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THE ADESTE GOLD MEDAL LAUREATE 2013

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Original cover photography and Digital Imaging by Alexandre A. Egan. alexandraegan.com

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PUBLISHED BY  
JO LEE MAGAZINE  
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New York/San Francisco/Hong Kong/  
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New York / San Francisco / Hong Kong /  
London / Tokyo / Rome / Toronto

## LETTERS TO THE EDITOR

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*Rita Hon*

Retiree  
Lodi – New Jersey

I just wanted to thank you for this edition of JO LEE Magazine. I am a senior, 76 years old from Lodi, New Jersey and this new layout will make it a lot easier for me to read the interesting articles and look at the beautiful pictures. What a joy it is for me. My world becomes smaller as I continue to move from age-ing to sage-ing, a profound new vision of growing older, so I have to keep up with the times.

So, thank you again for making this one of the ways that I can continue to be excited about life, as I was when I received it this morning.  
– Power Issue 2013

*Bernard E. Schultz*

Engineer  
Dusseldorf – Germany

Here is an interesting story and commentary on the failure of socialism to contribute to social welfare. The amount of reverse engineering in the world is amazing and, while not so easily done, it does take less imagination. In fact, today we find socialism's failures are leading back to communism under Putin. The Digital Divide – Power Issue 2013.

*Charles Andovik*

Professor  
Toronto – Canada

I enjoyed reading this clear exposition of our way to a better life (without calling on God by name). The second installment should describe the greed that causes evil governments to prevent world peace. We will not have the peace the writer describes until we obtain leaders who value world peace over personal wealth. Double Entendre – Power Issue 2013.

*Glenda Purchesen*

Health Service Executive  
Nairobi – Kenya

While we all feel the necessity to provide care for the suffering children, the only solution to the millions of victims of poverty overwhelming society is for the parents to be held responsible. Parents bring them into the world and if they know society will require them to adequately care for their children or be punished – perhaps they will wise up. When Angels Cry – Power Issue 2013

*Inger Birch*

Dr. of Emergency Veterinary Care  
Copenhagen – Denmark

A very heart-filled story: The love established by both the masters and the blind dog has proven all things are possible! The dog story brings to mind just about every memory of a dog in life. A dog is so unusual in its affection for its master. Anyone who has a dog has a friend without taming it. L'occhio /The Eye – Power Issue 2013.

*Mitroy Ghent*

Sculptor  
Port Antonio – Jamaica

The ode to spring as read in Narcissus Jonquilla is welcome – an inspiration in a magazine of new insights. The Poet's Corner – Power Issue 2013. JL



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## CONTRIBUTORS



*Gene Arceri*

### THE PROVOCATIVE & CHALLENGING WORLD OF ARCERI

Gene Arceri has gained world attention as a writer, critic, award winning PBS reviewer and publicist. A native New Yorker, Gene resides in San Francisco and spends considerable time in London. Among his best selling books are: Elizabeth Taylor: Her Life, Her Loves, Her Future and RED: The Tempestuous Life of Susan Hayward.



*Monte S. Bell*

### LA GRANDE FINALE

Monte S. Bell was a practicing architect in San Francisco for almost 40 years while affiliated with Sidmore, Owings and Merrill before forming his own firm in 1970. Born in Vancouver, Canada, Monte is now retired and living in Vermont. Always interested in art, he began drawing cartoons for his high school magazine and has continued cartooning to the present.



*Susan Berger*

### 16 WHO MATTER

Susan Berger, after a successful career in finance, embraced journalism as JO LEE Magazine's Marketing Editor and writer of 16 Who Matter. Previously, Susan held financial positions with major institutions including TD Financial Group and Alliance Atlantis Communications.



*Andrea Buckett*

**YOU ARE WHAT YOU ATE**  
Andrea Buckett, Dr. of Homeopathy, lecturer, writer, renowned food expert – is passionate about helping people feel young. She is a graduate of The Homeopathic College of Canada and her successes to date have become a sole focus on the body's benefits and pleasures of great food.



*Stanley J. Dorst*

### PROS & EX.CONS

Stanley J. Dorst is a retired officer of Chevron Land Development Co. and CEO of Grosvenor Development Co. He's been advisor to European governments and private companies as Vice-President of The International Urban Development Association and advisor for The International Executive Service Corps on behalf of the United States State Department Agency for International Development.



*Carla Dragnea*

### EDITOR AT LARGE

Carla Dragnea is a Biologist whose interest in feature writing has encompassed 'the study of life'. In September, 2008, she was appointed Intellectual Advisor to the YES! E-Help Campus which assists 11+ million young people worldwide with their problems, each month. [yesintl.com](http://yesintl.com)



*Kelechi Eleanya*

### WHEN ANGELS CRY

Kelechi Eleanya is an economist and a committed development expert with the UNDP. He holds a degree in Renewable Natural Resources Management and a Master's in Forest Economics.



*Lois M. Gordon*

### YES, VIRGINIA! COME – EXPLORE WITH ME

Lois M. Gordon is a world traveler and resides in California's Silicon Valley. She has spent her life as wife and mother, chairing several committees and indulging in her passion for reading and writing poetry.



*Brian Hanington*

### SEIZING POWER

Brian Hanington is a relentlessly busy ghostwriter in the corridors of power. He has penned speeches, letters and books for movie stars, admirals, knights, prime ministers (and even a pope), always staying anonymous -- until now. His column gives readers an expert's insight into the power of persuasion. Brian is the President of Stiff Sentences Inc.



*John Paul Jarvis*

### I'VE ALWAYS BEEN NUTS

Paul Jarvis has enjoyed a full corporate career as CEO of four subsidiaries of foreign multinationals and served on six boards. Board and boat sailor, tennis player, terrible musician all tempered by eclectic friends – affords a basis for views and opinions on a broad range of topics.



*Saul Levine,  
MD*

**DOUBLE  
ENTENDRE**

Saul Levine, MD, is Professor Emeritus in Psychiatry at the University of California, San Diego. Saul is an international author and former host of a long-running television advice show. He is especially interested in the paradox of humanity: our capabilities to be benevolent and inspirational, yet also to be greedy and destructive.



*Ray Scotty  
Morris*

**L'OCCHIO /  
THE EYE**

Ray Scotty Morris is an internationally renowned photojournalist and successful San Francisco society photographer. He has won 29 photo awards in just ten years – local, state and national, including best news picture of the year. Scotty has received a Certificate of Commendation from the U.S. Senate along with the distinct honor of being written into the 107th U.S. Congressional Record.



*Dr. Margaret  
R. O'Keefe  
Umanzio*

**THE POET'S  
CORNER**

Dr. Margaret R. O'Keefe Umanzio, Peggy, has been an advisor to CEOs and corporate executive teams. She was a cofounder of the first fully-integrated alternative public school in the U.S., has lectured at Boston University as well as at Stanford, Berkeley and Tufts. She is currently writing a book titled Delivering on the Promise.



*H. Gail Regan*

**THE MARVELOUS  
MAVERICK**

Gail Regan is vice-chair of Cara Operations. She chairs Energy Probe, is a member of the Canadian Association of Family Enterprise, the Family Firm Institute and the Strategic Leadership Forum. She has a PhD in Educational Theory and an M.B.A. in Finance. Her background in sociology and her personal experience of business have given her an intellectual interest in the problem of evil.



*Sally Anne  
Reisner*

**THE POET'S  
CORNER**

Sally Anne Reisner grew up in San Francisco's Bay Area and then taught in an urban-suburban high school in New Jersey for eighteen years. At the age of fifty she left her job, re-married and focused on her writing.



*Vera Resnik*

**THE POET'S  
CORNER**

Born in Prague, Czechoslovakia, Vera Resnik lost most of her family in the Holocaust. Her volunteer work in the New Jersey court system – as a conflict resolution resource and advocate for children's rights – led to a court appointment to the child review committee. Today, Vera's writings are widely read.



*Craig Ricker*

**THE DIGITAL  
DIVIDE**

Craig Ricker is a prolific writer and among the world's best photographers. He went to Russia to develop an understanding of its world from the inside and to accurately portray their life predicament within his books.



*Dr. James T.  
Rutka*

**SYNAPTIC  
TRANSMISSION**

Dr. James T. Rutka is the R.S. McLaughlin Chair of the Department of Surgery at the University of Toronto; Co-Director of The Arthur and Sonia Labatt Brain Tumour Research Centre, and pediatric neurosurgeon at The Hospital for Sick Children, Toronto, Canada. He has served as Chairman of the Division of Neurosurgery, University of Toronto and President of the American Association of Neurological Surgeons.



*Kathleen  
Mailliard,  
Solmssen*

**PIZZAZZ**

Renowned designer, writer, successful photographer, hilarious speaker, chef, mixologist Kathleen Mailliard Solmssen resides in the magnificent outskirts of San Francisco. Her pinterest.com/ fashionandflair and fashionwithflair.blogspot.com is filled with life lessons and laughter, exquisitely mirrored in her column Pizzazz.



*Heide Van  
Doren Betz*

**THE RICH &  
THE FAMOUS**

Heide Van Doren Betz, an Art Consultant specializing in Ancient Art and Icons, has taught Art History and created world famous collections of Antiquities and Icons. Her accomplished photography was shown in a solo exhibition at the Winckelmann Museum in Germany. JL

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אלהינו  
שלמה.



## *Syndrome Mixing And Corruption*

BY H. GAIL REGAN  
TORONTO – CANADA

HDR PHOTOGRAPHY BY ALAN BRISKIN  
SAN FRANCISCO – CALIFORNIA

According to a vision first developed by the ancient philosopher Plato, and then modernized by urban geographer Jane Jacobs, differentiating guardian and commercial “syndromes” is key to peaceful prosperity. When syndromes mix, when government officials (guardians) turn commercial and look for payoffs, or when commercial enterprises become guardian and can use force, the ensuing corruption impoverishes, increases social inequality, and invites violence.

In advanced economies, actual honest-to-goodness differentiation of commerce and government fueled the peaceful prosperity that was with us prior to the financial crisis of 2008. However, contrary to the vision, legal, idealized syndrome mixing had also crept in. Some businesses inspired themselves with visions of grandeur suitable for government, while governments entered housing markets and adopted the laissez-faire idea that regulating these manipulated markets was unnecessary. Businesses acted as if they were guardians of territory and

governments were too humble to take responsibility for their mandate. The mixed metaphor asked for trouble and trouble came.

Syndrome mixing as an ideal was the fundamental cause of the financial crisis of 2008. If banks had not been so inspired by market share strategies, if government had taken regulatory duty more seriously and had not been so committed to housing as an instrument of social justice, the crisis would have been less intense, if it happened at all. But growth is the mantra of business, permissive regulation was the ideology of the time and housing policies were popular. So the crisis occurred.

Although genuine differentiation was the real base for peaceful prosperity, syndrome mixing captured the collective imagination. My concern is that the delusion not only created chaos, it grew corruption. Laurence Cockcroft’s recent book *Global Corruption* illustrates corruption’s many types; its history and

efforts to combat it. He points out that legal mechanisms such as “secrecy jurisdictions” and “mispricing” enable corruption, but also help balance of trade and corporate profitability in advanced economies. Rich countries, even though they do not tolerate corruption in their home base, depend on it anyway.

Post-crisis Canada and the U.S. have more unemployment and more income inequality than before. Even if we elect leftist politicians who devote themselves to restoring full employment and relative equality, we will still have government agencies and private institutions tolerating corruption in poor countries and in trade practices between the rich and the poor. This has backlash for Canadian and U.S. poverty and inequality, whether we like it or not.

Recovery will happen, but the process is no longer a case of simply replacing foolish ideals with wise ones. Our newfound dependency on sin is another challenge.

JL



## *What's Your Best Club*

BY STANLEY J. DORST  
SAN FRANCISCO – CALIFORNIA

ORIGINAL ART BY BILL WHEELER  
BILL.WWHEELER.COM

What's your best club?

How many categories and how many to join there are!

Country clubs, athletic clubs, service clubs, religious, morning coffee, common interest, luncheon, breakfast, business, prestige, community clubs, neighborhood clubs and book clubs – to name a few.

I think I have joined all of them at one time or another, and sometimes several at once.  
But what one stands out as the “best”?

While we have many reasons for joining clubs, basically it is to seek help in some activity. It may be help in sports to make a team, in business to make a sale, or help in understanding through discussion.

It follows that if the purpose is to be supported, then in turn your role must be to support others; to bring in new members, to invite them to play with

your group, and to help them when they require it.

So while there are many clubs and many answers as to which is best, since your club becomes an important part of your life, what is important in your life should be a determining factor in evaluating which is the most important club. It should be one that serves to meet your needs and it follows, as described above, one where you can meet the needs of others.

The list of human needs is long, such as fellowship, business opportunities, and favorable treatment by government, businesses, friends and enemies.

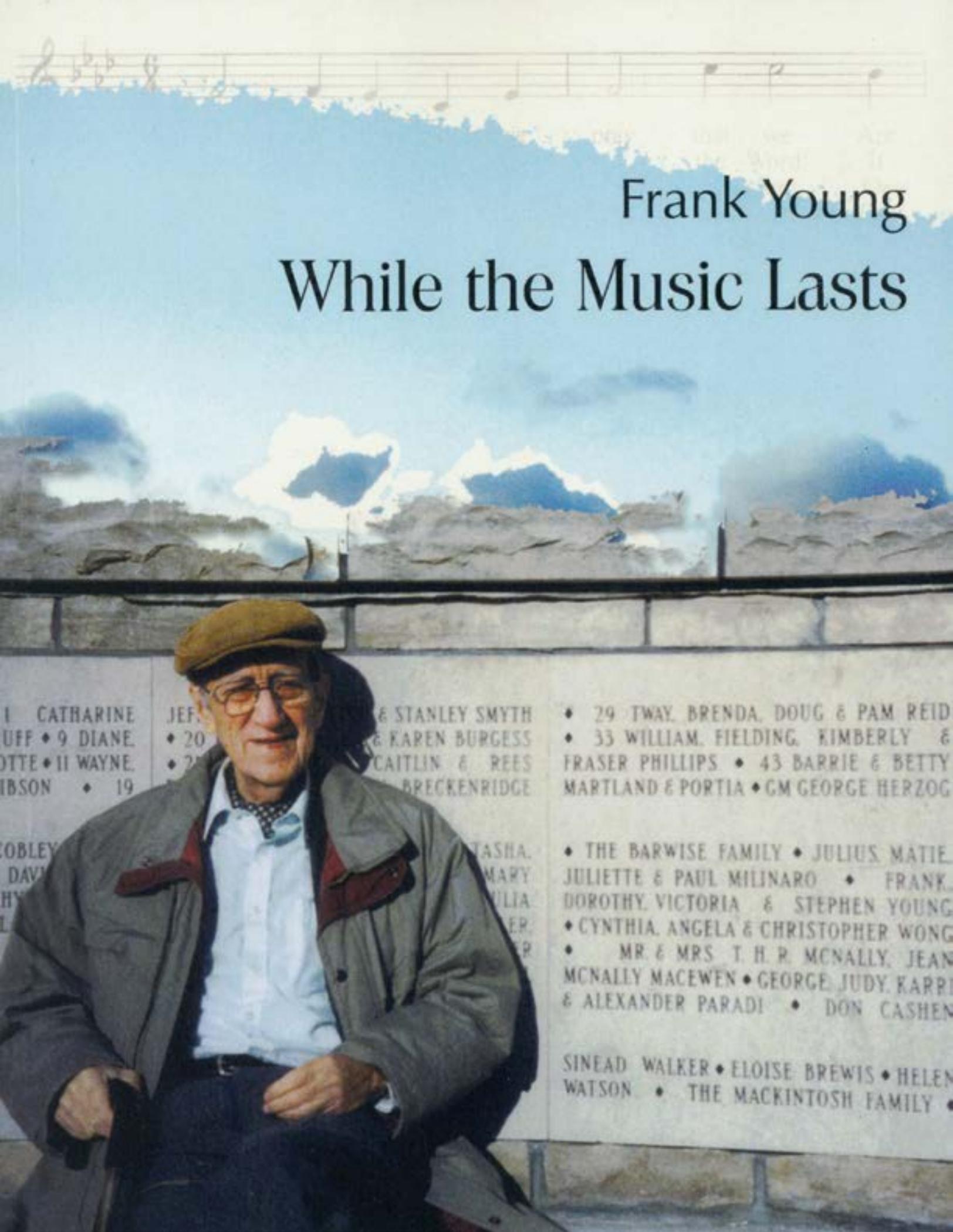
What “club” will satisfy these needs and those of society best? Many organizations are dedicated to service, for example the Boys Club, Kiwanis or the church.

To me the church most sincerely qualifies as the best club – because the church has an open membership

dedicated to providing the fullest opportunity for service to all others.

Of course churches get buried in controversy over what they believe in but the basic purpose remains “to do unto others as you would have them do unto you”.

What do you think?



# Frank Young While the Music Lasts

I CATHARINE  
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& STANLEY SMYTH  
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WATSON • THE MACKINTOSH FAMILY •

Frank Young was 96 when he died, May 8, 2013. He wrote poetry most of his life, but didn't get around to publishing any until he produced a wonderful book of some of his poetry at the tender age of 94.

I was a long time friend of Frank. For many years Frank and I had "a grand old time" (one of Frank's favorite phrases) communicating long distance with each other, sharing and enjoying each other's poetry, and appreciating each other's poetic sensibilities.

On May 9, 2013 I composed a tribute to my friend, which was read by the Honourable Norman Dyson during his eulogy for our friend Frank Young on May 10, 2013 at Rosedale United Church, Toronto, Canada.

### *Frank Young, The Noble Poet*

By Lollie Butler  
Tucson – Arizona

While time and light are with us  
and the rhythm of the earth  
informs our pulses,  
we take up work the world welcomes  
by hand and mind and heart.

Made in the image and likeness,  
we endure each day by the love of work  
that serves the common good.

The carpenter changes the profile of a city;  
the architect, the agriculturist and the poet  
lead our human procession.

Born in love, the noble poet dies in love  
with the world god has lent him. He never rests  
among the dead. He and his words are one.  
He blesses our lives as we bless him.

By virtue of how he lived; close to family, friends,  
his educational roots and how they inform  
future generations, he inspires us to be true beings –

not by intellect alone – but by an old intelligence of the  
heart.

Witness to the sad and unfinished wars of the world,  
he has stood by the grave site and not cursed god,  
has held the newborn in his arms and endured every joy  
and bone-felt sorrow passed on by this world.

There is great missing when the world must let go  
of such a man; one who keeps his word; a man who IS his  
word.

Born in love, he has done what he came to do;  
has waged peace and lived a noble life  
written indelibly on our hearts – and tenderly –  
as the old poet cups his hand against the candle  
and blows out the light.

©lolliebutler

Lollie Butler is an Arizona Fellow in literature with a  
specialty in poetry.

JL

## *Black and White*

Tonight, watching the film  
“Guess Who’s Coming to Dinner”  
on my flat screen TV,  
I’m reminded of what you must  
have gone through back in 1970.

Perhaps if you had faced our parents  
like Sidney Poitier faced his,  
things might have been different.

But our father was no Spencer Tracy and  
our mother no Katharine Hepburn.  
You were not living in a movie set; you were  
three thousand miles away.  
There was no confrontation.  
It was swept under the carpet,  
allowed to fester.

©Sallyann

## *Computer*

Paired into a symbiotic relationship:  
Rich and his Toshiba  
Square body, feet positioned on the floor, knees bent,  
eyes tied to the screen by an invisible spider-like thread  
Arms in total embrace  
Fingers like a kitten pouncing up and down  
Rich taking the lead  
Dance computer dance  
Sing my words  
Move to my commands  
Speak my unspoken words  
Silent sounds moving from Rich’s brain along his neural paths,  
down through his arms out his fingertips onto the keys  
Pound, pound, click, click into the awaiting keys,  
through the muscles of the computer,  
up to its brain and out of its mouth onto the screen:  
I hear you, do you see me?

©margaretumanzio



## *The Poet's Corner*

BY DR. MARGARET R. O'KEEFE UMANZIO, SALLY ANNE REISNER & VERA RESNIK

PHOTOGRAPHY BY PETER SOLMSEN  
SAN FRANCISCO – CALIFORNIA

### *Sleep*

Three hours past midnight, time revealed by bedside clock, snail paced tick-tock. Parade of dreams vanishes, sleep elusive. Searching for slumber. Slumber lost, chasing sleep wedged in revolving door.

Visualize Utopia. Mask eyes. Breathe deeply. Time tumbling forward synchronized to my beating heart. Movie reel of memories saturate the ebony paces. Lost sleep cascading into vortex of impenetrable fog.

Toss, turn. Wide-awake. Get up. Write poem. Drink soothing, calming chamomile tea. Time marching. Steadfast, metronome beat.

Six A.M. Still awake. Sleep, where are you? Train whistle competing with thunderous, vociferous rain bullets. Pummeling cloud water. Time pedals backwards. Somnolence fictitious. Sandman sprinkle your potion.

Veil of darkness sways open, night unmasked, revealing fractions of streaming light, floating dust, a painted sky, arched pastel hues decorating azure. Beauteous.

Clouds no longer sob. Avian melodies herald the chromatic marvel; the dawning day. Time effervesces. Sigh. At last, long awaited, magnetic sleep. Bliss.

©Veraresnik



## *Ping Koy Lam*

SPACE  
AUSTRALIA

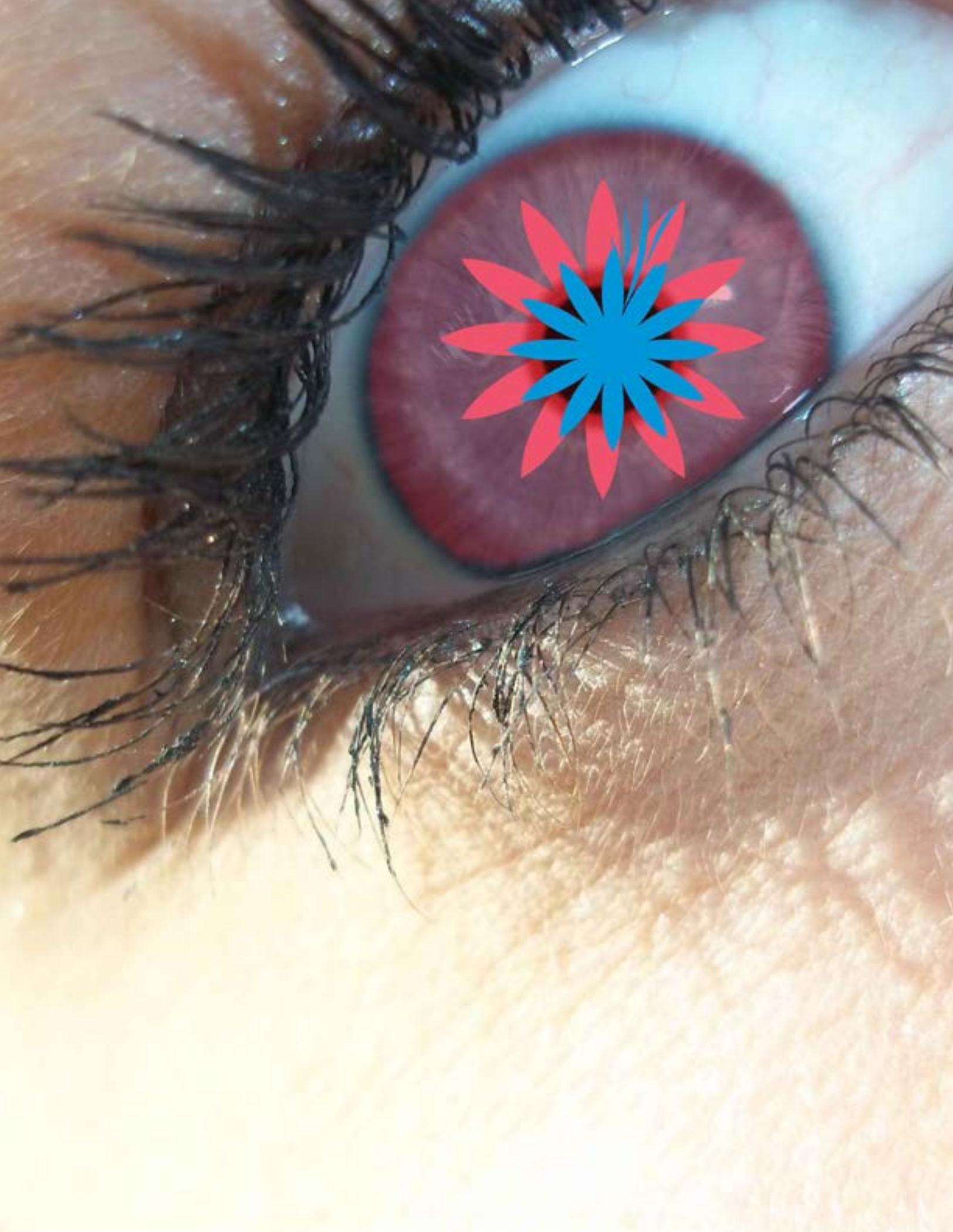
BY SUSAN BERGER  
SPECIAL ASSIGNMENT  
NEW YORK/SAN FRANCISCO/HONG KONG/LONDON/TOKYO/ROME/TORONTO

In 2002, at the Australia National University (ANU), Dr. Ping Koy Lam and his team successfully demonstrated the act of teleportation, or disembodied an object in one location and reconstructing it in another. In their experiment, they destroyed a beam of light and put it back together a meter away through the use of a process called “quantum entanglement”, in which two particles, even those not in close proximity, have related properties.

Building on Dr. Lam’s work, in 2004 researchers at ANU became the first in the world to exhibit the sharing of secrets via teleportation through the use of quantum physics, in which they produced, disembodied and successfully reconstructed a message sent to a group of participants. This was accomplished through the production of a pair of “entangled” laser beams, which were used to carry information in the form of quantum states. As these states could not be copied, the beams were a type of communication with guaranteed security. The encrypted message could only be decoded by a majority of the recipients.

Governments, banks and military organizations stand to benefit from this because the transfer of data is trillions of times faster than existing technology and is totally secure, as the encryption techniques are unbreakable.

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## *Jin Zhang*

HEALTH  
CANADA

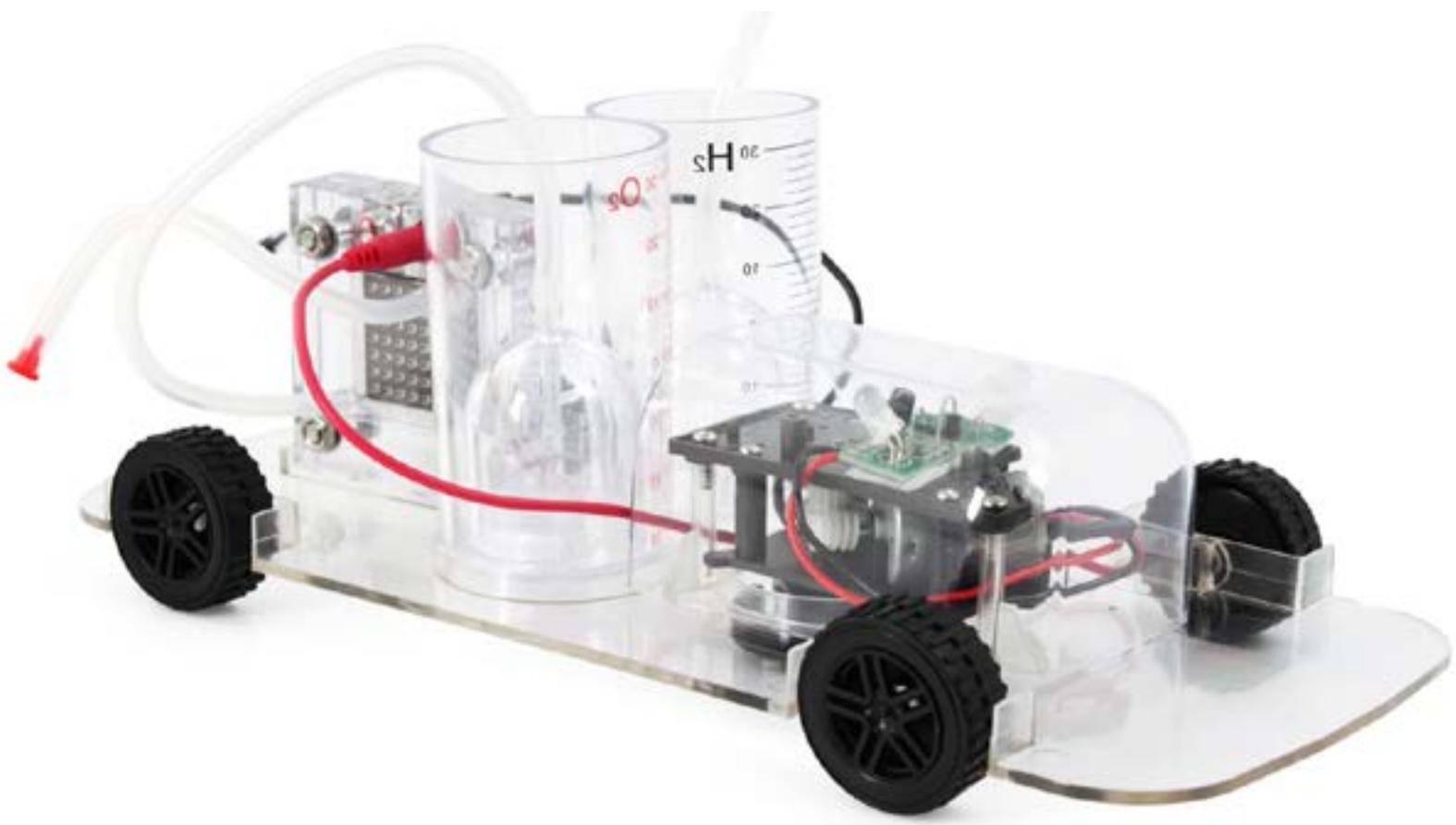
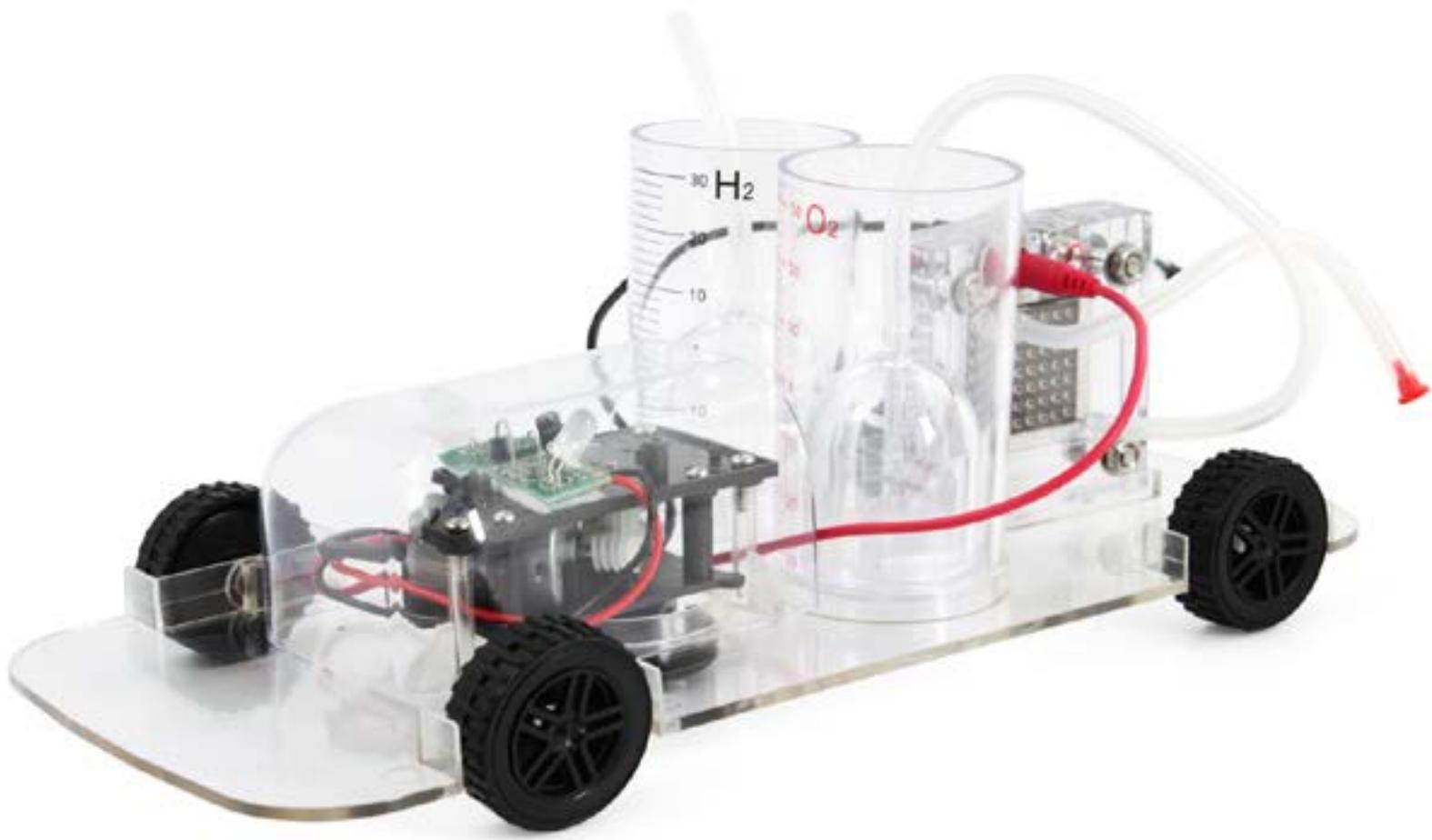
BY SUSAN BERGER  
SPECIAL ASSIGNMENT  
NEW YORK/SAN FRANCISCO/HONG KONG/LONDON/TOKYO/ROME/TORONTO

A new technology developed by Jin Zhang, a professor of Chemical and Biochemical Engineering at the University of Western Ontario, Canada, is revolutionizing the process in which diabetics monitor their blood sugar levels. Dr. Zhang believed that there is a need to replace the Self-Monitoring Blood Glucose method, an uncomfortable process whereby diabetics test their blood sugar levels throughout the day by pricking their skin to draw blood, with a non-invasive procedure. As tears are known to have a higher concentration of glucose than blood, research was done using contact lenses. The result was the invention of lenses that change color with variations in glucose levels.

Dr. Zhang's contact lenses use nanoparticles that are embedded into hydrogel lenses. These nanoparticles react with glucose molecules contained in tears, turning the lens a subtle red color. This would allow wearers to adjust their glucose accordingly and avoid potential life-threatening changes in their blood sugar levels.

Impressed with Dr. Zhang's work, the Canadian Foundation for Innovation provided her with a grant to further her research. She has stated that the new lenses will not affect vision while providing enormous relief to sufferers of diabetes.

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## *Horizon Fuel Cell Technologies*

ENERGY  
CHINA

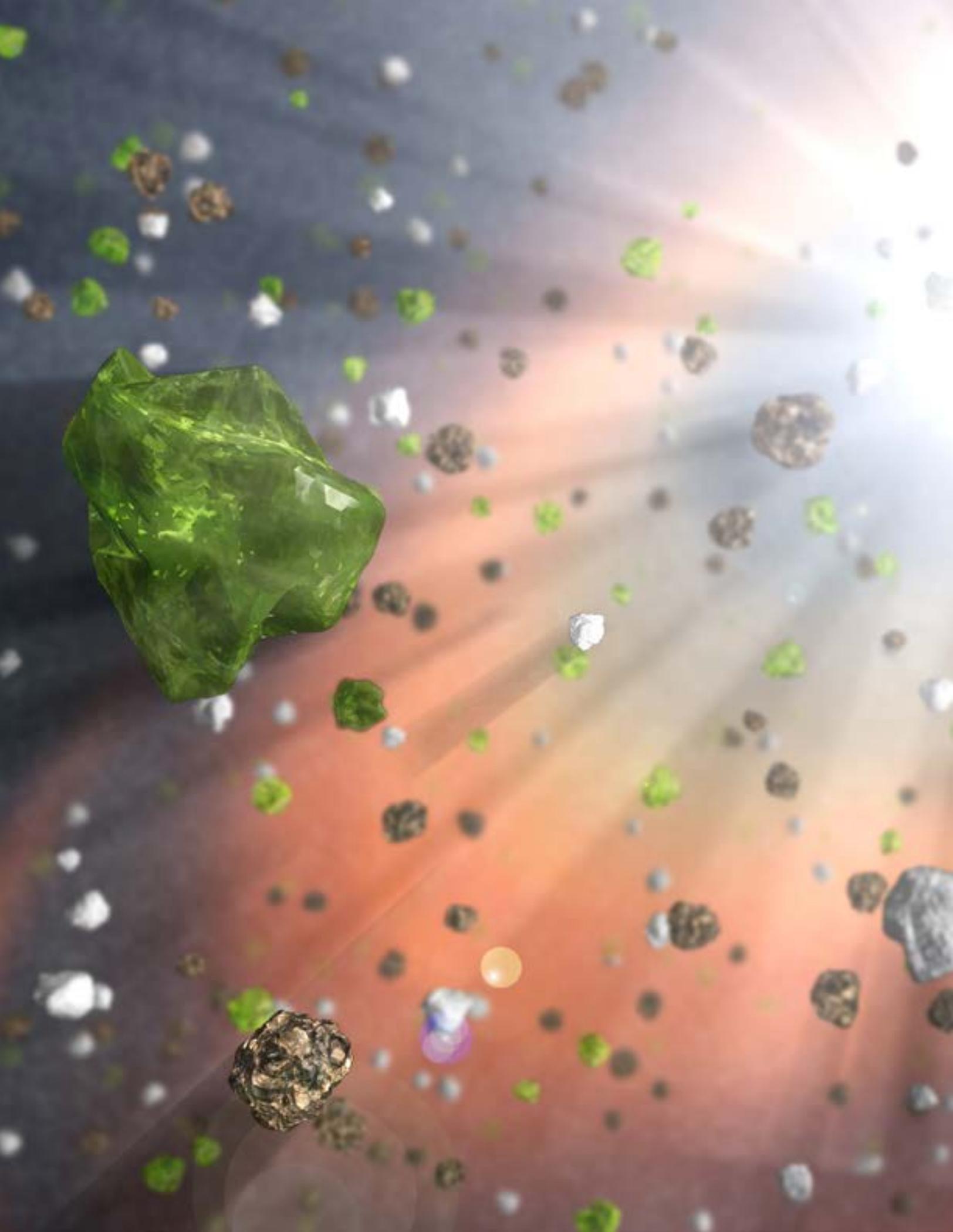
BY SUSAN BERGER  
SPECIAL ASSIGNMENT  
NEW YORK/SAN FRANCISCO/HONG KONG/LONDON/TOKYO/ROME/TORONTO

Fuel cell technologies offer an alternative to oil in the hunt for replacement sources of energy. When hydrogen is used as the fuel and combined with oxygen from the atmosphere, a chemical reaction is created inside the fuel cell that generates electricity. The resultant electrical current is sent outside the cell to do work, such as powering a motor. The current then returns to the fuel cell, completing an electrical circuit. As long as the chemicals flow into the cell, electricity flows out of the cell, so it does not go dead.

From its operating base in China, Horizon Fuel Cell Technologies developed the hydrogen fuel cell technology and manufacturing capability, going on to make toys and educational products including the H-racer, a toy car that runs on a small fuel cell. Tap water is converted to hydrogen gas by way of a solar-powered panel fuelling station. In 2006, TIME magazine named the H-racer one of the best inventions of the year in recognition of Horizon's approach to introducing hydrogen fuel cells into the mass market.

The toy cars contribute to the education of young people, showing them that alternatives to fossil fuels exist, and allowing them to see an example of renewable energy. The profits generated from selling these cars provide Horizon with the opportunity to fund research in more advanced applications, such as boats and other light vehicles. Although cars fuelled by hydrogen are still a long way off, through its toy cars Horizon has been successful in raising public awareness about alternative energy sources.

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## *Darach Watson*

SPACE  
DENMARK

BY SUSAN BERGER  
SPECIAL ASSIGNMENT  
NEW YORK/SAN FRANCISCO/HONG KONG/LONDON/TOKYO/ROME/TORONTO

Determining accurate distances to celestial objects is one of the most difficult problems in astrophysics, and is critical in establishing the age and properties of the universe. If the intrinsic brightness of an object is known, calculation of its distance is possible. However, there has been no way to determine the intrinsic brightness of most stars and galaxies, and therefore no way to calculate their distances.

Darach Watson, at the Dark Cosmology Centre at the University of Copenhagen in Denmark, has developed a method for measuring distances in the universe using light from quasars that form around supermassive black holes at the center of galaxies. The extremely strong gravitational pull of a black hole results in surrounding matter being pulled into the black hole. This matter is then heated to millions of degrees and discharges intense radiation. When this radiation hits nearby clouds of gas, it causes them to light up. Quasars are found everywhere in the universe, and are brighter than most other sources of light, so are ideal for measuring distances.

Cosmologists have stated that with this method of using quasars, it will be possible to measure much longer distances in the universe than was previously achieved. It will lead to a more fulsome understanding of dark energy, which is the unexplained force that is drawing galaxies away from each other, against the pull of gravity, at an accelerated rate.

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## *Aron Losonczy*

ARCHITECTURE  
HUNGARY

BY SUSAN BERGER  
SPECIAL ASSIGNMENT  
NEW YORK/SAN FRANCISCO/HONG KONG/LONDON/TOKYO/ROME/TORONTO

In 2001, Áron Losonczy invented a new building material when he developed the world's first commercially available transparent concrete. Called LiTraCon, it stands for light transmitting concrete. Produced by combining 96 percent solid concrete with four percent optical fibers, LiTraCon is a totally handmade product, so that each segment yields an individual pattern of light. Including the optical fibers has no effect on the strength of the concrete, resulting in a product that transmits light while retaining its strength. LiTraCon can be manufactured as prefabricated building blocks and is available in various thicknesses and colors. It can be used for interior or exterior walls, furniture, illuminated pavements or in art objects.

One of the first uses of LiTraCon was in a wall in the Szilasbrook house in Budapest. It has been used in many projects since, including the Hungarian Embassy in Paris as well as numerous churches, cinemas and stores around the world.

Mr. Losonczy has received many awards for his invention, notable for combining two opposite things, weight and light, into one material. In 2005 he won the Red Dot international design award, and in 2008 he was awarded the iF Design Award, one of the most important awards for innovative product design. He also won the Ernst & Young Innovator award in 2008.

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## *Bhagwan Mahaveer Viklang Sahayata Samiti and Stanford University*

HEALTH  
INDIA

BY SUSAN BERGER  
SPECIAL ASSIGNMENT  
NEW YORK/SAN FRANCISCO/HONG KONG/LONDON/TOKYO/ROME/TORONTO

Over 30 million people around the world require mobility devices such as prostheses. In the developing world, especially in Asia and Africa, trauma caused by accidents or war, disease and natural disasters result in new amputees numbering in the hundreds of thousands each year. Eighty percent of the amputees in the world cannot afford modern prostheses, which can cost from \$10,000 to \$100,000.

In 2009, Bhagwan Mahaveer Viklang Sahayata Samiti of Jaipur, a nonprofit organization that provides artificial limbs to the physically disabled, worked with Stanford University in the U.S. to develop an affordable artificial knee with the intention of helping India's 1.65 million above-knee amputees. At the time, the existing cheaper model did not work very well, especially on rough terrain where it was unstable, making the devices frightening to use. The goal was to design an inexpensive knee joint that would reduce the fear of walking on prostheses and that would allow the users to feel more confident when walking, enabling them to return quickly to work.

The developed product, the JaipurKnee, costs a remarkable \$20. It is made of self-lubricating, oil-filled nylon, and is flexible and stable, even on uneven terrain. Constructed from only five pieces of plastic and four nuts and bolts, the knee requires no special tools, takes only a few hours to manufacture, and is successful at mimicking the natural joint's movements. In recognition of this accomplishment, TIME magazine named the JaipurKnee one of the 50 best inventions in the world in 2009.

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## *Gabriel Iddan*

TECHNOLOGY  
ISRAEL

BY SUSAN BERGER  
SPECIAL ASSIGNMENT  
NEW YORK/SAN FRANCISCO/HONG KONG/LONDON/TOKYO/ROME/TORONTO

Conventional endoscopy, whereby a tube is inserted into a patient's throat, allows images to be taken of the person's gastrointestinal tract. Israeli military scientist Gabriel Iddan has created an alternative, the M2A Swallowable Image Capsule, also known as the "missile pill", which is a disposable, three-dimensional camera that captures and distributes photos while inside the body. The patient swallows the capsule, which then travels naturally through the digestive tract, and is expelled from the body.

Due to the lack of friction, the capsule is easier to swallow than an aspirin, moving down the throat easily with only a small amount of water. The patient does not feel any sensations from the passage of the capsule, and is able to continue with regular activities. During the eight hours that the capsule takes to travel through the body, taking two pictures every second, the images are transmitted to antenna pads on the body and captured on a recording device which has been placed on the patient's waist. Once the test is completed, the stored images are transferred to a computer where they are examined by the doctor.

In contrast to conventional endoscopy, which requires hospitalization and is very physically uncomfortable, the procedure via the M2A capsule is painless. Also of great significance is the fact that the device takes images of the entire small intestine, which was not possible under the previous method, enabling physicians to detect issues that could not be seen before.

JL

Jut



11



Ununtrium

## *Kosuke Morita*

SCIENCE  
JAPAN

BY SUSAN BERGER  
SPECIAL ASSIGNMENT  
NEW YORK/SAN FRANCISCO/HONG KONG/LONDON/TOKYO/ROME/TORONTO

The current periodic table contains a blank for element 113, which is an atom with 113 protons in its nucleus, also known as its atomic number. It is part of a group called superheavy elements, those with atomic numbers greater than 92. Until recently, all superheavy elements from 93 to 117 had been discovered and confirmed with the exception of element 113. Tradition states that the lab that makes a new element has the honor of naming it.

Because superheavy elements do not exist in nature, they must be artificially produced in the laboratory using particle accelerators, nuclear reactors, ion separators and other complex equipment in order to study them. Since 2003, a Japanese research team at RIKEN's Nishina Centre for Accelerator-based Science in Saitama, led by Kosuke Morita, has been attempting to produce an atom with 113 protons in its nucleus. The superheavy elements, however, are difficult to produce and verify, and element 113 proved particularly challenging. In 2012, Mr. Morita's team announced success in creating the element, claiming they have seen conclusive evidence.

Once verified by the International Union of Pure and Applied Chemistry, which regulates the periodic table and the names of the elements, Mr. Morita's group will be the first team from Asia to name an atomic element.

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## *Achim Kopmeier*

TECHNOLOGY  
LUXEMBOURG

BY SUSAN BERGER  
SPECIAL ASSIGNMENT  
NEW YORK/SAN FRANCISCO/HONG KONG/LONDON/TOKYO/ROME/TORONTO

Epuramat was founded in 2005 by Achim Kopmeier in an effort to improve upon what he perceived as an inefficient way of separating solids from wastewater. Traditional wastewater treatment plants use open sedimentation tanks, which take up a considerable amount of space and create unpleasant odors. Kopmeier's invention, the ExSep (for Extreme Separator), occupies much less space, is chemical-free and low energy, making wastewater treatment easier and less expensive. Whereas sedimentation tanks have a maximum treatment capacity of 85 percent, the ExSep eliminates 97 percent of extractable substances. The ExSep is sold to municipalities and companies that reuse water for industrial purposes.

By combining the ExSep with an ultra-filtration unit inside a 20- or 40-foot container, Epuramat created the Box4Water, a way to purify water using the power of gravity. A vortex is created inside the ExSep, and water swirls towards the bottom. The solids and biological materials are then sucked out with a vacuum, leaving the water clean enough to be reused. As the process occurs inside the container, there is no odor. Estimates put the cost of wastewater treatment via this technique at half that of conventional methods. The Box4Water solution can be used in remote locations where there is no infrastructure of sewage canals or pumping stations. One container can purify all the water required for a village of 200 to 1,000 people.

In 2012 Epuramat was awarded the European New Product Innovation Award for Box4Water by Frost & Sullivan. It was also named Technology Pioneer at the World Economic Forum in Davos and New Energy Pioneer by Bloomberg in New York.

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diagonal image text

## *Russian Soyuz Program*

SPACE TOURISM  
RUSSIA

BY SUSAN BERGER  
SPECIAL ASSIGNMENT  
NEW YORK/SAN FRANCISCO/HONG KONG/LONDON/TOKYO/ROME/TORONTO

The Russian Soyuz program began in the early 1960s as part of the Soviet Union's attempt to put a cosmonaut on the moon. Sergei Korolev invented the manned spacecraft in 1961, however, as a result of technical problems, the program was abandoned. Soyuz spacecraft are currently used to transport astronauts to the International Space Station, and are now the only method of transport since the retirement of the U.S. space shuttle program in 2011.

A Soyuz spacecraft is comprised of three modules: the Orbital module, which contains the living space, the Descent module, where the crew sits at launch, and the Propulsion module, which carries oxygen and fuel. Adventure-loving tourists pay large amounts of money for commercial seats in a spaceship, which can carry three people. After receiving training on how to survive in space, particularly in a zero gravity environment, the tourists fly to the International Space Station with astronauts, where they spend between seven and 15 days.

The world's first paying space tourist was American businessman Dennis Tito who, in 2001, reportedly paid \$20 million for the experience. He was followed in 2002 by South African businessman Mark Shuttleworth. There have been other space travelers since then, including the first female tourist, telecommunications entrepreneur Anousheh Ansari, who immigrated to the United States from Iran. In 2012, British born recording artist Sarah Brightman announced that she has booked a trip to travel in space. While the program has been enthusiastically received, its success will be determined by its cost, which needs to come down substantially in order to attract more tourists.

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## *Niklaz Zennstrom & Janus Friis*

TECHNOLOGY  
SCANDINAVIA

BY SUSAN BERGER  
SPECIAL ASSIGNMENT  
NEW YORK/SAN FRANCISCO/HONG KONG/LONDON/TOKYO/ROME/TORONTO

Niklaz Zennstrom and Janus Friis met while working at Tele2, a Swedish telecom company. In 1999, they decided to resign and form a development team. After inventing the file sharing software Kazaa in 2001, they went on to invent Skype in 2003, which quickly became the world's most popular voice communication service.

Skype is a VoIP (Voice over Internet Protocol) application that allows the user to make voice phone calls or video calls over the internet. The technology converts voice signals into data streams that are transmitted from the sender's computer and are converted back to audio by the recipient's computer. All that is needed is a computer, tablet or a mobile device, and a webcam if the users want to see each other. Calls can be made from anywhere in the world to anywhere else in the world for free if both parties are using Skype. It is also possible to call mobile phones and landlines using Skype for a low fee, which is much cheaper than traditional landline and mobile phone rates. It is not necessary for the Skype application to be installed on a computer; it can be used from a USB flash drive, which gives users access when they plug the flash drive into any internet-connected computer.

In 2005, eBay bought Skype for \$3.1 billion. It was sold again in 2009 to a private investment group, and was ultimately purchased by Microsoft in 2011 for \$8.5 billion.

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## *Elon Musk*

COMMERCE  
SOUTH AFRICA

BY SUSAN BERGER  
SPECIAL ASSIGNMENT  
NEW YORK/SAN FRANCISCO/HONG KONG/LONDON/TOKYO/ROME/TORONTO

With over 100 million users, PayPal has significantly transformed global commerce. Its origins go back to 1999, when Elon Musk founded X.com, an online bank. Concurrently, Confinity was established, a company whose objective was to enable money transfers on PDA's, or Personal Digital Assistants. In 2000, X.com and Confinity merged, and in 2001 the corporate name was changed to PayPal. Mr. Musk served as the chairman of PayPal and was its largest shareholder until it was purchased by eBay in 2002. In 2006, PayPal introduced PayPal mobile, which allows users to send money via their mobile phones.

PayPal enables users to make and receive money transfers through the internet. The payment can be made from the sender's bank account, credit card or PayPal account balance. The recipient of the funds is notified by an e-mail from PayPal that a payment has been made, and the funds are deposited into the seller's PayPal account. The money can then be transferred from the PayPal account to the recipient's bank account. Neither party is able to see the other's bank or credit card details. Using encryption software, PayPal is able to act as the middleman in the transfer while keeping the customer's information private. There is no fee paid by the sender, whereas the recipient pays a transaction fee when a payment is received.

Operating in 190 countries and regions, PayPal transactions can be made in numerous currencies, and are available to individuals and businesses worldwide. PayPal is currently working on the creation of a "digital wallet", and has entered into partnerships with several retailers whereby customers wave their phones over the register, and the purchase amount is deducted directly from their PayPal account, further facilitating purchase transactions.

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## *Peter Higgs*

SCIENCE  
SWITZERLAND

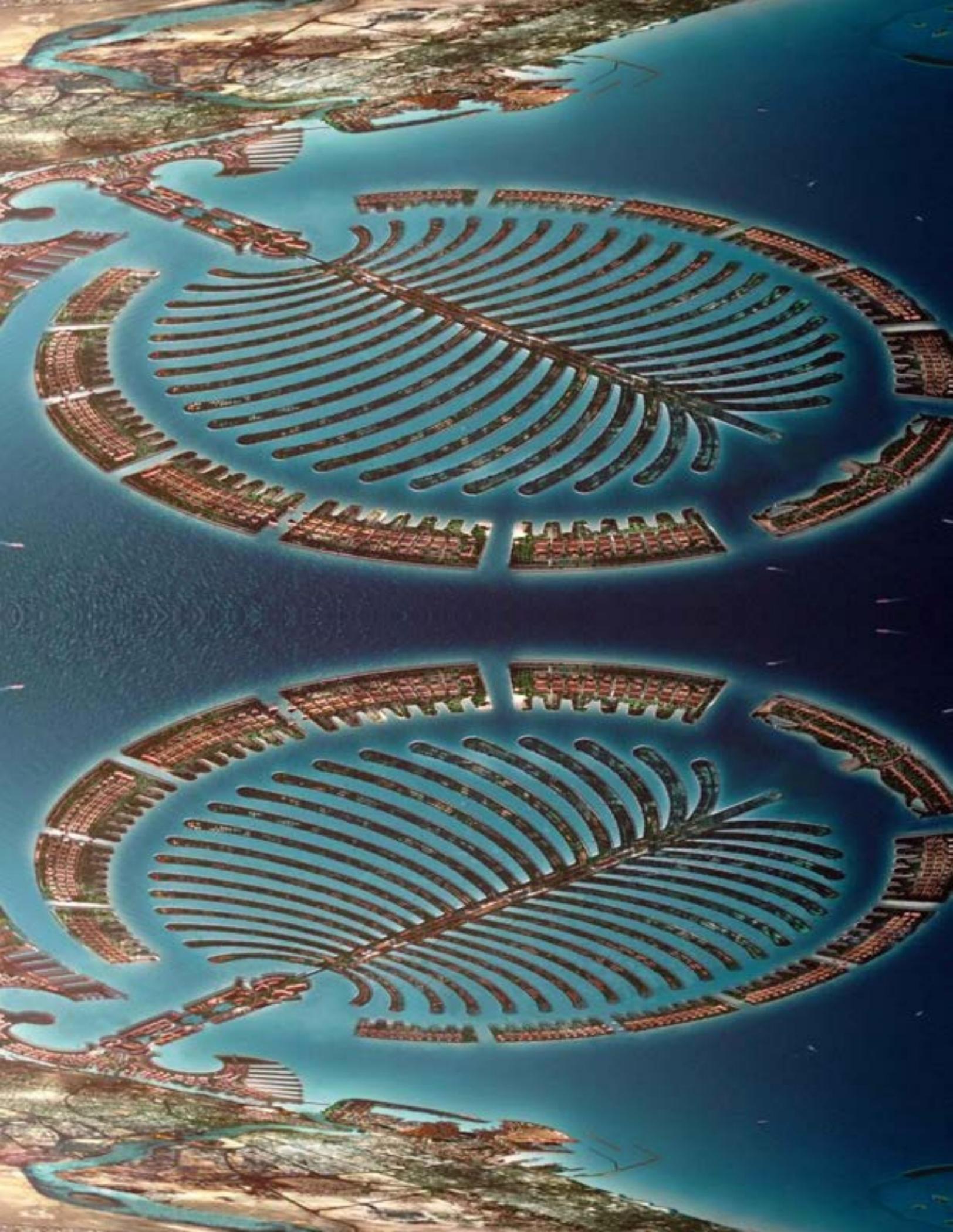
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Named “The God particle”, the Higgs boson is thought by some to explain our universe. Until recently, the Higgs boson was the only particle in the Standard Model of Physics, which is the theory explaining the physical laws of nature, that had never been observed.

A theory proposing the existence of the particle was first put forth by the physicist Peter Higgs in 1964 to explain why matter has mass. The Higgs field is compared to a large vat of molasses spread throughout the universe. When particles pass through it, they stick to the molasses, which forces them to slow down and become heavier, forming atoms. The Higgs boson is a subatomic particle that helps transmit the Higgs force field and is therefore the reason that everything in the universe has mass. Without it, electrons would move about at the speed of light, no atoms would be formed, and there would be no life.

After decades of testing, scientists believe the Higgs boson was observed in 2012 in the Large Hadron Collider, the world’s most powerful particle accelerator located in a 17-mile tunnel near the French-Swiss border and operated by CERN, the European Organization of Nuclear Research. This accelerator can recreate the extreme energies of the very early universe, however only one collision per trillion will produce a Higgs boson. Scientists now suggest that immediately after the Big Bang sent particles and radiation throughout the universe about 13.7 billion years ago, part of the radiation congealed into the Higgs field. When the universe began to cool, particles acquired mass from the Higgs field, slowed down, and began to form particles, and ultimately atoms.

JL



# *Sheik Mohammed bin Rashid al Maktoum & Nakheel Properties*

ARCHITECTURE  
UNITED ARAB EMIRATES

BY SUSAN BERGER  
SPECIAL ASSIGNMENT  
NEW YORK/SAN FRANCISCO/HONG KONG/LONDON/TOKYO/ROME/TORONTO

The Palm Islands of Dubai were conceived by Sheik Mohammed bin Rashid al Maktoum in response to his concern over dwindling oil supplies in the Emirate. In conjunction with Nakheel Properties, they built the islands in order to develop tourism in a land with a short coastline and a severe desert climate. They are the world's largest man-made islands, and can be seen with the naked eye from outer space. Each of the three islands, Palm Jumeirah, Palm Jebel Ali and Palm Deira, was constructed off the coast of Dubai in the Persian Gulf in the shape of a palm tree, and is connected to the mainland by a bridge. They consist of residential, retail, commercial and marina facilities.

Construction of the islands began in 2001 and continued for four years. They are made of sand dredged from the bottom of the Persian Gulf by the Belgian company Jan De Jul and the Dutch company Van Oord, as this sand is coarse and resistant to wave impact, unlike the fine sand from the desert. As there were no rigid molds utilized in construction, Differential Global Positioning Systems were used, which ensured placement of sand within 0.39 of an inch. The biggest problem at the outset of construction was how the islands would stay in position. This was solved by building a crescent breakwater around each island, starting from the sea floor. It is claimed that the crescents can withstand waves of up to four metres high, thereby protecting the islands from tsunamis.

Often called the Eighth Wonder of the World, the Palm Islands are a phenomenal achievement of design and engineering.

JL



## *Jenner Institute Research Team*

HEALTH  
UNITED KINGDOM

BY SUSAN BERGER  
SPECIAL ASSIGNMENT  
NEW YORK/SAN FRANCISCO/HONG KONG/LONDON/TOKYO/ROME/TORONTO

Malaria is considered one of the most common infectious diseases in the world, with 40 to 50 percent of the world's population at risk of acquiring the disease. Approximately 700,000 deaths occur each year from malaria, 90 percent of which are in Africa. Most deaths occur in children under the age of five, with the result that five percent of African children are killed by malaria. The World Health Organization estimates that malaria causes 300 to 500 million infections every year.

Because the parasites' antigens, the target of vaccines, are so genetically diverse, malaria vaccines have been extremely difficult to develop. However, in 2011, a team from the Jenner Institute at the University of Oxford, led by Dr. Simon Draper, developed a new malaria vaccine with the potential to neutralize all of the strains of *P. falciparum*, the deadliest species of the malaria parasite. Their findings showed that the parasite relies on a single protein, the RH5 antigen, to "unlock" the doorway for the parasite to enter red blood cells. Once inside, it grows and replicates, causing the disease. Since the RH5 antigen does not show diversity, it is a good target for the vaccine.

It is felt that vaccination will be the most cost-effective method of protecting people against malaria. The results of this study totally changed our understanding of the way in which the malaria parasite invades red blood cells. The vaccine has been shown to generate an immune response in animals that is capable of neutralizing all strains of the parasite. The next step will be to begin clinical trials on patients.

JL



## *Steve Jobs*

MUSIC  
USA

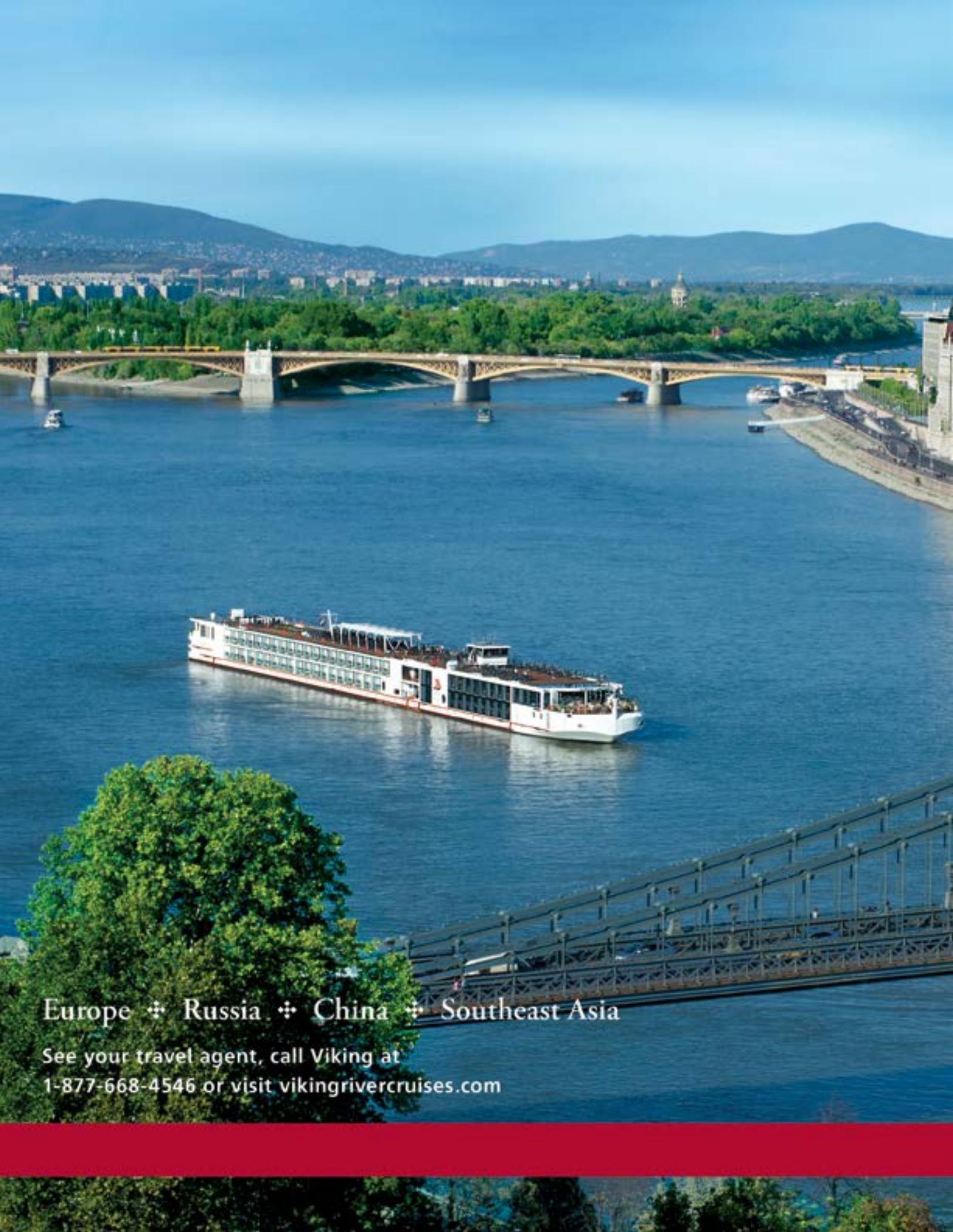
BY SUSAN BERGER  
SPECIAL ASSIGNMENT  
NEW YORK/SAN FRANCISCO/HONG KONG/LONDON/TOKYO/ROME/TORONTO

The introduction by Steve Jobs of Apple's iPod in 2001 changed the nature of the music industry forever. Prior to this, digital audio players existed, but they were either very large and cumbersome to use, or they were small and not very functional. The iPod, a palm-sized portable music device, was a novelty with its central scroll wheel and a window for song selection on the front. Songs could be loaded onto the iPod from a computer, making it not only aesthetically pleasing but also simple and easy to use.

Unlike other digital audio players available at the time, the iPod used a hard disk for storage instead of interchangeable CD-ROMs or cassettes, and was considerably smaller than hard disk MP3 players. The first iPod had a storage capacity of 1,000 songs, and worked only on Macintosh computers. In 2002, Apple made the iPod available to Windows users. With the introduction of the iTunes store in 2003, users no longer had to buy entire albums to listen to their favorite songs; they could simply purchase the songs that interested them. Listening to music became a much more personalized experience.

The iPod was an example of Steve Jobs' ability to tell consumers what they wanted rather than responding to their expressed needs. Whereas previously radio DJs had the power to popularize music, with the onset of the iPod, popular music became that which was downloaded and listened to on the devices. Less popular artists, who had their careers dictated by record executives, found that they had much greater successes online. For the first time, a mobile music device became a status symbol, one which has become ubiquitous in our society.

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### *Kuala Lumpur – The Capital Of Malaysia.*

BY LOIS M. GORDON  
SILICON VALLEY – CALIFORNIA

HDR PHOTOGRAPHY BY ALAN BRISKIN  
SAN FRANCISCO – CALIFORNIA

Much more than a capital city, Kuala Lumpur is a monument to Malaysian ingenuity and determination. From its humble beginning as a tin-mining shantytown, it has evolved into a 21st century metropolis, flush with proceeds from international trade and commerce.

Chinese prospectors, Indian migrants and British colonials carved out the city from a jungle, and each group has left an indelible mark. Eating, shopping and nightlife are highlights of a visit, but don't just stay in the city! There are parks and monuments to visit.

The two things I remember clearly are shopping at the Royal Selanger Pewter

Factory and the Batu Caves. Buying pewter was not only interesting, but also so much fun. The company is the leading manufacturer of pewter in the country, making beautiful little gifts and tankards.

The Batu Caves Hindu Temple is where the Thaipusam Festival has been held each year since 1891, on the full moon between January 15 and February 14. The streets are crowded with people and closed to traffic during this time. Spectators are packed and barely able to move.

To get to the caves, you must climb 272 steps and believe me, it feels like you're on a ladder, going straight up! The good news? There are several

landings where you can stop and enjoy the view as monkeys climb all about.

The three caves, discovered in 1892, are made of limestone and are very spiritual places.

JL



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## *And I’ll Bet The Sweeps On That!*

BY DR. ANDREA BUCKETT  
TORONTO – CANADA

**Q:** Greek yogurt seems to be taking over the dairy aisle. Why is there such hype around this type of yogurt? Analise – Charlottetown, Prince Edward Island

**AB:** Greek yogurt has been around forever but it has been skyrocketing in popularity. Analise, typically, Greek yogurt is thick and luscious and made this way by straining most of the liquid away. Traditionally, it is higher in protein and fat than other types of yogurt. Recently, the yogurt producers have found a way to create the same luscious product while reducing the fat content to zero and keeping the higher protein, hence the draw. While plain Greek yogurt may pack a higher nutritional punch, beware of flavored products that can be extremely high in added sugars.

**Q:** Over the past 10 years there has been a debate on wild vs. farmed salmon. Is one really better than the other? Vicenç – Andorra la Vella

**AB:** Unequivocally – consuming sustainable wild or organic farmed

salmon is the better choice. Farmed salmon (often sold as Atlantic) is fed an unnatural diet of genetically modified corn and soy, resulting in lower omega 3 content. Farmers must also use fungicides in the water due to the conditions caused by overcrowding. Vicenç, wild salmon consumed one to two times per week can help reduce inflammation, increase concentration and learning performance, improve sleep patterns, and improve overall cardiovascular health.

**Q:** I often hear the terms sweet potato and yam used interchangeably. Are they indeed one vegetable or is there a difference? Fenton – Portland Oregon

**AB:** They are in fact completely different vegetables and come from different plant families, Fenton. Sweet potatoes are more commonly used in North America; they have a thin orange/brown skin and orange flesh. Yams are used more widely in Africa and Asia, have a thicker yellow, brown or purple skin and can

have a white or yellow flesh. Sweet potatoes are sweeter and less starchy than yams.

**Q:** I live a stressful lifestyle, always on the run. Can you tell me if there are certain foods that help the body and mind cope with high stress levels? Delphine – Nassau

**A:** Yes, without a doubt the food you eat can affect your stress level. First and foremost, Delphine, you need to ensure that you are eating regularly, ensuring your blood sugar levels do not plummet and cause you to become what I like to call “hangry”. Ensure you consume foods with B vitamins and essential fatty acids, both of which help to regulate stress levels. Finally, carry a dark chocolate bar around with you (70%+), not only does it contain compounds that boost our happy thoughts, the magnesium helps to reduce tension in the body!

JL



## *Sherlock Holmes's Secret Abridged*

BY GENE ARCERI  
NEW YORK – SAN FRANCISCO – LONDON

To Peg Egan, Director to the Offices of Jo Lee, this story is dedicated to you for your abiding assistance and your courage to live, laugh and love.

Sherlock Holmes's housekeeper Mrs. Hudson made a date to meet her childhood friend, clairvoyant turned stage actress Bessie Bloomer, for tea at London's opulent Langham Hotel. She had a secret and Bessie was always anxious to hear anything about the famous, mysterious detective. Although she would have been more comfortable in the local pub, she made her way to Wellington Street, just off the Strand to the hotel.

At tea, she quickly asked her friend what was troubling her. "The trouble began one morning, when Mr. Holmes and his friend Dr. Watson sat down together at a breakfast I had prepared: a sideboard of ham, bacon, grilled kidneys and eggs, porridge, toast, scones and tea. I was in the kitchen when he shouted out, 'Mrs. Hudson, where is the curried chicken?'"

"Holmes is very moody, his drug habit, you know. When he is in my

kitchen it is chaos, he makes a total mess. I've asked him to stay out, but he insists he is a consummate cook and plans to create recipes to astound the British Empire. I am at my wit's end. He has become, in his mind, a master chef.

What am I to do?"

Her friend sipped her tea, took a deep breath, looked off into the distance and said dramatically, "Nothing!"

A forlorn Mrs. Hudson returned to 22B Baker Street, a couple of comfortable bedrooms and a large airy sitting room, with two broad windows looking down on the west side of Baker Street. As she climbed the stairs, she suddenly stopped midway when she heard the strains of a fiddle and inhaled the smell of tobacco. She silently crept the rest of the way, and listened at the door to the study. Inside, there they sat on either side of the fire in the sitting room.

"You have never appreciated my merits as a housekeeper, dear Watson. Tonight I have prepared quite an epicurean little cold

supper, as I did not expect Mrs. Hudson to be back in time from her reunion with her old friend. I've made a dish of curried mutton, Devils on Horseback, and a cheese pudding, my Cordon Bleu specialties. You see, tomorrow I leave for Switzerland. I have a rendezvous at Reichenbach Falls. I now have other matters more pressing than practicing my talents as a chef. I shall leave you in Mrs. Hudson's capable hands."

"You are a wonder, Holmes," said Watson.

Mrs. Hudson went to her bedroom and collapsed on her bed. Holmes's secret passion would be safe with her. Bessie was right! "Elementary, my dear Mr. Holmes," she whispered to herself with a sigh of relief.

JL



THE POWER IMAGE

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*From The Private Collection Of Ron Henggeler*

PHOTOGRAPHY BY RON HENGGELER  
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## *And That's Pizzazz*

BY KATHLEEN MAILLIARD SOLMSEN  
SAN FRANCISCO – CALIFORNIA

PHOTOGRAPHY BY  
KATHLEEN MAILLIARD SOLMSEN

For thousands of years, through its stunning simplicity, the exquisite flow of a labyrinth continues to awaken gifts in those who choose to walk its path. Twenty-five years ago, twisting and turning through Chartres Cathedral's labyrinth was a different yet similar experience to walking the one at Grace Cathedral in San Francisco. Unlike a maze, there are no wrong turns or dead ends. Like life, there is a beginning, a middle and an ending, which, like a circle, is also the beginning. Aptly put by the poet T.S. Eliot, "... the end of all our exploring will be to arrive where we started and know the place for the first time". One can choose to walk a labyrinth joyfully, seriously or with changing feelings at each twist and turn. As one gets near the center, the mind quiets and self centering begins.

When time and worry are left behind, physical and mental balance is effortless.

Today, more than 4,000 public labyrinths can be found in over 75 countries. From magnificent marble installments to primitive stone paths, walking a labyrinth is an experience like no other. Let the left brain rest. Maps and instructions are unnecessary. There is nothing "to get" before taking your first step. Without question, this is a right brain activity. Where you are in your life is what you will feel as you walk into the center and make your return to the start. Although you may pass others on the path, your pace is your own. If you simply follow a map's pattern with your finger, you will have a sense of how nearly magical your trip within can be. Both

profound and childlike, the letting go and energizing feeling of walking a labyrinth is never boring. Due to the popularity and personal benefits of this tool of well-being, retreat centers, chic spas and universities all over the world are building these incredible circular paths.

Mondrian, Miró and Picasso have used this three-circuit symbol in their paintings. Movies, video games and rock bands incorporate the labyrinth into cult creations. A psychiatrist's couch, group counseling and prescriptions are all "feel good" paths. Most wellness venues take a slice out of the watch and the wallet. The primary reason that I treasure labyrinths is because: for 365 days a year, anywhere, anytime, I can feel good... and that's better than shopping therapy and that's pizzazz! JL



A 6314

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## *Luxury? We're All Ears*

BY BRIAN HANINGTON  
OTTAWA – CANADA

Looking for the perfect gift for someone who has everything? How about a 24-karat gold tarantula that walks, a working Ferrari piston, or a bespoke human ear?

These things make splendid gifts for three reasons. First, they all work. Second, they're all cheap. And third, you can make them yourself in your spare time. Well, you can if you're into three-dimensional printing, the latest technological wonder evolved by humans and accessible to anyone with a computer.

Just as a dot-matrix printer deposits drops of colored inks in all the right spots across two dimensions, a 3D printer goes one better. A nozzle deposits drops of materials such as plastic, aluminum, steel, silver and gold that adhere to each other in three-dimensional space. If you have a 3D file on hand, you can print anything you want. Could be a coffee cup, a necklace of interlocking links, a button

to replace that old one you lost, or a wind-powered robot that walks the very moment it comes off the printer.

3D printing is big news in the world of industrial, mechanical and biomedical engineering, and it's about to change your life, especially if you're hard of hearing. That's because one of the materials one can print with is human cells. That was big news to Lawrence Bonassar, associate professor of biomedical engineering at Cornell Medical Centre, who has just perfected the art and science of constructing human ears with a 3D printer. The new ears are a boon to surgeons who treat thousands of children born with the congenital deformity microtia, and those who have lost an ear due to injury or cancer. Often, these people have working inner ears yet lack the external ear shape that focuses sound into the ear canal.

Bonassar and his team start by printing a mold with high-density, injectable

gel made of living cells in collagen. Next, cartilage is grown right onto that collagen. It takes mere hours to custom design the mold, eight hours to print it; half an hour to inject the gel, and the ear can be removed 15 minutes later. After a few days culture, the ear can be implanted – and it works.

Miraculous? Maybe. But stand back, the future is about to get much more interesting. If you join the swelling ranks of 3D-printing enthusiasts, you can print a human kidney made of stem cells, meat that you can eat (goodbye cattle farms), a sculpture of your lover's face in chocolate, shoes that actually fit and, just when you need it, a new ear.

That's luxury.

JL



## *The Lives Of Others*

BY SAUL LEVINE, MD  
SAN DIEGO – CALIFORNIA

Fiction and art reflect the pleasures, passions and pains of real life. In abstract paintings and tapestries, we see brilliant hues, soft tones and ominous dark colors; plots in novels reflect characters with changing moods, suffering and ecstasies; music contains melodic and harmonious passages, alternating with darker sounds. Operas and even afternoon soaps are filled with agony, ecstasy and intrigue. Such is life. Yet we seem to need dramas in “the lives of others”; news stories of celebrities, fictional melodramas, or contrived reality TV shows that reveal heroics and humiliations of other people.

We’re a celebrity-obsessed culture, captivated by the triumphs and tribulations of the rich and famous. Breathless exposés in the churning media enable us to bathe in the muck and ways of the wayward. And then we “cleanse ourselves” by clucking self-righteously at their follies.

We use Facebook, Twitter, and YouTube. We blog and cyber chatter

about others. There are millions of “gossip columnists” around the world spreading juicy vignettes via 24/7 Internet. The critic Roland Barthes wrote, “Mass Culture is a machine for showing our desires.” Is following the excesses of others what we are really all about?

The fact is, real-life stories are as complex and captivating as the stuff of fiction, television and film. We are the de facto stars of our own unique stories, living out our own dramatic “scripts.”

From childhood through our elder years, our lives are filled with unforeseen events. Twists and turns are not exceptions in our pathways; they are the rule. We all experience, endure and exult in the course of our lifetimes. While we celebrate our milestones and relationships, we all make mistakes and suffer upheavals.

Human beings are such resilient souls, with remarkable inner and outer resources. We all suffer

setbacks, but we inevitably come back from loss and misfortune, and we learn to cope and to overcome adversity. In good times we are aglow, and exude bonhomie and warmth to others and ourselves.

The trick is to balance our highs and lows, to take heart when things are down, to appreciate when good fortune smiles on us, and not to conclude during the “snapshots” of our lives that this is the way it will always be. Life is a marathon, not a sprint, and the relationships we make and savor along the way help determine the quality of our lives.

We can always grow, be enriched and learn from the extraordinary tapestry of life. Our lives are filled with a multitude of experiences, all capable of enhancing and ennobling us. We have but one life to lead, so let’s make the most of it: make it count, make it sing, make it soulful, make it ring!

JL

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## THE RICH AND THE FAMOUS

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opposite: A park midtown Savannah with its historic moss covered oak trees.

# *Savannah Rich In History And Famous In Legend*

PHOTOGRAPHY AND TEXT BY HEIDE VAN DOREN BETZ  
SAN FRANCISCO – CALIFORNIA

Town squares, river walkways, historic districts, colonial architectural treasures, three cemeteries... and more.

Savannah, Georgia, one of America's most beautiful small cities, founded in 1733, is also one of its oldest cities. It is the site of countless Revolutionary and Civil War battles. A point of history deeply ingrained in the psyche of Savannah is that the city was once a Christmas gift to the President of the United States – Abraham Lincoln. That was in 1864. Then Mayor Richard Arnold surrendered to General Sherman during his “march to the sea” – Savannah was a strategic port city during the Civil War – thus saving the city from destruction.

With the delightful southern hospitality at every encounter, the intriguing old architecture, 20 breathtakingly beautiful city squares, conceived by the town's founder, James Oglethorpe, it is hard to believe that Savannah is famous for being

the most haunted city in the country. Many of the city's immensely popular small hotels, or bed and breakfasts, were former funeral parlors, brothels, butcher shops, or estate homes with sordid histories. There are more paranormal sightings in this city than anywhere in the United States. With all of the architectural and natural attractions, the cemeteries are the most visited. The major tourist attraction is the Ghost tour – offered both by day and by night – with a walk through the hauntingly beautiful DAR Cemetery, right in the center of one of the squares. Many victims of the town's tragic dueling past are buried here and many a swordsman's silhouette has been spotted disappearing among the oaks. Another stop is a visit to the 1,500 Confederate soldiers who are buried in Savannah's Grove Cemetery. Here, heaviness permeates the atmosphere.

The most famous and still operating cemetery is the 100-acre Bonaventure.

It is listed on the National Register of Historic Places. A natural Cathedral, it is a “city of the dead”, much like in ancient times. Long an inspiration to poets, authors, filmmakers and photographers, it exudes a haunting and serene beauty with its Gothic gravestones and grand live oaks draped with flowing Spanish moss. Iconic and elaborate grave monuments of sculpted angels, carved columns and crosses commemorate the deceased. Obelisks, a symbol of nobility and patriotism, are seen everywhere. A stone piano sits as a grave monument on one site. World famous songwriter Johnny Mercer and author Conrad Aiken are buried here.

John Berendt's *Midnight in the Garden of Good and Evil*, a murder mystery set in Savannah's famous Mercer house, firmly embedded not only the city of Savannah and its society but also the haunting grandeur of Bonaventure Cemetery into the consciousness of all who read his very popular novel.

JL



A street in Savannah. Wrought iron is everywhere – benches, windows, railings.







The Ballastone Inn,  
a former brothel on  
Oglethorpe Avenue.

opposite: Tulips in bloom in  
front of a Savannah mansion.



IVES

A large, ancient tree with a thick, textured trunk and sprawling branches dominates the center of the image. The branches are heavily laden with Spanish moss, which hangs in long, white, icicle-like strands. The tree's leaves are a mix of green and brown, suggesting an autumn setting. In the foreground, a large, dark green fern with feathery fronds sits on a concrete base. To the left, several stone grave markers are visible, some partially obscured by the fern. The background is filled with more trees, some with Spanish moss, creating a dense, atmospheric scene. The ground is covered in fallen leaves and some moss.

The famous Bonaventure Cemetery, cited in much literature and used in many films: the Ives Site.



## *On The Road To Enlightenment*

BY JAMES T. RUTKA, MD  
TORONTO – CANADA

PHOTOGRAPHY BY JAMES T. RUTKA, MD  
KILLARNEY PROVINCIAL PARK

On a recent trip to Hong Kong, I had the opportunity to travel to the Po Lin Monastery on Lantau Island to see the great Tian Tan Buddha statue, which was erected in 1993. This Buddha statue is an imposing, awesome structure that faces north towards mainland China, and measures some 34 meters in height from its base. To get a close look at the Buddha, visitors must climb the 268 steps from ground level. This is a worthwhile endeavor as it brings you to a platform from which sweeping mountain and sea views are appreciated. The Tian Tan Buddha took more than a dozen years to complete at a cost of over HK\$60 million.

Buddhism has been the source of some of the world's most beautiful art and art forms. Most of the great statues in the Buddhist faith are of Buddharupa – also known as the awakened one. These statues have

been built all over the world, but some of the most significant ones include the Hussain Sagar Buddha statue in Hyderabad, India, the Monywa Buddhas in Myanmar, the Gal Viharaya Buddha in Polonnaruwa, Sri Lanka, and the Temple of the Reclining Buddha in Bangkok, Thailand. Over 20 years ago, when I was a visiting neurosurgical trainee at Juntendo University in Tokyo, and our children were small, we had the good fortune to travel to Kamakura, Japan to see the Great Buddha that was initially constructed in 1252 AD. We also journeyed to Nara, Japan to see the Great Eastern Temple known as Todaiji. Todaiji's main hall is known as the Daibutsuden, or Big Buddha Hall, and is the world's largest wooden building. Inside the hall is one of Japan's largest statues of Buddha – or Daibutsu – measuring 15 meters in height. Interestingly, there is a wooden pillar nearby this

Buddha with a small hole at its base that is precisely the same size as the Daibutsu's nostril. Popular legend decrees that those who can squeeze through this opening will be granted enlightenment in their next life. Thankfully, our children were able to pass through the hole in the pillar without difficulty!

I feel very fortunate to have had the opportunity to view some of the world's great Buddhist statues on my travels. Each time I visit a Buddhist temple or monastery, I am reminded that Buddhism is a tolerant religion and belief system that accepts the moral teachings of other religions. I am also acutely aware of the fact that there have never been any wars fought in the name of Buddhism. I do hope that my future travels will grant me the good fortune to visit some of the other sacred Buddhist sites and statues.



ELOVE

opposite: Ryan reading "Eloise" in the corridor of her home, the Palace Hotel, San Francisco, California.

## *Ryan Skaggs At The Palace*

PHOTOGRAPHY AND TEXT FROM THE PRIVATE COLLECTION OF RAY SCOTTY MORRIS  
SAN FRANCISCO – CALIFORNIA

Back in the 1960s the most popular children's book was *Eloise at the Plaza*, a story about a very precocious six-year-old girl who lived at The Plaza Hotel in New York and was up to mischief every day.

I did a story on a little six-year-old named Ryan Skaggs who was not fictional but lived with her parents in the Palace Hotel in San Francisco. Ryan's mother was the resident manager of the hotel and they lived there in a lovely apartment.

Unlike *Eloise*, Ryan was a well mannered, not a spoilt, little girl who did have the run of the 500+ rooms. Debbie, her mother, was on call twenty-four/seven and her dad, John, ran a food and beverage company.

The Palace Hotel was opened in 1875 and was the largest and most magnificent in the USA. It was destroyed in the 1906

earthquake and three years later reopened to even more splendor. President Harding died at the Palace Hotel in 1923 while still in office, and Enrico Caruso, the famous opera star, fled the hotel during the earthquake clutching his favorite painting and yelling he would never return to San Francisco.

Little Ryan who was beloved by the staff, used the hotel as her private playground. The Gold Ballroom was for bike riding and skipping rope was done on the rooftop. She invited her little friends from school for afternoon teas and for swims in the large, heated pool. Her favorite place was the employees' cafeteria where she could eat her favorite food, fried chicken, which she preferred to the cuisine in the world famous Garden Court and twice a week, with her parent's permission, Ryan could dial up and order room service. Come the hotel's famous Sunday Brunch, Ryan

and one of her invited friends would pass up the huge buffet and settle for Shirley Temples, one after another, and croissants topped with her favorite olives.

Ryan loved her life in the hotel. Wouldn't you? Her collection of stuffed toys and Tweetie, her pet green canary who never chirped, consumed whatever spare time there might be.

In spite of all – her parents kept her grounded. Her mother, Debbie, did remove the phone from the bathroom and Ryan had to clean her own room on weekends. Staff members were friends, not employees, she was taught.

Ryan's most favorite thing? – Saturdays when her father would take her in the car to McDonald's. Her best restaurant outside the hotel and yes – she has read the book *Eloise at the Plaza* and loves it.

JL

Afternoon tea with her dolls.





Ryan and friend, Holly, enjoy a swim in the Palace pool.









Housekeeping staff making a fuss over Ryan.



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to enjoy your chocolate  
dessert!





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## THE NEXT 100 YEARS: ONE CHILD'S JOURNEY HOW SHE/HE WILL LIVE, LOVE AND NEVER REALLY DIE

### *Make Them Laugh, Laugh, Laugh! Developing A Child's Sense Of Humor*

BY KELECHI ELEANYA  
UNITED NATIONS DEVELOPMENT PROGRAM  
THE NIGER DELTA – NIGERIA

In a very busy world, we want to meet basic needs; food, housing, clothing, happiness. And you ask yourself – have I met my day's target? No. Wow! I need to work harder, meet all appointments, clear my desk, deliver goods to my clients and the list goes on.

Today's world continues to bring many challenges that choke up very important things but often neglects things that prove hard to repair once absent from the early stages.

How many parents and childcare givers have remembered or carefully planned out times of laughter for children? Think about this. Beginning with yourself. Humor is a quality that we must begin to pay regular attention to as children grow. A sense of humor isn't genetically determined – it is a learned quality that can be developed in kids. They're not born with it. Humor

makes significant contributions to a youth's development. Kids with a well-developed sense of humor are happier and more optimistic, have higher self-esteem and can handle differences (their own and others') well. Kids who can appreciate and share humor are better liked by their peers and more able to handle the adversities of childhood – from moving to a new town, to teasing, to torment by playground bullies and lots more.

A sense of humor is what makes life fun. Research has shown that people who laugh more are healthier – they're less likely to be depressed and may even have an increased resistance to illness or physical problems. They experience less stress; have lower heart rates, pulses, and blood pressure; and have better digestion. Laughter may even help humans better endure pain, and studies have shown that it improves our immune function. The holy bible also recognizes this fact

when it states that “a merry heart doeth good like medicine”. The list of its benefits can continue to grow:

- It builds vocabulary and both pre-reading and reading skills
- Helps solidify the child's knowledge of the world
- Supports creative thinking
- Builds social interaction skills
- Boosts popularity and self esteem,
- And provides the foundation for a skill that will help cope with stress throughout the adolescent and adult years.

We have another opportunity and responsibility to share our time to enjoy and nurture the child's budding sense of humor. Laughing together is a way to connect,

Let's all learn to enjoy their enjoyment. Laugh, laugh, laugh!

JL

A portrait of a man with dark, spiky hair, wearing a dark jacket and a dark scarf, looking directly at the camera against a blue sky with white clouds.

*Fernando*  
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## *The Wetiko Myth Crisis*

BY CRAIG RICKER  
MOSCOW – RUSSIA

After 21 years of studying Soviet Communism I have stumbled across a philosophy that explains the unexplainable; the mass murder cult we call “the revolutionary left”. The concept is called wetiko. Native American scholar Jack D. Forbes in his book *Columbus and Other Cannibals* first brought it into discourse. Later, Paul Levy applied the term to the contemporary world.

Let’s quote Levy’s definition: “The term wetiko is a Cree term which, to quote Forbes, refers to ‘an evil person or spirit who terrorizes other creatures by means of terrible evil acts. Wetikos are the human instruments for the transpersonal spirit of evil to terrorize the world.’”

Communism is not mysterious; it is a system of warfare with no morals or ethics. Its only goal is total power and it will use any means to get it. What is mysterious is the international left that supports it. Although the

revolutionary left murdered at least 150 million people, the so-called “limousine left” is sure that they occupy the moral high ground and to question their goals is the height of bad form. How do we explain this? Wetiko!

Wetiko in the modern era began with the French Revolution’s guillotine. A hundred and fifty million murders later, the whole world today needs to be liberated from its own culture.

Dostoevsky described something similar in the 19th century nihilist movement as a mental virus that infects the minds of men and makes them so sure of their cause that they will commit incredible crimes in support of it and never question themselves.

Wetiko is a virus of the mind that evil exploits. Some say it is a natural mechanism of population control like lemmings rushing into the sea. Is this

a human mechanism that tricks us into devouring ourselves down to Marx’s level of halted development? When I think of the pyramids scattered all over the earth I imagine wetiko destroying all aspects of that great culture leaving only the stones which were too heavy to destroy, just as Maoist wetiko erased 5,000 years of Chinese culture in only two generations.

The Native Americans say wetiko has a positive side. When this virus of evil seizes the minds of people, like it has seized the supporters of the revolutionary left, it creates a miraculous opportunity: the opportunity to overcome evil and elevate ourselves beyond the reach of wetiko. Success equals a golden age. Failure means 15 thousand years from now people will be looking at the Hoover Dam and concluding that it must be a tomb for a Pharaoh of some sort.

JL



## *The Private Museums – Gardiner Museum*

BY JULIE REKAI RICKERD  
TORONTO – CANADA

Entrepreneur and businessman, George Gardiner began his personal collection of ceramics in 1976 with nothing more in mind than the decoration of his home in Toronto. He and his wife Helen were attracted to the creations of ancient American vessels and 18th century European and Chinese porcelains. What started as an occasional purchase soon became a passionate obsession. Helen spent a year in London, England in the late 1970s taking what was then known as auction house Christie's Fine and Decorative Arts Course in order to increase her knowledge of ceramic art; George would visit her on weekends.

Soon every nook, cranny, closet and shelf in the Gardiner house was overflowing with ceramics. Although they regularly shared the viewing of their acquisitions with friends, they realized that it was time to share their magnificent collection with the greater public. So it was that the Gardiners

co-founded the George R. Gardiner Museum of Ceramic Art, simply known as the Gardiner Museum today, "in the hope that the Museum would contribute in a meaningful way to the understanding and appreciation of ceramic art worldwide".

The Gardiner, unique in its focus solely on ceramics, was originally designed by Keith Wagland in 1984 and expanded by KPMB Architects in 2000. A delicious addition to the building was the Gardiner Café, that now serves the culinary specialties of Simon Kattar, renowned chef/partner of à la Carte Kitchen Inc.

The Gardiner's permanent collection boasts more than 3,000 pieces: Ancient American, Asian, European, and British. Highlights include French Sèvres and German Meissen porcelains, Dutch Delft pottery, English Derby, Worcester and 19th century Minton. The Italian Commedia dell'Arte

figurines and the scent bottle groupings are special. Unique domestic and international exhibitions are held several times a year and there are in-house clay classes, taught by professional ceramicists, offered to adults and children alike.

The Gardiner more than fulfills its mandate in "striving to be an inviting destination that inspires and connects people, art and ideas through clay".

Tours of the Museum are offered free with admission daily at 2:00 P.M. Admission: Adults: \$12. Seniors: \$8., Students: \$6. Children 12 and under: Free. Tuesdays: Free for post-secondary students with ID.

Hours: Monday – Thursday: 10:00 AM – 6:00 PM, Friday: 10:00 AM – 9:00 PM (Half-price admission from 4:00 – 9:00 PM) Saturday and Sunday: 10:00 AM – 5:00 PM.

Location: 111 Queen's Park, Toronto, Ontario Telephone: (416) 586-8080 [gardinermuseum.on.ca](http://gardinermuseum.on.ca)

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## *The Parade*

BY JOHN PAUL JARVIS  
TORONTO – CANADA

The initiation of my business career was in the Business Systems Division of Kodak.

My responsibilities included calling on large hospitals, marketing equipment for the conversion of patient records to microfilm.

At Kodak one always, and I mean always, arrived seven minutes early for appointments and if you were kept waiting longer than 10 minutes, you rescheduled with a gracious smile and departed.

Kodak maintained this level of arrogance because they were a monopoly, but conversely instilled strict time discipline into all employees, especially front line representatives. Prior to assuming a sales territory for Kodak in any division, you were sentenced to world headquarters in Rochester, New York for concentrated education.

In Business Systems your incarceration was six months of classroom training, lectures and endless equipment labs, and as importantly, assimilation into the Kodak corporate culture. This was termed “getting your injection of Yellow Blood”.

The task was to absorb technical and business knowledge to embody Kodak

and for achieving this you would receive exceptional training, a formal corporate education, studying more business cases than a Wharton MBA and procuring an eye-popping résumé starter.

Eastman Kodak was obscenely profitable, enjoying worldwide brand recognition, second only to Coca-Cola and was able to garner top candidates as sales representatives. At that time in business history there were three companies that every MBA graduate pursued: IBM, Xerox or Kodak.

The 21 trainees in my class were all characters, all bright, several hilariously funny, but each prepared to toe the corporate line. The age range was 22 to 38. We were college educated and had a sameness of personality traits that was eerie since Kodak recruited using physiological profiles. I was the youngest.

As an eager new guy in my territory I secured an appointment with the Director of a prominent children's hospital lured by the potential of new business. Entering the hospital lobby, brimming with an undeserved sense of self-importance, I was frozen solidly in my tracks and ultimately late for my long sought appointment. The five-and-under patients were

staging a parade, singing Sesame Street songs besieging the lobby and corridors. Everyone had a party hat and streamers. The “floats” propelled by nurses were children's wheelchairs or wheeled cribs with helium balloons attached, some trailing breathing apparatuses.

This convoy of tiny patients snaked through the lobby, blocking all traffic, causing me to try and hide my tears because it was obvious that some of these cheerful little souls were not going to make it. This special procession had obviously been a much-anticipated event and the happy animated faces made me appreciate that any ray of sunlight brightened the difficult days ahead.

The ramifications of being seven minutes early vanished affirming, what was really important in life.

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## *Writing Is A Reflection Of Your Thinking*

BY CARLA DRAGNEA  
BUCHAREST – ROMANIA

Your writing is a reflection of your thinking. Clear, succinct, convincing writing will differentiate you as a great thinker and a valuable asset to your team, whether you are in a school or business environment.

However, writing seems to be a lost art, and many students and young professionals don't realize how indispensable this skill is, especially from an employer's perspective. Even if you're not a professional writer, the moment you post your comment on a blog or send an e-mail, you are putting your writing out into the world.

We have all come across poorly written e-mails, résumés or blog posts. Grammar is off, tons of misspellings, language much wordier. So if you want to be thought of as a smart thinker, you must become a better writer.

Practice. Practice. Practice.  
Practice is still the best way to become

better at anything. Begin that novel you've always wanted to write. Offer to write some content for your school's newspaper or for your company's newsletter or start a personal journal, a blog. Remember: the more you write, the better you'll become at writing.

Read it out loud.  
It's important to hear your writing the way others will hear it as they read. Especially since tone in e-mails is difficult to convey. It's valuable to say aloud what you've written, and then consider a quick edit before you put it out there.

Make it more concise.  
Less is often more. People don't have time to read a long "anything". So out of respect for your intended audience, practice making your writing short and to the point.

Read.  
The number one way to improve your writing skills is to read great works.

Almost effortlessly, we learn how to compose engaging, well-structured prose. Reading is vital to enhancing creativity. Become a better reader. Your writing will become better, too.

Treat all writing equally.  
It is important to use the same writing skills for texting, tweeting, blogging, e-mailing, personal or work-related memos. A good strategy to avoid becoming sloppy is to always type the words in full – even in short texts. You don't want to create bad habits in one place and have them carry over to another.

Happy writing everyone!

JL

# *Sitting In The Lap Of Luxury*

BY MONTE S. BELL  
WARREN - VERMONT



## *Would You Agree?*

BY JO LEE MAGAZINE

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO / ROME / TORONTO

I'm not a paranoid, deranged millionaire. God dammit,  
I'm a billionaire. - Howard Hughes

When a man opens a car door for his wife, it's either a  
new car or a new wife. - Prince Philip

Lawyers believe a man is innocent until proven broke. -  
Robin Hall

Kill one man and you're a murderer, kill a million and  
you're a conqueror. - Jean Rostand.

We are here on earth to do good unto others. What the  
others are here for, I have no idea. - W. H. Auden

If life were fair, Elvis would still be alive today and all the  
impersonators would be dead. - Johnny Carson

As I hurtled through space, one thought kept crossing my  
mind: every part of this rocket was supplied by the lowest  
bidder. - John Glenn

America is so advanced that even the chairs are electric. -  
Doug Hamwell

If God had intended us to fly he would have made it  
easier to get through the airport. - Jonathan Winters

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opposite: Akram Azimi, 26, ADESTE Laureate 2013 with Australian Prime Minister Julia Gillard commenting on polio eradication.

## *Akram Azimi – Adeste Laureate 2013*

JO LEE MAGAZINE AND ITS 21 WORLD VOTING MEMBERS OF ADESTE PRESENT WITH PRIDE THE 9TH ANNUAL ADESTE GOLD MEDAL LAUREATE 2013

By JO LEE Magazine

New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

When we look at the world through the eyes of Unsung Heroes we see undreamed of possibilities. More and more we appreciate the incredible number of 2013 nominees submitted from around the world within the five categories of ADESTE: Humanities, Social Justice, Arts, Technology and Medicine. And we are reminded through these nominees of the many wonderful people who are doing amazing things from corner to corner in this chaotic world, for the most important aspect, the heart, of ADESTE, is to discover “the 40 and under” Unsung Heroes who “outperform” in a globe of billions.

Akram Azimi was born in Kabul in 1987 and fled Afghanistan with his family at the height of a bloody civil war. In 1999, in desperate need of a place to call home, Australia found them.

As a young adult today, with a deep connection to his country, Akram has gone on to study a triple major in law,

science and arts at the University of Western Australia.

For the last six years, Akram mentored young indigenous West Australians in the remote Kimberley community of Looma, a small town east of Broome. At the beginning of this journey, he had hoped for adventure – what he found was something far more precious.

“What I did not know was that when I met these kids I was going to fall in love with them. I was going to fall in love with that community; I was going to fall in love with that landscape.

“Since then, every time I hear a fact or statistic about indigenous Australians, I cannot help but imagine the face of a small child I’ve met. This has compelled me to take action.”

As such, in 2011, Akram co-founded a student-run initiative, *I am the Other*, which creates opportunities for meaningful dialogue and reconciliation

between indigenous and non-indigenous Australians.

As 2013’s Young Australian of the Year, Akram used his acceptance speech to thank Prime Minister Julia Gillard for her leadership on polio eradication.

“Because of our international aid,” he said, “polio has been eradicated by 99.9 percent. You have saved so many kids from a lifetime of suffering. Indeed, I am alive today with healthy functioning limbs because Australian taxpayer dollars helped vaccinate children – like me – in war-torn Afghanistan.”

Grateful for receiving a polio vaccine thanks to government aid and Rotary International, Akram has pledged to use his platform to campaign for a polio-free world.

JO LEE Magazine applauds, congratulates and reveres Akram Azimi for his compassion for his countrymen and the world at large.

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INDULGENCES

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## *The Coit Tower Murals*

PHOTOGRAPHY AND TEXT BY RON HENGGELER  
SAN FRANCISCO – CALIFORNIA

The Coit Tower murals were done in the 1930s under the auspices of the Public Works of Art Project, the first of the New Deal federal employment programs for artists. The Coit Tower murals were painted during a particularly disruptive period in U.S. history. Depression-related economic challenges led to much discussion about alternate forms of government. A four-day general strike (Bloody Thursday) accompanied by widespread rioting in San Francisco triggered the 83-day, 1934 West Coast waterfront strike.

These Diego Rivera-inspired murals, many depicting the struggles of working-class Americans, were completed in 1933 to 34. Coit Tower muralists protested and picketed at the tower when Rivera's mural, commissioned for Rockefeller Center in New York City, was destroyed after he refused to change an image of Lenin in the painting.

The murals at Coit Tower are available for daily viewing by the general public for free but access to the second floor murals is restricted to once a week tours.

The San Francisco City Guides free walking tour of Coit Tower every

Saturday at 11:00 a.m. gives visitors access to the spiral stairway and second floor murals.

Page 112: One of the figures, John Langley Howard, reaches for a copy of Karl Marx's *Das Kapital* while crumpling a newspaper in his other hand. The titles of books on the shelves include Rexroth (The poet, essayist and social critic Kenneth Rexroth is reaching for a book on the top shelf.), Hitler and Oscar Wilde (controversial because he was suspected of being homosexual). Newspaper headlines (which Ralph Stackpole is reading) cover the artists' protest of the Riviera fresco destruction and other topical subjects. Jewish literature and traditions are also included in the painting.

Page 114: *Industries of California*, another large mural in Coit Tower, was painted by Ralph Stackpole. Mr. Stackpole carved the agriculture and industry grouped statues on the former San Francisco Stock Exchange Building (where Rivera created his first U.S. mural, *Allegory of California*).

Page 116: The Ralph Stackpole mural depicts chemical, steel mill, cannery, newsgathering, packaging line, and other workers as cogs in the machines

of industry. As a tribute, the mural is compositionally very similar to Rivera's first sketch for the recently destroyed Rockefeller Center mural (all that Mr. Stackpole would have seen).

Page 118: The NRA and eagle symbol on the crates workers are filling with oranges refers to the National Recovery Administration and the Blue Eagle Drive.

Page 120: The opening of Coit Tower and the display of its murals were delayed several months because of the controversial content of some of the paintings.

Page 122: *City Life*, one of the largest murals at Coit Tower, was painted by Victor Mikhail Arnautoff who had worked as an assistant to Diego Rivera in Mexico and taught at the California School of Fine Arts (CSFA). Arnautoff later taught at Stanford University returning to Russia after the death of his wife.

[ronhenggeler.com](http://ronhenggeler.com)

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ORANGES

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CITY LIGHTS

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DRUGS FOUNTAIN CANDIES

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Masses  
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