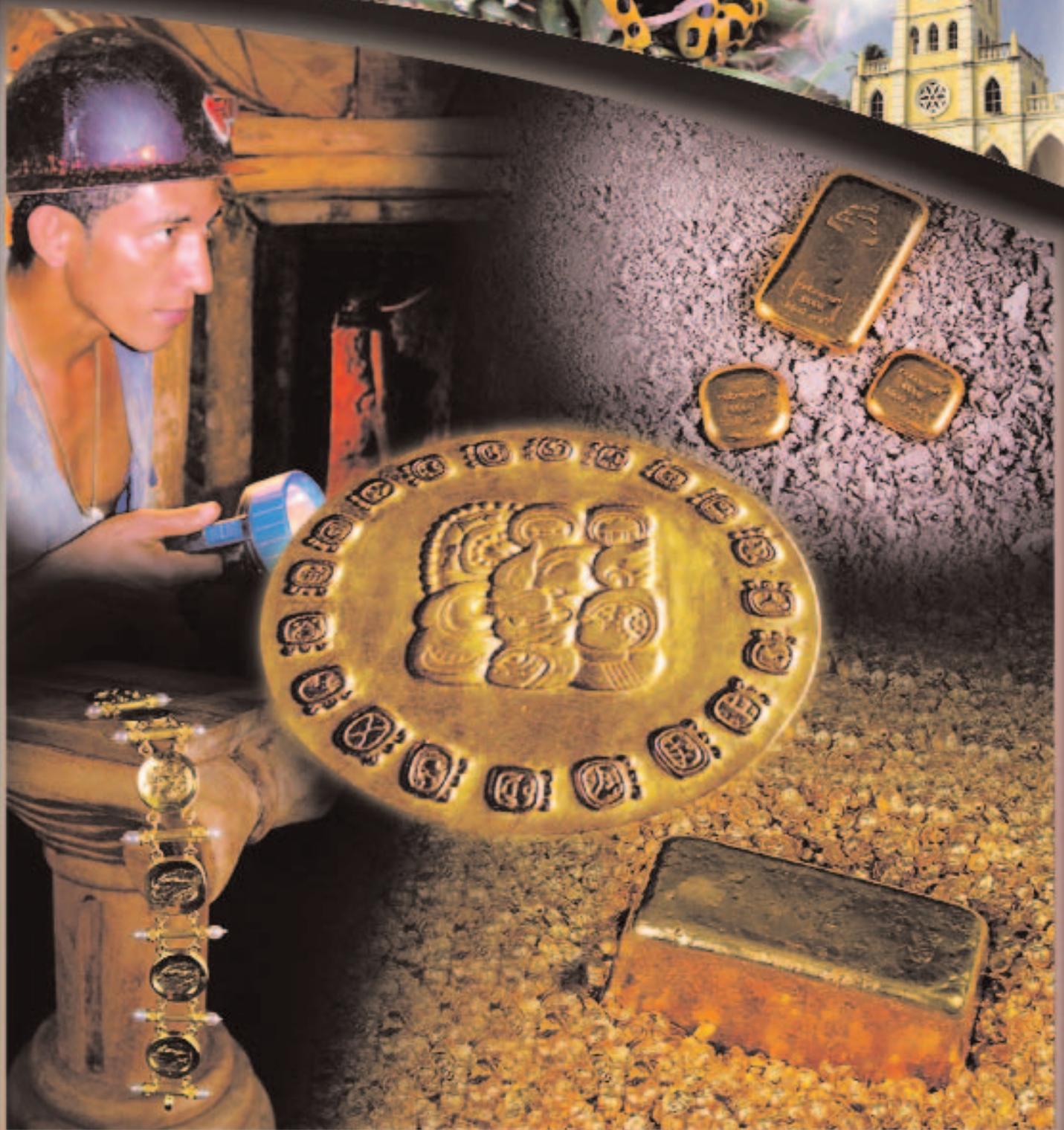
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