



JO LEE MAGAZINE  
180° FROM ORDINARY

# Jo Lee Magazine

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## *Le Diner En Rose*

BY JO LEE FOR JO LEE MAGAZINE  
NEW YORK/SAN FRANCISCO/HONG KONG/LONDON/TOKYO/ROME/TORONTO

The art of the brilliant hunch! Hello dear friends -

Excitement in the world of political history can be summed up in one word, elections! Donning finery, our minds cloaked in splendor, we proudly discuss the thrill and power of one of the most difficult jobs in the world of politics, and we debate the future of our hunches: what would you do if elected to the most powerful office in the world? The race for the White House is on.

So, do come with me as we draw ourselves into two important extensions of the night -- the luxury of fine dining and debate. We'll emerge

above the lights of the whole of San Francisco and savor the blend of beauty on the table before us.

My guests are eight and, as I so love to do, I've taken risks as I put together a table to stimulate the senses of my guests.

A formal dinner is no time to hold back. Intimacy and a forest of flowers with glittering opulence verging on debauchery nestle amid a thicket of candlesticks and rock-cut crystal. Here and there vermeil apple boxes reflect the scene.

Framboise Rose establishes the dominant color of private stock

porcelain, English King vermeil flatware, honeycomb cut crystal, and the classic individual Bordeaux bottle Baccarat decanters designed by Van Day Truex – with the daintiest glass baskets holding salt and pepper. My graceful white and gold lacquered Italian Regency chairs, upholstered in rose moiré silk, are from Rose Cumming. The painted leather screen with its Chinoiserie motif in the style of Pillement is from Florian Papp. Ah yes! Le Diner En Rose!

Now – why not go out and capture this.

Saluti e buon appetito from my Italian home to yours!

JL

Jo Lee at The Fairmont Royal York, Toronto. Her Canadian home.  
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*Monte S. Bell*

### LA GRANDE FINALE

Monte S. Bell was a practicing architect in San Francisco for almost 40 years while affiliated with Sidmore, Owings and Merrill before forming his own firm in 1970. Born in Vancouver, Canada, Monte is now retired and living in Vermont. Always interested in art, he began drawing cartoons for his high school magazine and has continued cartooning to the present.



*Susan Berger*

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Susan Berger, after a successful career in finance, embraced journalism as JO LEE Magazine's Marketing Editor and writer of 16 Who Matter. Previously, Susan held financial positions with major institutions including TD Financial Group and Alliance Atlantis Communications.



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### SENSING THE UNSEEN

Alan Briskin is an author, artist, and pioneer in the field of organizational learning. His co-authored "The Power of Collective Wisdom" won the Nautilus Book Award in Leadership. His work is distinguished by a grasp of unseen forces underlying our actions.



*Stanley J. Dorst*

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### WHEN ANGELS CRY

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*Lois M. Gordon*

### YES, VIRGINIA! COME – EXPLORE WITH ME

Lois M. Gordon is a world traveler and resides in California's Silicon Valley. She has spent her life as wife and mother, chairing several committees and indulging in her passion for reading and writing poetry.



*Ray Scotty Morris*

### L'OCCHIO / THE EYE

Ray Scotty Morris is an internationally renowned photojournalist and successful San Francisco society photographer. He has won 29 photo awards in just ten years – local, state and national, including best news picture of the year. Scotty has received a Certificate of Commendation from the U.S. Senate along with the distinct honor of being written into the 107th U.S. Congressional Record.



*Dr. Margaret R. O'Keefe Umanzio*

### THE POET'S CORNER

Dr. Margaret R. O'Keefe Umanzio, Peggy, has been an advisor to CEOs and corporate executive teams. She was a cofounder of the first fully-integrated alternative public school in the U.S., has lectured at Boston University as well as at Stanford, Berkeley and Tufts. She is currently writing a book titled Delivering on the Promise.



*Warren F. Porter*

**IRON GATE'S WINE WORLD**

Warren F. Porter is owner of Iron Gate-Private Wine Management, Canada's largest wine storage and collector services company. Warren works with collectors around the world on the often complex management of the asset that is their fine wine collection. This column will include inside tips geared towards those who are passionate about the world's greatest hobby.



*H. Gail Regan*

**THE MARVELOUS MAVERICK**

Gail Regan is vice-chair of Cara Operations, retired. She chairs Energy Probe Research Foundation and is a member of the Canadian Association of Family Enterprise. She has a PhD in Educational Theory and an M.B.A. in Finance. Her background in sociology and personal experience of business has given her an intellectual interest in the problem of evil.



*Julie Reikai Rickerd*

**PRIVATE MUSEUMS, THE**

Julie Reikai Rickerd is a travel and arts journalist who specializes in discovering private museums around the globe, finding many on each of the seven continents she has visited. Antarctica being unlike any of the others. The entire continent is a fascinating private museum with the cleanest air on the face of the earth.



*Sally Anne Reisner*

**THE POET'S CORNER**

Sally Anne Reisner grew up in San Francisco's Bay Area and then taught in an urban-suburban high school in New Jersey for eighteen years. At the age of fifty she left her job, re-married and focused on her writing.



*Vera Resnik*

**THE POET'S CORNER**

Born in Prague, Czechoslovakia, Vera Resnik lost most of her family in the Holocaust. Her volunteer work in the New Jersey court system – as a conflict resolution resource and advocate for children's rights – led to a court appointment to the child review committee. Today, Vera's writings are widely read.



*Craig Ricker*

**THE DIGITAL DIVIDE**

Craig Ricker is a prolific writer and among the world's best photographers. He went to Russia to develop an understanding of its world from the inside and to accurately portray their life predicament within his books.



*Mark Raynes Roberts*

**THE RAYNES REPORT**

Mark Raynes Roberts is Principal of Raynes Art + Design Ltd, an internationally recognized crystal art and design firm, providing interior design solutions for luxury environments. Born and trained in England, his sculptures can be found in private and corporate art collections around the world.



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**PIZZAZZ**

Renowned designer, writer, successful photographer, hilarious speaker, chef, mixologist Kathleen Mailliard Solmssen resides in the magnificent outskirts of San Francisco. Her pinterest.com/ fashionandflair and fashionwithflair.blogspot.com is filled with life lessons and laughter, exquisitely mirrored in her column Pizzazz.



*Heide Van Doren Betz*

**THE RICH & THE FAMOUS**

Heide Van Doren Betz, an Art Consultant specializing in Ancient Art and Icons, has taught Art History and created world famous collections of Antiquities and Icons. Her accomplished photography was shown in a solo exhibition at the Winkelmann Museum in Germany.

JL



## *Taxes: Whatever Works*

BY H. GAIL REGAN  
TORONTO – CANADA

When it comes to tax policy, rich societies are in a dilemma. Should they encourage achievement? Emphasize equality? Help the poor? I worry that these values divert attention from understanding the role of taxes in national economic growth.

Canada has elected a majority Liberal government that will increase equality by making income tax more progressive and reducing stock options. Leaders in the tech sector object because they claim Canada is in a war for talent and should have generous incentives for wealth creation.

The tax system of the United States rewards success through risk taking, resulting in income inequality. But the U.S. did have the resources to prevent the Great Recession becoming another Great Depression and is enjoying a vigorous economic recovery. While the Canadian approach may be more morally appealing, results speak for the U.S.

Home ownership is the American dream and prior to 2008 there was

a concerted effort, by increasing mortgage availability, to make it happen for the poor. This well-intentioned but misguided reform triggered the financial crisis. When they seek social justice, tax policies should also avoid economic disaster.

Brazil, traditionally an inegalitarian society troubled with corruption, became concerned about its children living in poverty. Its “Family Grant Program” distributes funds via unskimmable bank accounts to mothers, who have a counterparty responsibility to submit evidence of their children’s school attendance and immunization. Rich Brazilians like the program because it builds a healthy, well-educated work force. Retailers and farmers like it for the money is mostly spent in grocery stores on milk and bread. “Family Grant” is an example of a forward-looking, large scale tax policy that builds wealth. It is largely self-funding.

There is a small-scale Canadian tax policy that actually makes money. In the Canadian wilderness there was

an old fishing lodge where the fish were long and hopelessly gone. Local cottagers, many of them Americans and Europeans, liked to hang out there, but despaired of having the resources to maintain it. Then the federal government declared the facility an historical tourist site, making it a charity.

Encouraged by the charitable status, summer residents invested, not only in the lodge, but in their own properties, multiplying their worth. Canada has market value assessment, so the restorations also doubled the property tax revenue flowing to the impoverished town and school board closest to the lodge.

This is great tax policy – future-oriented, prosperity building and expansive of educational opportunity. In this case making room for luxury created and distributed wealth. It worked. More of this in tax policy please.

JL



## *Immigration*

BY STANLEY J. DORST  
SAN FRANCISCO – CALIFORNIA

Immigration patterns differ significantly across the country. I read that the western states attract the greatest proportion of Hispanic immigrants resulting in 26 percent of California children 15 years of age and younger being Caucasian, while 60 percent are Hispanic.

Does anybody think that is not a problem and that our government's failure to control the border is just really OK?

Since I don't regularly read liberal literature, I don't see how people can abide and sympathize with the horde of immigrants.

I do understand wanting to help those who are less fortunate than we are, but is it possible to help all the billions that exist in poverty? Of course not!

The way to help the world is to offer help in changing the systems

of government in poverty-stricken countries. For example refuse to trade unless they share the wealth with the poor. It is only with the rule of laws based upon a constitution that is inviolate can economy thrive and the people prosper. It has nothing to do with sharing our food or possessions. It has to do with encouraging democracy and the required education.

The Arabs will never be prosperous by adopting Sharia law because it prevents the full utilization of the human spirit. Any government that is not subservient to a constitution will not administer justice fairly, allow free enterprise to prosper, and provide a reasonable standard of living to its citizens. Why do I say this? Because we have to accept that the human animal needs to be restricted by education and laws that cannot be changed, or ignored, by the head of government. So how can people continue to support programs that decrease our available capital and

encourage dependence on government programs?

If we want to help the world's poor, who are suffering, don't make token gifts. Instead fund a program such as the one George H.W. Bush initiated in the Middle East. What a great vision he had, but it is much harder to carry out than giving aid to the United Nations. We pulled out of our foothold of democracy in the Middle East and we send them care parcels. What do you think?

JL



## *The Poet's Corner*

BY GARY D. SWEENEY, SALLY ANNE REISNER & VERA RESNIK

### *Firefly*

Stepping outside, it's humid, but nothing I haven't felt before. I was away for a year; and although I had 28 previous years to override one year of difference, that one year spread like cancer and tried to kill everything before it. It didn't, but it came close.

So outside I sat for a minute watching a few sparks circling in the silhouette of blackened tree leaves. Fireflies. They navigate in the dark...terrified because they can't see through barriers. But instinctively, they light up and expose their surroundings...bringing to the stage a labyrinth of unseen highways. Now they have a million ways to escape. All they have to do is choose one.

And I wondered if they're able to decide when to illuminate, or if some involuntary sense of blindness lights a distress flare. A few moments later, in my hindsight, I realized it didn't matter. What matters is that these small insects pale in contrast to human beings, and yet survive because they have an awareness....that the darkness around them is powerless against internal light, their own strength. As advanced as we've become, the simplest things are buried in plain view.

Sometimes I need a reminder myself.

©gary d sweeney

### *Inborn Happiness*

It's hard to contain  
this feeling of love and happiness  
as I walk into the kitchen to make my  
coffee.

Summer sunlight casts a golden glow  
on the wooden walls.  
His teak dining room table  
stands on my great grandmother's  
aging Oriental rug.

I savor the fragrance of fresh flowers  
on the black lacquered altar table  
with its inlaid Chinese scenes.

I turn on the classical music channel  
on our flat screen tv as the coffee perks  
and I give thanks.

©sally anne risner

### *Rainbow*

Look; sky storm. Listen; sky grumbles.  
Feel; sky tears.  
Look; sky clearing. Listen; sky  
harmonies. Feel; sky caressing breezes.

Diaphanous mist drifting, swirling.  
Glowing iridescent raindrops. A spark  
of sun,  
a patch of blue, dazzle of refraction:  
red, orange, yellow, green, blue, indigo,  
violet,  
a sky garden blooming.

Grab my hand. Let's dance under the  
rainbow.

Riotous  
Awesome  
Inspiring  
Notable  
Beauteous  
Opulent  
Wonderful.

Sing a song of gratitude. Climb onto  
the arc of colors, infuse them into your  
soul.

Let red give you passion, orange  
cheerfulness, yellow energy, green  
abundance, blue  
trust, indigo wisdom, violet love.

Savor the moment. Don't blink. Revel  
in the double rainbow.

Slide down, hug the hues. Color fades,  
fades, fades. Gone. Now a memory.

We are the pot of gold.

©vera resnik



## *Demagogues: Leaders Of Collective Madness*

PHOTOGRAPHY & TEXT BY ALAN BRISKIN  
SAN FRANCISCO – CALIFORNIA

The word demagogue is derived from the Greek words “demos” and “ago”. Demos means populace, referring to the common folk of the ancient Greek state. You will recognize the same root in our cherished word democracy, meaning the rule of the common people. Ago is a verb meaning to lead or guide. As it was first used in ancient Greece, demagogue had no negative connotation. Only after the cracks and shadows of democratic rule became more apparent did we grasp a particular kind of leadership that encourages group hatreds and violent polarization.

Today we see the seeds of this form of pathologic leadership rising again, an intensification of personal attacks and the stigmatization of an “other”. At first it can seem almost whimsical, a bit of fiery rhetoric here, an insinuation there, an exaggeration for good measure. Political aspirants are all prone to these behaviors, but they are not the problem. They are symptoms of a much larger dis-ease, a splitting in

the collective, both locally and globally, moving us toward a justification for violence. We are seeing this today with the fear and anger directed at Muslims and the reciprocal hatreds directed toward the West.

But we don't have to go along.

Here is the salient point. Demagogues are creations of the collective as much as they lead groups into warfare and hatred. They exist as a funnel for existential fears and frustrated longings. By reducing complexity down to simple answers, they make themselves into emotional magnets for dis-ease. How do we resist such temptations?

First and foremost, we resist by not becoming part of the madness. We combat the literalness of polarizing oratory by becoming more nuanced in our own thinking. We battle the externalization of an enemy by addressing our own inner conflicts. And we go beyond solely the personal by calling out the mis-direction of

leaders who advocate only for their own group or ideology. Finally, we join with others to become organs of change.

There are so many of us desiring to be healthy cells of a global, interdependent body. The demagogue's cry for polarization must be our call to honor what we value. We seek change not because the world must forcibly be repaired but because life is sacred and collaboration is the best means to achieve genuine transformation.

And if we do that, we will see the emergence of transformational leaders, ones who transmit an understanding of an interconnected world.

The lesson is that we are all capable of this kind of leadership, and the destination we travel toward will emerge from our collective imagination. Let it be a destination that is worthy of our courage and compassion.

JL





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## *Melk Abbey Library*

AUSTRIA

The Benedictine Abbey of Melk has been located in its current location on the bank of the Danube River since 1089. A monastic school was founded there in the 12th century, and many manuscripts were produced in its scriptorium. In 1297 the Abbey was destroyed by a fire. Rebuilt in the Baroque style in the 18th century, the Abbey with its famous library is located on a cliff overlooking the Austrian vineyard region of Wachau.

In a Benedictine monastery, the library is second in importance only to the church.

The focal point of the Melk library is the main hall. Its 16,000 books, which date primarily from the 15th, 16th and 17th centuries, were all identically bound, as the monks wanted everything to be symmetrical. The ceiling fresco, done by Paul Troger in 1732, is a symbolic depiction of Faith surrounded by four groups of angels who represent the four Cardinal Virtues: Wisdom, Justice, Fortitude and Temperance.

The spectacular Small Library Room, with a ceiling fresco also by Paul Troger, shows an allegorical portrayal of Science, and houses books from the 19th century onwards. A magnificent spiral staircase leads to a set of 12 library rooms not open to the public, which contain 100,000 documents, including 750 incunabula, or works printed before 1500, and 1800 manuscripts from the ninth century. Due to the scientific interests of the medieval monks, the library contains manuscripts on mathematics, physics and astronomy in addition to theology, jurisprudence, geography and history.





## *National Library of Brazil*

BRAZIL

The largest library in Latin America and the seventh largest in the world, the National Library of Brazil originated in 1807 when Prince Regent Dom João (later King Dom João VI) and his family, escaping from invading French armies, left Portugal for Brazil. With them they brought the Royal Library, which consisted of 60,000 items including books, manuscripts, prints, maps, coins and medals. The National Library was established in Rio de Janeiro in 1810, although at the time the public was allowed access to the collections only by permission of the prince regent. This regulation was abolished in 1814 when it became a public library. After Brazil's independence from Portugal in 1822, the library became the property of the then Empire of Brazil. At that time, the government decreed that publishers must send one copy of all documents to the library.

The current building, which opened in 1910, was constructed in an eclectic style with neoclassical elements. In the main hall there are two murals by the American painter George Biddle and two bronze bas-reliefs by his wife, Helena Sardeau Biddle, which were presented to Brazil as a gift from the government of the U.S. in 1942.

Included in the library's collection are: the "Evangeliario", a parchment copy of the four Gospels in Greek, from the 11th century, the oldest manuscript in the library; the Mogúncia Bible from 1462, which is the first printed book that contains the date and name of the printer; a copy from 1801 of the first edition of "Don Giovanni", Mozart's opera; original prints by famous European masters; and 12,000 10-inch records, which contain some of Brazil's musical heritage.





## *Library of Parliament*

CANADA

Called the “most beautiful room in Canada”, the Library of Parliament originated in the 1790s, long before Canada was a country, with the creation of legislative libraries in Upper and Lower Canada. In 1841 the two libraries were amalgamated in Montreal, however in 1849 an angry mob set fire to the Parliament Buildings and only 200 of the 12,000 books were saved. When Queen Victoria chose Ottawa as the country’s capital, the library was rebuilt there along with the Parliament Buildings.

The library was designed by Thomas Fuller and Chilion Jones in the Gothic Revival style. The first Parliamentary librarian, Alpheus Todd, suggested the circular shape and the use of galleries and alcoves so that the building would be “spacious and lofty”, and recommended that it be separated from the rest of the buildings by a corridor to protect it from fire. His idea proved prescient when fire struck in 1916, as the library was the only structure that survived.

The interior of the library is exquisite, with some of the floors made of glass to keep light in areas near the books. Flowers, mythical beasts and faces decorate the wood-paneled walls and bookcases, and a statue of Queen Victoria stands in the center. Large pointed-arched windows bring light into the magnificent reading room. The exterior, including soaring flying buttresses, is constructed of sandstone. With more than 17 kilometers of material in its collection, the library provides information, reference and research services to parliamentarians and their staff.





## *Library Hall, Clementinum*

CZECH REPUBLIC

The Clementinum complex was founded in Bohemia by the Jesuits after their arrival in 1556. A century later they began expanding their premises, and the baroque library was opened in 1722 as part of the Jesuit University. Shortly thereafter its director, Karel Rafael Ungar, established a collection of literature written in the Czech language entitled *Biblioteca Nationalis*, which became the basis for a national library.

The interior of the library has remained unchanged since the 18th century. Jan Hiebl designed the ceiling frescoes, which depict allegorical motifs of education and portraits of Jesuit saints, patrons of the university and prominent representatives of their order. A portrait of Emperor Joseph II stands at the head of the hall, honoring the man who arranged for books from abolished monastic libraries to be sent to Clementinum. In the Temple of Wisdom section of the library there are thousands of theological books that date back to the 1600s. Another section of the library, the Chapel of Mirrors, contains an ornate array of stucco, ceiling mirrors and frescoes. Of special note is the collection of geographical and astronomical globes in the center of the library, designed by Jesuits. Among the globes are astronomical clocks, also constructed primarily by Jan Klein.

The Clementinum is considered one of the oldest areas in Europe for the recording of weather. Continuing to this day, weather recording started in the library in 1775.





## *The Royal Library*

DENMARK

Established in 1648 by King Frederik III, The Royal Library contains all works printed in Denmark since the 17th century as well as other works dating back to the first Danish book, written in 1482. Today it functions as the national library, focusing on text, images, computer games and sheet music, and as the university library of Copenhagen University. Among its significant works are the correspondence of Hans Christian Anderson, historical maps of the Polar Region, a Gutenberg Bible and the “Dalbybogen”, the oldest evangelical Christian book in the Nordic countries, dating from 1060.

In 1999, an extension was added to the old library. Named the “Black Diamond” for its striking exterior of black marble plates and glass and prismatic sharp edges, the building sits at the edge of the harbor, so that the water is reflected in the walls. Formed by two black cubes that are tilted over the street and connected by an eight-story atrium with white, wave-shaped walls, the building contains a concert hall as well as the library. The old and new parts of the library are connected by three bridges, the largest of which features a ceiling painting by Danish painter Per Kirkeby.

In addition to its spectacular architecture, the Black Diamond is renowned for expanding the function of the library to include not only books but other media and cultural activities.





## *National Library of France*

FRANCE

The French Royal Library began in the 14th century when Charles V amassed his books in a tower of the Louvre. After the invention of movable type, a law was passed under which a copy of any book printed in France had to be deposited in the Royal Library. The collection was further expanded during the French Revolution with material confiscated from the Roman Catholic Church and the aristocracy as well as from the private libraries of Louis XVI and Marie Antoinette. In 1881, a bequest by Victor Hugo started a policy of acquisitions of literary manuscripts.

The current National Library Of France was built in 1996, replacing an old structure, which was no longer large enough to house the vast collection. The futuristic design, facing the Seine and constructed of glass, steel and wood, consists of four 24-story towers, shaped as open books, overlooking an inner garden. The reading rooms provide access to the printed and audiovisual material. The main reading room areas contain a large quantity of glass, which provides abundant light, and are open and airy. Most of the public reading areas overlook the courtyard, while the stacks are located in the base and in the upper levels of the towers. An eight-kilometer network of 330 suspended trolleys is used to transport documents from the stacks to the reading rooms.

The library, which contains 13 million books and 350,000 periodicals, is one of the largest in the world, accommodating 1,600 readers at one time. An additional 2,000 seats, intended for researchers only, are located in private reading areas.





## *Empty Library*

GERMANY

Discretely set into the cobblestones of Berlin's Bebelplatz square is a plate of glass. Hard to see, it is only upon close inspection that one realizes it looks down into a room below the surface lined with empty white bookshelves. This is the "Empty Library", a powerful Holocaust Memorial in remembrance of the 20,000 books burned by the Nazis on May 10, 1933. Any books written by authors seen as a threat to Nazi ideology – works by journalists, scientists and philosophers, including Karl Marx, Berthold Brecht and Thomas Mann, books by Jews, communists and pacifists, were destroyed.

The memorial was created by Israeli sculptor Micha Ullman to commemorate the event's 60th anniversary. When you look into the glass, you are met with emptiness and silence, which Mr. Ullman said are the two most important materials in the memorial. As he explained, "When I look at the glass, I see the sky's reflection. In Berlin's case, there are usually clouds too. As far as I'm concerned, they're like smoke. So the books in the library are burning almost every day". At night, the memorial is lit from inside, so that a faint glow is seen around the site, as if the fire remains.

Printed four times across the square are words written in 1820 by the poet Heinrich Heine, who attended Humboldt University across from the site, "Where one burns books, it is only a prelude; in the end one also burns people".





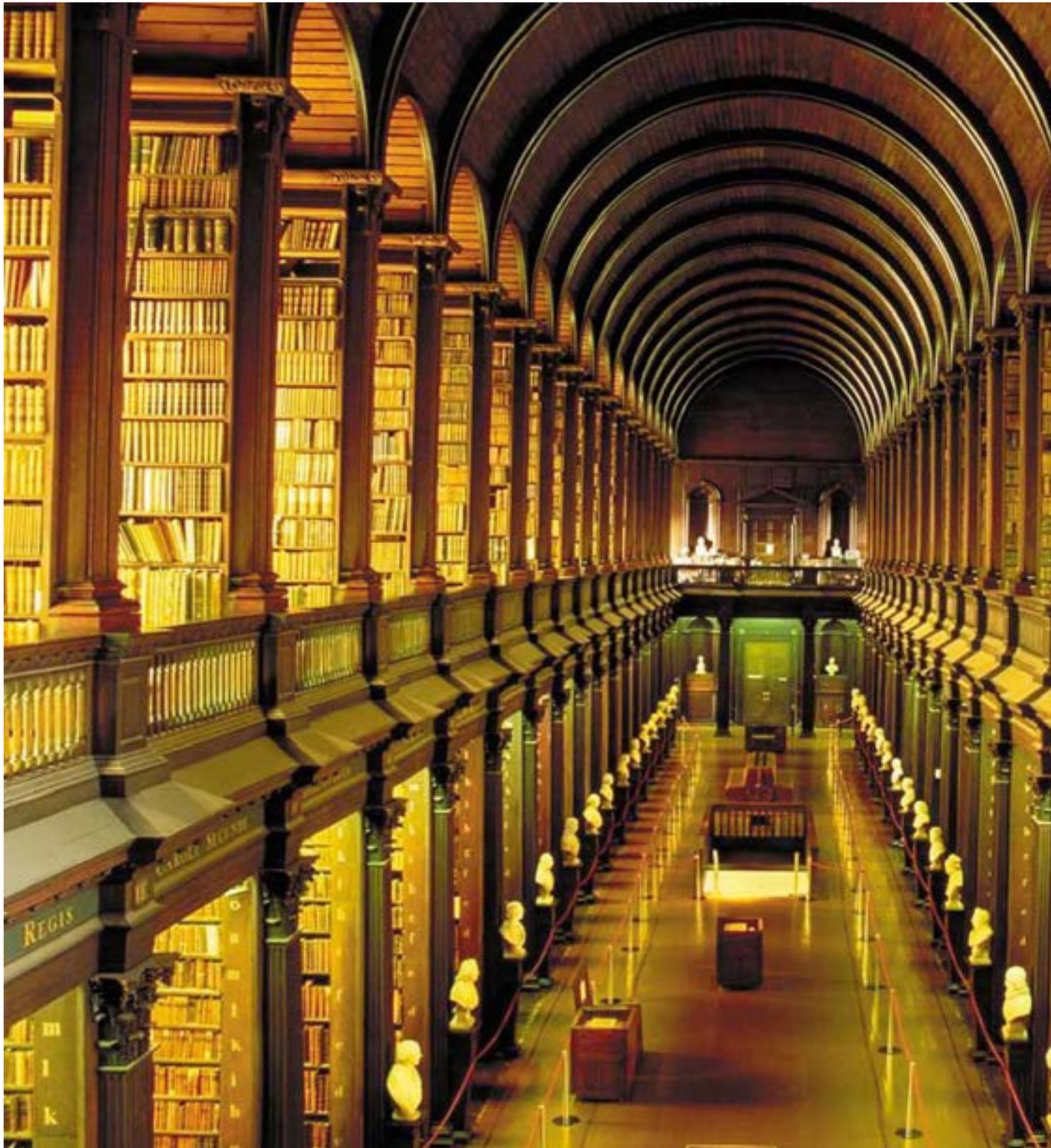
## *Kanazawa Umimirai Library*

JAPAN

Libraries in Japan have typically operated as institutions to acquire and lend books. The architects of the Kanazawa Umimirai Library, Kazumi Kudo and Hiroshi Horiba of Coelacanth K&H Architects, created a space to encourage readers to remain inside the library, a public space that would bring the community closer together and promote social interaction.

Located in the rapidly developing city of Kanazawa, the library opened in 2011. It consists of three floors that are covered in a large white box the architects call the “cake box”. These exterior walls, or “punching walls”, contain 6,000 holes of three different diameters, each filled with translucent glass, which allows the light to enter in a scattered and indirect manner, generating a calming effect. They also prevent the reader from looking outside, creating an introverted and concentrated environment. This allowed the architects to achieve their goal of imitating a forest – a single space that is quiet and serene.

In contrast to the current trend towards digital reading, this library was intended as a “homage to the printed book”. The heart of the library is the large reading room, where visitors can experience the pleasure of reading in a space surrounded by books with a vast physical presence.





## *Trinity College Library*

IRELAND

Situated in the center of Dublin, the library at Trinity College is the largest library in Ireland. It consists of six buildings on the campus, the oldest of which is the Old Library. Constructed in the early 1700s, architect Thomas Burgh built a rectangular building containing a large reading room, now known as the Long Room, which holds 200,000 of the oldest books in the collection, and is the largest single chamber library in Europe. The central walkway of the 200-foot long room is lined with marble busts of famous philosophers and writers.

In 1801, the library was given the legal rights to a free volume of every book published in Britain and Ireland, which considerably increased the number of books in its collection. In order to add additional shelves, in 1860 a barrel-vaulted ceiling was constructed in the Long Room, which provided an upper gallery of bookcases.

The most remarkable holding of the Long Room is an illuminated manuscript known as the Book of Kells, created around 800 AD by Christian monks on the Isle of Skye in Scotland. It was given to Trinity College in 1661 for safekeeping after the Cromwellian raids on religious institutions, and has been on display since the 19th century. Also on display are a rare copy of the 1916 Proclamation of the Irish Republic and the wooden harp from the 15th century which is the model for the emblem of Ireland.





## *Palafoxiana Library*

MEXICO

Considered by some to be the oldest library in the Americas, the Palafoxiana has its roots in 1647 when Juan de Palafox y Mendoza, a Catholic bishop in New Spain, donated 5,000 of his own books to the College of San Juan, which he founded in the city of Puebla. Construction of the library began in 1773 using materials and craftsmen from all over Spain's holdings in the New World to house the collection, which included works of theology, philosophy and history. Additional donations of prints and manuscripts were added during the colonial period by other bishops, different religious institutions and private individuals so that the library grew to equal the finest libraries of 18th century Europe.

Today the library holds 45,000 rare books and manuscripts dating primarily from the 15th, 16th and 17th centuries. The collection includes a collection of works confiscated from the Jesuit order when it was persecuted by the Spanish and expelled from Mexico in 1767, and material covering the history of Mexico.

The magnificent reading room is modeled on the beautiful cathedrals of the Old World and contains a gilded altar at the far end, which includes a replica of the Madonna of Trapani, a religious sculpture from the 14th century. In 1981 the Palafoxiana was declared a National Historic Landmark, and it has since been entered into UNESCO's Memory of the World Register. Although it sustained damage after the 1999 earthquakes in Mexico, it has been restored and returned to its original splendor as well as strengthened so that the building and its bookshelves will be able to withstand future earthquakes.





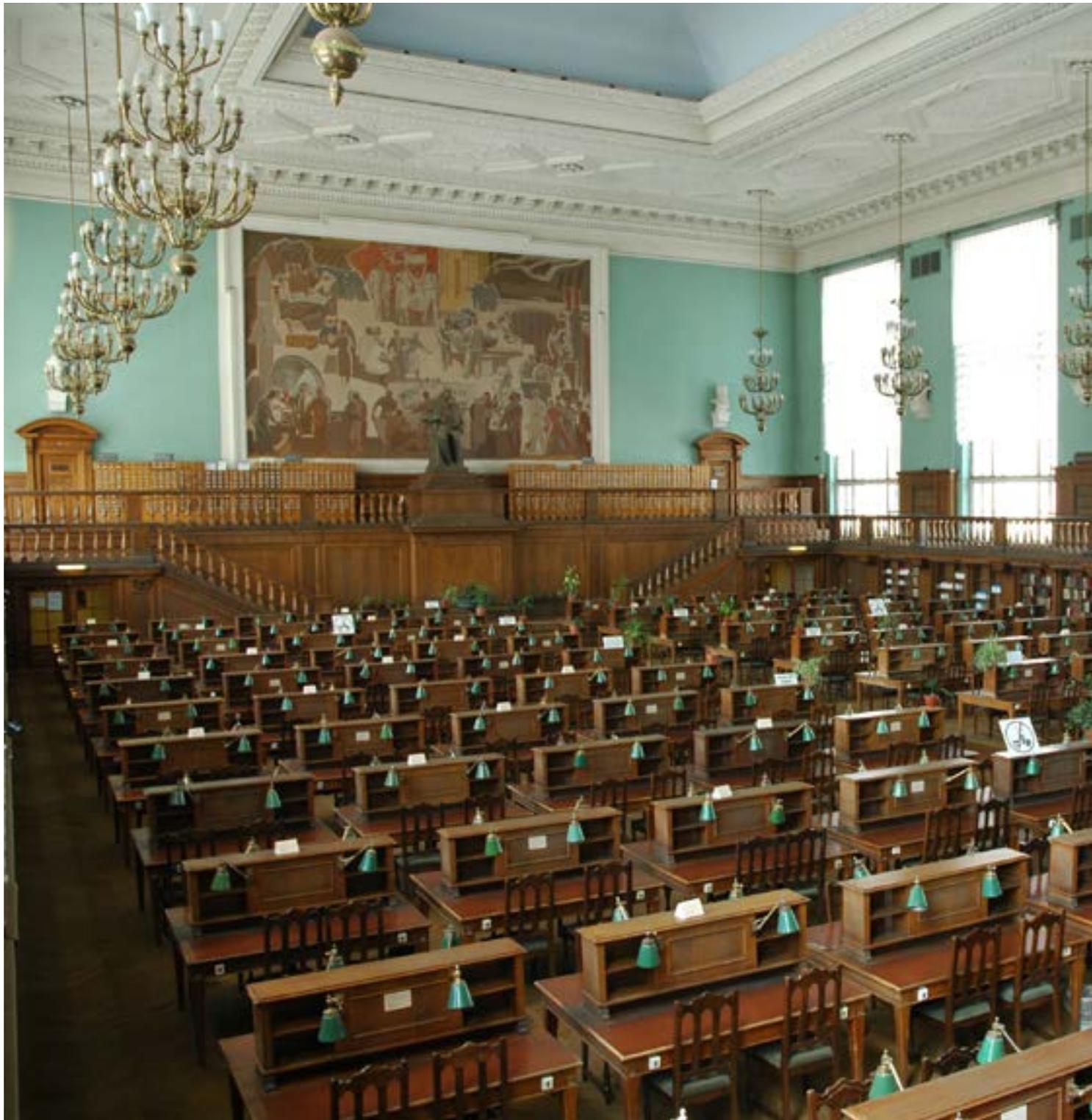
## *University of Coimbra General Library*

PORTUGAL

The General Library of the University of Coimbra is comprised of two buildings, a modern structure constructed in 1962 for researchers and students, and the magnificent Biblioteca Joanina, built in the early 18th century on the orders of King John V to enhance cultural enlightenment in Portugal.

Bronze workers, glaziers and painters throughout the 1720s decorated the Baroque Joanina library. The ceilings were adorned with allegorical trompe l'oeil paintings by Lisbon painters António Simões Ribeiro and Vicente Nunes, the floor is covered with geometric patterns, and the gilding and lacquering was done by decorative artist Manuel da Silva. The gorgeous oak bookshelves were carved by Italian artists, and the tables were made with exotic woods from Brazil. Its three grand rooms are divided by huge, ornate archways. The library is considered to be one of the most important archival libraries in the world, with its books dating from the 16th to the 18th centuries covering law, theology, philosophy, medicine, history, arts and literature. It has been designated a national monument of Portugal and has been inscribed on the World Heritage List.

The oldest book in the library is an illuminated Bible produced in Strasbourg in the 12th century. It also contains a manuscript of the Abravanel Bible from the 15th century, and is one of only 20 Hebrew Bibles known to have survived the Inquisition. The books are protected from insects by permitting a colony of bats to reside in the building, eating the unwanted pests overnight.





## *Russian State Library*

RUSSIA

With over 275 kilometers of shelves and 43 million items in 247 languages, the Russian State Library is the largest in the country and one of the largest in the world.

It began in St. Petersburg in 1831 when Count Nikolai Rumyantsev donated his collection of books, manuscripts and cartographic material to the Russian state. Transferred to Moscow, in 1862 it was renamed The Moscow Public Museum and Rumyantsev Museum. Separated from the museum, the library grew when it became the legal repository of all publications issued in the Russian Empire, and continued to expand with donations of collections from some of Russia's scholars, scientists, writers and public figures. It attained the status of main library of the country with the nationalization of libraries and cultural institutions after the 1917 revolution, and was re-named the V.I. Lenin State Library of the USSR. When the USSR was dissolved in 1992, its name was changed yet again to the Russian State Library.

The library is renowned for its massive collection of printed books and manuscripts dating from the earliest years of Slavonic script, including the Arkhangelsk Gospel and the Mariinskoe Gospel of the 11th century. It also owns a collection of Western European manuscripts from as far back as the 12th century. First editions of Renaissance thinkers including Copernicus, Galileo and Descartes are found in its halls, as are rare editions of Russian and foreign writers in the fields of culture and science such as Darwin, Pavlov, Newton, Einstein, Shakespeare, Cervantes, Dickens and Goethe.





## *Abbey Library of St. Gallen*

SWITZERLAND

Above the entrance to the Abbey of St. Gallen in the north-eastern part of Switzerland is a Greek inscription which translates into English as “Pharmacy of the Soul”, reflecting the values of the monks who resided there. The library of the Abbey was founded in 719. It began producing its own manuscripts in the middle of the 8th century, and for the next 300 years the Abbey was one of Europe’s leading centers of culture.

The library was remodeled in the Baroque style in the 18th century by the Abbey’s own craftsmen, using a mix of woodwork, stucco and ceiling paintings, and the room is illuminated by daylight from 34 windows. The main subjects of its collection are theology and Latin classics. From its unique collection of manuscripts, scholars can reconstruct the spiritual and cultural life of the Abbey from its inception until its dissolution in 1805, after which no monks lived there. Documents include the earliest known architectural plan drawn on parchment, seven different German editions of the Bible dating from before the time of Luther, Irish manuscripts of the 7th and 8th centuries, and illuminated manuscripts of the St. Gall School of the 9th and 11th centuries.

Of the 150,000 books and manuscripts in the library, only 30,000 can be viewed by the public, as the balance are deemed too precious. The library is considered one of the richest and oldest in the world, and is deemed a UNESCO World Heritage Site.





## *Bodleian Library, Oxford University*

UNITED KINGDOM

Oxford University's first library was built in 1320 in the University Church of St. Mary the Virgin. In 1488, it was replaced when a new library was constructed in a different location to house Duke Humfrey's collection of 281 manuscripts. Lasting only 60 years, this library became defunct when the Dean of Christ Church removed all the books in order to eliminate evidence of Catholicism. It was re-established in 1602 when Sir Thomas Bodley, a collector of medieval manuscripts, refurbished the space to house a new collection of 2,500 books, including his own. Several years later, a law was passed which required that a copy of every book published in England had to be deposited in the new library, a practice that continues to this day. In the early 18th century, Sir John Radcliffe provided funding to buy land for a new building and books, and the circular domed building, a magnificent piece of classical architecture, was built.

Today the Bodleian Library consists of many buildings spread throughout the city of Oxford. A new library, the New Bodleian, was built in 1931, and in 1975 space was acquired between the old and new libraries, and so the entire historic core of the University became the property of the Bodleian.

With more than 12 million printed items, the Bodleian is the second largest library in the UK. It holds one of the largest collections of Western Medieval manuscripts in the world, and over 300 oil paintings. The Bodleian is not a lending library; books can only be read on its premises, and in order to enter the reading rooms, one must be a member.





## *Library of Congress*

UNITED STATES

The idea for a reference library for use by Congress came to fruition in 1800 when President John Adams signed a bill transferring the government from Philadelphia to the new capital city of Washington. It was short lived, however, as British troops set fire to the Capitol Building during the War of 1812, burning the contents of the library. Immediately, past President Thomas Jefferson offered his collection as a replacement. When, in 1870, the new copyright law required all copyright applicants to send two copies of their work to the library, it rapidly ran out of space. A new building, based on the design of the Paris Opera House, was constructed in the style of the Italian Renaissance, and it opened its doors to the public in 1897.

With more than 158 million items, including 36 million books and other print materials in 460 languages, 69 million manuscripts, and the world's largest collection of legal materials, films, maps, sheet music and sound recordings, it continues to provide direct research assistance to the U.S. Congress.

The library consists of three buildings. The Main Reading Room is located in the original Jefferson Building, which is capped by a 23-carat gold-plated dome. Open to researchers only, the room contains eight giant marble columns, each supporting 10-foot high allegorical female figures representing features of civilized life and thought. A painting on the ceiling of a female figure represents Human Understanding lifting the veil of ignorance. Decorated with mosaics and murals, the entrance hall to the building contains enormous marble staircases leading to the upper floor. The Art Deco John Adams Building was finished in 1939, and the James Madison Memorial Building in 1980.





## *Vatican Apostolic Library*

VATICAN CITY

A library serving only the Church has existed since the 4th century, its collection growing and declining over the centuries until 1451, when Pope Nicholas V established a library at the Vatican for public use. Today the Vatican Apostolic Library is one of the most renowned research libraries in the world, and contains 1.6 million printed books, 8,600 of which are incunabula (books printed before 1501), 150,000 manuscripts, 300,000 coins and medals, and 100,000 maps and engravings. The library is located within the Vatican Palace, and is the personal property of every reigning Pope.

Beginning in the 17th century, it was customary to bring gifts to the library, which resulted in adding manuscripts in Latin, Hebrew, Arabic and Greek. Travel to Egypt and Syria further enriched the collection. The library contains an enormous number of ancient texts, including manuscripts of Virgil, Aristotle, Cicero, Homer, Petrarch, Raphael and Michelangelo, some of the earliest texts of the New Testament, the oldest Hebrew book in existence, and one of the oldest copies of the Pythagorean Theorem. Of special note is the Bodmer Papyrus XIV-XV, a 144-leaf manuscript dating back to the early 3rd century.

While no longer secret, the Vatican Secret Archives is a separate entity containing documents that pertain directly to the Holy See. It began in 600 and holds 12 centuries of history, however the archives were closed to the public until 1881 due to their focus on internal Church affairs. Visits to both the library and the Secret Archives are limited to researchers only, and no more than 150 people are allowed in each day.



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As you venture out into our world, your travel can consist of a day visit to the closest towns or a journey that will place your feet clear on the other side of the world. It is all about discovery and about everywhere you walk. So, COME – EXPLORE WITH ME.

### *Kuala Lumpur*

BY LOIS M. GORDON  
SILICON VALLEY – CALIFORNIA

The capital of Malaysia, Kuala Lumpur is much more than a capital city. It's a monument to Malaysian ingenuity and determination. From its humble beginning as a tin-mining shantytown, it has evolved into a 21st century metropolis, flush with proceeds from international trade and commerce.

Chinese prospectors, Indian migrants and British colonials carved out the city from a jungle, and each group has left an indelible mark. Eating, shopping and nightlife are highlights of a visit, but don't just stay in the city! There are parks and monuments to visit.

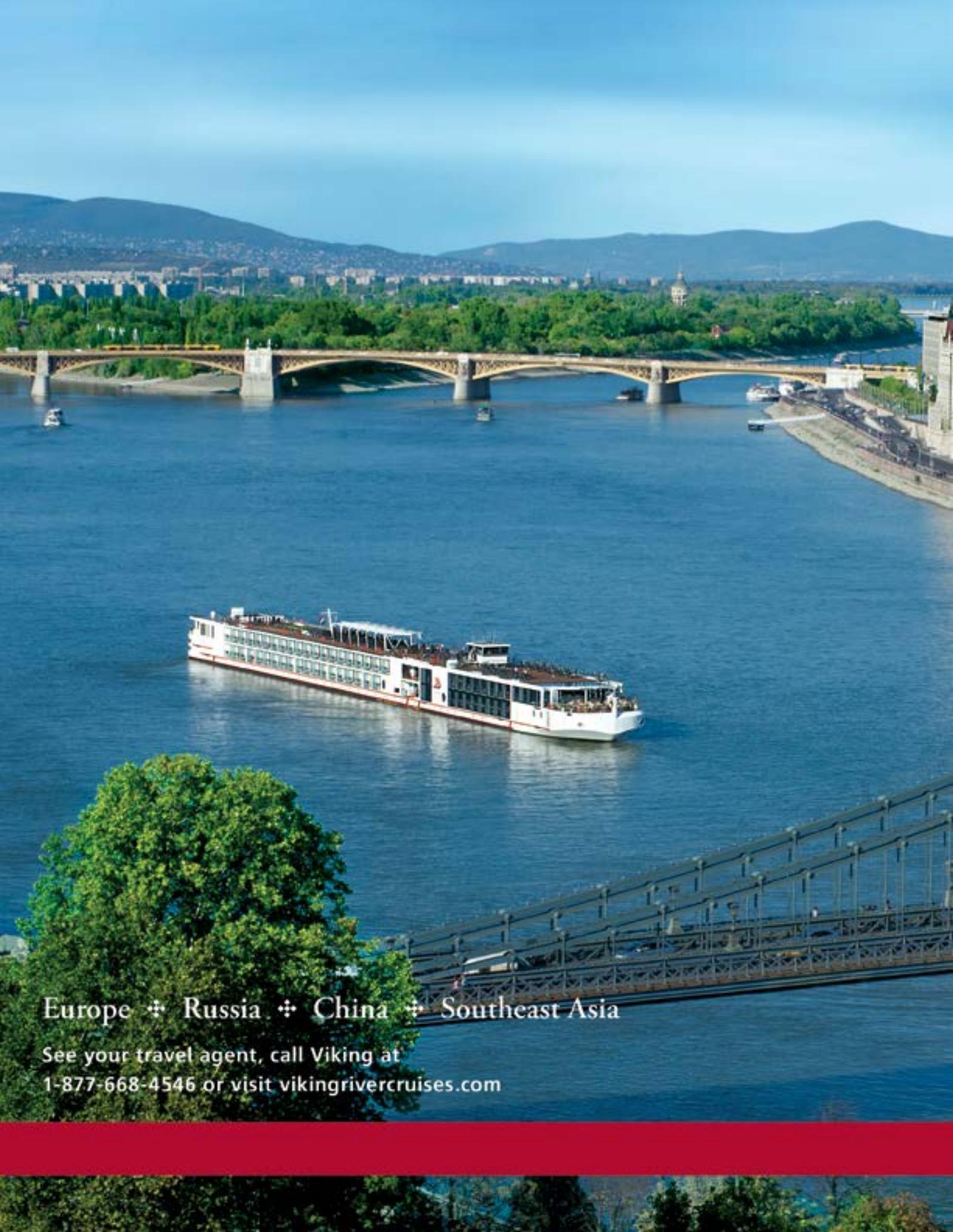
The two things I remember clearly are shopping at the Royal Selangor Pewter Factory and the Batu Caves. Buying pewter was not only interesting, but also so much fun. The company is the

leading manufacturer of pewter in the country, making beautiful little gifts and tankards.

The Batu Caves Hindu Temple is where the Thaipusam Festival has been held each year since 1891, on the full moon between January 15 and February 14. The streets are crowded with people and closed to traffic during this time. Spectators are packed and barely able to move.

To get to the caves, you must climb 272 steps and believe me, it feels like you're on a ladder, going straight up! The good news? There are several landings where you can stop and enjoy the view as monkeys climb all about. The three caves, discovered in 1892, are made of limestone and are very spiritual places.

JL



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opposite: This private cellar has a unique design that radiates a fantastic feeling of space. The wine bottles are arranged on glass shelves in a polar array of 300 degrees. On the outside, the cellar is a curious illuminated cylinder. The cellar exemplifies Focus Wine Cellar's ability to combine style with technical perfectionism.

## *Luxurious Cellars*

BY WARREN PORTER  
TORONTO – CANADA

On the theme of “luxury” for this issue, nothing comes to mind more than some of the most luxurious cellars I’ve had the pleasure of visiting over the years. If you’re looking to extend your reputation as a bon vivant into your wine life, allow me to offer a few inside tips.

More and more we’re seeing cellars created with materials and designs vastly different from traditional wood pigeon holes, as beautiful as these can be. Ask your designer/cellar builder to consider glass shelves with LED illumination, wire brackets to hold each bottle and other modern styles. For inspiration take a look at Focus Wine Cellar’s website. Based out of Istanbul, Turkey of all places, their depth of design is unlike almost anything I’ve seen before.

An integral part of your cellar plan must also be lighting. With LED

technology today there is a lot that can be done with lighting that will also not generate any detrimental heat. I’ve seen many cellars that could look twice as beautiful if only the builder had focused on proper illumination. One of the best companies we’ve seen with a strong focus on lighting is Exceptional Cellars from Toronto who construct incredible projects all over the world.

Many clients have asked our opinion on a multi-purpose cellar for both storing and entertaining. The tasting or dining table in the middle of the cellar might look amazing but few people enjoy sitting at 13°C for an extended period of time. Fortunately the technology exists to create a “cooling wall” that flows down the backs of the bottles, keeping them at the proper temperature while allowing the center of the room to remain warm. This is the dominion

of very sophisticated cellar builders however, so do your research.

The last word on luxury must be stemware. If you’re going to invest in a beautiful cellar and great wine, do not skimp on the proper stemware. Ranging anywhere from \$20 to over \$150 per stem, this is a sizeable investment but well worth it. And one size does not fit all. Riedel actually puts on clinics to show the difference in how wine is expressed depending on the vessel. Find one in your area and attend this fascinating afternoon. Then be prepared to clean out some cupboard space for all your new crystal.

If you’re privileged enough to have access to the world’s greatest wines, don’t forget that a luxurious experience is more than what is in the bottle.

JL



## *And That's Pizzazz*

PHOTOGRAPHY & TEXT BY KATHLEEN MAILLIARD SOLMSEN  
SAN FRANCISCO – CALIFORNIA

“I understand exactly what you are saying right now.” What a joy and a relief to hear that line from a member of the opposite sex. We’ve all heard about “the child within”. How about the Animus and Anima within? Carl Jung called it: “the still quiet voice-guide within”. These Tarzan of the jungle and Helen of Troy anthropomorphic archetypes of the unconscious mind are such great gifts to guys and gals. The animus (male energy) gives confidence and power to women while the anima (female energy) brings sensitivity and caring to men.

“The moment we met, we knew it was love.” Let me just say that at any age: the animus in a she and the anima in a he is always a fascinating part of the “boy-girl” connection. One can laugh this concept off, or use it to influence and impress your words and your work.

The unconscious mind is an ego-based, 24/7 part of the brain that

demands respect and control. Why not use it and enjoy it. You can feel it influencing your behavior, rein it in or let it flow.

Last week, over a game of cards, I ramped my thoughts back to this Psychology 101 subject. I noticed that there were two sets of two distinct elements on the cards: black clubs and spades, red hearts and diamonds. For some odd reason, the black ones became male symbols, while the red ones reminded me of female energy. Guys (clubs) love sports of any kind. They’ll toss a ball back and forth for hours. Guys also love tools (spades) and hardware stores. Females can’t get enough girl time (hearts) and jewels (diamonds) bring ‘em on please!

Bingo, Carl Jung’s animus/ anima theory popped into my head! The playing cards looked so balanced. The aces of spades and hearts, the kings and queens were nearly winking at me. Could it be

that the “still quiet voice in me”, the “guyness” in me, might be empowering me? Could this male energy be protecting me?

Gazing at my cards, my thoughts continued, “Could the pulsating hearts and huge diamonds be giving the guys at the table a deeper respect and appreciation of the “girlness” within them?

Suddenly, without a care, a devilish smile appeared on my face as I thought, “Who would ever have “thunk” that Jung and a deck of cards could awaken my “guy within”?

We won that hand, and that, girls and boys, is PIZZAZZ!

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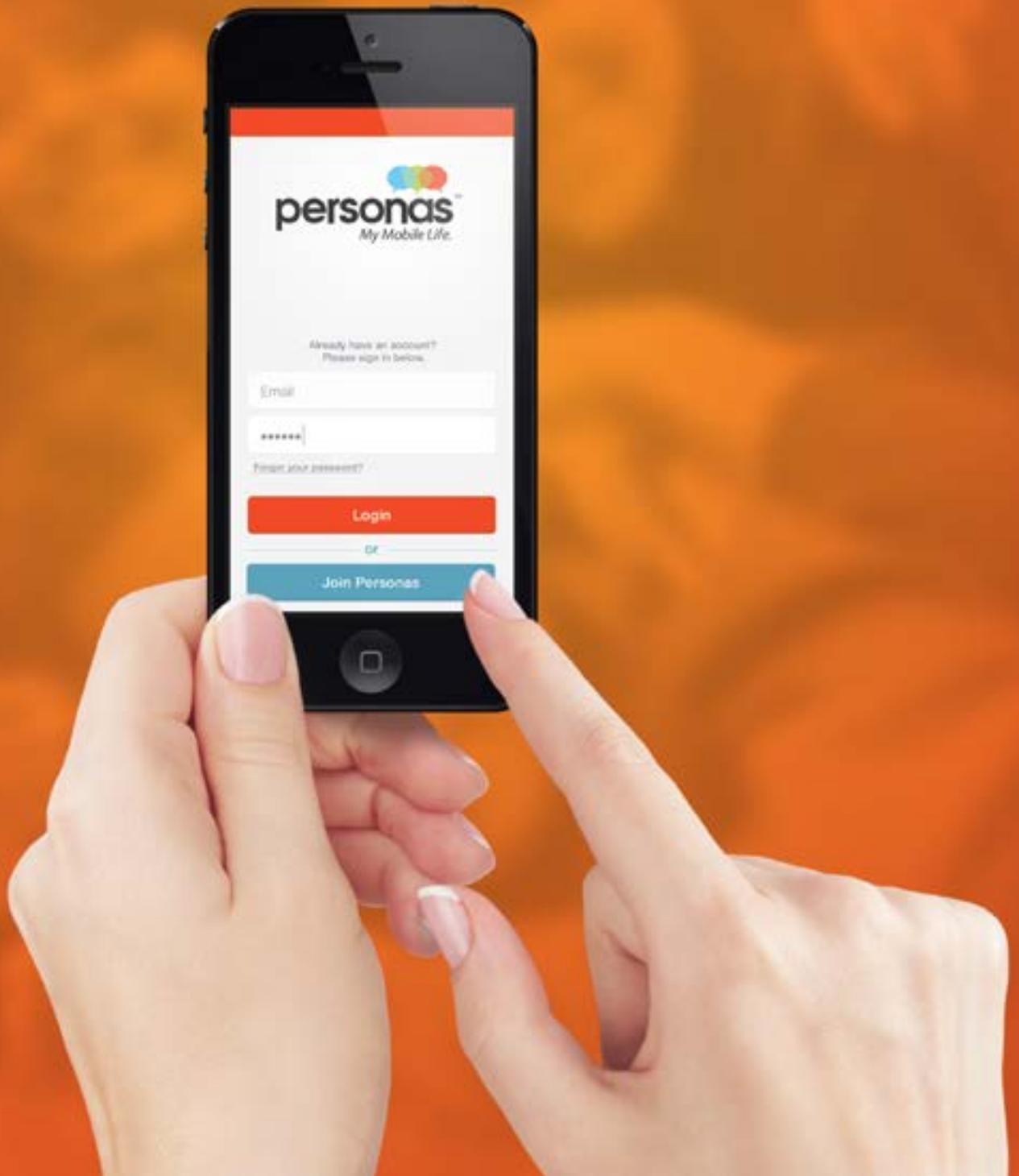
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## *Korakia, Pensione* *A Little Bit Of Heaven In Palm Springs*

PHOTOGRAPHY & TEXT BY MARK RAYNES ROBERTS  
TORONTO / LONDON

Imagine sitting in the courtyard of the Korakia Pensione each morning for breakfast, and being greeted by an array of colorful hummingbirds bathing in the ornamental fountain, while the distinct perfume of bougainvillea vines and oleander bushes create a California dreamscape you won't soon forget.

Built in 1924, The Moroccan villa, originally named Dar Marroc, was the former hideaway of Scottish painter Gordon Coutts. The villa served as the venue for Mr. Coutts to re-create his earlier life in Tangier by employing a wide variety of architectural features that promoted a Moroccan decor.

A visionary with a dream to re-live his art-filled Moroccan days, the flamboyant Mr. Coutts hung his paintings in the library, where he regaled his guests with tales of adventure. Dar Marroc quickly became a gathering place for musicians, visiting artists such as John Lavery, Agnes Pelton and Grant Wood, and

celebrities such as Rudolph Valentino and Errol Flynn. It is rumored that even Winston Churchill has painted in the villa's Artist Studio.

Rescued from disrepair in 1989, Dar Marroc was renamed Korakia (Greek for "crow") and crafted into a Mediterranean-style pensione. The resort, now housed in two lovingly restored historic villas, rests on one and a half lush acres, consisting of bungalows, guesthouses, gardens and pools.

Located in the shadow of the San Jacinto Mountains and within easy walking distance of restaurants on Palm Springs' main thoroughfare, Korakia is the perfect romantic getaway for couples seeking a place of peace and solitude, and not surprisingly was recently named "one of America's sexiest hotels" by The New York Times.

Korakia provides a wonderful sanctuary and starting point for your vacation

in Palm Springs where you can enjoy the myriad of five-star golf and tennis resorts. For the more adventurous, Joshua Tree National Park, San Bernardino National Forest, and the San Jacinto Mountains are all within a one-hour drive, providing some of America's most beautiful scenery and landscapes.

The winding drive along Highway #74 through the San Jacinto Mountain range is well worth taking, and provides spectacular vistas high above the Mojave Desert. The geographical change taking you from the desert plain to the lush mountainous pines surrounding the small town of Idyllwild, becomes a pleasant throwback to nostalgic America.

JL



## *The Aga Khan Museum Of Islamic Art*

BY JULIE REKAI RICKERD  
TORONTO – CANADA

His Highness Prince Shah Karim Al Husseini, the Aga Khan, is the 49th hereditary imam or spiritual leader of the approximately 12 million Shia Ismaili Muslims worldwide. As their religious leader, he interprets the faith and is responsible for helping to improve the quality of life of his flock.

In keeping with his mandate, His Highness recently opened his private museum in Toronto, Canada, designed by Pritzker Prize-winning Japanese architect Fumihiko Maki. The museum aims “to offer unique insights and new perspectives into Islamic civilizations and the cultural threads that weave through history binding us all together”.

The museum shares a 17-acre property with the Ismaili Centre, Toronto, designed by the Indian architect Charles Correa. Serbian-Lebanese landscape architect Vladimir Djurovic’s peaceful Islamic oasis of fountains and vegetation “that evokes ancient gardens of the past” separates the two buildings. The three units create “emblems of the cultural, spiritual, and natural

worlds in peaceful coexistence, and represent a harmonious ideal that is central to the traditions of Islam”.

The museum’s permanent collection contains over 1,000 objects. These are unique and pristine masterpieces that span 10 centuries of the history and artistry of muslim civilizations from the Iberian Peninsula to China: authentic portraits, textiles, jewelry, miniatures, manuscripts, ceramics, tiles, intricate metalwork, medical texts, books, and musical instruments. The Aga Khan and his family collected these treasures over many generations. Special highlights of the core collection include: a 10th century marble capital, an illustrated 13th century manuscript, a 14th century planispheric astrolabe with a brass surface that contains inscriptions in Latin, Arabic, and Hebrew, rare ancient Qur’ans and brilliant Mughal jewelry. A fully-furnished Persian salon from Belle Rive, the Geneva chateau that belonged to the Aga Khan’s late uncle, Prince Sadruddin Aga Khan, complete with its lush Persian carpets and the Prince’s red, ancient and rare Islamic ceramics-filled display

cabinets, has been reassembled in its entirety as a gallery in the Museum.

An added bonus to witnessing and admiring the exquisite Islamic art and artifacts is that they are displayed in a manner that the Aga Khan insisted on, in spacious, well-labeled display cabinets and natural, light-filled surroundings. The museum is a truly compelling venue in which to be introduced to, learn about, and marvel at the “artistic, intellectual, scientific, and religious heritage of Muslim civilizations in which all religions and civilizations share”.

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JL



opposite: Oscar de la Renta – Evening Dress 2012. Emerald green silk taffeta, black Battenburg lace.

## *Oscar de la Renta: The Retrospective* *Fine Arts Museum of San Francisco*

PHOTOGRAPHY & TEXT BY HEIDE VAN DOREN BETZ  
SAN FRANCISCO – CALIFORNIA

An exhibition of over 130 gowns and ensembles dazzled crowds at the de Young Museum in San Francisco. Fine Art Museum Board President Dede Wilsey, a long-term client, enthusiast and friend of the designer, initiated this premier retrospective exhibition of 50 years in the illustrious career of Oscar de la Renta. The guest curator was none other than the famous Vogue editor-at-large and personal friend of Oscar de la Renta, Andre Leon Talley.

The extravagant royal courts of 18th century Europe inspired the designer. He also looked to diverse cultures to augment his designs. The gowns in this exhibition are organized thematically representing the designer's influences – Garden, Russian, Eastern, Chinese, Japanese, Indian, and Spanish. The elegance of the fabric,

whether it is brocade, wool, damask, or silk, often embellished with beading, embroidery and ornamentation, adds to the beauty of the design. Andre Leon Talley: "Oscar was the consummate gentleman who loved women. He loved making women feel beautiful but he also wanted them to be comfortable." Oscar adored his clients and lived their luxurious lifestyle, with parties in far-off exotic places, dinners at the finest restaurants, and events in the most beautiful gardens.

First ladies, socialites, business executives, Hollywood stars and fashionistas make up the Oscar de la Renta fan club. It is hard to imagine any woman in an Oscar not feeling beautiful.

JL

Oscar de la Renta – Evening Gowns 2000 to 2015.



Evening gown  
Spring 2001  
Oscar de la Renta  
New York, NY

Evening gown  
Spring 2011  
Oscar de la Renta  
New York, NY



*Evening dress*  
Fall 2002

*Pair of side chairs and one armchair*  
France, Paris, ca 1775

Georges Jacob (1733-1814), joiner

Cane and gilded wood, red leather side upholstery  
Fog Art Museum of San Francisco, Francis and Margaret Doherty Collection  
SF.417.2

Oscar de la Renta – Evening Dress, 2013.  
Violet Silk faille, metallic embroidery.



Oscar de la Renta – Evening Dress 2013.  
Fuchsia silk faille, metallic embroidery.



Oscar de la Renta – Dress and Wrap.  
Printed chiné silk taffeta.  
On loan from Hillary Clinton.



Oscar de la Renta  
for Pierre Balmain 1999-2000  
Black silk velvet with white  
silk embroidery and appliqué.



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opposite: Henley Royal Regatta front row seating.

## *Rainy Day At Henley*

PHOTOGRAPHY & TEXT FROM THE PRIVATE COLLECTION OF RAY SCOTTY MORRIS  
SAN FRANCISCO – CALIFORNIA

The Henley Royal Regatta is a five-day Summer social and rowing event held on the river Thames by the quaint old market town of Henley, just outside of London. It is undoubtedly, the best-known regatta in the world. The course is exactly one mile, five hundred yards long. There are 19 major events. Rowers and scullers enter from the top universities and clubs worldwide, the most prestigious award being the Challenge Cup for Eights. This world-class event has been won by Germany 12 times, followed by the USA's 11 victories.

Henley has a strict dress code: men must wear blazers and flannels or suits and ties. Women wear skirts and dresses that cover the knee and are

encouraged to wear hats. No pants allowed.

During the event many spectators sail the slow flowing river in pleasure boats, cruisers and punts, slowly drifting by, sipping champagne and enjoying lunch. HRH Prince Albert became the first Royal Patron in 1851 and every reigning monarch has carried on the tradition. Many families spend the day at Henley, mingling with the stewards who run and judge the races in their bowler hats, and having lunch and teas on its spacious grounds, watching the races. Showers and winds are frequent; the umbrellas appear, and rain or shine the races carry on.

It is a photographer's dream.

JL



Spectators lining the banks of the Thames River.



Two boats at the finish line.





opposite: Bowler hatted stewards talk over result.

Boat leaves the dock ready for the competition.



Young competitor, Andrew Haig, chats with friends. opposite: Henley Royal Regatta front row seating.



Loyal spectators in the stands.



Walking in the rain to the finish line.

opposite: Lone Spectator braves out the shower.



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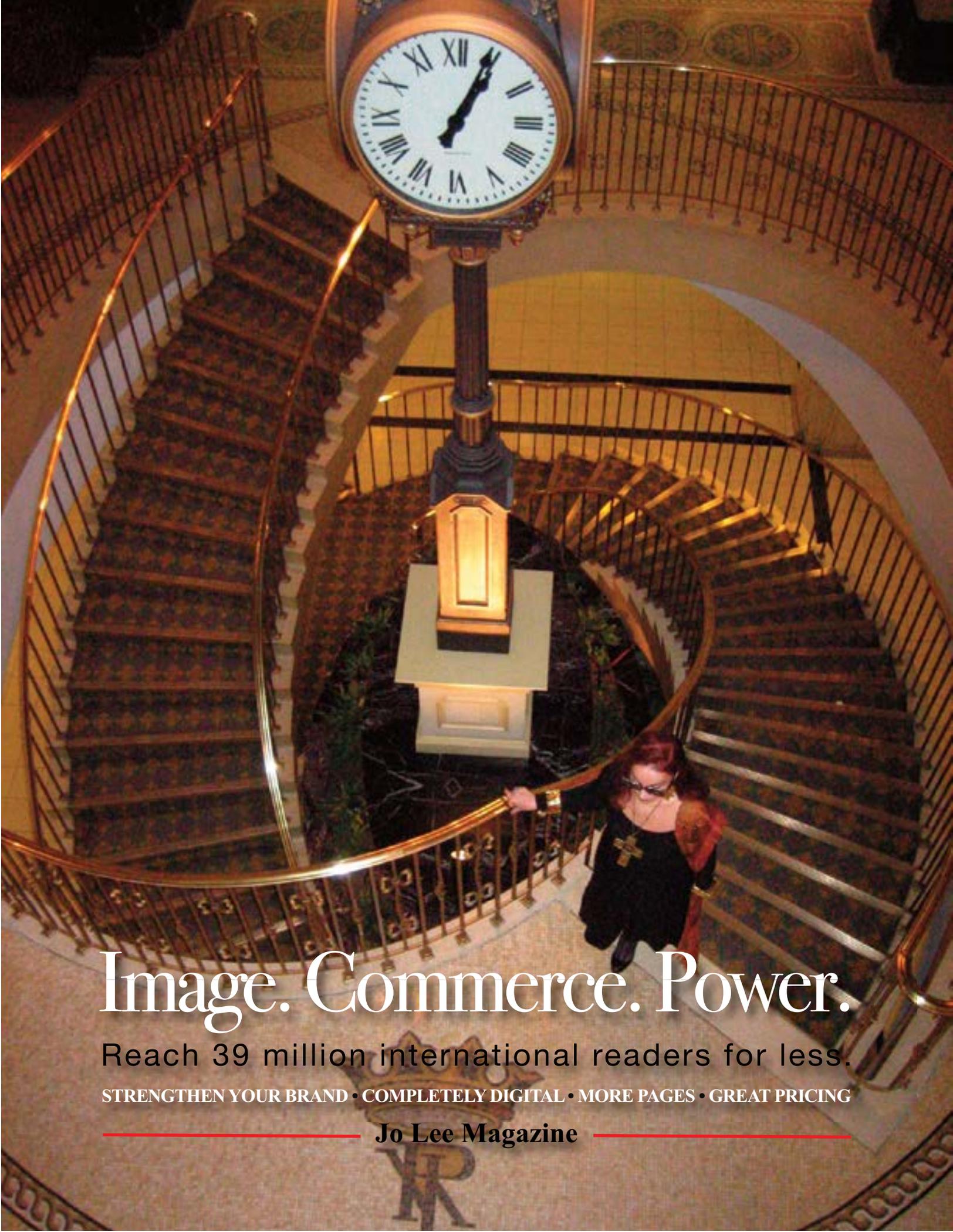
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## THE NEXT 100 YEARS: ONE CHILD'S JOURNEY. HOW SHE/HE WILL LIVE, LOVE AND NEVER REALLY DIE.

### *Overcoming Child Vulnerability*

BY KELECHI ELEANYA  
UNITED NATIONS DEVELOPMENT PROGRAM  
THE NIGER DELTA – NIGERIA

Vulnerability is the state of being open to injury, or appearing as if you are. This could also be emotional; it is the quality of being easily hurt or attacked. In other words, able to be easily physically, emotionally, or mentally hurt, influenced or attacked.

It refers to the inability to withstand the effects of a hostile environment and all its ramifications. Vulnerability is also being capable of or susceptible to being wounded or hurt as by a weapon.

In all these specific definitions, children undeniably stands this risk of being vulnerable especially because they are exposed to these conditions and are increasingly becoming victims of targeted attacks.

Child vulnerability can be measured by the degree to which a child can

avoid or modify the impact of safety threats. Each child's age, physical, intellectual and social development, emotional/behavioral functioning role in the family and ability to protect him/herself contributes or decreases the likelihood of serious harm. Several forms of vulnerability are observed with regards to children.

Vulnerability to maltreatment: it is not the responsibility of children, regardless of age to provide protection for themselves. The parents/caretakers have the ultimate responsibility to protect the child. Child vulnerability to maltreatment varies. Here, it must be clear that very young children (infants, toddlers and preschoolers), pre-verbal children, and children with developmental delays or physical or medical conditions are more likely to experience serious and permanent

harm from both physical abuse and neglect.

Trauma-informed decisions: trauma comes in several forms and from different causes. The field of child welfare recognizes the impact of past trauma on children and their ability to function. This includes, of course, an assessment of the types and degree of maltreatment the child has experienced. Trauma also includes witnessing domestic, community or social violence, natural or man-made disaster, forced displacement, war or terrorism or traumatic separation and grief.

Child vulnerability must be taken care of by all. This is a fact because the vulnerability of the child is the vulnerability of us all!

JL



## *Trump Victory Will Expose Economic Saboteurs*

BY CRAIG RICKER  
MOSCOW – RUSSIA

I support Trump and will vote for him, but I also understand that there will be great costs associated with his victory. Even greater benefits! Already, in the primaries, you saw him flushing the Bolsheviks out of the woodpile. The Trotskyite Neoconservatives who have been controlling the Republican Party have defected to Democratic candidate Hillary Clinton now that a pro-American, anti-globalist candidate is surging forward. The likes of William Kristol and Breitbart's Ben Shapiro are fully exposed as Trotskyite insurgents who infiltrated the Republican Party.

The destructive capacity of the Trotskyite insurgents is demonstrated by the incredible death, mayhem, economic cost, and massive loss of prestige that America has endured while they controlled both the Republican and Democratic parties. Their reaction to Donald Trump demonstrates that they wish to impose the same kind of dystopia upon

America that they delivered to Serbia and the Middle East. Thus this brings us to our inevitable economic crisis.

To understand this, one foundational concept must be understood. This thing that we call the left, Marxism, progressivism, liberalism, Communism, etc., is not an alternative economic system or way of organizing society; it is a system of warfare. It is the way this diabolical mass-murder cult conducts war. Nothing more and nothing less! Anyone who wants to stop or slow down its destructive policies is labeled a Nazi and is destroyed in the same way an invading army will destroy any force that resists its aggression.

What frightens this mass-murder cult is how boldly the American people are turning their backs on 50 plus years of Marxist propaganda. This scares the left because it has little real power in America; it is a paper tiger. All

Americans have to do to defeat this deadly threat is to simply say "no". Now with the help of the Trump campaign we are saying no. But, when faced with a stern "no", the Bolshevik left will resort to the one real weapon it has: control of the financial system.

After the 2008 financial crises, leftists like Paul Krugman constructed a massive glass economic boat in which our economy floats perilously rudderless in mid-ocean. This economic boat is built with paper-thin glass so fragile that the tiniest stone from a leftist slingshot can send America into shark-filled waters.

The left has piles of financial stones, and if "The Trump" gets elected, in my humble opinion, I believe it will start shooting. The attack will only convince more Americans that the left is nothing less than an enemy army and, like Iceland, we will purge and move on without it, many times stronger than before.

JL



## PHILANTHROPIC

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When we look at the world through the eyes of Unsung Heroes we see undreamed of possibilities. More and more we appreciate the incredible number of nominations submitted from around the world in the five ADESTE categories: Humanities, Social Justice, Arts, Technology and Medicine. The nominees of The ADESTE Gold Medal remind us of how many wonderful people are doing amazing things from corner to corner in this chaotic world. Also, we are reminded that the most important aspect, the heart, of ADESTE, is to discover “the 40 and under” Unsung Heroes who “outperform” in a globe of billions.

Jo Lee Magazine and its 21 world voting members of Adeste present with pride the 12th Annual Adeste Gold Medal Laureate 2016 to:

Nadav Ossendryver  
Johannesburg – South Africa  
19 Years  
Technology

## *Nadav Ossendryver*

BY JO LEE MAGAZINE  
NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO / ROME / TORONTO

Nadav has inspired a younger generation to protect the environment by using software to share sightings of animals in various wildlife-filled game reserves.

Championing our natural heritage, Nadav is selflessly trying to assist with protecting wildlife including fighting rhino poaching, and tracking wild dogs. His efforts have helped save injured animals, track and collar animals for study, and share the joy of our wilderness areas with the rest of the world.

His creation, Latest Sightings, allows people to share sightings of animals they come across at the Kruger National Park and various game reserves and to interact with one another on electronic platforms.

Channeling his passion for wildlife, conservation and his love of the

Kruger National Park, Nadav created latestsightings.com, an Internet real-time, wildlife-spotting website for visitors going on safari.

Latest Sightings uses the concept of crowd sourcing, combining social media such as Facebook and Twitter, and WhatsApp Messenger, a free mobile messaging app, to inform visitors to the parks (as well as enthusiasts worldwide) where interesting animals and birds have just been spotted.

The Kruger Sightings YouTube Channel is the most watched South African-based channel with over 305 million views.

A side note.

Nadav also collected hundreds of thousands of rand worth of food and clothing for the displaced staff of

Shingwedzi Rest Camp during the devastating floods, enlisting the support of his classmates and community, and made a plan to deliver it all with the help of a Land Rover.

Nadav developed Latest Sightings, which now has over 450,000 members, when he was on holiday at the Kruger National Park in 2011 at the age of 15; an example of what a young entrepreneur can accomplish using 21st century technology. He is now 19.

JO LEE Magazine applauds, congratulates and reveres Nadav Ossendryver for his compassion – for embracing the world at large.

JL



## *The God Of Medicine And Healing – Asclepius*

BY JAMES T. RUTKA, MD  
TORONTO – CANADA

I have been a physician now for over 35 years. As a graduating medical student, I can remember taking the Hippocratic Oath which begins with: “I swear by Apollo the Physician and by Asclepius and by Hygeia and by Panacea and all gods...”. I often wondered about the Greek god Asclepius, and recalled as a high school student, visiting the Asclepian Sanctuary established in 600 BCE in Epidaurus, Greece, and remembering the tales of how ancients would come to the sanctuary seeking help with their infirmities. Little did I know then that the principles of these treatments would resonate closely with many healing methods used today.

According to mythology, Asclepius is the god of medicine and healing. He was the son of Apollo and Coronis. He was raised by the centaur Chiron, and was instructed by him in the art of medicine. One of the traditional forms of medical treatment attributed to Asclepius is the use of non-

venomous snakes that moved about the sanctuary among the sick and feeble. Their bites apparently had healing properties. Interestingly, the rod of Asclepius is a snake-entwined staff, and remains the symbol of medicine to this day.

Many years later, as a pediatric neurosurgeon, I had the opportunity to visit another Asclepian sanctuary near Pergamon, Turkey. I realized then that the Asclepian cult had grown quite widely across Europe and Asia Minor in Greek and Roman times, and that such sanctuaries had proliferated throughout the ancient world.

Of further interest, Asclepian sanctuaries used water therapy in their environment and in the purification processes that followed. Water therapy was administered as a means to encourage patients to enter a trance-like state, and to dream about being rid of their diseases. Other treatments included mud

baths, stress relief, sun exposure, and special diets. Cures were typically attributed to Asclepius, and patients would make such offerings as incense or coins, to show their respect.

To me, it was fascinating to think that many of the treatments offered at the Asclepian sanctuaries are still in practice to this day in modern spas where one can take advantage of the many packages that are available to make one feel wholly well again. Time and again, I have marveled at what the ancients knew about life, health and disease despite not having the same breadth and depth of knowledge we have today in modern medicine. While we have come a long way in our understanding of the causes of and treatments for innumerable diseases that afflict mankind, it is nice to know that some healing traditions have stood the test of time, and tie humanity together over the millennia.



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## *Simple Practices To Find Mindfulness*

BY CARLA DRAGNEA  
BUCHAREST – ROMANIA

“The present moment is filled with joy and happiness. If you are attentive, you will see it.” Thích Nhất Hạnh.

Before I found mindfulness, I was stuck in a perpetual state of work-related anxiety. As the stress continued to build, I got the uncomfortable feeling that I was wasteful of opportunities in my personal life. I was missing precious time with my family because I couldn't turn off my work mind.

I knew I had to do something.

As if the universe was directing me, I came across a book about mindfulness and, I found that I didn't require a set time to practice it. I could be mindful at any time and just fit it into my normal schedule. A moment here, a moment there and surprisingly quickly it became a HABIT. I was calmer, more focused, and my mental health was improving.

Think of each situation as a trigger to bring you back to the present moment. You can start with the practices below or you can add more.

1. Waking up and getting out of bed. When you wake up, take three deep breaths. This will quiet your mind and

give your brain an oxygen boost to get yourself out of bed. Then, when you first stand, take a deep breath in and stretch your hands as high as you can toward the ceiling, fingers pointing straight up. Then, as you breathe out, relax, lean forward, and try to touch your toes.

2. Listen to music to center yourself. Completely immerse yourself in the song. Be aware of the volume, cadence, tempo, the uniqueness of the sounds.

3. Writing a to-do list. Whether you do this first thing in the morning or last thing at night, creating a to-do list can suppress anxieties and bring your attention to exactly what you have to do throughout the day.

4. At your desk. If you work at a desk and catch yourself slouching, take a deep breath, sit up straight, and relax the muscles in your face, your neck, and finally your shoulders. Or use your phone to set an alarm to remind you to spend a few seconds bringing your awareness back to your breath.

5. Lying in bed. Before you go to sleep, think of one thing you were grateful for that

day, no matter how big or small, or how difficult the day was. This will condition your mind for positivity. See [psychologytoday.com/blog/minding-the-body/201111/how-gratitude-helps-you-sleep-night](http://psychologytoday.com/blog/minding-the-body/201111/how-gratitude-helps-you-sleep-night) help you sleep better.

As you start to see the benefits of these daily practices, you'll feel more focused and energized. Practice mindfulness now, and you'll enjoy the rewards for years to come.

JL



## *A Retired English Teacher Was Bored And You Think I Was Confused!*

BY JO LEE MAGAZINE

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO / ROME / TORONTO

PHOTOGRAPHY BY VERA RESNIK

- 1) The bandage was wound around the wound.
- 2) The farm was used to produce produce.
- 3) The dump was so full that it had to refuse more refuse.
- 4) I did not object to the object.
- 5) The insurance was invalid for the invalid.
- 6) There was a row among the oarsmen about how to row.
- 7) They were too close to the door to close it.
- 8) Upon seeing the tear in the painting I shed a tear..

Let's face it — English is a crazy language.

There is no egg in eggplant, nor ham in hamburger, neither apple nor pine in pineapple.

How can a slim chance and a fat chance be the same, while a wise man and a wise guy are opposites?

English was invented by people, not computers, and it reflects the creativity of the human race, which, of course, is not a race at all.

That is why, when the stars are out, they are visible, but when the lights are out, they are invisible.

JL

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that every heart speaks.



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all things in common.

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