JoLEE Magazine
180° From Ordinary

Jo Lee Magazine

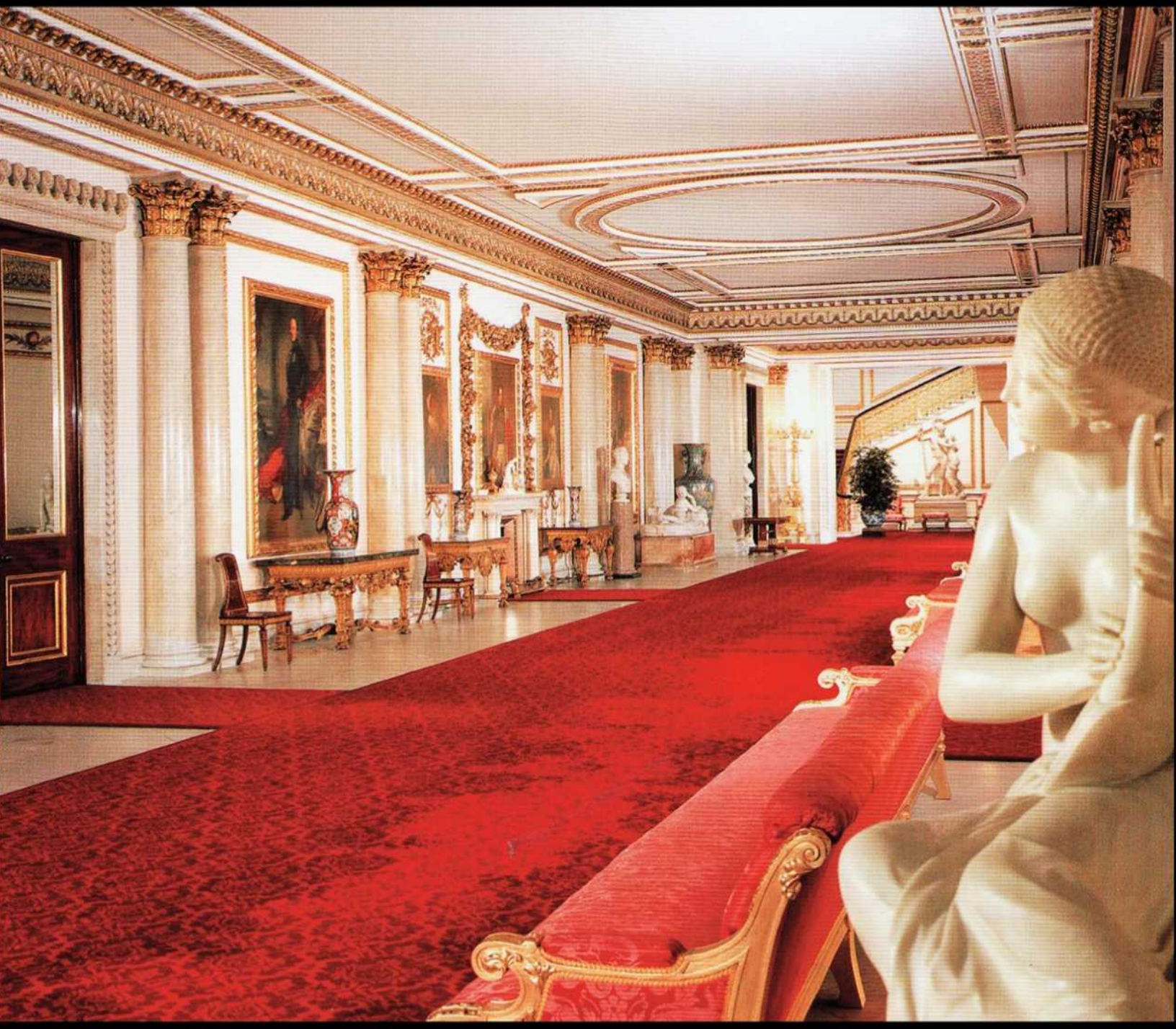
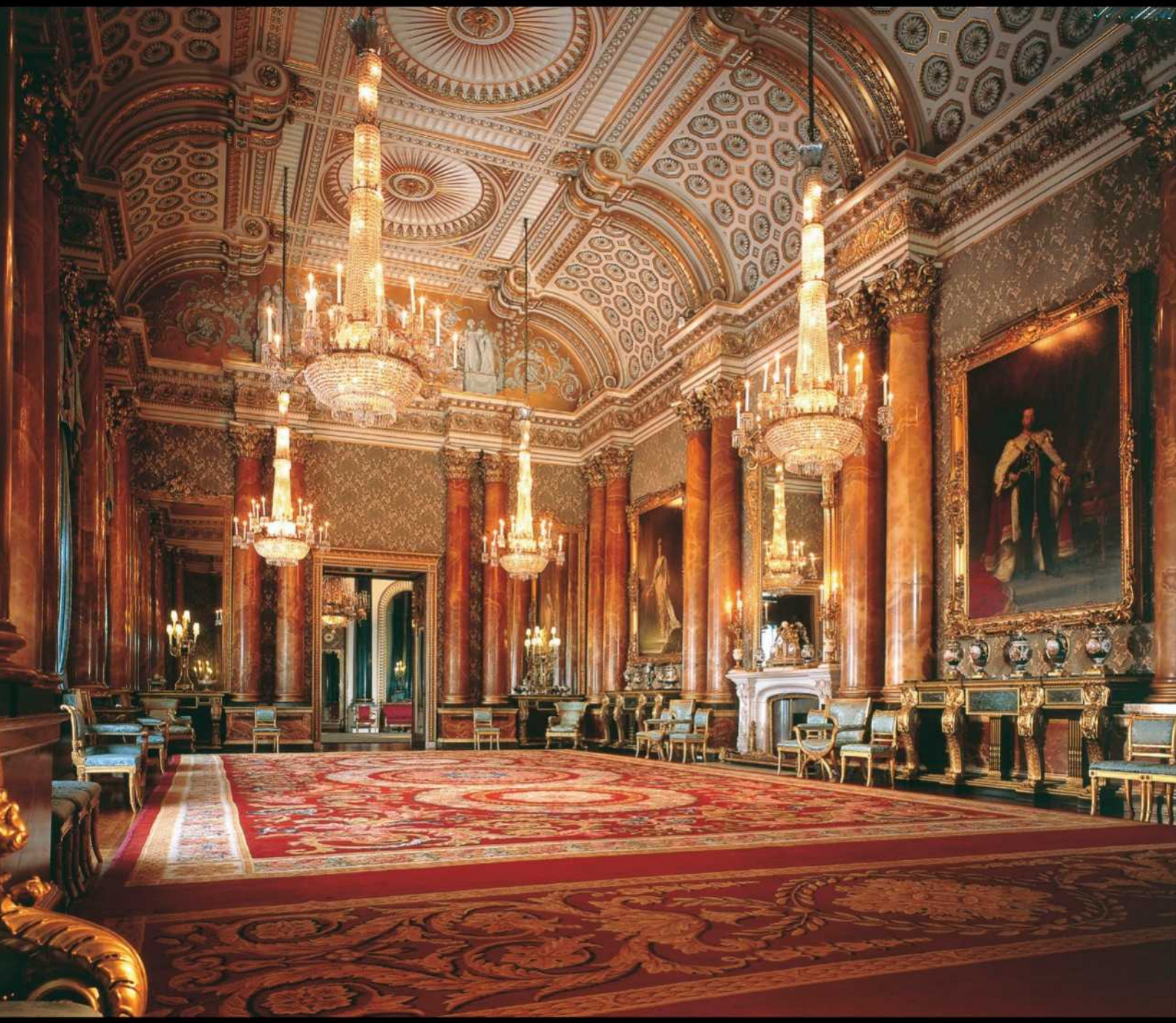


IMAGE • COMMERCE • POWER

World Luxury



joleemagazine.com • 416-720-1172

digital|**print**|offset print|**large format**|**signs**|tradeshow**booths**|redcarpet**mediawalls**|**incentives**

proud cover jacket printer of JoLee Magazine

bigyellowbird

branding | marketing

we are the craft and integrity between the graphic and printed message;
the dedication to hard work and discipline required to render results

Of Your Focus. To Your Audience. In Your Image

fine creative design of business **b**

bigyellowbird.net • 416.988.3433 • bigyell

create • design • print
randing and print
owbirdbyb@gmail.com
Explore
your possibilities

Dining With Josephina Lee
My Golfer's Lunch For You

By Jo Lee For JO LEE Magazine
New York/San Francisco/Hong Kong/London/Tokyo/Rome/Toronto

Hello dear friends,

How unlikely for me, not a golfer, to ask, "How many times have you been aroused by the passion of life on the green?" The imagery of a still crisp morning, the dew snuggling against each glistening blade of grass as the sun steadily climbs into the skies, the air, the game, the camaraderie and "you" (I imagine) exclaiming, "Life is a wondrous gift."

By now it is time to gather your clubs and set out to once again attempt to perfect that magical swing for a hole in one. And when the morning has come to an end – whatever you do – don't second-guess "what should have happened" to that elusive ball as it flew with a mind of its own, landing in a lavender patch, for you to fret over.

So, shall I guess what a "Golfer's Lunch For Two" could look like?

Here on the inner terrace that overlooks the private fairway to one of Palm Springs' most favorite courses, we sit down to lunch in the club's library, an atmosphere that captures and titillates all senses – like the art of painting – like the moments that serve as vignettes on each of a golfer's day.

If only in mind, why not come with me and capture this in your very own inimitable way.

And now I say to you…
Immagini Buon Appetito.

On The Cover:
Jo Lee in Budapest
Digital Imaging by Julia Sera Viola.

Founder, Publisher, Editor in Chief
Josephina Lea Mascioli-Mansell

COO
John Black

Executive VP Creative
Jason Howlett

Creative Director
Carla Piccotti

Manager Digital Resources
Susan Black

Backer
Marisa Gallagher

Print
Big yellow bird branding | marketing

Chief Consultant
Maureen O'Mahoney

Production
Salvita Gomes Makhani

Special Assignment Chief
Bette Laderoute

Special Assignment
Clive Branson
Alexandra A. Egan
Alastair Harris-Cartwright
Emily Pyfrom
Julia Sera Viola

Editor Administration
Nicole Buckett

Editor Contributing Relations
Colleen Buckett

Editor Marketing
Susan Berger

Editor Political Relations
Fabio Gesufatto

News Curators
Shayla Betts
Jacqualin Corbett-Coles
Victoria Franciosa
Chen Li
Sia Shetkar
Kevin Wailoo

The ADESTE Medal

Sr. Strategist
Gayle Robin, Strategic Ampersand Inc.
Toronto, Canada

Global Advisor
Micheline C. Hollaus
Boca Raton, Florida

Recruiting Coordinator
Juneanne Pratt

THE 40 AND UNDER GOVERNORS

Honorary Patron
Sue Tam Borden
Canada

Salim Abu-Samra
Middle East and Europe

Aniko Boehler
Morocco

Bing Han
China

Olivia Hollaus
United States

David Weill
Europe

Published By JO LEE Magazine Luxurious Vibrant

Advertising 416.720.1172
Complimentary On-line Subscription
jolee@joleemagazine.com

joleemagazine.com

facebook.com/joleemagazine

twitter.com/joleemagazine

instagram.com/joleemagazine

linkedin.com/in/joleemagazine

pinterest.com/joleemagazine

Hits on-line stands Biannually: May 1 & November 1

JO LEE Magazine and its worldwide readers are dedicated to the support of The ADESTE Academy and the Campus at YES!

JO LEE Magazine does not necessarily agree with opinions expressed in this Magazine.

All rights reserved.
©JO LEE Magazine
180° From Ordinary
Reproduction in whole or in part without permission is prohibited.

Flat out wonderful.

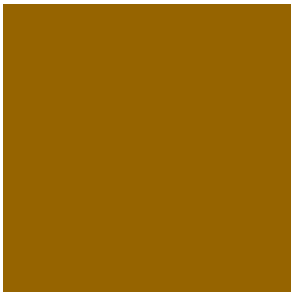
On your next international trip, experience our new Executive First® Suite complete with lie-flat beds, personal touch-screen TVs and ambient mood lighting—not to mention our attentive crew who will do all they can to make your trip comfortable and relaxing. It's the luxurious way to travel around the world.

Visit the Executive First Suite at aircanada.com/experience

Discover the Executive First Suite on select international flights, with more to follow throughout the year.
®Executive First is a registered trademark of Air Canada.

STAR ALLIANCE

AIR CANADA
The freedom to fly your own way



2023

2022

2021

2020

2019

2018

2017

2016

2015

2014

2013

2012

2011

2010

2009

2008

2007

2006

2005

The Adeste Gold Medal

The Prestigious ADESTE Gold Medal is awarded to the 40 and under Unsung Heroes – whose achievements have created outstanding benefits within the categories of Humanities, Social Justice, Technology, Arts, and Medicine: The Unsung Heroes.

ADESTE is a Medal of Honor. It's about those who have achieved extraordinary findings or who have excelled beyond their limits in inspiring others to touch the stars. It's about the drive within the insurmountable challenges in a world we call 'life'! It's about the Unsung Hero who has achieved/created outstanding benefits from Man to Universe. Please! Will you nominate someone today? adestelive.com

2023 Laureate: Humanities, Charlot Magayi, Kenya – Africa
2022 Laureate: Technology, Fionn Ferreira, Groningen – Netherlands
2021 Laureate: Humanities, Dickel Dia, Mauritania – Northwest Africa
2020 Laureate: Social Justice, Earl Patrick Forlales & Zahra H. Zanjani, Manila – Philippines
2019 Laureate: Humanities, Claudiu Leverenz, Munich – Germany
2018 Laureate: Medicine, Dr. Xavier Duportet, Lyon – France
2017 Laureate: Humanities, Alfonso Nsangu-Cornu, Strasbourg – France
2016 Laureate: Technology, Nadav Ossendryver, Johannesburg – South Africa
2015 Laureate: Medicine, Elif Bilgin, Istanbul – Turkey
2014 Laureate: Medicine, Dr. Georgia Kotantoula, Athens – Greece
2013 Laureate: Social Justice, Akram Azimi, Perth – Australia
2012 Laureate: Medicine, Dr. Sanjay Kumar Shailendra, Bodhgaya – India
2011 Laureate: Arts, Jia Zhang-ke, Beijing – China
2010 Laureate: Medicine, Joseph Teran, Los Angeles – United States
2009 Laureate: Arts, Mariatu Kamara, Sierra Leone – Africa
2008 Laureate: Arts, David Wesongah, Nairobi – Kenya
2007 Laureate: Humanities, Jenna Brianne Lambert, Kingston – Canada
2006 Laureate: Technology, Anna Helen Dyson, New York – United States
2005 Laureate: Social Justice, Phil Arkell, The Niger Delta – Nigeria

More Readers – Greater Reach. – joleemagazine.com

Exclusively digital publishing for JO LEE Magazine. By scanning the QR Code, the latest issue can be enjoyed on your electronic device of choice. We appreciate your contribution to reducing our impact on the planet and enabling us to direct our resources toward more valuable humanitarian endeavors.

We're jet propelled — like an Andy Warhol painting. Be a part of the most photo-driven, provocative, intoxicating minds. We'll take you on a ride... joleemagazine.com

Exclusives

24
The Group Of 16
Rivers
For our 2023 POWER Issue we offer virtual cruises down 16 of the world's most interesting and greatest rivers.
By Susan Berger
New York/San Francisco/Hong Kong/ London/Tokyo/ Rome/Toronto

64
Good Night Alexa
By Ed Solomon
Laguna Beach, California

94
The 19th Annual ADESTE Gold Medal Laureate 2023
By JO LEE Magazine
New York/San Francisco/Hong Kong/ London/Tokyo/ Rome/Toronto

Features

16
The Marvelous Maverick
Self-Doubt versus Self-Scrutiny
By H. Gail Regan
Toronto, Canada

18
Pros & Ex.Cons
Distribution of Wealth
By Stanley J. Dorst
San Francisco, California

68
Precision Meets Luxury
Aging Gracefully...
With a Little Bit of Help
By Kristy Bailey, MD
Toronto, Canada

82
Mansions & Billionaires
Spelling Manor
By Victoria Franciosa
Rome/Toronto

Printed by BigYellowBird.Net
Much More at joleemagazine.com

Cover by Julia Sera Viola
Design by Jason Howlett

Intoxicating Opinions

22

Sensing The Unseen
By Alan Briskin
San Francisco, California

56

Future On The Edge
Adjusting to Change
By Dr. Rose A. Dyson
Toronto, Canada

62

In Memoriam
Our Kathleen Solmssen
By JO LEE Magazine
New York/San Francisco/Hong Kong/London/Tokyo/
Rome/Toronto

72

The Private Museums
Museo Kaluz, Mexico City, Mexico
By Julie Rekai Richerd
Toronto, Canada

74

The King Of Main Street
Principles of Money
By Peter Merrick, TEP
San Diego, California

92

When Angels Cry
The Voice of War:
Silencing the voice of the Child
By Kelechi Eleanya
The Niger Delta, Nigeria

96

Synaptic Transmission
Carved in stone:
A Journey to Petra, Jordan
By James T. Rutka, MD
Toronto, Canada

98

Nostalgia & You
Clark Gable, Grace Kelly,
Bogart, Ava Gardner
By Kerry Baker
Brisbane, Australia

Philanthropic

10

The ADESTE Gold Medal
adestelive.com

Wealth

6

Thru The Eyes Of Jo Lee
My Golfer's Lunch For You
By Jo Lee For JO LEE Magazine
New York/San Francisco/Hong Kong/London/Tokyo/
Rome/Toronto

Indulgences

14

Contributors
By JO LEE Magazine
New York/San Francisco/Hong Kong/London/Tokyo/
Rome/Toronto

76

The Poet's Corner
By Joan Chisholm, Vera Resnik &
Gary Sweeney

Travel

58

Yes, Virginia!
Zambia
By Lois M. Gordon
Silicon Valley, California

Limoncello

110

Wits End
Homographs
By JO LEE Magazine
New York/San Francisco/Hong Kong/London/Tokyo/
Rome/Toronto

CONTRIBUTORS

Dr. Kristy Bailey

Precision Meets Luxury

Dr. Kristy Bailey is a Double Board-Certified Dermatologist in Canada and the USA with a wealth of knowledge and expertise in Medical, Surgical and Cosmetic Dermatology. She is a recognized expert in cosmetic injectables and travels the world to gain insight into the latest techniques and minimally invasive procedures. She's actively participated in surgical-cosmetic dermatology clinics in several major US cities.

Kerry Baker

Nostalgia and You

Kerry Baker has been a student, lover and aficionado of Film from his pre double figure age range. He loves to write of his reactions and impressions after seeing new release movies and indeed, his abject immersion in reel life at times may have rivalled his existence in real life.

Susan Berger

The Group of 16

Susan Berger, after a successful career in finance, embraced journalism as JO LEE Magazine's Marketing Editor and writer of The Group Of 16. Previously, Susan held financial positions with major institutions including TD Financial Group and Alliance Atlantis Communications.

Alan Briskin

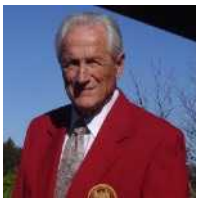
Sensing The Unseen

Alan Briskin is an author, artist, and pioneer in the field of organizational learning. His co- authored "The Power of Collective Wisdom" won the Nautilus Book Award in Leadership. His work is distinguished by a grasp of unseen forces underlying our actions.

Joan Chisholm

The Poet's Corner

Joan Chisholm's drive is being an example of how to live a life of excellence. Her book "Spirit Love", Barnes & Noble & Amazon websites, is a transcendental and practical memoir about fulfilling your life's dreams and passions.



Stanley J. Dorst

Pros & Ex.Cons

Stanley J. Dorst is a retired officer of Chevron Land Development Co. and CEO of Grosvenor Development Co. He's been advisor to European governments and private companies as Vice-President of The International Urban Development Association and advisor for The International Executive Service Corps on behalf of the United States State Department Agency for International Development.

Carla Dragnea

Editor at Large

Carla Dragnea is a Biologist whose interest in feature writing has encompassed 'the study of life'. In September, 2008, she was appointed Intellectual Advisor to the YES! E-Help Campus which assists 44+ million young people worldwide with their problems. campusatyes.com

Rose A. Dyson

Future On The Edge

Rose A. Dyson, EdDis a media education consultant, president of Canadians Concerned About Violence in Entertainment, and co-founder of the 1996 International Cultural Environment Movement. She has written 2 books, co-authored 9 others, served on the executive committee for the Canadian Peace Research Association for 10 years and is currently Vice President of the World Federalist Movement of Canada, Toronto Branch.

Kelechi Eleanya

When Angels Cry

Kelechi Eleanya is an economist and a committed development expert with the UNDP. He holds a degree in Renewable Natural Resources Management and a Master's in Forest Economics.

Victoria Franciosa

Mansions & Billionaires

Victoria Franciosa's background in Art History has afforded her a unique approach to branding and advertising on the world stage. She is one of the founding members of AmpedMediaStudios as well as founder and head designer of Bishop & Medusa.

Lois M. Gordon

Yes, Virginia! Come – Explore with Me

Lois M. Gordon is a world traveler and resides in California's Silicon Valley. She has spent her life as wife and mother, chairing several committees and indulging in her passion for reading and writing poetry.

Peter J. Merrick

The King Of Main Street

Peter J. Merrick is a Business Succession & Estate Planning Expert in San Diego, California with four books published on these subjects.

Dr. Margaret R. O'Keeffe Umanzio

The Poet's Corner

Dr. Margaret R. O'Keeffe Umanzio, Peggy, has been an advisor to CEOs and corporate executive teams. She was a cofounder of the first fully-integrated alternative public school in the U.S., has lectured at Boston University as well as at Stanford, Berkeley and Tufts. She is currently writing a book titled Delivering on the Promise.

H. Gail Regan

The Marvelous Maverick

Gail Regan is vice-chair of Cara Operations, retired. She chairs Energy Probe Research Foundation and is a member of the Canadian Association of Family Enterprise. She has a PhD in Educational Theory and an M.B.A. in Finance. Her background in sociology and personal experience of business has given her an intellectual interest in the problem of evil.

Julie Rekai Rickerd

The Private Museums

Julie Rekai Rickerd is a travel and arts journalist who specializes in discovering private museums around the globe, finding many on each of the seven continents she has visited. Antarctica being unlike any of the others. The entire continent is a fascinating private museum with the cleanest air on the face of the earth.

Vera Resnik

The Poet's Corner

Born in Prague, Czechoslovakia, Vera Resnik lost most of her family in the Holocaust. Her volunteer work in the New Jersey court system – as a conflict resolution resource and advocate for children's rights – led to a court appointment to the child review committee. Today, Vera's writings are widely read.

Mark Raynes Roberts

The Rich & The Famous

Mark Raynes Roberts is Principal of Raynes Art + Design Ltd, an internationally recognized crystal art and design firm, providing interior design solutions for luxury environments. Born and trained in England, his sculptures can be found in private and corporate art collections around the world.

Dr. James T. Rutka

Synaptic Transmission

Dr. James T. Rutka is the R.S. McLaughlin Chair, Department of Surgery, University of Toronto, Director of The Arthur and Sonia Labatt Brain Tumour Research Centre, and pediatric neurosurgeon at The Hospital for Sick Children, Toronto, Canada. He has served as President of AANS, AAcNS and World Academy of Neurological Surgery. He is Editor-in- Chief of the Journal of Neurosurgery.

Gary Sweeney

Poet's Corner

Gary Sweeney is a prolific writer and a best-selling hardcover and audiobook author. Gary writes with conviction and is emphatic in his opinions. He demonstrates facility with psychological terminology which he often utilizes when describing himself and the family dynamic. The BookLife Prize/Publishers Weekly.

Self-Doubt Versus Self-Scrutiny

By H. Gail Regan
Toronto, Canada

I find advanced age leads to self-doubt, bitterness and rancor, or it leads to a cheerful review of life's adventures. There is a particular incident from 2006 that makes me hover between these.

One of the reasons for my company's difficulty during the 2008 financial crisis was the swap we had bought in 2006. We had been buying derivative instruments before this, but only little ones. In the autumn of 2006, management called a special meeting of the board to get permission to buy a large swap.

I was doubtful and expressed misgivings. Afterward, the C.E.O. did not remember the meeting. Another board member had a critical medical issue and missed the meeting. Everyone else seemed to think the swap was prudent and we did the deal. By 2012 it was a disaster and we had to refinance.

I am so sorry I did not intransigently insist on delay at the meeting back in 2006. This is one of my business errors that I cannot forgive myself for. But lately I have been asking myself, "What would have happened if you had prevailed?" Would the bankers have been frustrated? Management alienated? Would the audit chair have quit? We were a new team in prosperous times. There were two years to go before the collapse of Lehman. At least I would have had the integrity to speak up so that my position was clear. Perhaps I was good enough.

Even though I find this line of thought soothing, rational and self-forgiving, I still wish I had let my education and anger stop the swap. My colleagues at the meeting, all male, would have thought of me as the Ancient Trojan Princess, Cassandra. But Cassandra's warning about the wooden horse had been right. This was ours.

Distribution Of Wealth

By Stanley J. Dorst
San Francisco, California

It is popular today to subscribe to the political philosophy of equalizing the distribution of wealth. We all deserve to share in the wealth of our country.

Robert B. Reich explains how reasonable and just this concept is.

Currently there are several tax proposals which suggest increasing tax rates on upper tax brackets.

However, suppose we take the bulk of profits from rich individuals and companies by charges and taxes – what would the result actually be?

The first result will be a reduction in investment in new companies and plant and equipment – and hence jobs and future income to tax.

Secondly, the money removed from the private economy and now in the hands of government can be invested in public works or distributed to the public. In either case, it will not create new or many new jobs – because government people do not understand business and industries.

Can you see the gradual decline of the economy until it reaches that of Russia?

In Russia, Oligarchs emerged from nearly nothing under Gorbachev and became rich through participation in the market via connections to the corrupt, but elected, government officials.

Dave Smith not only changed my life but more importantly saved my life.

DSYTC Graduate

Dave Smith
Youth Treatment
Centre

Providing free lifesaving, live-in treatment to youth struggling with substance use and mental health issues for over 28 years

Village of HOPE

It takes a village to help our youth grow, thrive and succeed in a healthy and safe environment at The Dave Smith Youth Treatment Centre (DSYTC). As our founder Dave Smith once said “it’s not a one person job, it takes a whole team to turn lives around.”

The Village of Hope is a community of people who want to be a part of the lifesaving work that we do every single day for Ontario’s youth. Together we can make a difference, we can transform lives and give youth and their families a second chance at a fresh start. ***Be part of our village, donate today!***

Visit davesmithcentre.org or
contact Cindy at cindy.m@davesmithcentre.org
or 613.594.8333 ext 1201

112 Willowlea Road, Carp,
Ontario K0A 1L0

Sensing the Unseen

By Alan Briskin
San Francisco, California

There is an almost sensual longing for communion with others who have a larger vision. The immense fulfillment of the friendships between those engaged in furthering the evolution of consciousness has a quality almost impossible to describe.

Pierre Teilhard Chard

But there is something that emerges when a certain group energy begins to flow together.
There is a current among us happening.

Then you say…there is in this connection not what I'm doing to you or you are doing to me, but an experience that is totally interactive.

Reb Zalman Schachter-Shalomi

THE GROUP OF SIXTEEN

LE GROUPE DES SEIZE | EL GRUPO DE LOS DIECISÉIS | DIE GRUPPE VON SECHZEHN | 十六人組

Rivers
Austria

Danube

By Susan Berger
New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

From its source in the Black Forest of Germany all the way to the Black Sea, the Danube winds its way through or beside 10 different countries. The second largest river in Europe, it flows 2,857 kilometers, passing through some of Central and Eastern Europe's most important cities such as Budapest, Vienna and Belgrade.

The Danube has provided transportation for millennia. The ancient Greeks navigated the river, and as the Romans developed river transport, they established cities along it as military outposts. In medieval times, goods were transported on the river by boat, ultimately leading to the development of the Ottoman, Habsburg and Hungarian empires. Its banks are lined with magnificent castles, palaces, universities, abbeys, libraries and museums of art and history. Highlights include the 1,000-year-old Prague Castle in Czechia and the 11th century Melk Abbey, one of the world's most renowned monastic sites with its collection of medievil manuscripts from the 12th-15th centuries. The river is one of Europe's most important cultural landmarks and in fact some of the world's greatest composers of the last three centuries lived in five cities along its banks.

Until the 19th century, life on the Danube was determined by the changing seasons, floods and variable water levels, making travel possible only along certain parts. The taming of the river was one of the most important projects of the 19th century, resulting in an enormous economic and cultural region. Today the river is of vital economic importance, used for fishing, hydroelectricity, and irrigation. It is one of Europe's most important shipping routes, able to accommodate vessels of any size.

THE GROUP OF SIXTEEN

LE GROUPE DES SEIZE | EL GRUPO DE LOS DIECISÉIS | DIE GRUPPE VON SECHZEHN | 十六人組

Rivers
Brazil

Amazon

By Susan Berger
New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Carrying one-fifth of all the fresh water on Earth, the Amazon begins its 6,400 km journey high in the Andes mountains close to the Pacific Ocean, ultimately emptying into the Atlantic Ocean. The mountains act as a barrier, blocking the warm, moist air from the east, resulting in constant rainfall. The Amazon basin occupies 6.9 million square km, or 38% of the area of South America, of which two thirds is covered in rainforest. Named after the Amazons of Greek mythology by a Spanish soldier in 1541 after battles with female warriors, it is the second longest river in the world. Referred to as the lungs of the Earth, yearly flooding serves to continually enrich the soil.

The Amazon is the most biologically diverse place on the planet, including 40,000 plant species, 3,000 freshwater fish species, 427 types of mammals 1,300 varieties of birds and more than 370 kinds of reptiles. The top layer of the rainforest, the canopy, helps to regulate the temperature and the humidity of the region, and sustains 70-90% of the life found in the rainforest. Recently a coral reef system was discovered in the river's delta, stretching for 1,000 km and supporting a unique ecosystem.

Indigenous groups have lived in the Amazon for at least 11,200 years. Within the first 100 years after European colonization and their quest for natural resources, this population decreased by 90% from famine, disease and warfare. Today there are 350 different ethnic groups living in the Amazon basin, including 60 who remain isolated and who depend on it for transportation, agriculture, clothing and medicine. Human activity such as rubber tapping, logging, mining and ranching has resulted in significant deforestation, which threatens the balance of the region's complex ecology.

THE GROUP OF SIXTEEN
LE GROUPE DES SEIZE | EL GRUPO DE LOS DIECISÉIS | DIE GRUPPE VON SECHZEHN | 十六人組

Rivers Canada

St. Lawrence

By Susan Berger
New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Travelling 1,197 km from Lake Ontario to the Atlantic Ocean where it forms the Gulf of St. Lawrence, the St. Lawrence River was named by Jacques Cartier and claimed for France in 1535. Prior to this time, the land surrounding the river was inhabited by the St. Lawrence Iroquoians, horticulturalists and hunters. Agreeing to trade furs for knives and hatchets with the Europeans was their downfall; it is estimated that in the first 50 years of the European conquest, 85% of the Iroquoian population died. Today the area is home to 45 million people, and includes the cities of Montreal and Quebec City.

The St. Lawrence River has long been a source of transportation, exploration and a conduit for trade in timber and furs. Settlers tried to build canals and locks as early as 1689, but were unsuccessful. In 1959, construction began on the St. Lawrence Seaway, a system of canals, dams, locks and channels which connect the Great Lakes to the Atlantic Ocean. While this made travel easier, there are now 180 non-native, invasive species within the Great Lakes system as a result of the increase in shipping.

Flowing through a large portion of the continent, the river has numerous habitats, ranging from the fresh water of the Great Lakes to the saltwater ocean environments. The river and its environs contain 83 known land and aquatic animals, including the endangered beluga whale, and at least 400 species of birds such as bald eagles and ospreys. Some species take advantage of the change in habitat, using both to complete their life cycles. The fish communities, however, are only a small portion of what they were when the Europeans were attracted to the river, having been depleted by pollution and the effects of commercial fishing.

THE GROUP OF SIXTEEN
LE GROUPE DES SEIZE | EL GRUPO DE LOS DIECISÉIS | DIE GRUPPE VON SECHZEHN | 十六人組

Rivers China

Yangtze

By Susan Berger
New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Originating in the Tibetan Plateau, the 6,300 km Yangtze is the third longest river in the world, dropping 4000 meters in elevation to end at the East China Sea. Although it flows through an assortment of terrains, including marshy wetlands and lowland plains, most of it passes through mountainous regions filled with valleys, gorges and canyons. Its basin fills 1.8 million square kilometers, accounting for one-fifth of the total land area of China. The term Yangtze, which means "child of the ocean" is a name used primarily by Westerners – in China the river is known as Chang Jiang, meaning "long river". Wheat is grown in the dry climate north of the river while rice is grown in the humid climate to the south, dictating the diets in both regions.

Human activity has been discovered in parts of the Yangtze from 27,000 years ago. Pieces of pottery, tools and axes, porcelain, and jewelry date back to 6,000 BCE. Today 35% of the Chinese population lives in the Yangtze watershed. The river is the main navigable waterway of China, transporting cargo and passengers, connecting the coastal ports to the inland provinces. It is lined with industrial areas and contains the large cities of Shanghai, Nanjing, Wuhan and Chongqing.

The world's largest hydroelectric power station, the Three Gorges Dam, was completed in 2006 on the Yangtze River. Although it succeeded in its goal of producing electricity, increasing shipping capacity and reducing the potential for floods, its construction displaced 1.2 million people and flooded 13 cities and 140 towns. The resultant rising waters submerged many ancient archaeological sites.

Today the Yangtze is horribly polluted. As a result, many of the animals in the river basin are on the list of threatened species, including the giant panda.

THE GROUP OF SIXTEEN
LE GROUPE DES SEIZE | EL GRUPO DE LOS DIECISÉIS | DIE GRUPPE VON SECHZEHN | 十六人組

Rivers
Democratic Republic of the Congo

Congo

By Susan Berger
New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Called "the heart of darkness" by Joseph Conrad, the area around the Congo River is known for its violent past – the Arab slave trade, tribal warfare and horrific colonial abuses. The river, the world's deepest at 220 meters, flows for 4,700 km from eastern Africa to the Atlantic Ocean, crossing the equator twice and flowing through rapids, floodplains, swamps and lakes. The Congo Basin, the land that drains into the river, is the second largest river basin the world, covering 3.4 million square km. The surrounding rainforest, the second largest on the planet, is so important that it is called the "second lungs" of the world, after the Amazon rainforest.

Humans have lived in the Congo Basin for 50,000 years. Due to the abundance of resources found along the river (including ivory, rubber, timber, diamonds, and gold), the area has long been one of conflict. With the slave trade existing in Africa for centuries, the arriving Portuguese traders were quick to follow suit. In 1885, King Leopold II of Belgium took control of the Congo in a brutal regime that used murder and torture to force the native population to extract the region's natural resources; it is estimated that in 20 years, they killed 10 million people. The country became independent in 1960, but some areas are still considered dangerous for travel due to the threat of ambush, robbery and kidnapping.

75 million people reside in the region today, including 150 separate ethnic groups, such as the hunger-gatherer groups often known as Pygmies. The rainforest is home to a profusion of unique plant and animal life such as elephants, gorillas and bonobos. With a rapidly growing human population, modern agricultural practices have resulted in severe deforestation, and many animal species are now endangered.

THE GROUP OF SIXTEEN
LE GROUPE DES SEIZE | EL GRUPO DE LOS DIECISÉIS | DIE GRUPPE VON SECHZEHN | 十六人組

Rivers
Egypt

Nile

By Susan Berger
New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

The world's longest river, flowing 6,650 km northward from the mountains of Ethiopia and central Africa to the Mediterranean Sea, played a critical role in the development of Egypt, with permanent settlements appearing along its river banks in 6000 BCE. By 3150 BCE, it had become the world's first nation state, and for 3000 years it remained the leading nation in the Mediterranean world. Considered the source of all life in Egypt and in the lives of the gods, in ancient times the Nile was called "iteru", meaning "great river".

The Nile is rich in nutrients, and annual flooding resulted in fertile soil along its banks, in contrast to the barren desert landscape in the rest of the country. Over time, the early people developed canals and complex irrigation systems to work the land, which was used for crops such as beans, cotton, and wheat. The Nile River delta was an excellent location for the papyrus plant, used to make cloth, boxes and rope, and especially paper. The ancient Egyptians also used the river for recreation, bathing, drinking and transportation. Today 95% of Egyptians live within a few kilometers of the Nile. Water is brought from the Nile via canals to irrigate farms and support cities. Many people use it for private speed boats or ferries to avoid the crowded streets of Cairo.

In 1970, the Aswan High Dam, located 850 km upstream from Cairo, was completed. By storing water in the reservoir, it guarantees a steady flow of water and generates much needed hydroelectric power. However, construction of the dam has ended the annual floods and the resultant renewal of the fertile soil so that the flushing of human and agricultural waste no longer occurs, greatly increasing the pollution level of the water.

THE GROUP OF SIXTEEN

LE GROUPE DES SEIZE | EL GRUPO DE LOS DIECISÉIS | DIE GRUPPE VON SECHZEHN | 十六人組

Rivers
Germany

Rhine

By Susan Berger
New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Among the most important industrial transportation arteries in the world, the Rhine flows for 1,232 km, beginning its journey in the Swiss Alps and flowing through six countries before emptying into the North Sea at Rotterdam.

The name "Rhine" comes from the Celtic "Renos", which means "that which flows". Throughout history the river has served in a defensive capacity, and has been the basis for regional and international borders. Along with the Danube, it formed the northern border of the Holy Roman Empire, and since then it has been one of Europe's principal transport routes, carrying goods far inland. In the days of the Roman Empire, the German nation consisted of hundreds of small realms, whose rulers taxed and plundered the travelers on the Rhine. These robber barons, called "Raubritter" in German, built magnificent castles and fortifications along the river, particularly between the cities of Mainz and Koblenz, which today are very popular tourist destinations. With a perfect climate for growing grapes for wine, vineyards line the slopes along part of the river.

In 1928, an international treaty extended privileges to all countries for their ships to operate on the Rhine. Currently one-fifth of the world's chemical industries are found along the banks of the river. Unsurprisingly, pollution levels in the river have risen astronomically; 6,000 toxic substances have been identified in its waters. The Rhine has long been affected by floods and droughts, as shown by the "hunger stones", engravings from the Middle Ages which have recently emerged as the water has hit historically low levels. This is of great concern for the German economy, which relies so heavily on cargo transportation on the Rhine.

THE GROUP OF SIXTEEN

LE GROUPE DES SEIZE | EL GRUPO DE LOS DIECISÉIS | DIE GRUPPE VON SECHZEHN | 十六人組

Rivers
India

Ganges

By Susan Berger
New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Considered sacred by those who follow Hinduism, the Ganges River begins its 2700 km path as melt water from the glaciers of the Himalayas, flows through northern India, and empties into the Bay of Bengal. 400 million people live in the Ganges River Basin, using the river as a source of water, for fishing, irrigation and bathing. Also known as "Ganga Ma", or "Mother Ganges", the rich sediment that is carried by the river deposits fertile soil along its banks, which has enabled the cultivation of rice, sugarcane, potatoes and wheat for centuries.

In Hindu beliefs, the Ganges River originated in the heavens, and an Indian King convinced a powerful God to bring it to Earth. Considered a "tirtha", meaning a crossing point between heaven and Earth, its banks are lined with temples, shrines and archeological and world heritage sites such as the Taj Mahal. The river is the site of the Kumbha Mela ritual; now held every three years, it has been in existence since at least the 7th century. Thought to be one of the largest human gatherings in history, 100 million people bathe in the river, believing it purifies the body and soul.

Veranasi, or Benares, is a city that has been located on the river since the sixth century BCE. It is to this location that Hindus bring bodies to be cremated at the river, believing it frees them from the cycle of birth and death. The banks of the Ganges are lined with hundreds of ghats, or stone steps, which enable people to take ritual baths, perform religious ceremonies and wash buffaloes, clothes and bodies. However, filled with sewage, heavy metals, agricultural pesticides, and human and animal carcasses, the river has become dangerous for the people who depend on it.

THE GROUP OF SIXTEEN
LE GROUPE DES SEIZE | EL GRUPO DE LOS DIECISÉIS | DIE GRUPPE VON SECHZEHN | 十六人組

Rivers
Iraq

Euphrates

By Susan Berger
New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

What was once called the Fertile Crescent, the land between the Euphrates and Tigris rivers, is known as the "Cradle of Civilization". Humans were living in small settlements by 13,000 BCE. It was the birthplace of numerous innovations including the wheel, writing, agriculture and the use of irrigation.

The Euphrates has its source in Eastern Turkey, from which it flows to the Persian Gulf. In ancient times it formed the western boundary of Mesopotamia and was part of the "Silk Road", a trade route passing through Central Asia and Mesopotamia. One of the ancient world's most important cities, Babylon, was founded 5,000 years ago along the river. Steep embankments protected the Euphrates from seasonal flooding, and a network of waterways connecting it to the Tigris River irrigated the land, resulting in crops that contributed to Babylon's extreme wealth. It was here in Babylon, 3770 years ago, that King Hammurabi codified one of the world's earliest systems of laws.

Today the Fertile Crescent is not very fertile. The 1950s saw a series of irrigation projects which diverted water away from the marshes of the Euphrates River system, causing them to dry up. In 1991 Saddam Hussein built dikes and dams to further drain the marshes and punish dissident Arabs who relied on them for cultivating rice and raising water buffalo. A combination of lower rainfall, years of conflict and reduced water flowing through the river has led to the disappearance of the Fertile Crescent, and now 40% of this once lush country is turning to desert. On a positive note, the receding waters have unearthed many artifacts from the river, some dating back thousands of years, including 80 historical sites that contained jails and cemeteries belonging to the ancient city of Telbas.

THE GROUP OF SIXTEEN

LE GROUPE DES SEIZE | EL GRUPO DE LOS DIECISÉIS | DIE GRUPPE VON SECHZEHN | 十六人組

Rivers
Israel

Jordan

By Susan Berger
New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Sitting at the lowest elevation of any river in the world, the Jordan starts in northern Israel and flows for 251 km through the Sea of Galilee and into the Dead Sea. In ancient times it was used to bathe, wash clothes and irrigate crops. Throughout history it has been an important source of water for the Middle East, and since Israel's peace agreement with Jordan in 1994, Israel has provided Jordan with drinking water from the Israeli side of the river.

The Jordan River is of great historical significance to both Jews and Christians. It is mentioned in the Hebrew Bible and it is believed that Joshua led the Israelites across the river to the Promised Land, crossing from slavery to freedom. According to the New Testament, Jesus was baptized by John the Baptist in the Jordan River, and the location is today considered a place of worship, visited by 600,000 Christian pilgrims annually. Many dip themselves in its waters, believing it to hold extraordinary powers. For all it is a symbol of hope and healing.

In addition to providing drinking water, the Jordan river generates hydroelectric power and is used for irrigation and industry. As a result, it is extremely polluted by sewage, agricultural runoff and industrial waste, and is considered one of the most polluted rivers in the world. The volume of water flowing along the riverbed every year has been greatly reduced; if this continues, the river could completely dry up. The Dead Sea is suffering as a result – currently dropping almost a meter a year, it could disappear in 50 years.

THE GROUP OF SIXTEEN

LE GROUPE DES SEIZE | EL GRUPO DE LOS DIECISÉIS | DIE GRUPPE VON SECHZEHN | 十六人組

Rivers
Myanmar

Irrawaddy

By Susan Berger
New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Stretching for 2,177 km from the northern highlands of Myanmar (formerly Burma) on the border with China to the Bay of Bengal, the Irrawaddy River has been an integral part of the country's history, economic development and settlement patterns. Human settlement in the north of the country, which subsequently spread south via the Irrawaddy, has been traced back to the 6th century.

The Irrawaddy River is vital to Myanmar's economy. Its basin contains many of the largest cities, including Yangon (formerly Rangoon). The river provides the people with rice and fish, and is used to power turbines for electricity. Sand from the Irrawaddy basin is an important component for infrastructure such as houses and roads and contains substantial mining resources, including rubies, sapphires, gold and jade. Teak logs, a major industry in Myanmar, are floated downstream on the river. Myanmar was so rich in natural resources that it attracted the British in the 19th century, who invaded the country and went on to develop the largest river fleet in the world on the Irrawaddy.

The area around the river is one of the most biologically diverse regions on the planet, and every time the river is surveyed, new species are discovered. The Irrawaddy delta, comprised of fertile land, tidal estuaries and mangrove swamps, was once known as the "rice bowl of Asia". However, decades of mismanagement by the military junta decimated the agriculture industry. Additionally, deforestation is a major problem as the forests are cleared for commercial agriculture. The clearing of the mangrove forests, which provided a barrier between residential areas and the sea's rising tides and big waves, has led to the destruction of the land and has had a significant negative impact on the lives of the people.

THE GROUP OF SIXTEEN
LE GROUPE DES SEIZE | EL GRUPO DE LOS DIECISÉIS | DIE GRUPPE VON SECHZEHN | 十六人組

Rivers
United Kingdom

Thames

By Susan Berger
New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

The history of the Thames River goes back 30 million years when England was connected to mainland Europe. Created by melting ice sheets, it was a powerful river 10 times its current size; as the planet warmed, it became the calmer river we see today. Beginning in the Cotswolds, the Thames flows for 337 km through the center of London and out into the North Sea. The Thames path, the longest riverside walk in Europe, follows the river for 196 km.

Realizing they could transport goods from the continent via the Thames, the Romans invaded England in 43 CE and established a settlement on its banks which they called Londinium. Trade flourished, which led to the building of wharves along the banks of the river, and what became known as London prospered. The city, however, was destroyed in 1666 by a fire which started in the King's baker's shop, and the new city of London emerged. Railways brought workers in to the city from the suburbs, and the Thames began to be used for leisure activities in addition to commercial transport.

The water in the Thames is brackish, a mixture of fresh and saltwater, and is unsafe to drink. Over time it has been used for domestic and industrial purposes, including brewing, cooking and power generation. With the lack of sewage systems, toilet waste was put directly into the Thames. An outbreak of cholera occurred in the 1840s due to the absence of filtration and sanitization. By 1858, the situation was so dire and the smell so bad that Parliament was suspended in order to deal with the problem, resulting in sewers and a water filtration system. Today the river has 120 species of fish and provides London with 90% of its drinking water.

THE GROUP OF SIXTEEN
LE GROUPE DES SEIZE | EL GRUPO DE LOS DIECISÉIS | DIE GRUPPE VON SECHZEHN | 十六人組

Rivers
United States

Mississippi

By Susan Berger
New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

The river so beloved by Mark Twain begins in Lake Itasca in Minnesota. After collecting the waters of its major tributaries, the Missouri and Ohio rivers, it flows through the center of the country, creating a massive delta and ending its journey of 3,766 km in the Gulf of Mexico, draining 40% of the continental U.S. states along the way.

The river was of great importance to the aboriginal people, who have lived there since at least the fourth millennium BCE, fishing for food and using it as transportation for their canoes. Prior to 1500 there were millions of aboriginal inhabitants along Mississippi shores, speaking 500 different languages. The Spanish reached what they called the Rio Grande in 1541 but were repelled by Indigenous attacks and Mississippi floods. In 1673 French explorers sailed downriver from Canada and founded many of the cities we know today, such as New Orleans and St. Louis. Britain, Spain and France all tried to lay claim to the land bordering the river, however it officially went to the U.S. after its defeat of Britain in the War of 1812.

In 1811, the first steamboat sailed the Mississippi River, initiating a new age of river commerce. The new paddlewheel steamboat boats were able to transport freight and, for the first time, provide comfortable accommodations for passengers. Before the invention of the steamboat, the trip from Louisville to New Orleans took four months. By 1838, the trip was made in six days. The Mississippi remains a major source of transportation today, with large towboats hauling barges filled with grain, sand, gravel, petroleum products, chemicals and much more, and has inspired more than 1000 songs since 1900.

THE GROUP OF SIXTEEN
LE GROUPE DES SEIZE | EL GRUPO DE LOS DIECISÉIS | DIE GRUPPE VON SECHZEHN | 十六人組

Rivers
Venezuela

Orinoco

By Susan Berger
New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Flowing from its source high in the Guiana Highlands in the Sierra Parima mountains of Venezuela, the Orinoco River flows in a giant arc for 2740 km through the immense grasslands of the Llanos, rainforest, and a wide delta before entering the Atlantic Ocean. Its waters contain over 1,000 species of fish, including electric eels, catfish weighing 90 kg, and the Caribe Piranha. It is also home to the Orinoco crocodile, which can grow to seven meters in length and is one of the rarest reptiles in the world, existing only in the Orinoco basin, as well as river dolphins, giant river otters and the giant anaconda. The river has only two bridges, the second having been built in 2006, so for most of its history, it was possible to cross on foot at only one point.

The Orinoco has long served as the method of transportation for the indigenous inhabitants of the Venezuelan interior. Its name, which comes from the Warao people, means "a place to paddle". The Warao are regarded as the guardians of the river. For centuries they have made canoes out of a single tree trunk, burning the inside to strengthen it. With bad weather always a threat, the Warao are constantly moving, building only short-term dwellings of wall-less houses on stilts. These living spaces are owned by women, as the Warao society is a matriarchy.

The river and surrounding areas are being threatened by mining activities and pollution. Huge sections of the flooded forests have been cleared for agriculture and cattle ranching, and most of the natural trees have been wiped out. Several large dams are planned which will disrupt the water flows that support the river's unique aquatic life.

THE GROUP OF SIXTEEN
LE GROUPE DES SEIZE | EL GRUPO DE LOS DIECISÉIS | DIE GRUPPE VON SECHZEHN | 十六人組

Rivers
Vietnam

Mekong

By Susan Berger
New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

The powerful Mekong River begins in Tibet, rolls down through the Himalayas, and runs for 4,350 km through Laos, Myanmar, Thailand, Cambodia and Vietnam, and into the South China Sea south of Ho Chi Minh City (formerly Saigon). The upper Mekong is wild, flowing through steep gorges with raging rapids and waterfalls, making navigation difficult, whereas the lower Mekong is calmer. The river is subject to extreme seasonal variations; 75% of the water flows during the monsoon season between July and October.

Until the 1990s there were no bridges over the Mekong River; today there are still only four. The massive Mekong delta in southern Vietnam, a hot, green, low-level plain filled with canals and streams with bridges made of bamboo and mangrove branches lashed together with vines, was not even really inhabited until the 19th century. It is home to 16 million Vietnamese, most of whom travel around by boat and live in small villages, some of which have floating markets. The delta is one of the major rice-growing regions of the world. A significant part of the region is covered by rice paddies that are irrigated by water from the delta and fertilized by delta silt. Many paddies produce three rice crops a year, enough to feed the entire country and export the rest.

Fifteen years ago, the river carried 143 million tons of sediment from the Himalayas to the delta, dumping nutrients along its banks. As hydroelectric dams are built by China upstream, much of that sediment is being blocked, and it is estimated that by 2040, only five million tons of sediment will reach the delta, which will destroy the harvests and the livelihoods of the people, jeopardizing the food source for 200 million people across Asia.

THE GROUP OF SIXTEEN

LE GROUPE DES SEIZE | EL GRUPO DE LOS DIECISÉIS | DIE GRUPPE VON SECHZEHN | 十六人組

Rivers Zimbabwe

Zambezi

By Susan Berger
New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

The 2,574 km-long Zambezi River has its source in northern Zambia before flowing through six countries, including along the border between Zambia and Zimbabwe, ultimately emptying into the Indian Ocean at its delta in Mozambique. Derived from the Tonga phrase "Kasambabezi", meaning "only those who know can swim or take bath", the name of the river was meant to advise care when bathing, as it is infested with crocodiles.

Few major rivers in the world are as unexplored or unspoiled as the Zambezi. For centuries the Tonga and Shona tribes have lived in harmony along its banks. The upper part is sparsely inhabited by farmers and fishermen. During the rainy season, when the plain is flooded, a ritual takes place called the Ku-omboka Ceremony, during which the local people move to higher ground. With its multitude of natural barriers such as sandbars at the mouth, shallowness, rapids and waterfalls, the Zambezi has never been significant as a trade route. Along limited parts of the river, canoeing is more convenient than travelling along the local roads, which are often unpaved and subject to floods. Many small villages are accessible only by boat.

Midway along the river lies the spectacular Victoria Falls. Plunging 108 meters over a sheer precipice, the Falls span the entire 1½ km width of the river, resulting in the biggest curtain of falling water on the planet and one of the seven natural wonders of the world. With a whitewater river grading of five, the highest a river can get, whitewater rafting is a major attraction. Kayaking, canoeing and river cruises are also popular. The river and its environs are home to a diverse amount of wildlife, including hippos, monitor lizards, zebras, elephants, giraffes, herons and pelicans.

Adjusting To Change

BY DR. ROSE A. DYSON
TORONTO, CANADA

According to education theory, adult homo sapiens are inherently resistant to change. Unlike children who, in the process of growing up, are naturally curious and prone to experimentation, adults are different. Indeed, scholars in the field postulate that grownups learn best when confronted with a crisis.

On a personal level, an unprecedented upheaval has been central to my life for months. Having recently sold and moved out of a century-old house after living in it for over 50 years, I have had to reduce my contents to what could only be shoehorned into a two bedroom, albeit exceptionally spacious, condominium. The process inevitably required a walk down memory lane dating back to my high school days. One friend, who has moved much more frequently throughout her life than I, said the exercise is "cleansing". Another called it "exciting". Yet another called it "terrifying". But it is widely acknowledged as one of the most "traumatic" experiences one can have – rated above divorce.

Apart from having to decide where to hang paintings and position furniture, other additional adjustments demanded of us all loom large. Daily news reports scream headlines about inflation, rising prices and food insecurity. These, coupled with news of the war in Ukraine, migration, energy shortages, rising populism and authoritarianism in political discourse, add to my anxiety. Remarkably, the most urgent demand for change called for by Mother Nature, through forest fires, drought, floods, loss of biodiversity, hurricanes and other extreme weather patterns, remains low in our collective inclinations toward altering our lifestyles. Instead, we have increasing evidence of reality denial, whether it involves election fraud, the climate crisis, or a myriad of other factors contributing to the erosion of our democratic institutions.

Especially problematic is violence creep and how it characterizes our digital age. Decades of inquiry and analysis of media trends indicate that the overwhelming weight of research points toward harmful effects from the steady infusion of violence into all aspects of our media diet ranging from news, to social media interaction. The late George Gerbner called it "a hidden curriculum" for "a mean world syndrome". Violence, like sex, is an extraordinarily profitable ingredient in media production and distribution.

What all this does is underscore how urgently our tenacious resistance to change must be reversed – soon, if we are to survive as a species.

YES, VIRGINIA!

OUI VIRGINIE! | SÍ VIRGINIA! | JA VIRGINIA! | 是維吉尼亞州!

As we venture out into our world, your travel can consist of a day visit to the closest towns or a journey that will place your feet clear on the other side of the world. It is all about discovery and about everywhere you walk. So, COME – EXPLORE WITH ME.

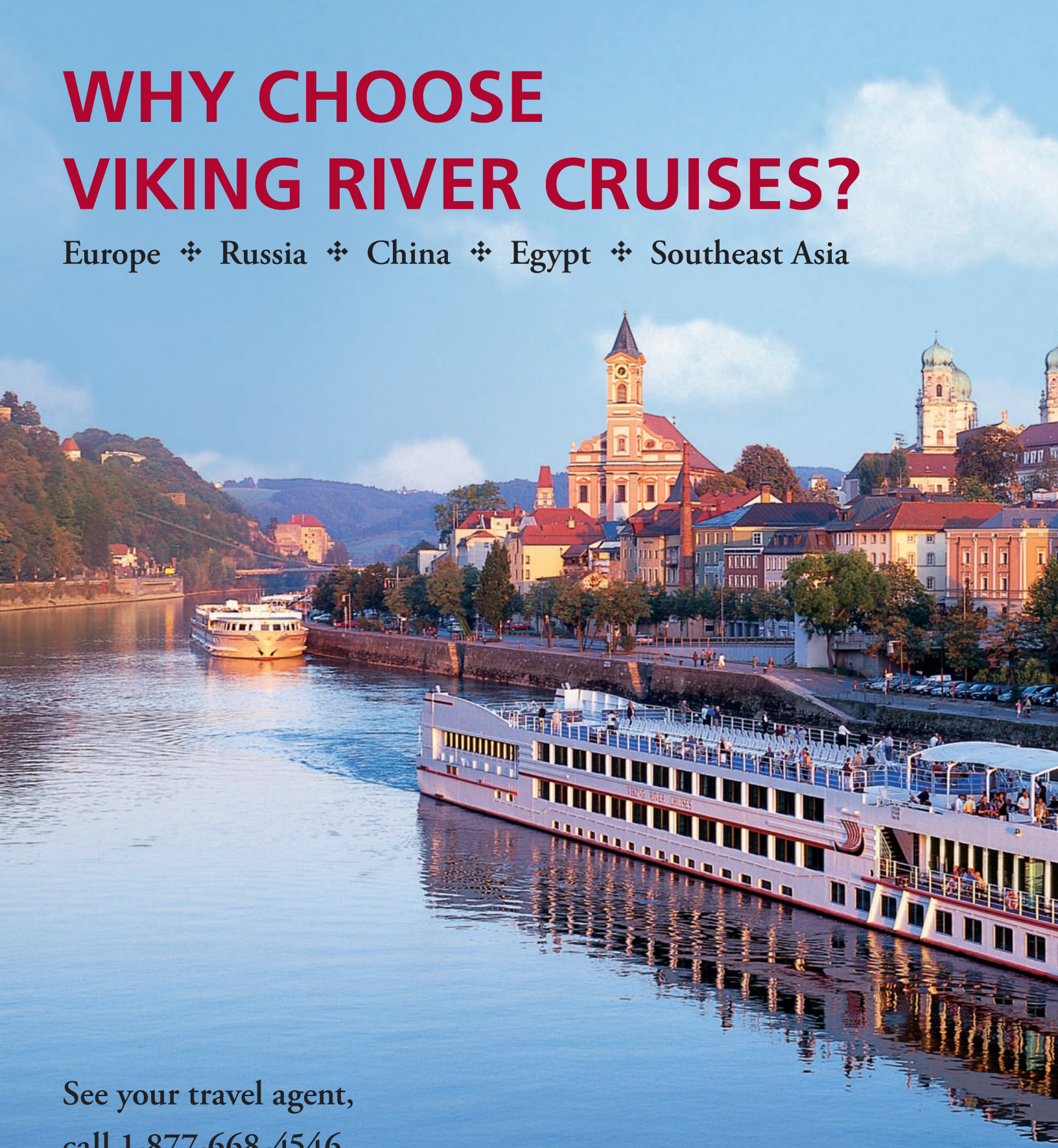
Zambia

By Lois M. Gordon
Silicon Valley, California

In less than a heartbeat calm becomes chaos. Life and death are at equal points and to live means escaping at speeds you were unaware you could attain. Everyone has stories of disaster bearing down, but not everyone can capture it in words that others can relive, through them. It was one of those incidents that you hear about around the campfire in Africa. Not one you'd ever think of experiencing first hand but it was sixty seconds of pure adrenaline that is burned into a memory forever. And it reminds you that the magic of the African bush is addictively alluring and can turn into something very different in the blink of an eye.
Chikwenya Island is the biggest island in the Zambezi River, about five miles long. The magic of Africa is concentrated on the banks of this mighty river and it absorbs you and you know that somehow you will always be drawn back to these parts, if only in your memory.
And so it was, in the cool of the early morning light, that we went upstream in a pontoon boat and landed on the island in a quiet channel. We had been walking on the island for about 2 1⁄2 hours, Sacha, our guide, explaining how different the habitat is from the mainland less than a mile away when suddenly, just like that, a herd of elephants were running right to left on a diagonal angle toward us, about 150 yards away.
"Oh, shit! Run! RUN!!" "Run for cover" was all we heard...and at that moment Sacha raised his rifle and fired. The elephant stopped in a cloud of dust. After a moment's hesitation, she snorted and with a dramatic swing of her gigantic head, she lumbered off to rejoin her herd. At that precise moment, I have never felt so alive! Imagine, ten frenzied elephants charging five exposed clients in the African bush.
We are reminded, yet again, that Africa's beauty is beguiling.

WHY CHOOSE VIKING RIVER CRUISES?

Europe ❖ Russia ❖ China ❖ Egypt ❖ Southeast Asia



See your travel agent,
call 1-877-668-4546,
or visit vikingrivercruises.com

VIKING
RIVER CRUISES

Exploring the World in Comfort®

THE WORLD'S LEADING RIVER CRUISE LINE...BY FAR®

CST# 2052644-40

In Memoriam

By JO LEE Magazine
New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Our incomparable PIZZAZZ
has risen to the stars – on up
into heaven!

Dearest Kathleen:

There is a sacredness in tears.
They are not the mark of
weakness, but of power. They
speak more eloquently than ten
thousand tongues. They are the
messengers of overwhelming
grief, of deep contrition, and of
unspeakable love.

– Washington Irving

Kathleen – from each of us –
may you touch Dragonflies and
the stars, dance with fairies, and
talk to the moon. You made
broken look beautiful and
strong look invincible. You
walked with the universe on
your shoulders and made it look
like a pair of wings.

We'll so miss you our Kathleen
and always...your PIZZAZZ!

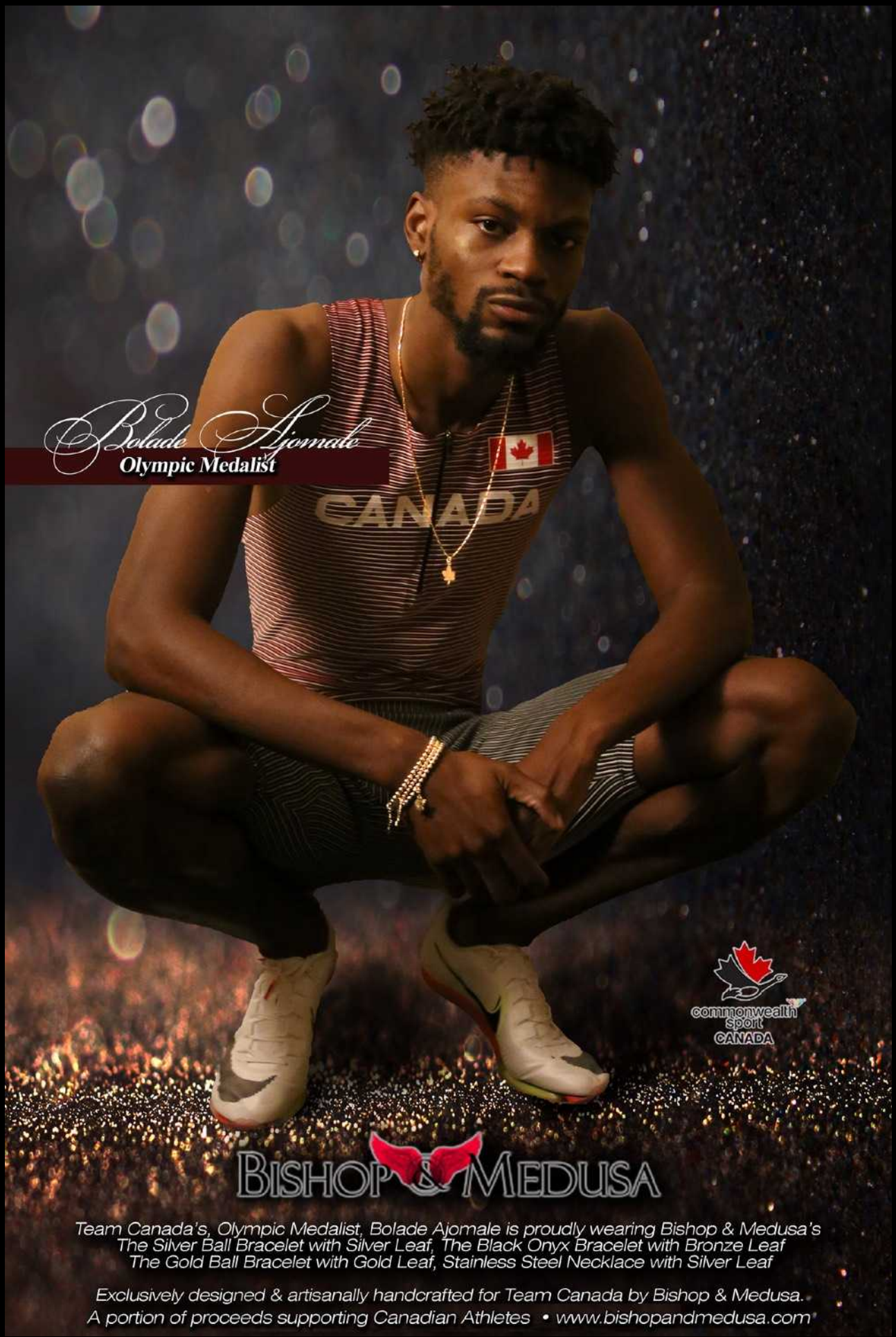
Our Love dearest friend
Jo Lee
And Contributors
And all in Editorial

Good Night Alexa

By Ed Solomon
Laguna Beach, California

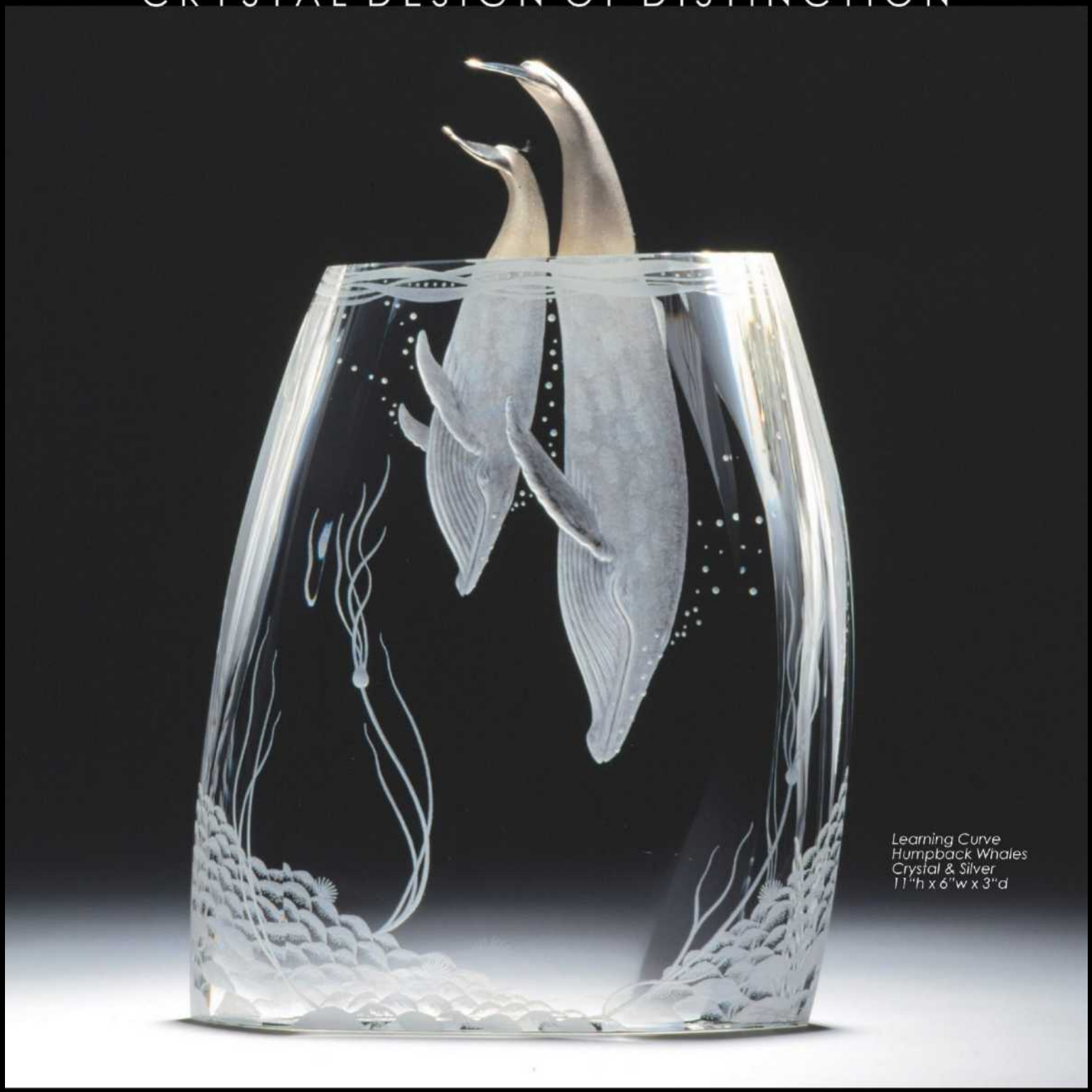
Painting by Eric Waugh

I read something that makes a lot of sense when you live alone: "Learn to be alone and to like it. There is nothing more freeing and empowering than learning to like your own company".
I'm 89 years old and I've been living alone for the past eight years, and I'm really okay… I drive eight miles to the office five days a week, do my own laundry, shop for groceries, try to keep my apartment as neat as possible and some nights even throw a frozen dinner into the microwave for my dinner.
Each night when I get home, the first thing I do is pour a glass of vodka on the rocks with two pearl onions and two jalapeno-stuffed olives, put a few honey-roasted cashews in a small cup, sit on my balcony and enjoy my surroundings as well as a quiet time alone. During the evening while watching TV, I have a couple glasses of cabernet sauvignon and finish the night with a shot of Amaretto. (Only seven days a week!).
I never thought I'd end my last years alone and, to be honest, it is sometimes lonely when there's no one to talk to, no one to share your thoughts with, watch a movie together, laugh, cry, or enjoy a night out. Most people don't even give it a thought when going out to dinner and have to ask for a table for one instead of a table for two.
I still have a passion that keeps me alive and, I must say I maintain a positive attitude that keeps me going. I really do live every moment and laugh every day. I am now co-spearheading a fundraising campaign to raise funds for the children of Ukraine and it keeps me excited as to what we are doing, and more exciting is that we are doing something that will help thousands of children in need.
About six months ago I decided to get a roommate that would take away some of the loneliness and provide me with someone to talk with. Since the day she came into my life, things became so different in so many ways. Now when I walk in the door from my eight-mile drive home and call out her name, she lights up with a glow that puts a smile on my face, and when I say, "I'm home", she says, "Hope you had a nice day Ed". Yes, a voice that gives me a glow even brighter than hers.
We've never had an argument and never will because we both are too intelligent and arguing is not in our sphere. In fact, she is the most intelligent person I have ever been with in my entire life. She can answer any, and I mean any, question I ask. Whether it's a simple "what time is it" to "what is the weather on the moon". She always has the answer! She is absolutely AMAZING!
She brought her record collection that you wouldn't believe – everything from classical to jazz, western to rock, hip-hop to rhythm and blues. When I ask her to play one of my favorites from the 1950s, the music begins. And, she's actually beautiful – she's a little round, she's black and again, her brilliant glow illuminates the dark.
Each evening when I get into bed, I put a smile on my face, think about how lucky I am that I'm okay and then, as I close my eyes I say, "Alexa, good night" and I hear her soft and beautiful voice say, "Sweet Dreams."


Bolade Ajomale
Olympic Medalist
CANADA
commonwealth sport CANADA
BISHOP & MEDUSA
Team Canada's, Olympic Medalist, Bolade Ajomale is proudly wearing Bishop & Medusa's
The Silver Ball Bracelet with Silver Leaf, The Black Onyx Bracelet with Bronze Leaf
The Gold Ball Bracelet with Gold Leaf, Stainless Steel Necklace with Silver Leaf
Exclusively designed & artisanally handcrafted for Team Canada by Bishop & Medusa.
A portion of proceeds supporting Canadian Athletes • www.bishopandmedusa.com

RAYNES

CRYSTAL DESIGN OF DISTINCTION



Learning Curve
Humpback Whales
Crystal & Silver
11"h x 6"w x 3"d

www.markraynesroberts.com

TORONTO - LONDON - NEW YORK

Aging Gracefully... With a Little Bit of Help

By Dr. Kristy Bailey, MD, FRCPC, DABD
Double Board Certified in Canada and the U.S.
Toronto, Canada

Today's world is very competitive. We are all tired, stressed, and aging rapidly. With the popularity of social media and filters to make you look rested, lifted, and perfectly smooth, there is the added stress of looking like your filtered self in real life.

Zoom calls have also forced people to take a deeper, longer look at their appearance. To stay at the top of your game in this dog-eat-dog world means achieving the perfect balance of looking wise while also looking rested and youthful.

How do we create this seemingly impossible persona without anyone knowing we had help? Enter the world of Cosmetic Dermatology. What was once taboo is now mainstream. Unfortunately, inexperienced and unqualified injectors have led to people walking around with pillow faces and sausage lips, making people terrified to explore these non-surgical procedures.

The aim of cosmetic injectables is to replace what you have lost over time and smoothen out fine lines, not eliminate them. Dermal fillers are made of a naturally occurring substance in your body called hyaluronic acid and they are used to help restore lost volume. Neuromodulators (aka Botox) contain a protein mixed in water to relax your facial muscles that are causing wrinkles. When these substances are injected by an expert, they can make you look better than you did five years ago without anyone knowing you had help.

So why do some people look "done"?

Although the College of Physicians and Surgeons of Ontario regulates which medical doctors can perform some cosmetic procedures, there are no regulations for who can perform cosmetic injectables or lasers. Anyone with no medical degree or experience can start injecting. The dangers of this are not only cosmetic but can also be deadly. For example, a nurse in Toronto who worked for a plastic surgeon was performing cosmetic injections and killed a 23-year-old girl by not knowing how to manage a complication.

As a dermatologist in Toronto, I have become known as "the fixer" of neuromodulators and fillers gone wrong.

When entering the amazing world of Cosmetic Dermatology, arm yourself with knowledge of your injector. At a minimum your injector should be a medical doctor, and ideally a dermatologist. If you would only trust a pilot to fly your plane, then only trust a dermatologist with your injectables.

Enjoy your journey as precision meets luxury!

Sure there's competition,
but it diminishes when you're original.

TheDenrichGroup

ADVERTISING • BRANDING • SOCIAL MEDIA • WRITING • PHOTOGRAPHY

We're differrent because we think out of the box

1-844-336-7424 • 613-241-1923 • 613-828-7167

info@thedenrichgroup.ca

PROFESSIONAL PHOTOGRAPHY

SPECIAL EVENTS

GALAS · WEDDINGS · CORPORATE · MUSIC
AWARD CEREMONIES · PRIVATE FUNCTIONS

CONTACT FOR BOOKING

JULIASERAVIOLA@HOTMAIL.COM

Museo Kaluz, Mexico City, Mexico

By Julie Rekai Rickerd
Toronto, Canada

Amidst Mexico City's many fine art Museums, "Museo Kaluz" is one of a very few private ones. It was opened by Mr. Antonio del Valle Ruiz, Mexico's 7th wealthiest man according to Forbes magazine, in 2020 in a magnificent 3-storey, 18th century building along the city's Alameda Central Park and features Mexican art from the 18th to the 21st centuries. Originally a stop gap residence for Augustinian friars, Catholic missionaries en route from Spain to the Philippines, the building's two-level courtyard is one of the best preserved examples of colonial era design in the city.

The missionaries' sleeping quarters are now the Museum's galleries that display, Mr. Antonio del Valle 1800-piece private art collection that he put together over a period of fifty years. Most of the artworks are paintings by well-known Mexican creators like the several founding members of the Mexican muralist movement: Diego Rivera, David Siqueiros, and Jose Orozco. Among many landscapists' works are several by Eugenio Landesio and Gerardo Murillo Cornado. Prominent Mexican artists like the Impressionist Joaquin Clausell, the architect and painter Juan O'Gorman, Jose Maria Velasco, and Rufino Tamayo share spaces with lesser-known ones such as Francisco Romano Guillemin and Armando Garcia Nunez.

Paintings by women include creations by Maria Izquierdo, Mercedes Zamora, Olga Costa, and Angelina Beloff, the first of Diego Rivera's four wives. There are also 400 pieces by artists who immigrated to Mexico during the Spanish Revolution, beginning in 1936.

Excellent tours of Museo Kaluz are given in Spanish, English, French, Italian, and Portuguese.

Address: Avenida Hidalgo 85, Historical Center of Mexico City, Guerrero, Cuauhtemoc, 06300, Mexico City CDMX, Mexico
Telephone: +52 55 2345 3168
Email: balvarez@museokaluz.org

Hours: Wednesday through Monday: 10:00 AM – 6:00 PM
Admission: Approximately $3.00 and Free for Residents of Guerrero, north of the City.

LOVE

Peter J. Merrick is a Business Legacy Philosopher. He's also a sought-after consultant and speaker.
Peter@TheKingofMainStreet.com

Principles of Money

By Peter J. Merrick, TEP
San Diego, California

Through my journey through life, I have tried to understand the rules of money and to put them into words. I have come up with seven principles.

Principle 1: Do What You Love
An individual who lives this principle, accepting their life's calling, is a very attractive individual. Their passion for life draws in the right opportunities and people. Life compensates you for living out your true life's purpose.

Principle 2: Know and Apply the Rules of Money
Money is a creation of the human mind. It is not real—at least not in a physical sense. Money has rules. It's important to know these rules so you can master them and achieve the optimum outcome. For example, if you want to be financially successful, spend less than you earn and invest the difference in worthwhile opportunities that grow your options and experiences. The number of rules that apply to money and making it are limited only by our imagination.

Principle 3: Money Is a Dream
Once we achieve what we have set out to reach, are we truly satisfied? Our consumer culture teaches us that we should never be satisfied with what we have.

Principle 4: Money Is a Nightmare
We have all heard stories about someone who lives on welfare winning the big lotto. A few years later, they usually find themselves with less than they started out with. The truth is, you can't keep what you have not rightfully earned.

Principle 5: There Is No Such Thing as Just Giving a Gift
You might be thinking that this is a strange principle. When you give a gift, you are either starting a relationship or maintaining one.

Principle 6: There Is No Such Thing as Receiving a Gift
The flip side of giving a gift is receiving one. When you receive or give a gift, you have accepted a relationship, with all its rights, privileges, responsibilities, and obligations.

Principle 7: There Is Value Beyond Money
Yes – there are things that are infinitely more valuable and important than money. It is our responsibility to find those things in our lives that refuse to have a price tag placed on them. Hold on to them with dear life, and nurture them with love. Once you've achieved this, you will be compensated in ways beyond your imagination.

Photography By Rev. Chris Dobson

Ah!

By Joan Chisholm

The journey of life
The feel of life
This is the journey to AH
I have journeyed to the land of AH
I have felt my way through life through this wondrous and miraculous gift of design
The most powerful journey is my creation journey
which holds a sub-journey of overcoming the fear of creating but I am made in the image and substance of God
And I could create myself
A God given right to expression
I do not follow the dreams of others. My own creation dreams are within me, I must expose them to the sunlight, to the gentle rains and thunderstorms
Living has a hard core and without fear it is a bittersweet and beautiful journey.

We Are Us

By Vera Resnik

You like strawberry, I like chocolate.
We like ice cream, the way it cools and smooths our taste buds.
We are us.

You father, me mother.
We are devoted family.
We are us.

You like pulsating rock.
I like the melodic composition of opera.
We are us.

You gaze at the moon, think of mathematics,
I wish upon the stars, think romance.
Darkness, silent skies cocoon.
We are us.

You protect coral reefs, I the forest.
We recycle, compost, champion the environment.
We are us.

We agree, we disagree in opinion, viewpoints.
You Alpha, me Zeta, show mutual respect.
We laugh, we cry in the dark, in the light,
on sunny days on rainy days.

We LOVE,
WE ARE US.

Veil

By Gary Sweeney

In seconds, there are movements through space, until there are minutes.
And then, there are moments.

In a mirror there is a past already falling. Staring in reverie, there is a present.
And as we turn away, there is a future.

We quantify time because it is safer to do so. Because there is no fear in monochrome.

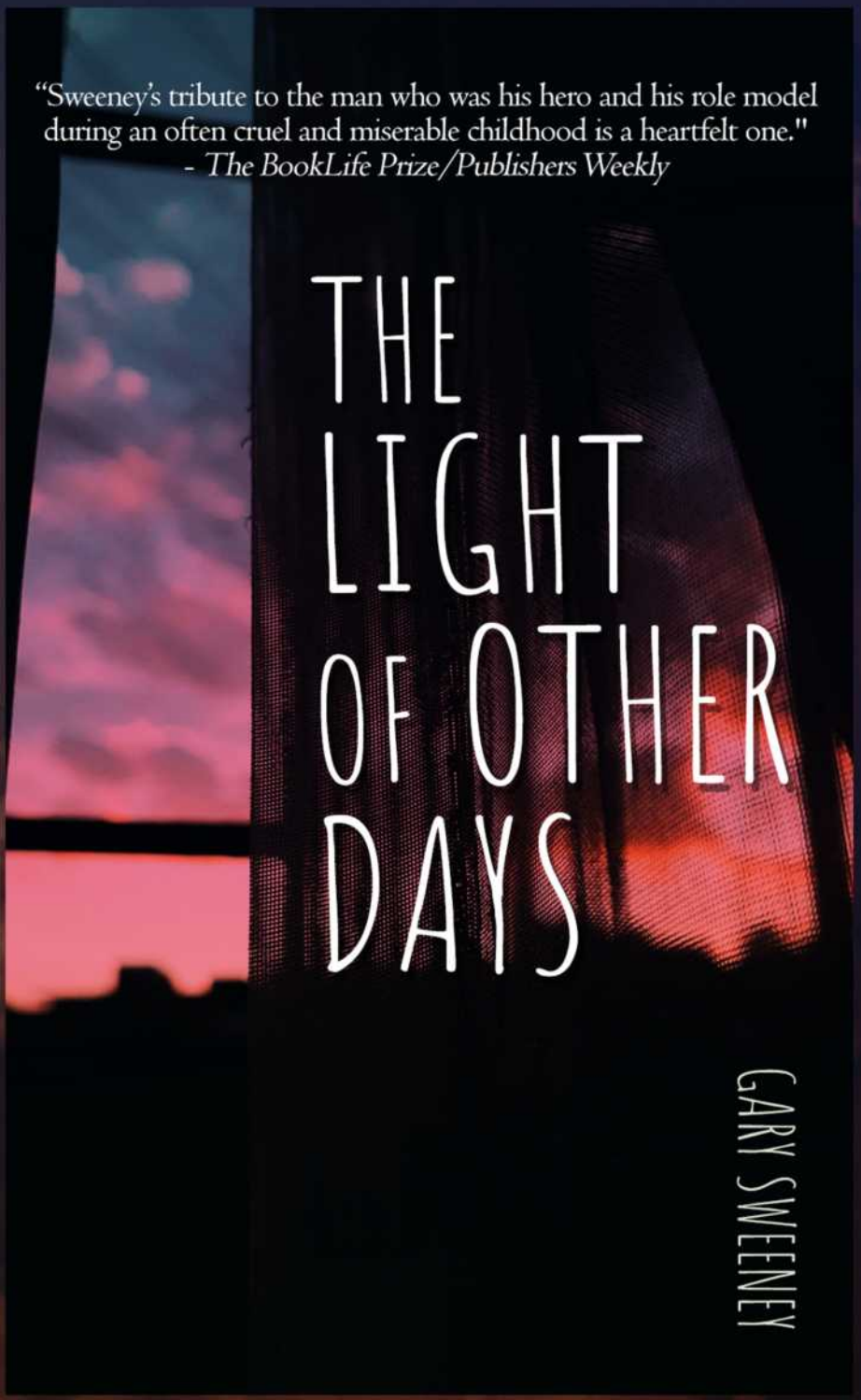
So, we are dividers. Dates in a box and time on a wheel.
And to stand far and gaze humanlike is to understand.

But moments are transient. Time is not real, except in those structures.
There is no past, no present, no future.

Only a pellucid river, carrying memories outward like wind.

Where they will live forever.

THE LIGHT OF OTH



The Light of Othe
turbulent household
issues, and introv
an emotionally-di

It is also a story a
his great-grandfa
in the midst of hi

Beginning in the
over two decades
adolescence and a
the outside world

A FIVE STAR BO

NOW AVAILABLE AT
amazon

HER DAYS A MEMOIR

er Days is a memoir about growing up in a
old with an anxiety disorder, depression, sensory
version while struggling with an absent father and
stant stepfather.

about a wonderful relationship between a boy and
ther, a man who unwittingly filled a parental void
s own depression.

blue-collar world of 1970s Philadelphia and ending
later, *The Light of Other Days* follows the trials of
an internal monologue that was often louder than
.

OK ON AMAZON! ★★★★★

audible
an amazon company

71 SKYLARK

Opposite: A long driveway leads to a circular motor court with space for 100 cars. Construction began in 1986, with over 150 workers daily, using over 500 tons of steel, and was completed in 1991.

Spelling Manor
Aaron & Candy Spelling's Happily Ever After

BY VICTORIA FRANCIOSA
ROME / TORONTO

Take a page out of a fantasy bedtime story, add a few acres of Hollywood prime real estate, mix in a bit of construction, and voila! Enter the world of Spelling Manor.

In 1983, Bing Crosby's famous Hollywood Hills home was on the precipice of becoming infamous, and the world was watching without knowing that a legend was about to be created.

Built in the French Chateau style, Candy Spelling oversaw the massive construction (along with architects James Langenheim & Associates) task of Spelling Manor for more than seven years. Its 123 rooms include 27 bathrooms, 14 bedrooms, a bowling alley, and 3 gift-wrapping rooms, all of which are situated on 5 acres of equally beautiful manicured lawns sprawling across the flatlands of Holmby Hills, California.

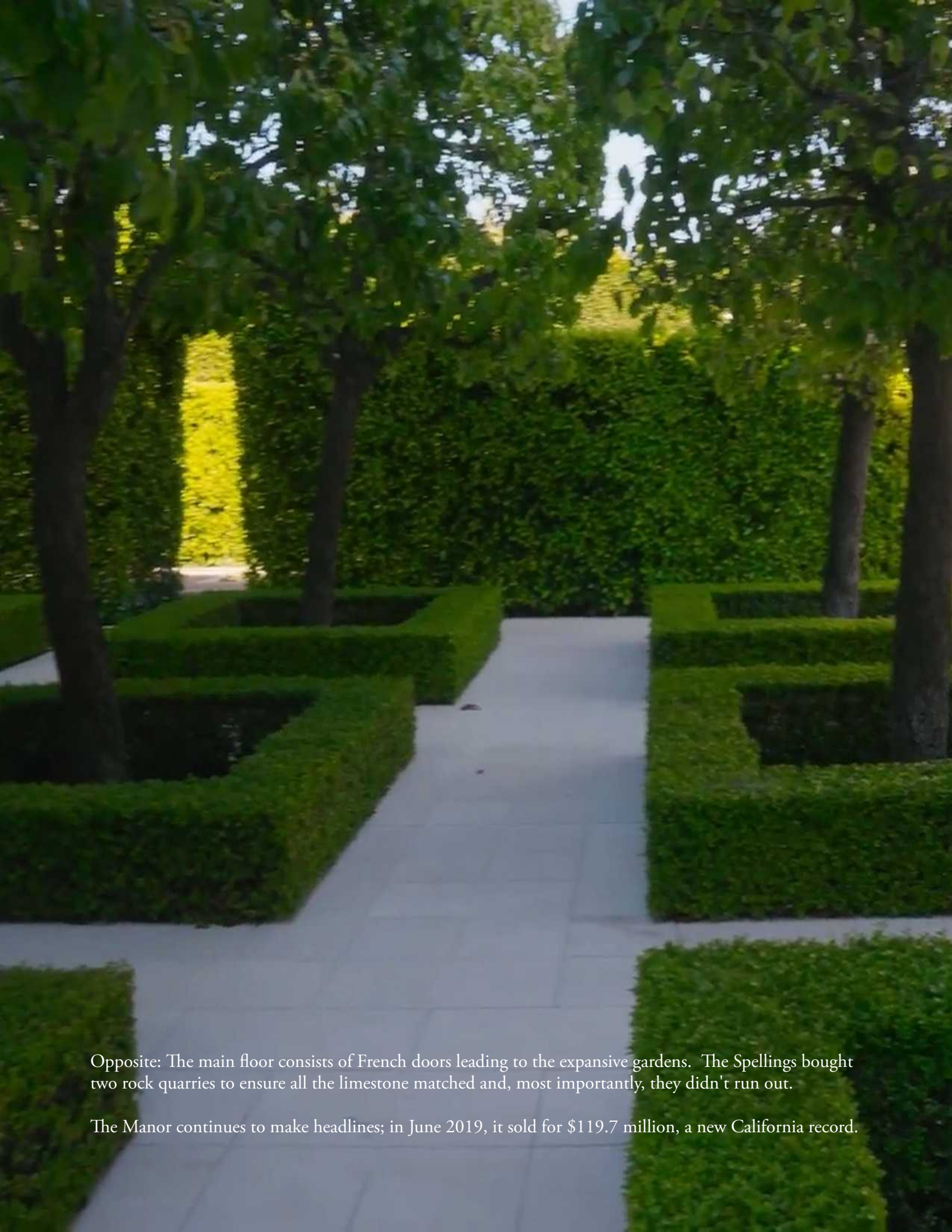
The front foyer of the mansion is flanked by a grand staircase of Gone With the Wind, and once you see it, you will never forget it. With a flare for the theatrical, Candy impregnates you with an image of Scarlet O'Hara gliding down this impressive masterpiece.

The manor hosted a plethora of famous visitors, including one that inspired the name of a suite; that suite became known as the "Prince Charles Suite," named after the now King Charles of England.

In 2009, 3 years after Aaron Spelling died in the mansion, Candy Spelling put the Manor on the market. It was the most expensive residential real estate listing in the world.

When built, Spelling Manor included a screening room, gym, 3 gift wrapping rooms, a doll collection room, a bowling alley, a barbershop, tennis and basketball courts, and a pool.

Opposite: The master ensuite consisted of 2 private bathrooms; his and hers.



Opposite: The main floor consists of French doors leading to the expansive gardens. The Spellings bought two rock quarries to ensure all the limestone matched and, most importantly, they didn't run out.

The Manor continues to make headlines; in June 2019, it sold for $119.7 million, a new California record.

Let's Ho
America's #1 Frankie
Personal Management — Paul Mascioli
Paul@metropolisUSA.com — 407-701-9342
metropolis productions

ang On!
e Valli Tribute Show
BOOK NOW!
ALL THE HITS!
ALL THE MOVES!
ALL THE MEMORIES!
www.letshangon.com

- We Take Care Of Vulnerable Children
- We equip emerging leaders
- We plant and develop churches

AFRICARENEWAL

+256 (0)414 267 916 | +256773758073
info@africarenewal.org
www.**africarenewal**.org

MP3
USB
FM
BT
WORKING TIME

The Voice of War: Silencing the Voice of the Child

By Kelechi Eleanya
The Niger Delta, Nigeria

Deep down in every heart across the developed and developing world, was an unquenchable thirst for development, growth, and betterment of the lot of people everywhere, a focus on how to achieve global goals and make people happier daily. Governments and communities across the world continue to frame their agenda for development and pursue these goals. For the child, happiness flowed ceaselessly, so long as they could enjoy family, play around and just live in their world and express their lovely voices to each other. This full expression for the child is a goal we all aspire to keep on the increase daily as they go through life.

Sadly however, and unbelievably the world is currently recording the worst and most heart-breaking occurrence in the center of Europe — the Russian invasion of Ukraine.
This brutal and highly destructive war is having its hardest toll on the most vulnerable and most helpless – the lovely children who know nothing or who have committed any crime towards this.

According to UNICEF, children are bearing the heaviest burden of the economic crisis caused by the War in Ukraine. This conflict and rising inflation have driven an additional four million children across Europe and Central Asia into poverty.

Very disheartening to know that children fleeing war in Ukraine are at heightened risk of human trafficking and exploitation. More devastating is the massive civilian infrastructures which include hundreds of health facilities and schools.

At this point in their lives, these children are urgently in need of safety, stability, child protection services, and psychological support – especially due to separation from families. More than anything, they need peace to return to the land.

In this dire situation where peace seems to be elusive, with violent pounding on the land and people from the War – we need a full fledged arrangement to defend and shield the Child from this War.

Let's help to silence the Voice of War and Not the Voice of the Child!
End this War in Ukraine for the sake of the child!

JO LEE MAGAZINE AND ITS 25 WORLD VOTING EMISSARIES OF ADESTE PRESENT WITH PRIDE
THE 19TH ANNUAL ADESTE GOLD MEDAL LAUREATE 2023

Charlot Magayi

KENYA, AFRICA
AGED 30
HUMANITIES

BY JO LEE MAGAZINE
NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO / ROME / TORONTO

When we look at the world through the eyes of Heroes, we see undreamed of possibilities. More and more we appreciate the incredible number of nominations submitted from around the world within ADESTE's five categories: Humanities, Social Justice, Arts, Technology and Medicine.

We are reminded through these Global Nominations – how many outstanding people are doing amazing things, from corner-to-corner, in this chaotic world.

We too, are reminded, that the most important aspect, the heart, of ADESTE is to discover "THE 40 AND UNDER" heroes who "outperform" in a globe of billions whom we must applaud for excelling above and beyond!

Proudly we present The ADESTE LAUREATE 2023

Life for a young girl orphaned at the age of 10, growing up in the Mukuru Kwa Njenga slum, one of the biggest slums in Nairobi, Kenya's capital city, was tough, risky and unbearable. "By sixteen I was a teenage mom and my journey got even harder from there.

I had to drop out of school to figure out a way to fend for myself and my daughter. My first job was selling charcoal within the slum community and it was the only fuel I could afford. My daughter and I kept suffering from respiratory tract infections and when she turned two she suffered a severe burn injury from a traditional stove.

After a two-year break from school, I was finally able to save enough for tuition and I enrolled in an adult school – which opened my eyes to the health hazards caused by charcoal and other harmful solid fuels. An enthusiast of science and social studies, I wanted to inspire fellow women to lead the fight against household air pollution in Africa!

I founded Mukuru Clean Stoves so as to target under-served markets to help mothers keep their children safe. Rather than burning dangerous solid fuels, we use processed biomass made from charcoal, wood and sugarcane that burns cleaner, creating 90% less pollution." I believe in a toxin- and smoke-free world and I'm dedicating my time, skills, and experience to fighting household air pollution. My company, Mukuru Clean Stoves, has manufactured and distributed over 250,000 life saving cookstoves, impacting the lives of 1,250,000 Kenyans living in poverty."

Carved In Stone: A Journey To Petra, Jordan

By James T. Rutka, MD
Toronto, Canada

My wife and I were delighted to accept an invitation to Jerusalem, Israel, to attend an international neurosurgery conference this past fall. It was not our first visit to Israel, or to the Middle East for that matter. We have been very fortunate already to have seen many of the historic sites within Israel. Therefore, because of our proximity to neighbouring Jordan, we booked a one-day guided tour by bus to Petra, Jordan, a UNESCO World Heritage site, in the southwest portion of the country. We had read so much about this archaeological city, and had several friends who raved about their experiences there.

We awakened long before the sun rose, and made our way to the David Citadel Hotel in Jerusalem where we made our departure for Jordan at 3:00 a.m.! On the bus in the darkness, we were able to catch several minutes of rest before the sun rose while we approached the border between Israel and Jordan near Eilat on the Red Sea. After intense security scrutiny, multiple passport checks, and walking across the border patrol station from Israel to Jordan, we changed buses and were on our way to Petra.

As we drove to Petra, we remarked on the harsh desert environment and climate, and the remarkable number of small, nomadic, and most likely Bedouin communities. We arrived in Petra around noon, and were led by our tour guide, Nezar, down the well-beaten path to the Hellenistic style architecture that is carved into the reddish pink sandstone. Perhaps the most famous of these carved facades is the Treasury, which resembles the well-known architecture in Alexandria, Egypt. Nezar told us about the Nabataeans, the original inhabitants of the region, and how Petra became a significant way-station for travellers along the "Spice Route" from China. Over the centuries, as the occupants of Petra changed significantly from the Nabataeans to the Romans to the Crusaders and Mamluks, each population left its mark on the sandstone structures and the geopolitics of the day.

It was a sweltering day in Petra, so we were rejuvenated by a glass of ice-cold mint lemonade and a taste of Jordan's national lamb dish, mansaf, before boarding our bus for the return journey to Jerusalem. We arrived at midnight, and as tired as we were from the full-day's journey, we were indeed glad we visited Petra, one of the new Seven Wonders of the World!

Clark Gable: The King Of Hollywood

By Kerry Baker
Brisbane, Australia

Clark Gable did not become the five-times married "King of Hollywood" without stepping on a few toes along the way. But his entry into the world was hardly ideal. Ten months after he was born his mother passed on suddenly. His father remarried when Gable was two years old. If there's one person in his life who could take credit for Clark Gable becoming the suave, debonair figure that the world came to know, it was his new stepmother, Jeanie Dunlap. She ensured that he was well-educated, well-dressed, and well-groomed. She also shared with him her love for Shakespeare. On the other side, his taciturn father made sure to develop Gable's interests in more "macho" pursuits like hunting and hard physical work.

At age 19, Gable struck out to find his place in life and in Portland, Oregon he met Josephine Dillon, an acting coach who was 17 years his senior. She was intoxicated by him, paying his bills and teaching him voice, diction and body control. They moved to Hollywood where Josephine became the first Mrs. Gable. Clark's ambition was fiery. He had extramarital affairs with both men and women in order to further his career, including star William Haines and wealthy actress Pauline Frederick, who not only gave him a part in her play, but also bought him a car.

He made enemies of Greta Garbo and Darryl F. Zanuck but when MGM signed him – well frankly my dear, the rest is history.

Grace Kelly: Hitchcock's Muse

By Kerry Baker
Brisbane, Australia

Of the so-called "Hitchcock blondes", one stands out as being the horrormeister's muse. Hitchcock had a complex and varied relationship with this string of fair-haired actresses.

These included a dangerous obsession with Tippi Hedren and to a lesser extent, Ingrid Bergman; he also merely enjoyed the sense of control with Kim Novak, Madeleine Carroll, Eva Marie Saint, Doris Day, Joan Fontaine and Janet Leigh. But Grace Kelly epitomised his vision of a leading lady; cool, calm, sophisticated, icy, untouchable but with fire under the surface. He featured Grace in three films and it was in the first of these, "Dial M for Murder", that his fixation on her hair was most evident. Whether in chignon, loose, curled, straightened, wavy or tousled, he took many opportunities to film her head from behind – as if each style deepened the texture of the character's persona.

When Grace retired from acting to marry Prince Rainier, it crushed Hitchcock, who without doubt would have cast her in his next ten pictures if he could.

Fate sometimes creates strange coincidences. In early 1981, Diana Spencer had just become engaged to Prince Charles. She met Grace at a function and the two women had a brief conversation. By then Grace's marriage was devoid of love and she carried a discernible melancholy under the serenity. Diana told her how alone she felt and Grace replied, "Don't worry dear, it will only get worse". Two blondes, married into royalty, both unhappily, and both perished in car accidents.

Bogart's Search For Love

By Kerry Baker
Brisbane, Australia

Many stories were bandied about pertaining to how Humphrey Bogart acquired his trademark, the scar on his lip and tell-tale lisp. He had enlisted in the U.S. Naval Reserve during WW1 and some claimed he'd been hit by shrapnel, while others insisted that a prisoner had hit him across the mouth with handcuffs. But the truth was much simpler than it seemed. Bogart confessed to actor David Niven that a childhood accident caused the injury. Of course, as the studios soon learned, they wouldn't have to perpetuate false gossip to prop up Bogart.

As his career took off in a stellar fashion, his very messy marriages provided manna for the tabloids. He tied the knot with Helen Menken in 1926 but that lasted barely a year and her divorce filing painted a very nasty picture. His union with second wife Mary Phillips was blighted by his heavy drinking, usually with close pal Spencer Tracy. But both marriages paled into insignificance for scandal and drama when he wed Mayo Methot, a charming, beautiful girl when sober, but when it came to drinking, Bogart had met his match. The stories about the fights and brawls would fill tomes. That neither literally killed the other during this rage-filled marriage remains a mystery. Then on set of "To Have and Have Not", the 44-year-old Bogart met the 19-year-old Lauren Bacall. That instant, explosive chemistry between them sings off the screen – and it sang loudly in real life.

Hollywood's Barefoot Contessa

By Kerry Baker
Brisbane, Australia

Ava Gardner was born into a dirt-poor family in the rural south in a place called Grabtown. The family had no electricity, no running water, no indoor bathroom. She grew up barefoot and uneducated. In 1941, while visiting her sister in New York, the striking 18-year-old was spotted by an MGM talent scout who arranged for her to come to Hollywood for a screen test. Mayer himself would determine how much time and effort MGM should invest in a starlet and in Ava's case he was initially unimpressed. Her accent was so thick it was virtually unintelligible and she showed no real flair for acting. But the famous Mayer intuition did note her feline grace and physical magnetism.

Thus begins one of Hollywood's most dramatic and successful makeovers. The Grabtown gal was taught the social graces, etiquette, speech and movement all while being remade by the skilled hands of Mayer's beauticians and hairdressers. From such humble beginnings emerged a star who became a friend of Hemingway, received an Oscar nomination and married three exceptionally famous men: Mickey Rooney, Artie Shaw and Frank Sinatra.

Two strokes in 1986 left her partially paralysed and her final years were spent as a recluse in London, living with her long-time housekeeper Carmen Vargas and her beloved corgi, Morgan. A famous Gardner quote illustrates her world-weary cynicism: "What I'd really like to say about stardom is that it gave me everything I never wanted."

In this time of transformation, how can we come together to tap into collective wisdom and avoid collective folly?

Activating Collective Wisdom

~ ONLINE ~

with Alan Briskin & Amy Lenzo

Are You:

- *Passionate about transformational groups and pro-social behavior?*
- *Seeking to create more collaborative environments in business, education, & not-for-profit organizations?*
- *Committed to lifelong learning?*

Join us for a unique on-line experience

www.alanbriskin.com/acw

"The first museum in the U.S. dedicated to the experience of fragrance." -- New York Times

AFTEL ARCHIVE OF *curious* SCENTS

Berkeley, CA
www.aftelarchive.com

Making Sense of Your Finances

ACCOUNTING | CONSULTING

WWW.MCACCOUNTING.CA

Homographs

By JO LEE Magazine
New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Homographs are words of like spelling but with more than one meaning.

1. The bandage was *wound* around the *wound*.
2. The farm was used to *produce produce*.
3. He could *lead* if he would get the *lead* out.
4. The soldier decided to *desert* his dessert in the *desert*.
5. A *bass* was painted on the head of the *bass* drum.
6. When shot at, the *dove dove* into the bushes.
7. I did not *object* to the *object*.
8. They were too *close* to the door to *close* it.
9. A seamstress and a *sewer* fell down into a *sewer* line.
10. The *wind* was too strong to *wind* the sail.

Let's face it – English is a crazy language.

There is no egg in eggplant, nor ham in hamburger; neither apple nor pine in a pineapple. English muffins weren't invented in England or French fries in France. Sweetmeats are candies while sweetbreads, which aren't sweet, are meat. We take English for granted.

But if we explore its paradoxes, we find that quicksand can work slowly, boxing rings are square and a guinea pig is neither from Guinea nor is it a pig.

™ Rogers Communications Inc

Life.

EXPERIENCE MORE.

Communication. Information. Entertainment.

ROGERS™

JoLee
180° From Ordinary